

LOURDITE 2018-19



LOURDES CENTRAL SCHOOL

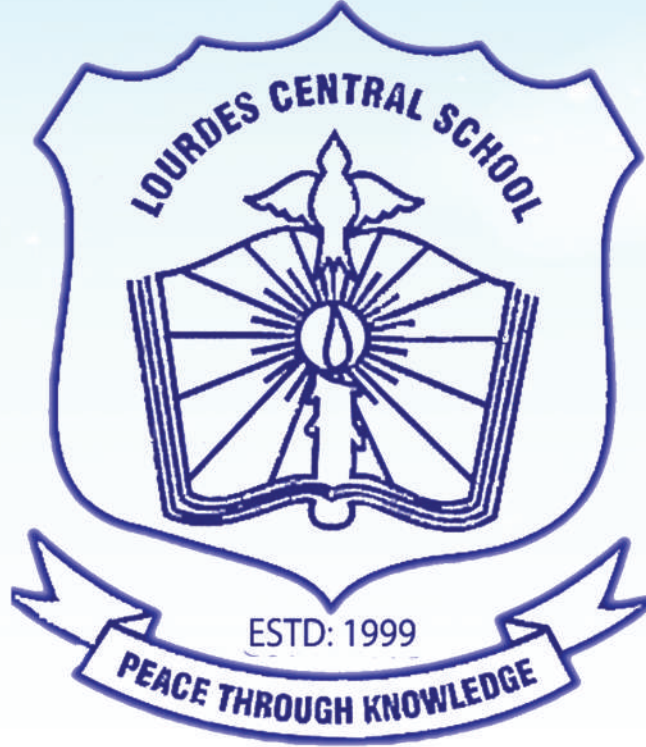
(AFFILIATED TO CENTRAL BOARD OF SECONDARY EDUCATION - NEW DELHI)
Bejai, Mangaluru - 575004

**OUR PATRON
LADY OF LOURDES**



BLESS US WITH YOUR VIRTUES!

LOURDITE 2018 - 2019



LOURDES CENTRAL SCHOOL

Bejai, Mangaluru - 575 004

Dakshina Kannada District, Karnataka State, India.

Tel No. 0824 - 2223366, 2214966, 2213865

Fax No. 4273081

Email : principal@lourdescentralschool.com

Website : lourdescentralschool.com

REMEMBERING THE VETERAN WITH REVERENCE

*You are the rock and on this rock foundation
I will build my church and not even
death will ever be able to overcome it.*

Mathew 16 – V 18.



Late Rev. Fr Bernard L. D'Souza

Born : 11.03.1936

Died : 04.02.2006

Within you was a courage that would let you face any problem

A Strength that would let you rise to any challenge

A hope that would see you through any day

An energy that would help you realize your dreams

A vision that would let you see beyond disappointment

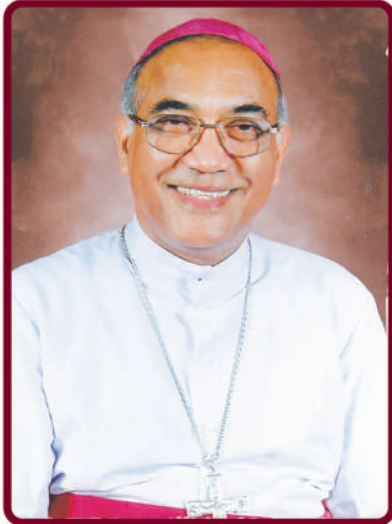
A will-power that would help you go on during hardships

Lourdes Central School is fortunate to have you as its Founder

We salute you for being absolutely great!

The Lourдите Family.

Thank You



*For Guiding & Shepherding
us from 1999 to 2018
as the President of
Catholic Board of Education*

Most Rev. Dr Aloysius Paul D'Souza

We couldn't have done it without you !

Congratulations & Hearty Welcome

*On your appointment as
The Bishop of
Diocese of Mangalore
& The President of
Catholic Board OF Education*



Most Rev. Dr Peter Paul Saldanha

Message



DIOCESE OF MANGALORE

Telephone : 2440524 (4 lines)
E-mail : bp.mangalorediocese@gmail.com

BISHOP'S HOUSE, KODIALBAIL
MANGALORE - 575 003
DAKSHINA KANNADA, INDIA.

Ref. No.

Dated

17.12.2018

Dear Rev Father Robert,

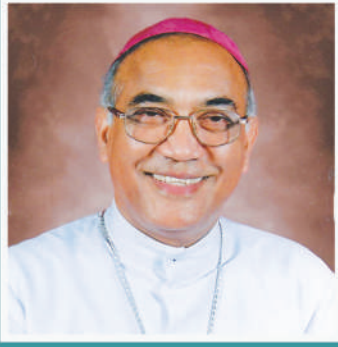
I am very happy to be informed that Lourdes Central School, Bejai in Mangalore has completed 19 fruitful years of its existence and meritorious service to the society and this year it is in its Vicennial Year, excelling in curricular and extra-curricular activities. Lourdes Central School has carved its own space in field of education and I am proud to state that it stands out among the rest in the district. I hasten to send my hearty congratulations, warm felicitations and best wishes to you, to the Correspondent, the Staff and Students and thank the Almighty for His many blessings upon this prestigious school.

Lourdes Central School has stood the test of times in imparting quality education and moulding students in discipline to become a boon to the society. You have proven that with the support of parents and students nothing is impossible to achieve, of course with the blessings of the Almighty. In an educational institution students take the centre place, for without them an institution cannot exist. Hence I call upon the Management and Staff to focus their attention on the formation of students.

An educational institute is not just a place to impart knowledge, but it is a place of formation of young minds. What the students learn and imbibe at that stage of their growth remains in them for the rest of their lives, especially the human values and in a Christian institution, the Gospel values. I have no doubt that all-out efforts have been made by your school during the past 19 years in this direction. My only wish is that you take a step forward in this line and make your school outstanding.

I wish the Editor of the Vicennial Year magazine, *Lourdite 2018-19* and your collaborators every success and God's blessings in abundance. Be assured that my prayers accompany you all through.

+ Peter Paul Saldanha
Bishop of Mangalore



Message

DIOCESE OF MANGALORE

Telephone : 2440524 (4 lines)
Fax : 91-0824-2444035
E-mail : bp.aloysiuspaul@gmail.com

BISHOP'S HOUSE, KODIALBAIL
MANGALORE - 575 003
DAKSHINA KANNADA, INDIA.

Ref. No.

Dated

24.12.2018

Dear Rev Fr Robert,

I am immensely happy to be informed that Lourdes Central School, Bejai has completed 19 fruitful years of its existence and excellence in imparting quality education and this year it is in its Vicennial Year. The School has done a commendable progress in curricular and non-curricular activities. I have observed the progress made during the past years and I am proud to state that your school stands out among the rest in the district. My hearty congratulations go to you, to the Correspondent, the Staff and Students, and also the parents of students who support this school.

Lourdes Central School is known for its high standard of education and discipline. That is the reason why the parents want their children to be admitted to this school. They feel that a brighter future is assured for their children if they get admitted to this prestigious school. Together with high standard of education and discipline, what is needed is character building. As the School is stepping into the Vicennial Year, I call upon you to move in the direction of character building.

Character building is possible when one gets deep rooted in the Gospel values or human values. I have no doubt that all-out efforts are being made in this direction to promote all round development of students. My only wish is that you take a step forward in this line and make your school outstanding not only in academics but also in character building.

I wish the Editor of the Vicennial Year magazine, *Lourdite* 2018-19 and your collaborators every success and God's blessings in abundance.

+ Aloysius Paul D'Souza
Bishop Emeritus

Message



DIOCESE OF MANGALORE

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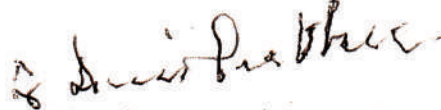
BISHOP'SHOUSE, KODIALBAIL
MANGALORE - 575 003
DAKSHINA KANNADA, INDIA.

Ref. No.

Dated 31-08-2018

I am pleased to send this message to the Lourдите 2018-19, while it celebrates the Vicennial year. When I go back in my memory lane I remember to have been present at the inaugural programme which took place in the Bejai Church Hall presided over by Most Rev. Dr Aloysius Paul D'Souza. At that time Fr Bernard D'Souza who was the founder of the school expressed to the audience the need of a CBSE School in the city of Mangalore. The Bishop in his observation said that when he went to the Gulf Countries, people were making a plea to him to start a CBSE School in the city of Mangalore. Since the children were coming down from the schools of CBSE syllabus from the gulf countries, they need a school which could accommodate them.

Now 19 years are over; Lourdes Central School is a name in the city known to all. I congratulate the management for providing the infrastructure and good management, the Principal and staff for their dedication and commitment to good education. We have heard good about the school. I pray God's choicest blessings upon the institution. I offer my best wishes and greetings to the school at the time of Vicennial Jubilee. May Lourdes Central School shine.


Fr Denis Prabhu
Vicar General (former)



Message

'A School is a building that has four walls with tomorrow inside' Len Watters

Congratulations! I am glad that you are at the helm of affairs when 'Lourdes' looks vibrant having completed twenty year of its wholehearted service to humanity. Twenty years of glorious existence is surely a significant landmark in the annals of Lourdes Educational Institution.

The inception of the school itself was with the vision of empowering its students to express their firm ideas in a way which will make them better human beings. The quest for excellence completed with fine culture of Christian and human values has led the institution to achieve its objectives.

Vicennial year celebration is not merely an occasion for introspection of the past but a time for looking forward. With the rich experience of 19 years behind and having weathered many a storm, the institution can with confidence steer its barque into the future with renewed zeal, greater vigour and brighter vision. I extend my heartfelt gratitude to the Correspondent, Principal and the staff for their unremitting endeavour and enthusiasm.

The school magazine is a forum for the expression of thought, dreams as well as for creative young minds to exhibit their talents 'Lourdite 2018-19' team truly deserves a pat on their back for the magnanimous task.

Dear Students, may you stand for something in life and know where you stand, may you respect all, walk talk and love so much that you help others overcome their struggles. Have the courage to be the best at what you do and the humanity to refrain from condescending.

May our Lord Jesus Christ enable you to face the challenges posed by this fast changing world with vigour and vitality thus making a difference in this electronic – era

Place: Mangalore
Date: 24-10-2018

Rev.Fr.Antony Michael Shera
SECRETARY of CBE.

Manager's Message...



Warm greetings and best wishes to the parents, staff, and students well wishers and all my dear readers.

It gives me immense pleasure and fulfilment in being the Manager of Lourdes Central School. The joy is twofold as this year is novel and distinctive as we celebrated our Vicennial Year.

As we complete two decades of teaching and learning I feel proud to say that our school has come to the fore as the best CBSE school under the CBE, providing education par excellence. During my tenure as the Manager of this prestigious school, I have seen that education here, is not only academics but full of values, where students learn to cultivate the head and the heart. Each child is taught to be a balanced human being having the skills of the 21st century as well as imbibing a virtues and disciplined lifestyle.

I appreciate the colossal efforts put in by the Principal Rev Fr Robert D' Souza, Vice Principal Ms Belita Mascarenhas and the diligent staff members who incessantly work for the overall development of the school.

I also appreciate the warm and conducive parent fraternity who work hand in hand supporting all our endeavours in making the school unique in its own way.

The school has always been fostering several projects right from its inception in bringing about Global acclaim and national prominence. This year too we have spread our wings far and wide, as we have worked with joy and pride towards the "International School Activities" and "Environmental Fostering Projects"

We feel elated and proud to receive the "Yellow School Award, conferred by Dakshina Kannada Zilla Parishad.

I wish the very best to our phrontistery of education, May the Vicennial year herald the beginning of many more enhanced and brilliant years to follow.

May Our Patroness Mother of Lourdes bless and protect us always, showering her blessings on each and everyone who enters the portals of this anomalous and blessed temple of learning our Lourdes Central School.

Rev. Fr Wilson L. Vitus DSouza
Manager



Message

Very Rev. Fr Victor Machado
Parish Priest

HOLY CROSS CHURCH
Cordel
Kulshakar P.O.
Mangaluru - 575 005
Phone : 2231372 (O) 2231238 (P)

12.09.2018

Date :

Rev Fr Robert D'Souza
Principal, LCS
Bejai, Mangaluru.

Dear Rev Father,

I offer my

**Best Wishes and Warm Greetings
on completion of Twenty years
of Lourdes Central School.**

**May God Bless and Our Beloved
Mother protect the Institution.**

Very Rev. Fr Victor Machado
Parish Priest

From the Editorial Desk....



As we come to the end of another fruitful year, we look back with delight to all the achievements accomplished during our epoch making Vicennial year 2018. We take pride to say “Lourdes” stands tall amidst all its trials and marches victorious, with the blessings of our Lady of Lourdes. We feel happy and proud to have the support and cooperation from our admirable parent community, who stands by us, extending exceptional support at all times, not forgetting the unstinted efforts put up by our dedicated staff who always place students benefits to

utmost importance. As we complete two decades of excellence in the CBSE curriculum we look forward to continue the good work of educating the community by providing value based quality education. I would like to thank the God Almighty for protecting us and bestowing His abundant blessings on each and every Lourdite for helping them to achieve their goals and successfully complete the academic year. I will never forget the constant intercession of our Lady of Lourdes, the school Patroness for the development of our school.

Brilliant academics and exceptional co curricular activities have been the hallmarks of LCS. This year too we have received a multitude of Laurels and students have felt proud to take part in academic activities and sports. I appreciate the efforts and support rendered by our parents and staff who have brought about tremendous change in our students and have helped them to excel.

One of our significant projects of this year was to revive the plant Earth with our ‘Save Environment’ activity. Immense work was done, wherein students have been imbued and infused with ideas to plant trees and bring about greenery. Students learnt about the conservation of trees and nature. “The Eco Friendly Yellow School Award” conferred by Dakshina Kannada Zilla Parishad has indeed added a feather in our cap and Lourdites are geared up with more enthusiasm to take further steps in this direction.

The ISA project has also been a major project this year and it has made students aware of the Global International scenario, as they have learnt more about different countries and gained international exposure.

LCS is never far behind when it comes to extending our helping hands to people in distress or in time of need. This year too we have donated in cash and kind towards Kerala and Kodagu flood relief and a few old age homes in Mangalore.

It is the highest duty and honour on my part to thank the former President of the Catholic Board of Education Most Rev Dr Aloysius Paul D’ Souza for his prayerful support and guidance towards LCS since its inception. It’s because of his constant support and keen interest in the progress of LCS it has helped us to stand a tall in 20 years of its existence.

On behalf of Lourdes Central School, I congratulate and thank the New President of CBE, Most Rev Dr Peter Paul Saldanha, Bishop of Mangalore, the Secretary V Rev Fr Antony Shera, the Manager Rev Fr Wilson L Vitus D’ Souza for their constant support and encouragement throughout the academic year.

I thank the Editorial team and all the staff for the splendid work put forth to bring out this unique edition. All in all it has been a memorable year with a lot of good memories to carry forward.

Thank you

Rev. Fr Robert D’Souza
Principal
Editor-in-Chief



Message

The exhilarating news of the vicennial celebration of Lourdes Central School brought back memories in my mind of yester years when the Catholic Board of Education, Mangalore, entered into its maiden venture in the domain of CBSE Delhi. The bold step taken by Late Rev. Fr Bernard D'Souza, the great educationist and visionary by admitting the tiny tots to Lourdes Central School(LCS), at Bejai Church Complex in the year 1999 and later moving into the new, spacious modern school building, was able to find a prominent place within a short span not only in its place of origin but also as one of the best schools of the region. The name and fame of the school spread in international circles and the school was the first choice of students of Indian origin returning from abroad. Reminiscing the period when the Founder and the first Manager, the founding Principal and the members of staff of that time sacrificed and worked relentlessly for the school as a team with all their heart and soul, proved that LCS was a school with a difference. The edifice on which the school was built was able to reach the pinnacle of success with the innovative ideas introduced with best teaching-learning practices and collaborative projects with international schools gave global exposure to the members of staff as well as students. LCS was the first school in Mangalore city to be conferred with British Council International School Award in 2008 and subsequently re-accredited continuously.

The legacy of the school has been continued in right earnest by the succeeding Managers, Principals and members of staff and the school stands tall and steady as one of the premier schools under the able leadership of the Manager Rev. Fr Wilson Vitus D'Souza, Principal Rev. Fr Robert D'Souza and the contribution by the committed members of staff, never to forget the support and active involvement of the parents. With great pride and satisfaction I felicitate you all on this glorious occasion.

Kudos to each one of you and hearty greetings on this joyous event of the vicennial celebration. Almighty God has blessed us all these years and we seek His blessings in the years to come. May Our Lady of Lourdes bless, guide and guard this institution.

Grace Noronha

Founding Principal of Lourdes Central School 1999 - 2011

Message



Rev. Fr Ferdinand Gonsalves
M.A (Eng) B.Sc, B. Ed, B.Th.
Parish Priest : St John the Evangelist Church
Pangla, Shankerpura



Moodabettu Village
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St John's High School
St John's Hr. Pry. School
St John's Academy Primary
St John's Academy High School

Education is not preparation for life, but LIFE itself – John Dewey

The above highly valuable words are true in the mission and vision of our well reputed educational institution of the city of Mangaluru, Lourdes Central School. We consider our life more as a journey where there will be multiple stops in between, and where we learn several things, make friends and gather experiences. We do enjoy them, keep moving and consider life as a journey with a goal. We cannot consider that life as a race, as this will make us lose at every point of time. When we run fast, we will leave things and people behind. Life is not about living alone for oneself it is about taking everyone together. Having all these delightful and sparkling thoughts Lourdes Central School is imparting value based education to live a happy and meaningful life from past twenty years.

For me life is all about fulfilling our dreams and helping our fellow people to fulfill their dreams. Hence it is our life not our parents or our relatives life to be concerned with. No doubt life is beautiful and every moment is a celebration of being alive, but one should always be ready to face adversity and challenges. Beside school curriculum all these tenets and lessons are taught in the classrooms of Lourdes Central School and students are trained to be good citizens of India.

On this Vicennial year I strongly wish and ardently pray to God almighty that LOURDES CENTRAL SCHOOL may faithfully and successfully continue in educating the children irrespective of caste, creed and religion in LIFE for many years to come.

I pray God's blessings on the Management, Principal and the staff during the coming years. I ask our Lady of Lourdes, the patron of your institution to play her role of watching over those who enter the portals of this Campus.

Rev. Fr Ferdinand R. Gonsalves.
2011-2013



Message

The great painstaking efforts of the Founder Late Rev. Fr Bernard L D'Souza is bearing fruit in Lourdes Central School. The plant has grown into a tree by nurturing hands of Late Rev. Fr J P Tauro and Rev. Dr. Victor Machado. The steering hands of Ms Grace Noronha and Rev. Fr Ferdinand Gonsalves have shown destination to many. Lourdes Central School today proudly stands as a premier institution by global accreditation. To lead such an institution with large number of students and the staff.

Education has lot of challenges today. The teacher cannot be content with traditional models. They need to inculcate professional development by integrating new technologies to deliver effective formative assessments.

Jawaharlal Nehru said "Education is not something in the air, cut off from the daily life of the student or from its future work as a citizen. Real education, it is felt must be based on the actual environment and experiences of the child and it must fit him for the work he will have to do in after life". Hence the children are not resources rather they are potentialities. Education should be seen as a process of helping our children to actualize their God given potentialities so that they can live a life that is personally satisfying and socially beneficial. Therefore the Child's unique capabilities are to be recognized, respected and facilitated.

LCS promotes the four basic skills among the students. They are cognition, communication, imagination and valuation. It is the mission to develop spiritual, moral, academic, personal and social growth of the students.

Let us pray with a grateful heart. May the Lord continue to guide LCS as it proceeds into the future.

Congratulations and Hearty Greetings on this joyous occasion of Vicennial year.

GOD BLESS US ALL

Rev. Fr Michael Lobo

2013 -2015



"Team work divides the task and multiplies the success"

How true these words are! The Editorial Board divided the task of selecting and editing the articles and was successful in bringing out this magazine in the present form.

The articles that have been included are of varied themes, genres and languages, each one having its distinct flavour, which can be savoured as you flip through the pages.

Wishing you a happy reading time.

Editorial Team.



SCHOOL MANAGEMENT COMMITTEE



Rt. Rev. Dr Peter Paul Saldanha
President



Fr Maxim Lawrence Noronha
Vice President



Fr Antony Michael Shera
Secretary



Rev. Fr Wilson L. Vitus D'Souza
Manager



Rev. Fr Robert D'Souza
Principal



Mr Stany Vas
Vice President
Parish Council



Ms Connie Saldanha
Secretary



Mr Augustine Rodrigues
Parent Representative



Mr Roman D'Souza
Nominated member



Ms Adelaide D'Sa
Elected from the Parish
Pastrol Parishad



Mr Ivan Mascarenhas
Staff representative

OUR SUPPORT SYSTEM



OUR ASSISTING TEAM



PARENT TEACHERS' EXECUTIVE COMMITTEE



ANNUAL REPORT

Good morning one and all. Respected dignitaries on the dais, Rev. Fr Wilson L Vitus D'Souza, Manager, the Chief Guest Rev. Fr Joseph Martis Rector, St Joseph's Seminary, Ms Belita Mascarenhas, Vice Principal, Mr Stany Vas, Vice President Bejai Parish Pastoral Parishad, Ms Veena Amrith, PTEC Vice President, Members of the Management Committee, members of PTEC, Rev. Fathers, Rev. Sisters, dear parents, staff, students and media persons.

It gives me immense pleasure and profound joy to place before you a brief Annual Report of our School for the year 2018-19.

Lourdes Central School was established by the visionary Late Rev. Fr Bernard L D'Souza in 1999 and withstood the test of time and emerged as the prestigious institution of Dakshina Kannada District, Karnataka.

The greatest asset of our school lies in our supportive parents and our committed staff. The total staff on roll is 101 which includes 71 teaching and 30 non-teaching. Number of students on roll for the current academic year is 1931. LCS is striving for excellence by giving importance to both academic, human excellence and moral values.

The academic year 2018 -19 began on 1st June 2018.

We secured 100% results in Class X CBSE Board Examination held in March 2018. A whopping number of 161 students appeared for the exam, 61 students secured 85% and above, 81 students secured 60% and above, 19 students secured 50% and above.

We also secured 100% results in Class XII CBSE examination held in March-April 2018. Out of 97 students who appeared for the exam, 28 students secured 85% and above marks.

On the opening day in June, the KG 1 students were welcomed in a unique way. Every child was carried by our Principal and Manager and handed

them over to the teachers to begin the journey at LCS.

The Parent-Teacher Interactive Session was held for Classes KG to XII from 5th to 8th June 2018. The Principal Rev. Fr Robert D'Souza, the Vice Principal Ms Belita Mascarenhas, class teachers and subject teachers of their respective classes were present. Aims and objectives, rules and regulations, and discipline issues were briefed. The examination pattern was explained in detail by the Exam Cell Coordinator.

World Environment Day was celebrated on 5th June 2018. It is the day when people all round the world are made aware about the severe looming problems that plaque our beautiful planet.

The finale of the project "Healthy Food for a Wealthy Mood" was held on 30th June 2018. Throughout the month children were encouraged to get healthy tiffins and drink enough water.

Colours Day was celebrated on 30th June 2018. The main objective of the celebration was to teach the children about the colours which we see in our day to day life.

The kindergarten section conducted different activities in connection with Independence Day - 'VandeMataram'.

Fancy Dress for KG 1 and Eastern Patriotic Singing for KG 2 was held on 4th and 10th August 2018 respectively.

The Elocution Competition "Young Talent Hunt" was conducted to get rid of the stage fear and to develop self-confidence.

The Investiture Ceremony was organised on 14th June 2018 and the school cabinet was formed. Miss Eva Jessica D'souza was selected as the Head Girl and Adithya Desai as the Head Boy.

Our Manager Rev. Fr Wilson L. Vitus D'Souza's birthday was celebrated on 15th June 2018 with much joy and happiness marking the beginning



of his 74th birthday. The school feels elated and indebted on having such a visionary personality in our Fr Manager.

We celebrated the International Yoga Day on 21st June 2018 as a part of the Nationwide Celebrations.

PTA General Body Meeting - Our school commemorated the beginning of 20 years of its establishment by celebrating the inauguration of Vicennial Year and honouring ceremony of the school toppers on 23rd June 2018. Our Former Bishop of Mangalore and President of the Catholic Board of Education Most Rev. Dr Aloysius Paul D'Souza was the President of the function. The significance of the commencement of the Vicennial year was brought out through an inauguration which consisted of unveiling the Vicennial School Logo which had 20 stars on it, representing twenty years and the 20 events to be conducted by the school. This was followed by planting a sapling to represent the growth of the school and to signify the nurturing of its students.

On 7th July 2018, the Eco Club students organized a school assembly on 'Vanamahotsava.' Principal Rev. Fr Robert D'Souza, Vice Principal Ms Belita Mascarenhas, teachers, students of the Eco Club planted a sapling with the slogan "Save Trees, Save Earth." On this occasion the school organised a Tree Plantation Drive for the students of the Eco Club and scouts and guides from classes VI to VIII to Circuit House on 21st July 2018. The Range Forest Officer Mr P Sridhar addressed the students and briefed on Social Environment, Environmental Awareness and Ecological Environment. He encouraged students to plant more trees and distributed more than 500 saplings with a view to save our environment for a better future.

A Career Guidance Session was organised for the students of class XI & XII on 7th July 2018. Ms Kushalatha a counsellor at NITTE was the resource person. She pointed out to the students about the importance of choosing a right career based on their aptitude, attitude, individual interest & passion.

Career Guidance Programme was held for the commerce students of classes XI and XII on 7th July 2018. This session was conducted by Professor Raviraj Kini, HOD, Department of Communication, NITTE.

The private school transport vehicle drivers meeting of our school was called by the school management on 31st July 2018. The meeting was conveyed for keeping the private school transport vehicle drivers informed and updated them about the changing rules and guidelines of traffic police department and issues related to student safety which is given utmost importance in our school.

On 11th July 2018, a representative of the Anglo Eastern Shipping Company spoke to the students of Class XII about the merits and opportunities involved with the lucrative career that is. The Merchant Navy, Mr V. R Nathan, a charismatic personality told the students the importance and criticality of the Merchant Navy with regard to the functioning and stability of the World's economy.

The LCS Health Week was inaugurated on 30th July 2018. Related to the project a week long class assemblies were conducted by various classes on topics related to health like balanced diet and healthy lifestyle, importance of exercise, yoga and meditation etc. For Classes VI to VIII a talk was organized on 'Puberty and Adolescence' and for staff on General Health Issues. Dr E. V. S. Maben was the resource person. Class IX students were given a talk on 'Drug Addiction.' Pediatricians and ENT specialists of Kasturba Medical College, Mangaluru conducted health check up for students of Kindergarten to Class XII during this period as a part of the Health Week Programme.

Konkani Manyata Divas was celebrated on 23rd August 2018 with great enthusiasm.

In a glittering Inaugural Ceremony, 'BRIGHT SPARK 2018' AICS (Association of ICSE and CBSE schools of Dakshina Kananada and Udupi Districts) Chess Tournament 2018 was inaugurated on 18th

August 2018. It was one of the major events in the LCS Vicennial Year Celebration. The Honourable President of the ceremony was Rev. Fr Antony Michael Sera, the Secretary of the Catholic Board of Education.

'Girls in Aviation' Day Celebration - Our college students had the privilege to attend the session conducted by Mangalore International Airport (MIA) under the guidance of Airport Authority of India (AAI). They organized a session at the MIA Conference Hall for the girls of class XI and XII of various colleges in Mangalore. The main aim of this session was to educate the students on various career opportunities in the aviation industry. This was organized in connection with Girls in Aviation Day which was celebrated on 23rd August 2018.

The SOLFA Music Week was inaugurated on 27th August 2018. All the students were encouraged to nurture the seeds of music infused within themselves and actively take part in the event.

Collection Drive for Kerala & Coorg - To sensitize our students about the suffering of the people of Kerala and Coorg, a collection drive was organized. Our LCS staff generously contributed their one day's salary for this noble cause and all students donated items generously. Rs 1,30,000 in cash and things worth Rs 2,50,000 was collected from the students donated to Kodagu and Kerala.

Science Exhibition was conducted for classes VI to X on 31st August 2018.

In connection with Teachers' Day Celebration a friendly match between teachers and students was held on 4th September 2018. A cricket match was organised for the male staff and throw ball match for the ladies staff. On 5th September 2018 a brilliant programme was organised by students for the staff of LCS.

Lourdite family celebrated the birth of the Blessed Virgin Mary on 7th September 2018. After the assembly, Lourdites gathered around the grotto of Mother Mary to offer flowers and then the Catholics proceeded to the church for the Eucharistic

celebration and made their offerings which were later sent to the orphanages in Mangalore.

On 27th October 2018, the much-awaited Social Science Exhibition was organised. It was an excellent venue for the students to showcase the extent of their knowledge of the subject, as well as their abilities to research and explore the depths of the various intricacies of their respective topics. Their models were also considered as a part of their Subject Enrichment Activity.

Our school gives a lot of prominence to National Festivals. The 72nd Independence Day was celebrated with great enthusiasm at LCS school grounds.

Gandhi Jayanti was celebrated on 2nd October 2018 with great zeal. Sarva Dharma Prarthana, Intercessory Prayers and significance of Gandhi Jayanthi was part of the programme. The entire school was on a cleanliness drive rendering their service to keep the school and surroundings clean. Students from classes I to X involved themselves in cleaning classrooms, corridors and school grounds. Students of classes XI and XII pitched in their services in cleaning the school grounds in the community and places around the class.

Our school took the Gandhi Jayanthi celebration to another level by including an effective workshop on self defence. An hour's documentary on Mahatma Gandhi's Life was aired on the smart board for classes I to XII. The need and the usage of first aid box and emergency medicines were discussed.

Rashtriya Ekta Diwas was celebrated on 31st October 2018 to commemorate the birth anniversary of Sardar Vallabhbhai Patel.

As a part of "Vigilance Awareness Week" guided by the Central Board of Secondary Education, our school organized the morning assembly on 2nd November 2018 at the school grounds on the theme - "Eradicate Corruption – Build a New India".

Kannada Rajyostava was celebrated with great zeal and fervour on 1st November 2018. The Kannada



department put up a beautiful and meaningful programme in kannada to commemorate the day.

Onam, a festival of gaiety and culture, colour and exuberance, was celebrated at LCS. A grand assembly was conducted by the Malayalam speaking teachers and students of classes XI and XII.

Diwali, the festival of lights was celebrated in the school during the general assembly on 7th November 2018.

Ramzaan was celebrated on 15th June 2018. The celebration began with an informative presentation by Fariza of class IX C in which she explained the meaning, purpose and importance of Ramzan and the subsequent celebration of Eid. She explained how Eid comes as a reward for those who have remained pure and noble at heart during the holy month of Ramadan and followed the path of God.

As a part of Annual Sports Day LCS celebrated sports week from 2nd to 9th November 2018. The entire week was dedicated to sports activities. Throughout the week, little kindergartners as well as the students from classes I to V involved themselves in taking part in different games individually as well as in groups. House wise games were conducted for KG students under the theme "I win, you win, we all win."

The Finale of Sports week for classes KG to V was held in the school grounds on 9th November 2018. Annual Sports Day was held on 10th November 2018 for classes VI to XII at Mangala Stadium. The Chief Guest was Mr Clifford Joseph Joshua, Assistant Manager, Corporation Bank.

Our School celebrated Children's Day – Vicennial Regale 2018 on 15th November 2018 at the LCS open grounds. The dignitaries present on the occasion were Very Rev. Msgr Maxim Noronha, Vicar General, Diocese of Mangalore and the Vice President of Catholic Board of Education. To bring family members together the school provided a platform for all the students to exhibit their talents along with their family. The Chief Guests of the day

were the Head Boy Mr Adithya Desai and the Head Girl Miss Eva Jessica with eighteen other class representatives.

In connection with the International School Award several projects were conducted.

With an aim to enable the students understand the importance of community helpers, our school organised an introductory talk on Dignity of Labour as an inauguration of ISA project 'Honour Labour Today and Everyday' for the students of Classes III and IV.

On the occasion of International Day of Climate Action, a talk on Global Warming for the students of Class VII was organised on 23rd October 2018.

On 12th November 2018 a talk for the students of class IX was organised on the topic "Safe Water – A Global Mission".

Hindi, Kannada and Konkani week were also observed. In connection with this, various competitions like elocution, singing, mono acting etc were conducted.

Students were taken out for one day study cum recreational trip from various classes.

Several Inter school and intra school competitions were also held during the current academic year and we have many students who have brought laurels to our school and for themselves too. Our School won the AICS (Association of ICSE and CBSE Schools of Dakshina Kannada and Udupi District) Football Championship 2018. In Basket ball, girls team won the AICS championship trophy. In AICS hand ball, girls U17 won the Runners-up trophy. In AICS Badminton, girls U14 won the Runners-up trophy. In KCA U17, cricket tournament boys won Runners-up trophy. Our students of classes XI and XII won the Pre-Unique 2018 Championship Trophy conducted for Inter PU classes. In Chess, our students U17 won the championship trophy.

Thank you one and all for your love and service to the development of LCS.

Rev. Fr. Robert D Souza
Principal

ACADEMICS ACHIEVERS OUR MERITORIOUS STARS

Congratulations

To the students of Lourdes Central School for achieving yet again 100% results in the CBSE class X Examination for the 12th consecutive year.

TOPPERS



AMAY SUNIL SHENOY - 489



SATYARTH SINGH - 489



SHRAVYA B - 482



ANKUSH MOHAN SHENOY - 481



ERROL CALVIN LOBO - 481



MANJUSHA D PAI - 481



CRISS DEEPAK MENDONCA - 479



SANJAY D KULAL - 478



SIMONE ANNE DSOUZA - 477



ANUSHKA SRIVASTAVA - 476



APURVA PATIL - 475



ANANYA N - 474



MOHAMMED NIHAD - 472



IRSHITA SAANCHI - 471



KHUSHI SHETTY - 470



SRISHTI SHETTY - 470



VARKEY MATHEW ATTUPURAM - 470



ANUSHKAA PRAKASH - 469



PRAMITHA VALERIE D'SOUZA - 469



ROLWIN DAINAL PINTO - 469



JASON AARON GOVEAS - 468



RAHUL G PRABHU - 467



FRAZEL BLANCA FERNANDES - 467



SHANTHIKA KUDVA - 467



SAHITHYA SURESH - 466



SHARANYA SATHANARAYAN - 466



CLEN MERRYL STEEVAN REGO - 466



DEON DYLAN FERNANDES - 466



YASH ANIL KUMAR ALVA KUDRE - 465



ISHANI RAI - 464



LENISHA MALAIKA MORAS - 464



BADEKAI VIJESH RAMACHANDRA BHAT - 463



SHIVANI SHETTY - 463



THARUN R HEGDE - 463



CLEA JUANA KARKADA - 462



SHIVANI H SHETTY - 461



NAVNEET BHAT BADEKILA - 461



N P TANISHA RIYAZ - 459



KRITARTH - 459



ASHUR ABDUL KHADER - 459



VAISHNAVI SURESH - 459



SANJNA MILI LOBO - 458



SASHA ANGELICA LOBO - 458



AVISH DINESH KUMAR - 458



JEHAN DEON DSOUZA - 458



RAYNER STEVE MENEZES - 458



ADHYA SHETTY - 457



VARUN BHAT - 456



PRAJESH K - 456 **SRISHTI S MANIPUR - 454** **AMEENA ZUHA - 453** **MEHEK JULIA ARANHA - 453** **AGNES ALICE MARTIN - 452** **SUSHANTH RASHREE - 452** **AVIN FRANCIS PINTO - 451** **H M UMA MAHESHWARA URF ABHISHEK - 451**

Number of students appeared for the exam - 140
Distinction - 82
First Class - 52
Second Class - 6

Congratulations

To the students of Lourdes Central School for achieving yet again 100% results in the CBSE class XII Examination for the 10th consecutive year.

PCMC - 90% and above



VIGNESH RAVICHANDRA RAO - 486 **SURAJ SARVESHA SAMAGA - 483** **ANKUSH MOGER - 480** **PRASEEDHA RAVEEN KALBHAVI - 476** **SAMARTH M BHAT - 476, MATHS-100** **ANOOP K N - 475** **SHARDUL RAHUL JOSHI - 474** **RAHUL BALIKE - 473**



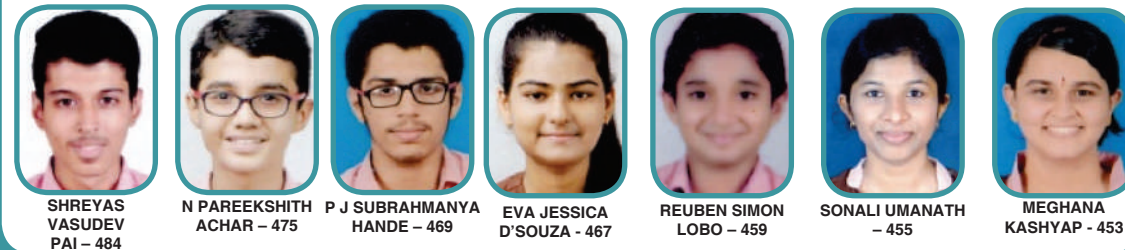
NEIL NORONHA - 473 **CHAITHANYA SHYAM D - 472** **AKASH S REVANKAR - 469** **M ROGHINI - 469** **K PRAJWAL - 467** **SHRAVAN SINGH MEHRA - 466** **ANISH FELIX MATHIAS - 462** **S MURALI MUKUNDA BHAT - 461**



VARUN CHANDRA SHEKAR - 457 **SAI KALYAAN PALLA - 453** **SIDDHANT KUMAR - 451** **KAUSTUBH - 450** **ASHISH KISHORE KUMAR - 450** **HANAN MUSARIKHAN - 451** **SONAL CASEY LASRADO - 450**

COMMERCE - 90% & above

PCMB - 90% and above



SHREYAS VASUDEV PAI - 484 **N PAREEKSHITH ACHAR - 475** **P J SUBRAHMANYA HANDE - 469** **EVA JESSICA D'SOUZA - 467** **REUBEN SIMON LOBO - 459** **SONALI UMANATH - 455** **MEGHANA KASHYAP - 453**

Out of the 80 students who passed
Above 85% - 45 students,
Above 60% - 34 students,
Above 50% - 1 student

Best wishes from: Management, Principal & Staff

Class VII



RAIZEL NEVA D'SILVA **ADVIKA DAYANANDA SHETTY**

Class X



LENISHA MALAIKA MORAS **ANANYA N**

Diocesan Examination in Catechism and Value Education 2018-19 Conducted by Mangala Jyothi, Mangalore

MEMORY OF 20 YEARS – DOWN THE CORRIDORS TO TIME

WALKING DOWN MEMORY LANE

A dream remains a dream if not put to action. Our school was an outcome of such a dream. A seed planted 20 years ago has grown into a tree spreading out its branches, leaving its own impression in the field of education while having its roots firmly set on the principles of providing quality and value based education.



Lourdes Central School made its humble beginning on 2nd June 1999 on the first floor of the Bejai Church Commercial Complex. There were 230 students in the Kindergarten Section and 12 faculty members to guide them. The driving force behind this school was Rev. Fr Bernard D'Souza, a visionary who wished to establish a school with a difference. He was fully supported by Ms Grace Noronha who took over as the first Principal.



Over the years, our school has crossed various milestones, the major ones among them are:

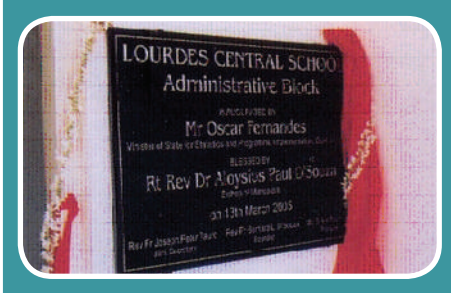
2000 : LCS moved to the site where it remains to this day. This heralded a new & exciting time in the school's history, flourishing throughout and becoming the successful, dynamic and inspiring school we know today. This building was truly the outcome of our Founder's hard work.

2001 : A new library was set up providing access to the students to a whole new world of knowledge & books. The Library today houses thousands of books across various streams.

2002 : With an intention to keep children healthy & active, a play park for the tiny tots of the Kindergarten was inaugurated. The Park was later on shifted to its present site.

2003-04 : As per the diocesan norms, Rev. Fr Bernard D'Souza was transferred to Thannirbhavi & Rev. Fr J. P. Tauro took over on 25th May 2003. In order to enable the students to boost their scientific temperament and innovative mindset, state of the art Physics, Chemistry, Biology Labs & a Computer

Suite was inaugurated. The year also saw the first PTA under the leadership of Ms. Giselle Mehta. They were also instrumental in raising funds to the tune of Rs. 3 lakhs through “Christmas Fiesta”, which was utilized for the school building.



2004-05 : Fancy Fete “Spectra 2004” was a huge success with the PTA collecting Rs.11 lakhs to be donated towards the physics laboratory.

The school’s first ever Souvenir “Lourdite-2005” was brought out. After 5 years of existence, the school was affiliated to the Central Board of Secondary Education on 10.01.2005. The present administrative block was also inaugurated during the academic year.

2006 : Our website www.lourdescentralschool.com was



launched, enabling a global reach about the activities of our school. Our Founder Rev. Fr Bernard D’Souza passed away on 04.02.2006. It was a great loss to us and the society at large.

2007 : A great education begins with great kindergarten experience. In order to equip the kids with this experience, a separate block for Pre-schoolers and a junior block for lower primary school were inaugurated.

2008 : LCS went global with the British Council according us, the International School Accreditation (ISA). This enabled us to establish a link with Global School Exchange Programme, twinning with Pilton Blue Coat Church of England Junior School, Devon, UK. The first Batch of Class X achieved 100% results in AISSE-2008 conducted by the CBSE Delhi. The school upgraded itself to the Senior Secondary status offering Science stream.

2009 : Global School Partners from Devon, UK visited Lourdes Central School. The second batch of class X achieved 100% results in AISSE 2009 conducted by the CBSE - Delhi. The school was ushered in the Decennial Year.



2010 : The school celebrated its Decennial year. A souvenir commemorating the same was released. The



First Batch of Class XII achieved 100% results in AISSE (2010) conducted by CBSE - Delhi. Our Manager Rev. Fr J P Tauro was transferred to Little sisters of Charity and Rev. Fr Victor Machado stepped in to head our prestigious institution.

2011 : The year witnessed the superannuation of our first Principal Ms Grace Noronha and Rev. Fr Ferdinand Gonsalves took over the reins. As a member of the Association of ICSE & CBSE schools, LCS hosted the Interschool Declamation

Competition on 2nd August 2011. Students from 29 schools participated. LCS also hosted the Inter School Chess Tournament ‘Bright Spark’ on 13th September 2011. Students from 21



schools participated. In the Final Year of the Global School Partnership with Pilton Blue Coat Church of England Junior School, Devon, UK, the LCS team visited UK from 5th October to 16th October 2011.



2012-13 : The school lost its Former Manager Fr J. P. Tauro on 08.02.2013. Rev. Fr Ferdinand Gonsalves was transferred to Milagres College, Kallianpur on 30.05.2013 and Rev Fr. Michael Lobo took his place. Our school bagged the International School Award 2012-15. Co-incidentally LCS was the only school from Udupi & DK districts to get this prestigious & highly reputed award.

2013-14 : Rev. Fr Victor Machado was transferred to Kulshekar Parish & Rev. Fr Wilson

Vitus D'Souza took over as the new Manager of LCS. We also witnessed a change in the Principals with Rev. Fr Robert D'Souza replacing Rev. Fr Michael Lobo who was transferred to Kadaba.



2015 Onwards: Under the leadership of the present Principal, infrastructure saw a quick progress. The school canteen was renovated to meet the needs of students, the roof top was covered to be utilized as an auditorium and a beautiful grotto of our Lady of Lourdes was constructed at the school entrance. He also took great interest in increasing the greenery in the Campus.



Apart from these, the school has regularly created opportunities for students to explore their interests through arts, sports and numerous

community service projects. Our students have actively participated in such activities at the local, national and international level and brought laurels to our school. The faculty was also active in improving their knowledge by attending various seminars, workshops and other educational exposure programmes in order to keep in touch with the skills of teaching profession.



The past 20 years weren't easy. We have travelled through peaks and valleys to reach the position we command today. The LCS family



has grown from 230 students in 1999 to 1938 today with the faculty increasing from 12 to 101. This is apart from the thousands of alumni who consider LCS to be its Alma Mater. A few staff members joined our family to exhibit their skills and leave an impression before moving on in search of greener pastures. We have lost a few students during the journey and we fondly remember them to this day. But the one thing which remained constant over the years was our motto "Peace through Knowledge." LCS successfully prepares students for their life beyond in a joyful and spiritual environment.

Our students have attained academic excellence, embraced diversity, demonstrated intellectual curiosity,



appreciated arts, valued physical well-being and served the community to exemplify as a true Lourdite.

All the good work of the school has been possible with the cooperation of our highly qualified and dedicated faculty along with the guidance of our Managers and Principals. The management committee of our school has been our driving force throughout and with such a coordination, there's no doubt that our school will further climb the steps of glory with the same amount of zeal and enthusiasm.

Long live LCS!!!

‘MOVING WITH PANACHE, ONWARDS WITH THE MISSION - PEACE THROUGH KNOWLEDGE FOR 20 YEARS AND THE JOURNEY CONTINUES TOWARDS ZENITH’

Fr Principal’s Report.....

ACHIEVEMENTS OF LOURDES CENTRAL SCHOOL

The achievements of an organization are the results of the combined effort of each individual ~~ Vince Lombardi

Good morning one and all. Respected dignitaries on the dais, Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore and the President of Catholic Board of Education, Fr Manager, dignitaries on the dais, parents, staff and students. It gives me immense pleasure and profound joy to place before you a brief bird’s eye view of overall developments of our school.

On 2nd June 1999 Lourdes Central School began as one of the pioneering CBSE schools and first of its kind under the CBE which was established by Late Rev. Fr Bernard L D’Souza at Bejai Church Complex with a student strength of 231. Ms Grace Noronha was appointed as the first Principal and served the institution for eleven years.

On 1st June 2000, our new building in the Bejai Church campus was inaugurated and blessed by our former Bishop Most. Rev. Dr. Aloysius Paul D’Souza. In the year 2001 “Reading maketh a man”- a new Library was set up. Rev. Fr J P Tauro took charge as the manager of LCS on 25th May 2003.

The State of the art Physics, Chemistry, Biology laboratories and Computer suite were opened. In the year 2004 the momentous event took place. Our school was affiliated to the Central Board of Secondary Education, Delhi.

To mark the Quinquennial Celebration of the establishment of Lourdes Central School ‘Spectra’ a cultural festival of fun and frolic was organised.

The New Administrative Block was blessed and inaugurated in 2005 by the former Bishop Most. Rev. Dr. Aloysius Paul D’Souza. The First issue of our School Magazine - ‘LOURDITE-2005’ was released.

The much needed second computer suite was set up in 2006 as the students were increasing in leaps and bounds.

MATHEGENIUS - The Math Laboratory was opened in 2007 to foster Math learning. LCS proudly hosted the first ‘State Level Children’s Chess Fest 2007’ in Mangalore in association with Derick’s Chess School on 26th and 27th January 2007.

On 3rd June 2007 the New Kindergarten and Lower Primary Block was blessed and inaugurated by Msgr Denis Moras Prabhu.

The year 2008 was an eventful year as we heralded and paved the way for receiving the International School Accrediation by the British council. We also established a link with Global School Exchange Programme, twinning with Pilton Blue Coat Church of England Junior School, Devon – UK.

The first batch of Class X achieved 100% results in 2008 conducted by the CBSE – Delhi and we continue to bring 100% results every year. Also our school was upgraded to Senior Secondary Status offering Science Stream. 2009 ushered in, “the Decennial year of our school” and organized many activities.

The mega project on rain water harvesting was taken up by LCS, main theme of the project was -save water, save life.

Rev. Fr Victor Machado took over as the Manager of our school on 4th June 2010.

The British Council officially announced LCS as the British Council Ambassador School and entrusted it with the responsibility to bring in many schools under the flagship of the British Council in 2011.

On 1st November 2011 Rev. Fr Ferdinand Gonsalves took over as the head of the Lourdite family. We received the International School Accrediation award by the British Council for the second time. During his



tenure the two computer suites were upgraded.

On 1st July 2013 Rev. Fr Michael Lobo was appointed as the new Principal of our school.

During our Quindecennial year celebrations 'Forte' the global Music Carnival was organized depicting the music of the world. A modern Audio Visual Room with the latest amenities was set up.

5th June 2014 shall remain a memorable day as our new Manager Rev. Fr Wilson L. Vitus D'Souza was welcomed into the LCS family.

Rev. Fr Robert D'Souza was appointed as the Principal of Lourdes Central School on 25th May 2015. In the year 2015 our school received the International School Award by the British Council, UK for 2015-18 for the third time.

We had additions in our infrastructure; renovated the canteen to meet the needs of the students and covering for the roof top, which is being used as an auditorium.

LCS Regale - the innovative way of celebrating Children's Day commenced on 14th November 2015 in our school grounds. Rev. Fr Wilson L Vitus D'Souza also blessed the new Grotto devoted to the Patroness of our School where students and parents came together and enjoyed the day.

Meditation was introduced during morning and afternoon session before commencement of classes. We have been successful in calming down the mind set of students and getting them engrossed in studies.

Lourdes Central School continues to be the forerunner amongst all educational institutions in Mangalore in its unceasing adventures as we were the first school in Dakshina Kannada and Udupi to organize an educational trip to NASA – USA. It was a very enriching and rewarding experience for 39 students of secondary division headed by the Principal Rev. Fr Robert D'Souza and Vice Principal cum convener Ms Belita Mascarenhas.

Our school commemorated the beginning of 20 years of its establishment this academic year by celebrating the inauguration of Vicennial year and honouring ceremony of the school toppers on 23rd June 2018. Our Former Bishop of Mangalore and President of the Catholic Board of Education Most Rev. Dr Aloysius Paul D'Souza was the President of the function. The significance of the commencement of the Vicennial year was brought out through an inauguration which consisted of unveiling the Vicennial school logo which had 20 stars on it, representing twenty years and the 20 events to be conducted by the school. All of which took place in a fruitful way.

Collection drive for Kerala & Coorg - To make the children aware of the suffering of the people of Kerala and Coorg we organized a collection drive. Our LCS staff generously contributed their one day's salary for this noble cause. Rs 1,30,000 in cash and things worth Rs 2,50,000 collected from the students was donated to Kodagu and Kerala.

We celebrated the National Festivals, where the entire school was on a cleanliness drive rendering their service to keep the school and the surroundings clean.

Our school also conducts meaningful assemblies, monthly projects prescribed by CBSE like International Yoga Day, Vigilance Week, Swachhta Pakawada, religious festivals of different communities to bring harmony among fellow students etc. We also conduct Annual Day, Annual Sports Meet under different value based themes.

Our sixteen Clubs which function efficiently, the Eco Club this year conducted a massive plantation drive to renew the greenery of Mangalore.

Regular Parent-Teacher-Students Interactive Sessions, monthly staff meetings, regular remedial classes, various training programmes to the staff and students, participation in almost all cultural and sports competitions at various levels etc. has helped us to achieve greater heights. The school has given utmost care for the spiritual, intellectual, moral and social development of its students.

Each year the school reaches greater heights of success and we sure will line up to our Founders' dream.

Thank you

In Giving we Receive

Collection Drive of the Lourdites



SNEHALAYA CHARITABLE TRUST®

(Registered under the Indian Trust Act 1882, Mangaluru)
Operating at: Bachalike, Pavoro Po, Manjeshwar, Kasaragod, Kerala, India, Pin-671323
☎ +91 9446547033 / Off. +91 7012437756 / Land Ph. +91 4998 273322
Email:snehalayamangalore@gmail.com, Web:www.snehalayamangalore.com

1. Snehalaya
Psycho Social
Rehabilitation
Centre for Men

2. Snehalaya
Psycho Social
Rehabilitation
Asylum
for Women

3. "Snehalaya
Mannah"
Food for hungers

4. "Snehalaya
Shanthi Dham"
Old Age Home
for Men

5. "Snehalaya
Shanthi Dham"
Old Age Home
for Women



Ref.No.S.5238/THAX/19
Dated: 11.02.2019

Rev. Fr. Robert D' Souza,
The principal,
Lourdes Central School
Bejai Church Campus
Bejai Post, Mangalore – 575 004

Dear Father,

Greetings from Snehalaya

Subject: Our sincere thanks and appreciation.

With thanks, we have received your charity contributions of grocery items and daily using items for our Residents on the occasion of 20th centenary celebration of your school.

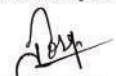
We express our sincere gratitude for your kind charity extended for the sake of our poor Residents. Your entire school children and management will be always in our prayer, especially growth and betterments in your work and children studies.

Your contribution is very much helpful for Snehalaya for the day-to-day operations. Your kind heart for these destitutes will make your contributions definitely will be counted in front of our Lord Almighty.

I thank Rev. Fr. Wilson L. Vitus D'Souza Parish priest for encouraging and for giving an opportunity to children to think and serve for the poor and needy people. **(Contribution Receipt attached)**

Thanking you sincerely,

For SnehalayaCharitable Trust


Joseph Crasta,
Managing Trustee & Executive Director.

Mob. 09446547033 / 09036451931

COPY TO: Rev. Fr. Wilson L. Vitus D'Souza Parish Priest, St. Francis Xavier Church, Bejai.

All the above missions are under Snehalaya Charitable Trust





In Giving we Receive

Collection Drive of the Lourdites



Snehasadan
A Unit of Sneha Charitable Trust ®



St. Camillus Care Home, Kinnikamba Post
Kaikamba, Mangalore D.K.,- 574 151, India
☎ : 0824-2258118, 2258119
✉ : snehasadan05@gmail.com
Director : 9448118119, Office : 9686207119

"More heart into those hands" - St. Camillus

Dear Fr Robert D' Souza, Staff and Students

Greetings of **LOVE** and **PEACE** from **Snehasadan** (Home of Love) Hope you find this Thank You note in good health of mind and body.

We thank you for your love and contribution for the Care and Support Activities of Snehasadan, Home for people living with HIV/AIDS. The 38 infected kids (SnehaKids) learn skills, discipline, receive care and treatment and do regular schooling. The other few in-house residents and outpatients continue to receive our care. We have few of our children in our extended care too.

The Department of Women and Child, Government of Karnataka, honoured SNEHASADAN with "State Award for Child Welfare Activities" on 14th November 2015. On 22nd January 2019 we received the Sandesha Award in Mangalore. We are proud of our accomplishments. You can be proud too, knowing you are contributing to this important cause. The year 2018 was a great Blessing: The roofing work is completed, various classes were conducted for children, Medical and Dental Camps were organised, had Picnic and outings, children bagged prizes from 'Splash'-2018. Birthdays and Festivals were celebrated, the gathering of former Snehakids brought HOPE to the children few children are sent for professional studies, and few more in the extended family supports. We just coordinate it and you are one in many who supported.

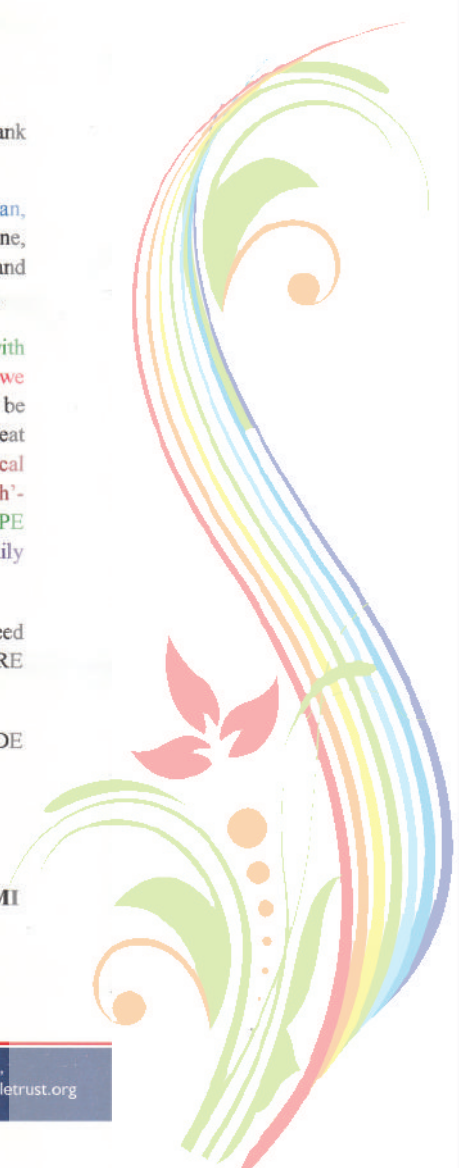
Dear Students the donations in kind like provisions you have contributed are of great help to feed our children and inmates. WE PRAY FOR YOU AND FOR GOOD RESULTS AS YOU ARE PREPARING FOR EXAMS ! **MAY LORD JESUS BLESS YOU !**

THANKS TO FR ROBERT AND THE STAFF. MAY OUR LADY OF LOURDE INTERCEDE FOR US!

Sincerely

Fr. Teji Thomas MI
Director
Mob: 09448118119
Email: snehasadan05@gmail.com

Fr. Shiju Joseph MI
Administrator



PRECIOUS MEMORIES



Class Teacher - Ms Metilda Pinto KG I A



Class Teacher - Ms Linette C. Pereira KG I B



Class Teacher - Ms Lavita I D' Souza KG I C



PRECIOUS MEMORIES



Class Teacher - Ms Mary Lyida D' Souza **KG II A**



Class Teacher - Ms Grace Roche **KG II B**



Class Teacher - Ms Vivian Anitha **KG II C**

PRECIOUS MEMORIES



Class Teacher - Ms Francisca Mendes | A



Class Teacher - Ms Asharitha | B



Class Teacher - Ms Pamela Miranda | C



PRECIOUS MEMORIES



Class Teacher - Ms Prema D'Souza | D



Class Teacher - Ms Lisa Peres | A



Class Teacher - Ms Seema Lobo | B

PRECIOUS MEMORIES



Class Teacher - Sr Roopa II C



Class Teacher - Ms Mini Kumari II D



Class Teacher - Ms Lolita Mascarenhas III A



PRECIOUS MEMORIES



Class Teacher - Ms Deepika Fernandes III B



Class Teacher - Ms Vanitha Patole III C



Class Teacher - Ms Jyothi D'Souza III D

PRECIOUS MEMORIES



Class Teacher - Ms Shanthi Menezes IV A



Class Teacher - Ms Sowmya K IV B



Class Teacher - Ms Vaishakhi Bhat IV C



PRECIOUS MEMORIES



Class Teacher - Ms Aruna Pereira IV D



Class Teacher - Ms Tresa Monteiro V A



Class Teacher - Ms Preethi V B

PRECIOUS MEMORIES



Class Teacher - Ms Joshma D'Souza V C



Class Teacher - Ms Suneetha K V D



Class Teacher - Ms Asha Shet VI A



PRECIOUS MEMORIES



Class Teacher - Ms Lavina Castelinho VI B



Class Teacher - Ms Noeleen Pais VI C



Class Teacher - Ms Vivita D'Souza VI D

PRECIOUS MEMORIES



Class Teacher - Ms Rekha Naveen VII A



Class Teacher - Ms Lavina Serrao VII B



Class Teacher - Ms Seema Madtha VII C



PRECIOUS MEMORIES



Class Teacher - Ms Gowri Ravi VIII A



Class Teacher - Ms Shamitha Machado VIII B



Class Teacher - Ms Padmashree Bhat VIII C

PRECIOUS MEMORIES



Class Teacher - Ms Shaila Pereira IX A



Class Teacher - Ms Vidhya Joseph IX B



Class Teacher - Ms Harshitha Shetty IX C



PRECIOUS MEMORIES



Class Teacher - Ms Deepa D' Souza X A



Class Teacher - Ms Linet D' Souza X B



Class Teacher - Ms Jayashree X C

PRECIOUS MEMORIES



Class Teacher - Ms Roshini Jose XI A



Class Teacher - Ms Sharmila Colaco XI B



Class Teacher - Ms Akshitha V XI C



PRECIOUS MEMORIES



Class Teacher - Ms Shreelatha XII A



Class Teacher - Mr Girish XII B



Class Teacher - Ms Bindhya XII C

ACHIEVING EXCELLENCE TOGETHER



BUL-BUL



SCOUTS



GUIDES



CUBS



MMCA - Cultural Competition Winners - Juniors & Seniors

ಕೊಂಕ್ಣಿ ಶಿಕ್ಷಣ ಭಾಗೀಣಂ



ಸವಿ



ಸಾತ್ವಿ



ಅಟ್ಟಿ

The Vicennial Events **More**

WORLD ENVIRONMENT DAY

“The Earth does not belong to us, we belong to the Earth.”

World Environment Day is celebrated on 5th June every year. It is the day people all round the world are made aware about the severe looming problems that plaque our beautiful planet. In a world that is fast paced, we often forget to take a moment to appreciate the little things our planet has to offer. We rather deem these resources as our birthright, and not what they truly are –valuable gifts.

The students of class XII A were given the responsibility to brief the importance of this day through the morning assembly. Yatin Satish broached the topic on how excessive plastic usage has resulted in the degradation of our world. The Principal Rev. Fr Robert D'Souza encouraged the students to take steps that would help sustain our environment which would eventually lead towards a better future.



VANAMAHOTSAVA



Forests are the World's air conditioning system - the lungs of the planet.

On 7th July 2018, the Eco Club students organized school assembly on the topic 'Vanamahotsava'. Sarah of class VII C enlightened one and all with an inspiring thought on nature and Parikshit

read the news headlines. Haifa of class VIII C and Meghana of class XII A spoke about the significance of the festival of trees and the importance of saving trees. Principal Rev. Fr Robert D'Souza, Vice Principal Ms Belita Mascarenhas, teachers and students of the Eco Club planted a sapling in the school lobby with the slogan “Save Trees, Save Earth”.

TREE PLANTATION DRIVE

“Trees are the best monuments that a man can erect to his own memory. They speak his praises without flattery and they are blessings to children yet unborn.”

On the occasion of Vanamahotsava, the school organized 'Tree Plantation Drive' on 21st July 2018 for the students of the Eco Club and scouts and guides from classes VI to VIII. The Gardening ministry,



the Head boy and a few other ministers also provided a helping hand for its success. The students were taken to the Circuit house. They were genially welcomed by the forest officials, lead by the Range forest Officer Mr P Sridhar. He spoke at length on the importance of various plants like rosewood, red sandalwood, Ranja (Mimusops Elengi) and demonstrated the steps to plant a sapling. The Principal along with the teachers and students accompanied in planting the Simarouba plant which is used in treating diseases.



The Range Forest Officer Mr. P Sridhar addressed the students and expressed his opinion on Social Environment, Environmental Awareness and Ecological Environment. He advised students to preserve nature by planting saplings for future generations. He urged them to plant a sapling and nurture it on their birthdays. Around 500 saplings were distributed to the students by the Forest Department.

INTERNATIONAL YOGA DAY

‘Yoga is not just a repetition of few postures but it is a discovery of the subtle energies of life’

The International Yoga Day was celebrated on 21st June 2018. The welcome address was delivered by Vaishnavi of class IX. The significance of the day was given by Hiya of class IX, who said that the inner peace and harmony was



the main aim of Yoga. It was also mentioned that the 1st yoga day in the Nation was celebrated on 31st June 2014.

Various yogasanas like Thadasana, Vrakshasana, Pashwakonaasana, Padahasthaasana, Pranayama and Nadishudhaasanas were performed by a student (Manasi) and the Physical Education Teacher Mr Veerendra Alva. The Vice Principal Ms Belita Mascarenhas addressed the gathering. She encouraged the students to perform Yoga as it benefits our mind and body. The Vice Principal also said that Yoga improves our concentration and relaxes all the parts of the body and assured the students that by practicing Yoga all will have a long and healthy life. She advised the students to practise Pranayama for five minutes whenever possible during the day. All the students of classes VI were present for programme. The International Yoga day was a great success.

VICENNIAL YEAR INAUGURATION AND HONOURING CEREMONY OF THE TOPPERS

Lourdes Central School inaugurated the Vicennial year and honoured the school toppers on 23th June, 2018. The dignitaries; Bishop of Mangalore and President of the Catholic Board of Education, Most Rev. Dr Aloysius Paul D’Souza, School Manager Rev. Fr Wilson Vitus D’Souza, Principal



Rev Fr Robert D'Souza, Vice Principal Ms Belita Mascarenhas, PTEC Vice President Ms Veena Amrith, Vice President and Secretary of the Bejai Parish Pastoral Parishad Mr Stany Vas and Ms Cony Saldanha were present on the dais. Assistant Parish Priest of Bejai Church Rev Fr Rohan Lobo and member of the School Management Committee Mr Roman D'Souza were also present on the occasion.

The School Manager Rev. Fr Wilson L. Vitus D'Souza welcomed the dignitaries and the gathering. Principal Rev. Fr Robert D'Souza gave the introductory address and spoke about the history, development, and achievements of the school.



The significance of the commencement of the Vicennial year was brought out through an inauguration which consisted of unveiling the Vicennial School Logo which had 20 stars on it, representing the 20 events to be conducted by the school. This was followed by planting a sapling to represent the growth of the school and to signify the nurturing of its students.

The honouring ceremony commenced with the felicitation of the district toppers of classes X and XII. Reena Kishore (PCMB), Abel Shibu (PCMC), Gavin Abner Pinto (Commerce), and S. Nirupama (Class X), were felicitated by the Bishop. The Bishop was then felicitated with a plaque for being part of the establishment of the school 20 years ago and for being a support system throughout. He gave the presidential address and congratulated the students and wished them to achieve greatness, after which the honouring of school toppers continued. The LCS Vicennial Year documentary made by a team of students and staff members was screened which showcased the 20 year journey of the school.





WORLD MENTAL HEALTH DAY

On the occasion of world mental health day, LCS organised an assembly to spread awareness on the importance of mental wellness amongst students on 10th October 2018.

Ms. Annapoorna of class XI B spoke about the importance of the day. A keynote address was delivered by Ms Meghana Saldanha, the School Counsellor. Students were educated about the numerous mental health disorders that affect age group between 16 to 20 years old (anxiety, ADHD, OCD, autism and so on). She then highlighted how the disorders are as normal as any other physical illness and put forth various techniques one could use to help people affected by mental illnesses.



HEALTH WEEK - 'HEALTH IS WEALTH'

Having good health, being able to breathe and be happy, that's one of the most beautiful gifts ~ Roy Ayers.

With an objective to educate students and staff about physical, mental, emotional and social health; LCS celebrated Health week from 30th July to 6th August. During the week assemblies were held on topics related to health.

A talk was organized on 'Puberty and Adolescence' for the girls of class VI to VIII by Dr Amith Aroor, a Pediatrician and Adolescence specialist. The boys too were enlightened by Dr Ashfaque Mohammed on the same subject. Dr E.V.S Maben highlighted the risks of diabetes, blood pressure, heart and kidney related diseases to the staff of LCS. An educative talk on 'Drug Addiction' was given by Dr Ann Thomas to the students of class IX, highlighting the hazardous effects of



SEMINAR - HYGINE FOR GIRLS



SEMINAR FOR STAFF



TALK ON MENTAL HEALTH



DRUG ADDICTION



the drugs. A talk on mental health was organized for the students of class X where Dr Shalini Aiyappa enlightened and advised the students on Stress management skills. Pediatricians and ENT specialists of Kasturba Medical College, Mangaluru conducted health check-up for students of KG to Class XII.

WORLD HEALTH DAY

An assembly was held on 8th April 2019 to spread awareness on the importance of World health day.



'BRIGHT SPARK 2018' - AICS CHESS TOURNAMENT



In a glittering Inaugural Ceremony, 'BRIGHT SPARK 2018' AICS Chess Tournament was inaugurated on 18th August 2018 at Lourdes Central School, as one of the major events in the LCS Vicennial Year Celebration.

The Honourable President and Chief Guest of the ceremony was Rev. Fr Antony Michael Sera, the Secretary of the Catholic Board of Education. The other dignitaries present were the Manager Rev. Fr Wilson L. Vitus D'Souza, Principal Rev. Fr Robert D'Souza, Vice Principal Ms Belita Mascarenhas, Asst. Parish Priest, PTEC Vice President, Secretary and Committee Member of Bejai Parish Pastrol Parishad, Chief Arbiters, Mr Derick Pinto and Mr Prasanna.

The inaugural ceremony commenced with a mellifluous Prayer Song led by the school choir. Fr Principal welcomed the Chief Guest and the august gathering.



The Chief Guest and the other Dignitaries welcomed the Divine light by Lighting the Lamp. Rev Fr. Antony Michael SHERA inaugurated the tournament by moving a coin on the Chessboard. In his address he called on students to develop interest in the game and take part in the tournament with truest spirit and wished them Good Luck.

Fr Manager in his address said that it is indeed a sport that teaches us many skills and qualities on which we draw in many areas of our lives.

The Tournament that began at 10:30 am had 390 students from 39 schools. It comprised of five rounds and the winners were decided on the final calculation of points. Closing ceremony commenced with a Prayer Song by LCS Choir. Fr Manager was the Chief Guest for the Valedictory Function. He awarded the winners.

The Under 17 Category Championship was bagged by Lourdes Central School. The Under 14 Category winners were Madhava Kripa English Medium School, Manipal.

Fr Principal honoured the Under 17 Category - Runners up to Mount Carmel Central School and Under 14 Category - Runners up to Vidyodaya Public School. Vice Principal Ms Belita Mascarenhas distributed the board prizes to Under 17 Category and Under 14 Category.



COLLECTION DRIVE FOR KERALA & COORG

“We make a living by what we get, but we make a life by what we give”



Students, Teachers and Parents came together on 23rd August 2018 to generously contribute to the flood affected victims of Kerala and Kodagu (K2K Mission), an initiative taken by the Principal Rev. Fr Robert D'Souza. The teachers contributed one day salary to this noble cause. The school collected essentials like food items, groceries, clothes, sanitary wear, footwear, medicines, toileteries, stationery items etc – carefully sorting out and packing them into cardboard cartons. These cartons and the cash cheque was then handed over to the Indian Catholic Youth Movement, Jeppu, Mangalore.

GANDHI JAYANTHI

Gandhi Jayanti is celebrated by the entire nation to commemorate the birth anniversary of the Father of our Nation - Mahatma Gandhi and is also celebrated as the International Peace Day all across the world. LCS celebrated Bapu's Birthday on 2nd October 2018 with great zeal, enthusiasm and patriotism.



Sarva Dharma Parathana: The assembly began with a special tribute to Gandhiji. A devotional ambience prevailed as the programme started with a meaningful prayer service in the form of 'Sarva Dharma Parathana.' The students quoted readings from the Holy Scriptures like the Bible, Quran, Gayathri mantra and the like, giving the meaning and essence of every reading. Students then continued the prayer session with a devotional rendition of Karnatic prayer songs and “Raghupathi Raghava Rajaram”.



Intercessory Prayers: Prayers of the little children are always heard by the Lord. Believing this, the students of Lourdes Central School conducted the intercessory prayers, praying for the country, political and religious leaders, the youth, the children, the school community and finally prayed for peace all over the world.

Significance of Gandhi Jayanthi: Sneha Pinto of class IX B threw light upon the significance of the day, highlighting the various values and principles that Gandhiji stood by and used, to win over the British.



The students of the Primary Section staged a patriotic dance and a skit on awakening Indians to fight against corruption.

The Principal Rev. Fr Robert D'Souza addressed the students and wished them on the occasion of Gandhi Jayanthi. He stressed on simple living and noble thinking of Gandhiji that all should emulate and imbibe in one's life. He also insisted that the students always speak the truth and be role models.

The Vice Principal Ms Belita Mascarenhas took the initiative to remind the students of another freedom fighter and the one who gave the immortal slogan 'Jai Jawan Jai Kisan' - Lal Bhadur Shastri whose birthday

we celebrate on 2nd October. She also enlightened the students about the values of truth that Lal Bhadur Shastri emulated from Gandhiji and stood by.

STREET SELF DEFENCE

On the special occasion of Gandhi Jayanthi i.e. 2nd October 2018, students were enlightened by Monkey Mayhem Fight Club and Fitness Centre on self defence. They were taught about street self defence, boxing, kick-boxing, Maui Thai – Art of eight limbs and Brazilian Jujitsu.

"If a person has no knowledge of self defence, he cannot use combat sports to stay safe", said one of the instructors. Demo on MMA match was demonstrated.

Combat sports have two categories – Active scanning and passive scanning. In combat sports we need to find the best way to escape from a situation. They were also taught a new alphabetic rhyme on the grounds of street self defence:

- A – awareness and avoid
- B – being bold and boundaries
- C – confront first and then call for help
- D – destroy delicate parts
- E – escape and evolve

The session was an enriching one in preparing students to face dangerous and life threatening situations in unfamiliar spaces.



LCS REGALE 2018 – CHILDREN'S DAY

'Every child is a different kind of flower and all together make this world a beautiful garden.' Lourdes Central School celebrated Children's Day on 15th November 2018 at the LCS open grounds. The dignitaries present on the occasion were Very Rev. Msgr. Maxim Noronha, Vicar General, Diocese of Mangalore and the Vice President of Catholic



Board of Education, Rev. Fr Wilson Vitus D'Souza, Manager LCS, Rev. Fr Robert D'Souza, Principal LCS, Rev. Fr Vinod Lobo, Assistant Parish Priest, Bejai Church, Mr Stany Vas, Vice President Bejai Parish Pastoral Parishad, Management Committee member Ms Adelaide D'Sa, Vice Principal Ms Belita Mascarenhas and twenty student representatives to mark the twenty glorious years of Lourdes Central School.



The programme began at 9.00 am with a prayer song by the teachers of LCS. The Principal Rev. Fr Robert D'Souza welcomed the august gathering and introduced the President of the function Very Rev. Msgr. Maxim Noronha. The Principal wished the students and quoted the words of Pope Francis that we must reaffirm the right of children to grow up in a family, with a Father and Mother. Light symbolises knowledge, truth and triumph. The dignitaries lit the lamp and inaugurated the event.

A floral welcome was given to the student representatives. The Chief Guest of the function, Head Girl Eva Jessica D'Souza expressed her thoughts on behalf of the entire student community and was thankful for being a part of the Lourдите family where the family may not be bound by blood but by hearts. The Manager Rev. Fr Wilson L. Vitus D'Souza in his message emphasised that we must make sure that children are protected for they are the future bearers of the nation and to collectively take an oath for the safety of children.

The President of the function Very Rev. Msgr. Maxim Noronha, Vicar General, Diocese of Mangalore and the Vice President of Catholic Board of Education appreciated and congratulated the management and staff members. He said LCS is not just a pearl in the Diocese but has made a name in the whole district. He wished all the best and said that education should multiply the students' knowledge and open the horizons of the universe not only for education but also for personality development.



The Head Boy Adithya Desai proposed the vote of thanks. The dignitaries of the day released the balloons and the President of the function Very Rev. Msgr. Maxim Noronha declared the 'LCS Regale 2018' open.

The guests inaugurated the food stalls from the finest boutique Hotel Gold Finch and the various games stalls put up by the teachers which included Finding the Ball, Drop the Coin, Walk on the Brick, Car Race, Marble Game, Magic with Cups and Toothpicks, Balancing the Bottle, Picking Confetti, Dice, Above Below Exact, Ping Pong, Coloured Cups, Wheel of Fortune, Jonny Walker, Chinese Checkers and Carom Board. This was followed by the Cultural Programme put up by students and parents.







VICENNIAL ANNUAL DAY CELEBRATION

Our School celebrated the glorious and the most successfully accomplished Vicennial Year Annual Day on 30th November 2018 in the Bejai Church Hall, with a variety of events from each class on the theme "We Have a Dream." The programme commenced with a semi classical dance followed by a prayer song.

Rev. Fr Joseph Martis, Rector, St. Joseph's Seminary, Mangalore, was the Chief Guest while Rev. Fr Wilson L. Vitus D'Souza, Manager presided over the function. The other dignitaries who graced the occasion were PTEC Vice President Ms Veena Amrit, Vice President and



Secretary of Bejai Parish Pastoral Parishad Mr Stany Vaz and Members of the Management Committee. Principal Rev. Fr Robert D'Souza introduced the Chief Guest and extended a warm welcome to all the dignitaries and the gathering.

The Chief Guest Rev. Fr Joseph Martis, Rector, St. Joseph's Seminary, Mangalore in his address saluted all the children and parents for their sacrifice. He also appreciated all the teaching and non-teaching staff and all the participants for their uniqueness, courage, hard work and commitment.

The Manager Rev. Fr Wilson L. Vitus D'Souza in his Presidential address congratulated the students for their achievements, good schooling and their value based education. He also presented a few tips to become excellent citizens, like dare to dream, define what you stand for, never lose curiosity, strive for excellence, build confidence, learn to work, take care of yourself, work hard and persevere, have social concern and be humble.

The Principal Rev. Fr Robert D'Souza presented the School Annual Report 2018-19.

Saying dreams are essential for it plays a vital role in shaping one's future. It is only when one dreams big with a whole heart, he/she will be able to achieve big. He also expressed that it is disheartening to know that so called educated people are becoming monsters in the society, involved in corruption, violence and communalism. He presented a few tips to become great personalities and good citizens of tomorrow.

The exuberant students of the school presented an array of cultural programmes showcasing their dreams and aspiration and the ways and means to achieve it. Students indeed inspired every audience to dream differently.

Students of class VI presented 'A Mother's Dream' with glittering dance and music wherein they displayed that every mother has a dream that her child will be the best, excelling in all fields. The amalgam of parent's dream and dreams of a child was showcased by the students of class VII in the form of a dance drama. Students of class VIII exhibited the dreams and aspirations of blind teenagers in the form of musical drama. They manifested that everyone, even the underprivileged has dreams and it is our responsibility to make their dreams into reality. Students of class IX presented enticing performance in Hindi 'Himmat-E-Hindustan' a musical play portraying the 'never give up' attitude of Indians despite their trials and tribulations. 'The Dream of an Orphan' was enacted by the students of class X, inspiring everyone to be generous in providing opportunities than charity which will enable them to attain their dreams. The students of class XI beautifully depicted the aims and aspirations of a teenage girl by illuminating her hopes to rise, advance and achieve her dreams through empowerment. Breaking stereotype in our society is very essential to create a healthy society. The young and creative students of class XII portrayed the transitions in the life of students and fulfilment of their dreams through the dance drama- 'Log kya kahenge'. The Vicennial Year Annual Day Programme of our school has indeed immensely enriched and inspired everyone to dream substantially and enable others to achieve their dreams especially the less privileged with great happiness and commitment. The Vice Principal Ms Belita Mascarenhas rendered the vote of thanks.

The programme was beautifully compered by Marc Rego, William D'Souza, Joshal D'Souza, Diya Mascarenhas, Sonali Umanath, Prerana Ballal, Carel Monterio and Agnes Martis.









LCS LIBRARY WEEK

“You can't buy happiness but you can buy books and that's kind of the same thing”.

The LCS Library Week was celebrated from 3rd to 7th December 2018 – an occasion created with the hope of reigniting the passion for reading in young minds. The week started off with an assembly on Monday. Esther Fernandes of Class IV B spoke about the importance of books.

Principal Rev. Fr Robert D'Souza along with Vice Principal Ms Belita Mascarenhas, Librarians Ms Nandini and Ms Lavina Crasta inaugurated the event with a book launch in the school library.

The week was filled with activities that helped the students realise the various joys of reading.

The LCS book donation drive was organised and it evoked an overwhelming response. 324 books



were donated by the students which were later exhibited in the library. A variety of competitions were held. For classes I, II and III was a story telling competition. Bookmark making for classes IV and V. Book Cover making for class VI, poster making for class VII, essay writing for class VIII, book review for classes IX and X, classes XI and XII a quiz competition. The bookmarks, covers, posters, essays and reviews were put up for display in the library. A three day exhibition was organised by the company Prism Books in the school grounds.



The finale of the library week was held on Friday which was a colourful and vibrant event. It started off with an astounding performance by the students of class IV singing a song highlighting the message of reading books. Elishia of class VI marvelled us with a monologue of Shakespeare's 'Hamlet'. A dazzling dance by the students of class VI and class VII was a visual treat. Prizes were distributed to the winners of the competitions which was held during the week.



Fr Principal in his address thanked and congratulated the librarians for making the Library Week meaningful and for conducting various literary competitions. He further advised students to make good use of the library and enhance their knowledge. Zareen Rehman compered the programme and Anushka Ullal delivered the vote of thanks. All in all, LCS Library Week was a very successful event that made all realise that sometimes all that one needs is a BOOK.

FINALE OF VICENNIAL YEAR CELEBRATION

Lourdes Central School celebrated the finale of Vicennial year on 9th February 2019, at LCS open ground commemorating the glorious achievements in the past 20 years and setting up professional vision to the future. The celebration began with a solemn welcome to His Excellency Rt. Rev. Dr Peter Paul Saldanha, Bishop of Mangalore. The LCS family was truly overjoyed at his presence as he made his first official visit to the school.



His Excellency Rt. Rev. Dr Peter Paul Saldanha was the President and Chief Guest of the function. The other dignitaries who graced the occasion were Rev. Fr Wilson L. Vitus D' Souza, Manager, members of Bejai Parish Pastoral Parishad - Vice President Mr Stany Vas and Secretary Ms Cony Saldanha, PTEC Vice President Ms Veena Amrith and Members of the Management Committee - Mr Augustine Rodrigues, Mr Roman D'Souza and Dr Adelaide D'Sa.

The formal programme commenced with a prayer song, sung by the school choir, seeking God's bounteous blessings on our school and each one of us.

Rev. Fr Wilson L. Vitus D'Souza introduced the President and Chief Guest of the function and extended a cordial welcome to the dignitaries and the august gathering. Principal, Rev. Fr Robert D'Souza gave a 'Bird's Eye View' of the LCS 20, sublime years of progress, achievements and memories to last a lifetime. Jenson Sequera of class VIII enlightened the audience on the significance of the day.



Most Rev. Dr Peter Paul Saldanha honoured the students who have exceptionally excelled with an overwhelming performance both in National and International level. They are: Niranjan Rajiv, Sapta Pavor, Nidhi Noronha, Aathish Shetty and Meghana Kashyap. The pioneer staffs of LCS were also honoured, recognizing their whole hearted contribution of their time, energy, hard work and commitment towards the development of this prestigious institution. They are: Vice Principal Ms Belita Mascarenhas, Ms Grace Roche, Ms Lydia D'Souza, Ms Saira Pinto and Ms Philomina Periera.

His Excellency planted a sapling symbolically promoting "Care for the Nature" and exhorting everyone to safe guard the Nature and nurture Greenery.



Collection drive is a unique feature of Lourdes Central School initiated by Rev. Fr Principal to mark the celebration of the Feast of our Lady of Lourdes, Patroness of our school, every year. The primary aim of this drive is to inculcate values of love, concern and sharing in our students. Our ardent Lourdites have generously responded to the call. His Excellency

handed over the collection to the Little Sisters of the Poor, Bajoodi, Snehalaya Ashram, Manjeshwar and Snehasadan Ashram, Gurpur.

The Lourдите family sang a wishing song for His Excellency praying for God's bountiful blessings on him.

His Excellency Rt. Rev. Dr Peter Paul Saldanha in his Presidential address thanked and appreciated the impressive achievements in the past 20 years especially raising the school to the international standard and obtaining 100 percent result every year. He congratulated the teachers and students for their intense efforts towards building up this institution. He also remembered Rev. Fr. Bernard D'Souza for his initiative, commitment and vision and Rev. Fr J. P. Tauro for taking the school to the highest standards by getting the permission from the CBSE. Lourdes school is a renowned school, a shining star known to everyone in Mangalore.

He said that when we are happy or sad, we go to our mothers. We have Heavenly mother i.e. Our Lady of Lourdes, Earthly Mother, Teachers, Mother Earth and Lourdes Central School our mother. Students need to be grateful to them always. He created a new full form and meaning to the acronym 'L.C.S'. 'L' stands for lively and loving, 'C' stands for compassion, care and concern and 'S' stands for simplicity. He urged all the students to be loving, compassionate and simple and build a wonderful personality.

Most Rev. Dr Peter Paul Saldanha was felicitated by Rev. Fr Wilson L. Vitus D'Souza, Manager and Principal, Rev. Fr Robert D'Souza with a token of love.

Ms Belita Mascarenhas, the Vice Principal rendered the vote of thanks.

The cultural programme that followed marked the celebration of the feast of our Lady of Lourdes. This celebration began with a dance invoking her blessing on all. Through this dance, the students of classes IV to VIII depicted that Mother Mary is the true model for the world today in all respect. The students of classes IV, VI and VII portrayed the life of Mother Mary and her inspiration and guidance to the concerned authorities of school through a skit. We also remembered the deceased members of the Lourдите family and prayed for them.

On this occasion the finale of club art and craft exhibition was organized. The LCS orchestra showcased their talents in music on the stage mesmerizing everyone's mind and soul. Varieties of beautiful art and crafts and club activities were exhibited. The programme was concluded by singing the vicennial song composed by Mr Ivan Mascarenhas.

The programme was beautifully compered by Parvati Menon and Aditya Ballal, under the able guidance of Ms Dilla Colaco.



REPUBLIC DAY

A man's eyes should survey the world but his feet must be planted in his country'.

The 70th Republic Day was celebrated at the school grounds on 26th January 2019. The programme began invoking God's blessings with the Universal Prayer and hymn. Andrea of Class VIII introduced the Chief Guest and welcomed the gathering.

The Chief Guest unfurled the national flag along with the dignitaries. The significance of the day was presented by Trisha of class IX and Christopher Joshua of Class VIII in Kannada and English respectively. The students of Class V presented a fascinating display and class IX a graceful dance which brought in a sense of patriotism among the audience.

Lt. Col. Ajay Pratap Singh, Chief Guest sharing his life experience on trust and loyalty grabbed the attention of the audience indeed. He advised the students to be loyal and truthful towards their parents and teachers.

Students who brought laurels to school by qualifying to the nationals of VVM and also inter-school achievers of various activities were honoured by the Principal, Rev. Fr Robert D'Souza along with the other dignitaries.

The Manager Rev. Fr Wilson L. Vitus D'Souza in his presidential address asked the students to love the Motherland and pray for the leaders ruling Mother India.

The programme was compered by Aashna Ferrao and Suha Khan of class VIII and the vote of thanks was delivered by Sholka Rai of class VII.



ECO FRIENDLY YELLOW SCHOOL AWARD

Karnataka State Pollution Control Board had organised a survey on Eco-Friendly Schools. Lourdes Central School participated and won the Eco Friendly Yellow School Award on 21st February 2019. The award ceremony was held at Nethravathi Sabha Bhavan, Dakshina Kannada Zilla Parishad, Kottara, Mangaluru. Lourdes Central School emerged as the first CBSE School in Mangaluru to win this prestigious Yellow School award for the year 2018-19. This



wouldn't have been possible without the efforts of the Principal Rev. Fr. Robert D'Souza , the Vice Principal Ms Belita Mascarenhas, Eco-club teachers – Ms Harshitha Shetty and Ms Asha Shet, the students of Eco-club and the non –teaching staff. Let us continue to be sensitive towards nature and try to save our environment and keep it clean.

EXHIBITIONS

SCIENCE



Science exhibition was organized on 31st August 2018 as a subject enrichment activity for classes VI to VIII and as a competition for classes IX and X. Principal Rev. Fr Robert D'Souza inaugurated the exhibition by conducting an experiment during the school assembly. He appreciated the students and urged them to develop curiosity in Science. Students displayed their talents by performing experiments and exhibiting various models like rain water harvesting, water purification, solar cooker, animal and plant cell, magnetic effects etc.

SOCIAL SCIENCE - CLASSES VI to X

The 27th of October 2018 proved to be a landmark event in the calendar of Lourdes Central School, with the much-awaited Social Science Exhibition as a Subject Enrichment Activity being flagged off.

It was an excellent venue for the students to showcase the extent of their knowledge of the subject, as well as their abilities to research and explore the depths of the various intricacies of their respective topics.

The models were judged on the basis of Design and Layout, Content and Accuracy, Artistic Skill, and Overall Presentation. The best three projects from each section were awarded Certificates and Trophies.

The topic given to Class VI was "Landforms in India". The students extensively used of thermocol and other materials to artistically represent various Geographical landforms in India, ranging from Plateaus, deltas and plains to Forests, Valleys and Deserts.

The topic given to class VII was "Exogenic and Endogenic Forces and Transport & Communication."

The models constructed by the students of Class VII represented and reflected the concepts taught to them in class, including the workings of various Geographical phenomena, mass communication and transport.

The topic given to Class VIII was "Industries". The pitfalls and benefits of this omnipresent process were dutifully and systematically represented by the students' models. Various charts were also prepared to better illustrate the various processes involved. Through the medium of their models, as well as their well prepared presentations, the students displayed a thorough understanding of the concepts involved.





The topic given to Class IX was “Disasters and Mitigation Techniques.” The students prepared projects describing in detail the effects and consequences of various natural as well as artificial disasters, and included the methods and techniques involved in preventing and mitigating these circumstances. Several innovative models were seen, some utilising truly ingenious methods, with students employing their artistic skills to the maximum.

The topic given to Class X was “Money and Credit”. Each student came up with a project filled to the brim with various facts and exquisite diagrams which

mapped the history of money and credit, all the way from the barter system to the role of banks in modern day economies. The written projects were judged based on Content, Originality, Presentation and accuracy, coupled with a VIVA for content assimilation. The Social Science Exhibition held in Lourdes Central School was thus a grand success, proving to be an excellent platform to showcase the skills and hard work of the students of classes VI to X.

CLASSES I to V

The subject enrichment activity for classes I to V was organized on 16th February 2019. The students were asked to make models or charts on the subject-related topics in Social Studies and General Science. The topics given were – Safety and First Aid, Natural Disasters, Interdependence in Nature, Day Sky and Night Sky, Save Environment etc.

The tiny tots began the interesting activity with a pleasant mood. They were instructed to use different materials for the construction of models and learnt a bunch of techniques to fix things in its place. This helped them develop innovative ideas and put their heart and soul in their little invention.

The creative ideas of students were picturised beautifully on the charts they made.

The Principal Rev. Fr Robert D’souza, Vice Principal Ms Belita Mascarenhas and the staff viewed the artistic work of the students and were enthralled by it.

The Social science teachers of the school Ms Gowri Ravi, Ms Rekha Naveen, Ms Lavina Serrao, Ms Lavina Castelino and Ms Vivita D’souza assessed the activity and graded the students based on the set criteria. The judges also appreciated the students for their thoughtful presentation. The subject enrichment activity was planned effectively and executed successfully. It created a great impression in the minds of the children.



FINALE OF SPORTS WEEK - CLASSES KG to V



“Sport is not just about playing and winning. It is also about teamwork and fun. It is the preserver of health and one of the basic joys of life.”

As a part of Annual Sports Day, LCS celebrated Sports Week from 2nd November to 9th November 2018. The entire week was dedicated to sports activities. Throughout the week, little kindergartners as well as the students from classes I to V involved themselves in playing different games individually as well as in groups. Housewise games were conducted for KG students under the theme “I win, you win, we all win.”

The Finale of Sports Week for classes KG to V was held in the LCS school grounds on 9th November 2018. The programme commenced at 8:00 am with the devotional prayer song sung by Class IV students.

The dignitaries, Manager Rev. Fr Wilson L. Vitus D’Souza, Principal Rev. Fr Robert D’Souza, Vice Principal, Ms Belita Mascarenhas and the Chief Guest Ms Sukanya Acharya were escorted to the stage by the school band.

Ms Apoline Lobo, Primary Section Co-ordinator welcomed the gathering and introduced the Chief Guest Ms Sukanya Acharya.

Students of classes I to V performed the mass drill and the KG students attracted the attention of the audience through pom-pom display. Students sang the LCS house song with immense respect.

Prizes were distributed to the winners of various competitions held earlier, in connection with the LCS sports week. The Chief Guest of the ceremony honoured the prize winners. She addressed the gathering and said “Every individual should involve in one or other sport to gain confidence and to develop physical and mental balance.”

The Manager Rev. Fr Wilson L. Vitus D’Souza expressed his opinion on physical fitness and sports. The Principal Rev. Fr Robert D’Souza inspired the gathering through his encouraging words. He appreciated the little Lourdites for their active participation in all the sport activities.

Ms Anita Pinto expressed words of gratitude for being enthusiastic and co-operative throughout the Sports Week. The programme concluded at 9.30 am with the School Anthem. Mementos were given to the KG students. The entire programme was compered by Dhanya and Shreshta of class V.

ANNUAL SPORTS MEET - CLASSES VI TO XII

“Sports serve society by providing vivid examples of excellence” said George F Will. Lourdes Central School organised Annual Sports Day on 10th November 2018 for classes VI to XII at Mangala Stadium, M G Road, Mangaluru. The esteemed dignitaries on the occasion were the Chief Guest Mr Clifford Joseph Joshua, Assistant Manager, Corporation Bank, The President of the function Rev. Fr Wilson Vitus D’Souza, Manager, Lourdes Central School, the Principal Rev. Fr Robert D’Souza, the Vice Principal Mrs Belita Mascarenhas, Vice President of Bejai Parish Pastoral Parishad Mr Stany Vas and Secretary of Bejai Parish Pastoral Parishad Ms Cony Saldanha escorted by the Convenor Mr Vishwanath Devadiga. The Inaugural Programme began at 8.30am with the invocation of God’s blessings sung by the school choir under the guidance of Mr Ivan Mascarenhas.



This was followed by the School Parade headed by the head boy Aditya Desai, the head girl Eva Jessica D'Souza, the house captains and vice captains with their respective houses. It was indeed a treat to watch the students brimming with enthusiasm, march to the beat of the band. The School flag was ceremonially carried by the worthy sportsmen of the School who are members of the football team and cricket team – Adithya J P, Mihir Shetty, Atul Madhu and Anush Revankar for the flag raising ceremony. The Chief Guest Mr Clifford Joseph Joshua hoisted the flag. On this joyous occasion, the Vice Principal Mrs Belita Mascarenhas gave the welcome address and introduced the guest. The arrival

of the sports torch and the flame symbolises “the light of spirit, knowledge and life.” The torch was borne by our athletes who have emerged winners in various events – Advith Shetty, Captain of the cricket team, Girls handball team – Clea Juana, Shainil Crasta, Shivani Shetty, Frazel Fernandes, Mehek Aranha, Saanchi Suvarna; Amogh Shetty – national level skater, Boys football team – Nihad, Tharun Hegde, Ruben Mascarenhas, Hasib, Abdul Aman, Sanjay Kulal, Ziyen Aboobaker, Jason Madtha; Vaishnavi K S an international karate champion



and district level swimmer; and Niranjana Rajeev, an international skating champion. The Chief Guest received the torch and declared the sports meet open. The Sports Minister Anish Mathias, who is the captain of the senior boys football team, state level badminton player and a district level athlete led the oath and recited the pledge. The students gave an impressive show of harmony and discipline through the mass drill. House system song was sung with vigour and gusto.

The Chief Guest Mr Clifford Joseph Joshua, Assistant Manager, Corporation Bank, an International Athlete and Ekalavya Awardee addressed the gathering and said that sports teaches one to deal with victory and failure, makes one strong and healthy, and it is an integral part of our life. He highlighted saying that hard work is the key to success.

The President of the function Rev. Fr Wilson Vitus D'Souza in his message expressed that success is a matter of choice. Failure should motivate one to try harder and harder. He stressed that winning mind set is important and wished all students to win in all walks of life.

Mr Veerendra Alva, the PT instructor expressed his gratifying thoughts by proposing the vote of thanks. Ms Deepa D'Souza and Ms Vanita Patole compered the programme. Mr Vishwanath Devadiga and Mr Veerendra Alva were the Convenors of the Annual Sports Day.

The Valedictory Ceremony commenced at 1.45p.m. Ms Vivita D'Souza welcomed the gathering. The Vice Principal Ms Belita Mascarenhas, Mr Vishwanath Devadiga and Mr Veerendra Alva felicitated the winners of the relay and individual champions. The Vice Principal awarded the Rolling Shield to Amber House and the Runners Up Shield to Opal House.

The Convenor of the Annual Sports Day Mr Vishwanath Devadiga proposed the vote of thanks. The lowering of the School Flag which marks the end of the closing ceremony was done ceremoniously in the presence of the Vice Principal. The programme ended with the singing of the National Anthem. Ms Vivita D'Souza compered the programme.

WORLD FOREST DAY

The World Forest Day was celebrated in our school on 21st March 2019. The students of Class XII C conducted the morning assembly focusing on the theme: 'Forests and Education'. The assembly started with a beautiful prayer song, followed by an enlightening thought given by Ekta. Nandini spoke on the importance of the day, briefing about its declaration as an annual event by the United Nations Food and Agriculture Organisation in 1971. She also spoke about the importance of forests in our life and how they help us and shared information about the forest fire at Bandipur National Park and how it could be prevented. A conversation by Tanmai and Eisha made the students aware of the different ways to conserve forests such as recycling of paper, afforestation, protecting forests, using both sides of a paper and many more. A beautiful poem on trees was recited by Nilisha D'Sa. The Pledge to save forests was led by Glen Fernandes. The Principal Rev. Fr Robert D'Souza sensitized the students about the usefulness and importance of trees and motivated to conserve forests. The assembly was compered by Austin and Rachel. Students also prepared charts for the bulletin board on the theme 'Forest and Education.'



WORLD WATER DAY

'Water, Water, Everywhere, But not a drop to spare'

World Water Day was celebrated on 22nd March 2019 with a Morning Assembly. It began with a prayer song. Riya Das of class X C gave an inspiring thought on Water.

The importance of the day was given by Priyanka of class X C highlighting the theme for World Water Day 2019 - 'Leaving no one behind' which is the central promise of the 2030 Agenda for Sustainable Development:

A short poem on water was recited by Sivapriya of class X C. To imagine a day without water is very difficult and how we can conserve water was depicted by Adora Mascarenhas and Sunidhi of class X in the form of a short conversation. They stressed on saving water by making small changes in their daily life. They spoke on trapping rainwater by installing Rain Water Harvesting Systems in houses, locality and to take necessary steps to overcome water scarcity.

Pledge on saving water was led by Kushi. The Principal Rev. Fr Robert D'Souza insisted that students should save water by minimising its use. In Thumbe Dam the water level has dipped and people would face water crisis in the month of April if they don't save it today. Students of Class XC prepared a beautiful chart on the theme 'Leaving No One Behind' and displayed it on the lobby notice board. Nidhi Kishore and Hiya Hedge of Class X C compered the programme.



WORLD EARTH DAY

“Save earth to save happiness of billions of lives”

World Earth Day was observed by Lourdes Central School with a morning assembly by the students of class X on 22nd April 2019. It began by invoking god’s blessing through a prayer song. Anjali gave an inspiring thought on Earth.

It is a day held to promote and show environmental awareness and calls for the security of our planet.

The importance of the day was given by Simran highlighting the theme for World Earth Day 2019 - “Protect Our Species”.



The hopeful news is that the extinction rate can still be slowed and many of our threatened, declining and endangered species can still recuperate if we work together. A melodious song on Earth was sung by Prakrithi Monteiro and Erika.

The Principal Rev. Fr Robert D’Souza insisted the students to save the species by spreading awareness. Students prepared a beautiful chart on the theme “Protect Our Species” which was displayed on the lobby notice board. Trisha Rai compered the programme.

INDEPENDENCE DAY



‘Freedom in the mind, faith in the words, pride in our hearts, memories in our souls, let’s salute the nation.’

The 72nd Independence Day was celebrated at LCS with zeal and spirit befitting the occasion. The Chief Guest Rev. Fr Wilson L. Vitus D’souza, Principal Rev. Fr Robert D’Souza, Vice Principal Ms Belita Mascarenhas, Management Committee Members and Parents graced the occasion. The Principal Rev. Fr Robert D’Souza welcomed the gathering. The Chief Guest unfurled the National flag. The National Anthem was sung by one and all.

Zareen Rehman of class X and Sunidhi Hegde of class IX briefed about the significance of the day in English and Hindi. The School Choir regaled the audience with the Patriotic Song which filled the hearts with patriotism.

The Chief Guest Rev. Fr Wilson L. Vitus D’Souza praised and motivated the students to become good leaders of India and wished everyone Happy Independence day. The Principal Rev. Fr Robert D’Souza reminded the students of our duties to make our nation great. The programme concluded with the distribution of sweets to all the students.

ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ



"ಕನ್ನಡಾಂಬೆಯ ಮಕ್ಕಳಾದ ನಾವು ಧನ್ಯರು. ನಾಡಿನ ಶ್ರೀಮಂತ ಕಲೆ ಮತ್ತು ಸಂಸ್ಕೃತಿಯನ್ನು ಗುರುತಿಸಿ, ಗೌರವಿಸುವುದು ಪ್ರತಿಯೊಬ್ಬ ಕನ್ನಡಿಗರ ಕರ್ತವ್ಯ ಮತ್ತು ಜವಾಬ್ದಾರಿ. ನಾಡಿನ ಮಣ್ಣಿನ ಕಂಪು ಎಲ್ಲರಿಗೂ ಇಂಪನ್ನು ನೀಡುತ್ತಿದೆ. ಈ ನೆಲದ ಮಣ್ಣಿನಲ್ಲಿ ಬೆಳೆದ ಬೆಳೆಯನ್ನು ನಾವು ಸೇವಿಸಿ ಉತ್ತಮ ಜೀವನವನ್ನು ನಡೆಸುತ್ತಿದ್ದೇವೆ. ಈ ನಾಡಿನ ನಾಡು, ನುಡಿ, ಜಲ ಸಂರಕ್ಷಣೆ ಎಲ್ಲರ ಹಕ್ಕಾಗಿದೆ. ಕನ್ನಡ ನಾಡು ಎಲ್ಲರಿಗೂ ವರದಾನವಾಗಿ ಉತ್ತಮ ಫಸಲನ್ನು ನೀಡಿ ಸಲಹುತ್ತದೆ" ಎಂದು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನ ಪ್ರಾಂಶುಪಾಲರಾದ ವಂದನೀಯ ರಾಬರ್ಟ್ ಡಿಸೋಜರವರು ಹೇಳಿದರು. ಅವರು ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್‌ನಲ್ಲಿ ಆಯೋಜಿಸಿದ "ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ" ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮಾತನಾಡುತ್ತಿದ್ದರು.

ವಿದ್ಯಾರ್ಥಿಗಳು ಪ್ರಾರ್ಥನಾ ಗೀತೆಯ ಮೂಲಕ ಕಾರ್ಯಕ್ರಮವನ್ನು ಪ್ರಾರಂಭಿಸಿದರು. ಹಾಡುವಿಕೆ ಮತ್ತು ಏಕಪಾತ್ರಾಭಿನಯ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ಪ್ರಥಮ ಸ್ಥಾನ ಪಡೆದ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ಹಾಡುವಿಕೆ ಮತ್ತು ಅಭಿನಯವನ್ನು ಆಯೋಜಿಸಲಾಯಿತು. ಹಾಡುಗಾರಿಕೆ, ಏಕಪಾತ್ರಾಭಿನಯ ಮತ್ತು ಸಮಾಜ ವಿಜ್ಞಾನ ವಸ್ತುಪ್ರದರ್ಶನದಲ್ಲಿ ವಿಜೇತರಾದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಪ್ರಮಾಣ ಪತ್ರವನ್ನು ನೀಡಲಾಯಿತು. ವೀರಗಾಸೆ ಮತ್ತು ಜನಪದ ನೃತ್ಯವನ್ನು ಮಕ್ಕಳು ಪ್ರಸ್ತುತಪಡಿಸಿದರು.

ವೇದಿಕೆಯಲ್ಲಿ ಉಪಪ್ರಾಂಶುಪಾಲೆ ಬೆಲಿಟಾ ಮಸ್ಕರೇನ್ಡ್ರಸ್ ಉಪಸ್ಥಿತರಿದ್ದರು. ಶಾಲೆಯ ಶಿಕ್ಷಕರಾದ ರತ್ನಾಕರ ಎಸ್. ಆಚಾರ್ಯ, ನೊಯ್‌ಲಿನ್ ಪಾಯ್ಸ್, ರೇಖಾ ನವೀನ್, ಸೌಮ್ಯ ಹಾಗೂ ದೀಪಿಕಾ ಕಾರ್ಯಕ್ರಮವನ್ನು ಸಂಯೋಜಿಸಿದ್ದರು. ಐವನ್ ಮಸ್ಕರೇನ್ಡ್ರಸ್, ನಂದಿನಿ, ವಿವಿತಾ ಡಿಸೋಜ ಸಹಕರಿಸಿದರು. ವಿದ್ಯಾರ್ಥಿಗಳಾದ ಆರಾಧನಾ ಮತ್ತು ಕಾಮ್ಯ ದಯಾನಿಧಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ನಿರೂಪಿಸಿ, ಚಂದನಾ ರಾಜ್ಯೋತ್ಸವದ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ವಿವರಿಸಿದರು. ಸುಶಾಂತ್ ರಾಶ್ರೀ ಧನ್ಯವಾದ ಸಮರ್ಪಣೆಗೈದರು.

CONSTITUTION DAY

"The Constitution is not a mere lawyer's document, it is a vehicle of life and its spirit is always the spirit of age" – Thus said Dr B R Ambedkar.

Constitution Day or Samvidhan Divas is celebrated on 26th November every year to commemorate the adoption of the Constitution on the same day in 1949. Our School commemorated the day on 27th November 2018 with a programme which began with the Choir Group leading the Lourdites into prayer. Joshal of Class X enlightened the audience with the thought for the day. All the students recited the Preamble in unison led by Navya Bhandary of Class XI. Georgie of Class X threw



light on the significance of the Constitution and the importance of the day. The students of Class IX made their melodious contribution to the day's events by presenting a song on the Preamble. The students of Classes IX and X expressed their patriotism through a mesmerizing fusion dance. India is a melting pot of diverse cultures and ethnicities. Bhasha Sangham was organised by the School to celebrate the linguistic diaspora of the country. The language of the day was Assamese; Siddharth of Class XII and Shanthi of Class XI taught the students how a basic conversation in Assamese was carried out. This was followed by the Principal's address. Rev. Fr Robert D'Souza stressed on the Fundamental Rights and Duties of each person and encouraged the students to do their duty. He also urged the students to learn and love the languages of India. The programme concluded with the Lourdite family singing the School Anthem in unison. Kate Pereira and Sonal Lasrado of Class XI compered the programme.

TEACHERS' DAY



“Teachers can change lives with just the right mix of chalk and challenges”

On this special day, students celebrate the contribution of teachers in their lives and shaping up the society. The classrooms burst into colours with decorations, greetings and showering the teachers with flowers. So, in connection with Teachers' Day celebration, teachers' versus students' friendly match was held on 4th September 2018. A cricket match



was organised for the male staff, a throw ball match for the female staff and of course, teachers emerged victorious.

On 5th September a brilliant programme was organised by Krithika Kishore, Navya Bhandary and Anushka P Ullal for the staff of LCS. The show was compered by Parvathy Menon and Yatin Satish. An inspirational thought was given by Hanan Musarikhan of class XII. The head girl Eva D'Souza of class XII spoke about the significance of the day. Fr Manager, Fr Principal and the representatives of the student council i.e. the head boy and head girl inaugurated the programme by unveiling a photo of Dr Sarvapalli Radhakrishnan and lighting the lamp. Fr Principal then called upon the teachers of class X and class XII to honour them for achieving 100% results for the 2017-18 batch of students. Several games were conducted for the teachers like dance challenge, sari draping competition, a quiz and a 'Guess the Movie' game. A breathtaking dance by the students of class XI captured the hearts of the teachers. Fr Principal thanked the organising committee for all their efforts that led to this successful programme.

GIRLS IN AVIATION DAY

Mangalore International Airport (MIA) under the guidance of Airport Authority of India (AAI) organized a session at the MIA Conference Hall for the girls of class XI and class XII of various colleges in Mangalore in connection with 'Girls in Aviation Day' which was celebrated on 23rd August 2018. Ms Kamal Chakaravarti, Chief Financial officer of Bird Group who was the chief guest for the day,



briefed the students on the various career opportunities in the Aviation field. This informative session was enriching. Students were educated on the operating system of the Airport and its technical aspect. A guided tour around the airport and the Aerodrome Traffic Control (ATC) Tower was the highlight of the day.

CELEBRATIONS

ONAM

Onam, a festival of gaiety and culture, colour and exuberance, pookkalam and onapaatukkal, mouthwatering sadyas and the breathtaking sport of Vallam kali, was celebrated, here at LCS.

A grand assembly was conducted by the Malayalam speaking teachers and students of class XI and XII. A list of enthralling events had been lined up, including the striking performance of the onapaatukkal by the girls of classes XI and XII. It was like Kerala's mythical king Mahabali, or as the Keralites call him with love, king Maaveli had blessed all with happiness and the very true spirit of Onam. An eye-catching pookalam was set up in the lobby, enhancing the celebratory air of Onam.



Unfortunately this year, in view of the worst devastation in nearly a century suffered by Kerala due to rains and floods, their government had cancelled the Onam celebrations, and paying tribute to these flood victims, we at LCS have not only donated relief materials but also rendered our great support possible through the agencies.

The term 'God's own country' was coined for tourism purposes, but this Onam, humanity has given it true meaning and beautifully redefined it as 'God's own people!'

NATIVITY OF THE BLESSED VIRGIN MARY

Lourdite family celebrated the birth of the Blessed Virgin Mary on 7th September 2018. Students conducted a beautiful assembly with a devotional hymn and the importance of the nativity of Mother Mary was shared by Nilisha of class XI C.

After the assembly, Lourditess gathered around the grotto of Mother Mary to offer flowers and then the Catholics proceeded to the church for the Eucharistic celebration and offered their offerings which were later sent to the orphanages in Mangalore.



The main celebrant for the holy mass was Rev. Fr Rupesh Madtha, Director of YCM & YSM, Mangalore Diocese and co-celebrants were the Principal Rev. Fr Robert D'Souza, the Manager Rev. Fr Wilson L Vitus D'souza, Rev. Fr Rohan Lobo and Rev. Fr Alphonse Jojo. Melodious singing of hymns increased the beauty of the Eucharistic celebration. The celebrants blessed

and extended their festive greetings to all. Rev. Fr Rupesh Madtha gave a message stating that – Mama Mary has given her heart - Lord Jesus to us on earth; mothers being the replica of mother Mary have to be loved and respected. Fr principal wished all the Lourditess happy feast of the Blessed Virgin Mary.

DEEPAVALI

Diwali, the festival of lights, was celebrated at the school during the general assembly on 7th November 2017.

Diwali songs were played as the students and staff members assembled in the school ground. The students of class X conducted the assembly and highlighted the importance of the day; its history, significance, traditions, and celebrations. The Principal Rev. Fr Robert D'Souza spoke to the children, explaining why it is called a festival of lights, joy, and love, and also stressed in the importance of making it eco-friendly. He concluded his speech by wishing all a happy and safe Diwali.



CHRISTMAS

The month of December is filled with Joy and happiness. Lourdes Central School celebrated Christmas in a most unique way with the caption "He is the reason for this celebration."

Lourdites gathered with excitement at LCS grounds on 22nd December 2018. The dignitaries Rev. Fr Wilson L. Vitus D'souza, Manager, LCS, Rev. Fr Robert D'souza, Principal, Ms Belita Mascarenhas, Vice Principal Ms Cony Saldhana, Secretary, Bejai Parish Parishad, Mr Roman D'souza were present on the occasion which truly doubled the joy of the Lourdite family.



Welcome address was delivered by Austin D'Cunha of class XI, followed by the significance of the day by Sanjana Lobo of class X A. Later the students of Kindergarten and Primary Section were honoured with prizes by the dignitaries for excelling in various competitions held in connection with Christmas. The Principal addressed the gathering and said that we celebrate the birth of Christ, to respect the dignity of human beings. He expressed that as the world is desperately in need of peace, we should first have peace within us, so that we can spread the message of Christ all over the world. He then thanked God for protecting and blessing us throughout the year 2018 and wished good luck and prosperity for the New Year 2019.

Rev. Fr Wilson L. Vitus D'souza Manager, LCS also gave his valuable message by saying that we need to overcome our differences and our heart should be pure to rejoice in the birth of Jesus, and to follow Him as He practiced what He preached and preached what He practiced so that we can enjoy the happiness of Christmas. The true meaning of Christmas was depicted through a skit, that is to accept others and to be humble, thus rejuvenating our spirits. The audience were entertained with a dance, Christmas medley and live Christmas crib. Finally the students were mesmerised by the arrival of Santa. Clea of class X thanked the dignitaries, the teachers and students who were responsible for making this day a memorable one.

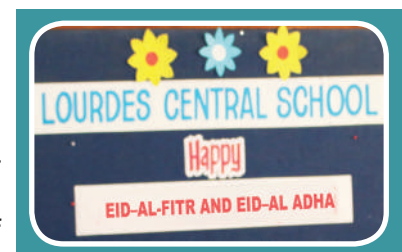
EID-AL-FITR AND EID-AL ADHA

There are 2 festivals celebrated by Muslims:

Eid-al-Fitr : is the festival which marks the end of the month of fasting (ie. Ramadan) and self-reflection. It is marked by special prayers and gift – exchange as well as a sense of appreciation for everything that we have.

Eid-al Adha : also known as the Feast of the Sacrifice or Festival of

Sacrifice honours the faith and willingness of Prophet Ibrahim (P.B.V.H) to sacrifice his son as an act of obedience to God's Command. But before he could do so, God provided a lamb to sacrifice instead. The festival acts as a reminder that those who do right are rewarded and to have faith in God.



KONKANI MANYATA DIVAS

Konkani Manyata Divas was celebrated at LCS on 23rd August 2018 with great enthusiasm by the Konkani learning students; the joy at the celebration was doubled knowing that Konkani is included as an official language in the Eighth Schedule of Indian Constitution 1992. Inaugurating the programme, the President of the function Rev. Fr Wilson L. Vitus D'Souza illustrated the benefits of learning. The Principal Rev. Fr Robert D'Souza in his



message congratulated all the students learning Konkani as a third language. He said that Konkani language is flourishing today because of schools, churches and Konkani magazines. He also asked the Konkani learning children to encourage other students to learn Konkani in school.

Prizes were distributed to the students who won the Konkani quiz competition and gifts were distributed to the students on the occasion. The programme culminated with a beautiful Konkani group song presented by the students of class VI under the guidance of Konkani teacher Mr Ivan Mascarenhas.

SOLFA MUSIC WEEK

The Greek philosopher Plato once rightly said, "Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything."

The SOLFA music week was inaugurated on 27th August 2018. The students of class XI presented a melodious song and the importance of music was made known to



the students. All the children were very excited. What followed was a week of interesting assemblies with mesmerizing performances that included melodious songs and instrumentals.

All the students were encouraged to nurture the seeds of music infused within them and actively took part in the event. A large number of students came forward to put up amazing performances that enthralled everybody.

The finale of the SOLFA week was held on 1st September 2018. Spectacular performances were put up by the students of class IX. Music plays a very important role in one's life. It brings people together and allows them to express their emotions. As it is rightly said, "Music is to the soul what words are to the mind."

BHASHA SANGAM

The program Ek Bharat Shreshtha Bharat - 'Bhasha sangam' had been initiated by the CBSE to celebrate the spirit of National Integration from 23rd November 2018 to provide multi-lingual exposure to students in Indian languages listed in schedule VIII of the Indian constitution. To facilitate effective learning of the languages the printed conversation was put up on the smart board of every class. This not only created interest in students but also made them love and appreciate all the Indian languages.

On 23rd November 2018, the Bhasha Sangam program was inaugurated with the national language Hindi. The general assembly that was conducted included thought for the day, news headlines, birthday wishes





and the school pledge done in Hindi language. In accordance with the Bhasha Sangam program student volunteers had a basic conversation which was enthusiastically repeated by the students.

On 24th November, Kannada assembly was conducted. The importance of the language was told and the basic conversation in Kannada was repeated by the students and they enjoyed learning this language.

On the 27th November, the library week finale coinciding with the Bhasha Sangam project, the entire school was all ears to the Assamese language, well articulated by the students of class XI and class XII. On 28th November, the school learned the Manipuri language and took part actively in the conversation. Students learned to greet and introduced themselves in Manipuri.

On 3rd December 2018, the students introduced the Nepali language in a unique way by demonstrating the conversation involving the Principal, a teacher and 2 students wherein they taught each of them to strike a conversation in Nepali. The entire school not only enjoyed this demonstration but also repeated it. On 4th December students from the Primary Section taught how to have a basic conversation in the Bengali language. On 5th December the students were taught to converse in Malayalam especially to greet each other and introduce themselves. On 6th December students were taught to have a basic conversation in Marathi and the students of class X demonstrated the same and the entire school repeated it. On 7th December the schedule of the Bhasha Sangam included the Bodo language when students of the Primary Section trained the entire school in basic conversation in Bodo. On 10th December the assembly was conducted entirely in Sanskrit when the Sanskrit learning students presented the assembly efficiently and effectively. They taught the entire school to greet and introduce themselves in Sanskrit. On 11th December the morning assembly was held and in accordance with the programme, the students of class VIII and class IX read out the sentences in Gujarati language joyfully and in an interesting manner. Thus Bhasha Sangam marked the unique symphony of languages of our country.

AWARENESS AND OUTREACH PROGRAMME

'When you extend a helping hand, you not only give out to the society but also contribute indirectly to the greater good of the people' with this thought, the organizing committee of Lourdes Central School arranged an Outreach Programme on 10th August 2018, inviting the girls of classes VII to X from St Francis Xavier, Lourdes Kannada Medium Government School to educate them on menstrual hygiene. The Principal addressed the gathering and the students of class XI orchestrated a mime in order to convey the gist of the event to the girls who were present as audience.



Krithika, a member of the organising committee conversed with the girls and spoke of various issues. The acts of disposing pads, maintaining personal hygiene, drawbacks of cloth were few of the main highlights of the talk. Nilisha, a student representative explained the menstrual chart. Two informative videos were shown. One of them depicts the need to use pads, the other shows how periods occur. As a part of this knowledgeable talk, Eva D'souza recommended a few food items that can be consumed at home in order to relieve cramps and pain.

The preceding week was of utmost importance as the students were allowed to contribute to the cause. The collection drive generated about 2000 sanitary napkins contributed by the students of Lourdes Central School. The foremost part of the event was the distribution of these donated sanitary napkins to the girls. The teachers in charge Ms Anita Thomas, Ms Deepa D'souza, Ms Akshitha V and Ms Sreelatha along with the committee distributed the sanitary napkins to the girls. Akhila of class XI delivered the vote of thanks. One amongst the audience stood forth and thanked the staff and students on behalf of her school. Thus parting from this special experience the girls left with a broad smile and a lot of information.

KINDERGARTEN II CONVOCATION CEREMONY

As the Kindergarten students walked through the aisle of the Roof Top Auditorium in their dazzling blue gowns and the graduation caps before their teachers and the heads of the institution, it was a mini carnival to the parent audience who were eagerly watching their children with dreams and aspirations for their bright future. With a quote from William Shakespeare, 'Small cheer and big welcome makes a merry feast', the little



angels welcomed everybody gathered in the auditorium for their convocation ceremony. Ms Lydia D'Souza the Kindergarten co-ordinator, welcomed the Manager Rev. Fr Wilson Vitus L. D'Souza, the Principal Rev. Fr Robert D'Souza, Vice Principal Ms Belita Mascarenhas and chief guest Professor Sukanya Rao, after which the dignitaries conferred the personalized trophies and certificates to the KG-2 graduates.

The Chief Guest congratulated the gratifying pre-primary teachers and the joyful students in completing their first level of education. She advised the children to be happy in the primary section and suggested the parents to spend one hour everyday with their children, switching off all the electrical gadgets and focussing only on their children. Rev. Fr Wilson Vitus L. D'Souza thanked every parent for trusting in the institute and enlightened them of their duty towards their child in protecting them emotionally and physically and helping them grow in intelligence and spiritually. Fr Manager also advised the parents not to underestimate their children and appreciate and praise them in the little things they do.

The Principal too appreciated the goodwill of the parents and thanked the PTEC for their contribution towards the school's betterment. Parents Ms Apoorva, mother of Daksh, Ms Sonali Prabhu, mother of Dweech Prabhu and Ms Rashmi Lobo, mother of Nicole Miranda, reminisced the glimpses of the kindergarten journey along with their wards and expressed their feelings and brought out the complete change, their children went through in the elementary section. Amora Mitchell Vaz, Eathen Samuel Fernandes and Pranamy Kotian, the outgoing students of KG-2 spoke their heart out and refreshed their two years memory at the kindergarten section. The junior students sang a wishing song to their seniors and shook their body for a lovely farewell dance song, which was choreographed by Charan Sir and the song by music sir Mr Roshan. The KG-2 students also delivered the vote of thanks, thanking the comperers Ms Francisca and Ms Mini, teachers of the primary section. The convocation ceremony concluded by singing the National Anthem.

JYOTHI PRADHAN

Jyothi Pradhan for the outgoing students of classes X and XII was held on 25th January 2019. The day began with a beautiful and meaningful Eucharistic Celebration celebrated by Rev. Fr Santosh Rodrigues. Being the Feast of the conversion of St Paul, Fr Rodrigues encouraged the students to emulate St Paul and imbibe his qualities of humility, perseverance, thirst for knowledge and courage.



The farewell programme was held at Bijai Church Hall. Ms Sharmila Colaco extended a warm welcome to the Manager Rev. Fr Wilson L. Vitus D'Souza, Principal Rev. Fr Robert D'Souza, Vice Principal Ms Belita Mascarenhas, the parent representatives, Ms Sumol Peter parent of George Peter, Mr Anil Alva parent of Yash Alva. She also welcomed the outgoing students, their parents and staff members.

Students were made to realise the importance of the day by Ms Belita Mascarenhas who also spoke about meeting challenges with perseverance and never to quit. She also advised them to seek help whenever

they need it from the right people. Students of classes IX and XI gave a soulful rendition of the prayer song which set the ambience for the day.

Thought provoking and soothing passages were read out from Holy Scriptures by Ms Deepa D'Souza and Ms Linet D'Souza. Prayers and petitions were placed before the Almighty by Ms Shaila, Mr Henry, Dr Anita Lobo, Ms Vidyashree B, Ms Shanthika and Ms Adhya.

The Manager, Principal, Vice Principal, Parent and Student Representatives inaugurated the programme by lighting the lamp. The Head girl Eva Jessica D'Souza led the students through the pledge to be loyal to the Alma Mater.

Led by the Principal, the staff and parents solemnly blessed the students wishing them good health and peace of mind to prepare and write the crucial Board Exams and to come out with flying colours.

Kritharth of Class X and Meghana Kashyap of class XII reminisced about their learning experiences in school and expressed their gratitude.

The Principal commended the students for their excellence in academics and extracurricular activities. He also appreciated the good rapport between teachers and students. He encouraged the students to strive hard and live worthily for inner satisfaction and joy and to brighten the lives of others. The Manager advised the students to never forget the discipline and value based education they received in school and to become people with a human heart.

Class teachers along with class representatives presented token of gratitude to the Principal. All students received a memento to treasure.

The students were led down memory lane through a power point presentation by Ms Chandini and Mr Girish. The programme ended with the vote of thanks by Reuben Lobo of class XII who thanked everyone present especially the teachers who led them from ABC to Calculus and who helped them through their long journey of fourteen years.

FIRST DAY OF SCHOOL - KG1 LOURDITES



Tring Tring the school bell has echoed once again for the Kindergarteners. The tiny tots were welcomed in a unique way. Parents with anxiety and eagerness on their face had carried their children in their arms as their ward would be beginning their academic career. Rev. Fr Robert D'Souza our dynamic Principal welcomed the gathering and appreciated the parents for admitting their child in our School. Rev. Fr Wilson Vitus L. D'Souza assured the parents that their ward was in the hands of experienced, loving and caring teachers as they shower motherly affection on each one of them. Each child was lovingly held high by our Principal and Manager and handed over to the teachers. After welcoming the toddlers, Fr Principal and Fr Manager visited each and every class and made them feel at home.

THE CLASSROOM MANAGEMENT

The Capacity Building Programme on the pertinent topic "The Classroom Management", a CBSE Training Programme was organised by LCS on 28th and 29th May 2018. A total number of 60 CBSE teachers from LCS, NITK and St. Mary's Central School, Kinnigoli participated in the workshop. The Resource Persons were Mr Joji Paul, Principal, Benchmark International School, Tirur, Malapuram, Kerala and Mr. Lathish R. Principal, ALG Crescent School, Madikeri.

Mr Lathish R. commenced this programme with an introduction, and discussion on Classroom Management. The session mainly focused on three components of an effective classroom management: Content Management, Conduct management, Covenant Management. The next session began with an explanation on the difference between rules, procedures and routines. Participants responded to the questions given by using rating scale given.



On the second day Mr Joji Paul conducted a workshop on the Management of Student – Teacher relationship, which is the cornerstone of Classroom Management. It was a fruitful and enriching session, full of hands'- on activities for teachers to indulge and learn from. Fr Pius James D'Souza from Rishiwana, Mangalore gave a captivating talk on 'Value Based on Education'.

The LCS staff participated in various contemporary CBSE certified staff enrichment programs. Teachers who had participated in these programs highlighted the beneficial points to the staff members.

Ms Shanthi Menezes spoke about the Capacity Building program which lay emphasis on education as a fundamental right, importance of Article 21-A of the Indian Constitution in education and the role of social environment in the education system.

Ms Shamitha Machado and Ms Kavyashree spoke about the Physics workshop which highlighted the different enthusiastic techniques, both theoretical and practical, to teach physics to students.

Ms Linet D'Souza spoke about the "Innovation Thinker Lab" program which focused on the NITI Aayog, its vision of establishing Atal Tinkering Laboratories (ATLs) in schools across India to foster curiosity, creativity, and imagination in young students.

Ms Lavina Castelino briefed on the application of innovative methods of teaching geography to students, like the usage of cartography in class, field trips, visual aids of teaching, demonstrations, analysis of concepts, and value based teaching.

Ms Shaila Pereira conducted a session on the AICS Conference, which laid emphasis on the leadership qualities of the teachers, creating an understanding between teachers and students through usage of social media and technology.

Ms Anita Pinto spoke about the First Aid workshop which stressed on the need for easy access to basic first aid, bandaging, CPR and providing emotional comfort.

Ms Linnet Pereira spoke about the Pre-Primary workshop which emphasized on adapting creative teaching techniques for kindergarten to class III, like storytelling, show-and-tell, phonetics, and music.

Ms Preethi briefed about the Teaching Methods program which highlighted the four pillars of education, i.e., learning to know, to do, to be, and to live together.

CASK - TEACHER ENRICHMENT PROGRAMME "ME TIME"

Lourdes Central School faculty had the privilege of getting connected to CASK a century and a few more years old Catholic Association of South Kanara through their Teacher Enrichment Programme "ME TIME".

When the teachers were busy with their mundane life, the Principal of the LCS Institution Rev. Fr Robert D'Souza introduced the CASK members to boost their spirit through a two day seminar.

The seminar commenced by lighting the diya by the heads of the institute, followed by the CASK President



Ms Nayana, Co-ordinator, Ms Patsy Lobo, Former President Dr Derrik Lobo, the faculty convenor Ms Noeleen Pais and the chief guest Ms Farita Veigas, Principal of St Aloysius Institute. The power packed talks were delivered by innumerable resource persons who were invited by the CASK family. The talented tinkers were;

Ms Farita Veigas who spoke on the necessity of soft skills. Mr Manoj Fernandes enlightened the teachers' minds by reinventing the teaching profession. Mr Archibald Menezes requested the teachers to inculcate the habit of personal financial banking in teachers.

Ms Vidya Shenoy and Ms Bharathi Shevgoor spoke on public speaking communication. Teachers were proud to watch their own student Sharlaine Sequeira, who as a fitness trainer trained the teacher how to inhale and exhale in the right manner and how to reduce belly fat with simple bollywood songs.

Dr Malini Hebbar delivered her interesting talk on finer nuances of the English language by training to speak the universal language with clarity and correctness.

The powerful speech by Dr Derrick Lobo on the goals of Education and the bio-diversity of the Western Ghats and the adverse effect of plastic on flora and fauna by Dr Anand and Ms Geeta Pereira were well appreciated. The staffs of LCS were given a royal treatment by refreshing their spirit and tummy with sumptuous eats and cool drinks.

In the valedictory ceremony every teacher was honoured with a trophy and certificate. As teachers expressed their gratitude to the Principal, Vice Principal and the CASK Family, they will never fail to forget that the highest appreciation is is not to utter words, but to live by them.



INVESTITURE CEREMONY



The newly selected school cabinet members were first introduced through the Investiture Ceremony on 14th June 2018. A solemn Oath taking ceremony was followed after lighting of the lamp. Duties were assigned and badges were distributed for the cabinet members. The Principal addressed the members by emphasizing on how the cabinet acts as a role model for the students in the institution. The Presidential address was delivered by Fr Manager. He laid importance on discipline, responsibility and moulding one's personality for the betterment of the society.

PARENT - TEACHER INTERACTIVE SESSION - CLASSES KG – XII



The Parent -Teacher Interactive Sessions were held for Classes KG to XII from 5th June 2018 to 8th June 2018 in the School AV Room consecutively. The Principal Rev. Fr Robert D'Souza, the Vice Principal Ms Belita Mascarenhas, Class Teachers and Subject Teachers were present. Ms Anitha Thomas and Mr Ivan Mascarenhas presented the aims and objectives, and rules and regulations of the School. The Examination Pattern was explained in detail by the Exam Cell Coordinators Ms Gretta Menezes for Classes VI to X, Ms Suneetha for Classes I to V and Ms Roshni Jose for Classes XI and XII. The parents expressed their views and volunteered to represent the class of their ward.

The Principal Rev. Fr Robert D'Souza addressed the parents and urged them on the following points:

1. To guide and motivate their ward to study at home for about 2-3 hours daily and to discourage tuitions.
2. To cooperate with the rules and regulations of the School.
3. To have a mobile free campus i.e. to discourage students from using mobiles and parents to put their mobiles in silent mode.
4. Parents to interact with teachers on Mondays only.
5. Remedial classes to be held on Tuesday, Wednesday and Thursday and students to make use of it.
6. Enrichment programmes and staff meetings will be held on Fridays.
7. Second and fourth Saturday will be a holiday and other Saturdays will be normal working days.
8. Parents were encouraged for car pooling.
9. Parents were asked to send sufficient homemade food for their ward. He thanked the parents for their dedication and support & presence for the interactive session.

STUDENT – TEACHER INTERACTIVE SESSION – CLASS IX



The Session was held on 11th June 2018 in the AV Room. Ms Gretta Menezes, the Exam Cell Coordinator briefed the students on the Exam pattern, the marks bifurcation and grades for Periodic Tests, Mid-Term Exam and Annual Exam. Mr Henry Mascarenhas explained the aims and objectives of the School. Mr Ivan Mascarenhas and Ms Harshitha Shetty spoke about the duties of a student and how values can be imbibed in them. The Vice Principal Ms Belita Mascarenhas highlighted the importance of discipline. The Principal Rev. Fr Robert D'Souza motivated the students to focus and study regularly.

MOTIVATIONAL TALK

On 13th July 2018 the students of class XI and XII were addressed by Mr Akshara Sharma, an Ex-Lourdite and currently pursuing his Bachelors of Science degree (third year) at IISC, Bangalore. Mr Akshara Sharma began the session with a preliminary address in which he highlighted the importance of setting targets in life. He spoke of the difference between pure science and the science of high school level, stating that it

wasn't all about problem solving but involved a lot more rigour. Speaking of his Institute, he said that one could join IISC by performing well in KVPY, JEE (Main and Advanced) and NEET. He dispelled the myth of not having to study much after class XII, and went to say that life after XII was quite hectic and challenging.

After his address a brief Q and A session was held wherein the students utilized the opportunity by clearing their doubts. When asked about time management in class XI and XII, he revealed that on an average, he spent three hours daily on his studies. He reiterated the need of balancing between school and coaching classes. He gave quite a few tips to the students aiming to clear the KVPY exam, one of which was exploring the topics given in the appendix supplied at the back of each NCERT textbook. Speaking of extracurricular activities, he said that at top institutes like the IIT's and IISC, there is a huge scope for activities like music, dance and sports. On a concluding note, he spoke of the KVPY scholarship, which is quite a sizeable amount (around Rs. 6000 per month) and is more than enough to cover the expenses of the stay at the campus.

As Mr Akshara Sharma stepped away from the podium, Fr Principal blessed the gathering with a few inspirational words, hailing the students as the "Future of the Nation."

PSYCHOLOGY AND ARTICULATE LEARNING



An informative session on 'Psychology and Articulate Learning' was held on 6th July 2018 for the students of classes VIII to XII. Dr M. D. Ahmed, the resource person is the founder of 'Mind Masters'. The focal point of his talk was that there are no average students but average learning and studying skills. To overcome this hurdle he suggested to adopt the power of accelerated learning which he said can be done by designing one's study methods according to the design of the brain. He also demonstrated his memory power by giving the day of any calendar date. He concluded the session asking students to take charge of their lives which will truly change their lives.

CAREER OPPORTUNITIES IN THE MERCHANT NAVY

On 11th July 2018 a representative of the Anglo Eastern Shipping Company spoke to the students of Class XII about the merits and opportunities involved with the lucrative career that is, 'The Merchant Navy'. Mr V R Nathan, a charismatic personality, illustrated to the students the importance and criticality of the Merchant Navy with regard to the functioning and stability of the World's economy. He also stressed upon the educational qualifications, syllabi, testing criteria and physical benchmarks required to become a distinguished cadet of



The Merchant Navy. He spoke at length about the responsibilities and physical burdens and risks involved with the daily rigour and working of The Merchant Navy. However, he also spoke about the benefits that come along with the job, such as financial independence at a young age, health and tax benefits, job security, free travel, extended leave and the sheer joy of the ocean.

CAREER GUIDANCE PROGRAM

A career guidance session was organised for the students of class XI & XII on 7th July 2018. Rahul Balike of class XII B welcomed the Chief Guest Ms Kushalatha, a counsellor at NITTE. She provided an insight into the importance of choosing a right career with regard to their aptitude, attitude, individual interest & passion. She also threw light on the various employment opportunities & sectors available in India. The students gained knowledge about the criteria required in choosing the right institute.

Professor Raviraj Kini, HOD, Department of Communication, NITTE who was the resource person provided various career opportunities in the field of mass media. He enlightened the students about different issues in the society and how to raise such issues and make a difference in the society. He focused on the power of media and its influence in young minds. He also insisted that the youth must cultivate the habit of reading all types of books including contemporaries of our own region. The session was very informative which enabled them to take correct decisions in their careers.



PARIKSHA PE CHARCHA – 29th January 2019



PARENT-STUDENT-TEACHER INTERACTIVE SESSION CLASS X

On 4th January, 2019 an interactive session was organized for the students of class X, along with their parents. This programme was convened in order to brief about the Xth standard CBSE Board exams. All the subject teachers interacted with the parents and students, and guided the students to prepare well for the board exams. The parents also cleared their doubts and felt free to put forward their queries and views. The Exam Coordinator, Ms Gretta informed the students about the schedule for the remaining academic year. Teachers laid stress on the need to read text books, extra books and most importantly understand all the subjects. The Principal Rev. Fr Robert D'souza encouraged the students to not just perform well in the exams but to perform better in the exams. He also encouraged students to study for at least 4 to 5 hours in a day and avail the remedial class facility. Thus the session ended on a positive note with words of motivation from all the teachers and the Principal for the welfare of the students



CLASS IX

The Interactive Session for Class IX was held on 5th January 2019. All Subject Coordinators gave tips for Annual Examination. Ms Gretta Menezes explained the examination schedule



for Class IX. The parents expressed their views and clarified their doubts on academics. The Principal Rev. Fr Robert D'Souza addressed the parents and said that the School has a good support system of teachers, counsellor and nurse - to guide, teach and take care of students. He told the students to make a time table and study everyday for 4 to 5 hours and achieve 100%; and this is the best reward they can give to their parents and teachers. He expressed that the more one reads, they will know more and this will make them more confident. He concluded by saying that students need to give their best, have a positive attitude and come out with flying colours.

CLASS VIII

In order to prepare the children for the forthcoming annual exams, an interactive session for the students, parents and teachers of class VIII was held on 5th February 2019 in the roof top auditorium. Ms Dilla Colaco welcomed the gathering.

Subject teachers briefed about the portion for the final exam and also discussed about the methods to prepare well for the exam. Teachers also spoke about the behaviour of the students in the classroom.

Vice principal Ms Belita Mascarenhas addressed the parents regarding the discipline of students. She insisted the parents to be alert in checking the school diary and signing the remarks in time. She also mentioned that the students who trouble the class during the revision will be separated from the class.

The Principal, Rev. Fr Robert D'Souza addressed the parents and students regarding the academics and classroom behaviour. He told the students to allot 3 hours per day for self study. He also expressed

that every child should clear class 8 with more than 40% marks. Principal gave some key notes to the parents to minimize the usage of mobiles and social media during the exam time and also to give more attention and spend quality time with the students.

At the end of the session, the Principal invited the parents for the finale of Vicennial year celebration which will be held on 09.02.2019. Ms Gowri Ravi proposed the vote of thanks. Ms Padmashree Bhat compered the programme.



CLASS VII

An interactive session for parents along with their ward and teachers of class VII was held on 6th February 2019 in the A.V room. The session began with a prayer song sung by the students of class VII.

Principal Rev. Fr Robert D'Souza addressed the gathering by requesting the parents to help their ward in their studies. He gave some key note to the parents to minimize the usage of mobiles and social media during the exam time and also spend quality time with their children. He motivated the students to prepare well and get good marks. He also gave an opportunity to the parents and their ward to share their feelings.

Later teachers and parents interacted individually and discussed about the discipline and academic performance of their ward. The entire interactive session got over at 3.30 pm. Ms Lavina Serrao compered the programme.

CLEANLINESS DRIVE – 26th January 2019



CABINET VALIDICTORY CEREMONY – 21st January 2019



COLOURS' DAY

With the same smile and enthusiasm our Kindergarten children celebrated its colours day on 30th June 2018. The main objective of the celebration is to teach the children about the colours which we see in our day to day life. During the month primary and secondary colours were introduced, since then many activities on colours, such as cloth dabbing, finger printing, sponge dabbing, colouring etc. were done in their activity book. Rhymes and theme song "I love colours" were taught to children. On the day of the finale teachers along with the students decorated their respective class rooms with colourful balloons, charts, and other decorative items.



The day began with the assembly. All children were dressed up in their colourful attire. Children sang songs and recited some rhymes on colours. Vice Principal Ms Belita Mascarenhas visited all the classes and asked few questions regarding the theme, clicked photographs with little ones, and appreciated all the children for their enthusiastic participation. We wish and pray that the colours they have learnt add beauty to their life throughout.

PRIVATE SCHOOL TRANSPORT DRIVERS' MEET



The private school transport drivers' meeting was held on 31st July 2018 in the A V Room. Fifty Six registered members and Forty One private transport vehicle drivers participated in the meeting.

The meeting was conveyed for keeping the private school transport vehicle drivers abreast about the guidelines laid down by the school management and updates on the changing rules of traffic police department relating to the safety of the students while commuting, carrying capacity, display of board ON SCHOOL DUTY etc. The identity of drivers entering the school campus, the behaviour and attitude while communicating with students, especially girl students and with parents was discussed.

The private transport vehicle drivers too expressed some of their personal concerns with the traffic management and traffic arrangements at campus. The drivers also appreciated the involvement of school management in responding to the matters related to traffic and students' safety and thanked the management for the spacious parking arrangements provided for everyone.

The meeting came to an end with the Principal of LCS expressing that the safety of the student is the prime objective of the school management.

FOUNDER'S DAY



On 2nd February 2019 Lourdes Central School celebrated Founder's Day to pay tribute to our Founder Late Rev. Fr Bernard L D'Souza. The Programme began with a prayer service. The dignitaries Rev. Fr Robert D'Souza, Principal, Ms Belita Mascarenhas, Vice Principal along with teacher representative and student representatives offered flowers and paid homage to the founder.

Kate Pereira of class XI, while speaking about the importance of the day said that our Founder was a visionary who established Lourdes Central School 20 years ago to provide high quality, value based education and prepare students to be upright citizens, honest and able

administrators and politicians of tomorrow. Later the Vice-Principal Ms Belita Mascarenhas addressed the students and said that Late Rev. Fr Bernard L D'Souza was a sagacious disciplinarian and an altruistic man. As we salute the late Founder let's all fulfill his vision to spread 'Peace through knowledge.

FIRST PEN - CLASS IV



OPEN HOUSE



'To be in children's memories tomorrow, you have to be in their lives today'. Principal and staff of Lourdes Central School joined for prayer to begin Open House for classes I to IX and class XI on 10th April 2018, at 8 A.M.

Parents of the children were welcomed for the Open House session with the inspirational thoughts displayed on the classroom Bulletin board. Teachers and children both together made

the parents comfortable for the Open House by interacting with them. Class Teachers and Subject Teachers spent time with the parents of each student and apprised them of the progress of their kids and also the areas where more efforts expected from their wards. The Principal also spread the awareness of conserving nature to the parents through the memorable bookmark with pictorial presentation of Eco Club activities of LCS. Later the parents were guided to collect the books for the next academic year.



The Open House session ended at 11.30 a.m. with a smile on the face of children, parents and signifying a positive approach towards the curriculum of the next academic year.

BIRTHDAY CELEBRATION

MANAGER



Our Lourdes Central School celebrated the birthday of the Manager Rev. Fr Wilson L. Vitus D'Souza on 15th June 2018 with much joy and happiness marking the beginning of his 74th birthday. The programme began with a melodious prayer followed by greetings from our Principal Rev. Fr Robert D'Souza and Vice Principal Ms Belita Mascarenhas. Fr Manager was facilitated with flowers, cards and messages by the class representatives and the staff to make his day a special one.

PRINCIPAL



The much awaited event at LCS 'Fr Principals Birthday and 'Thanksgiving class get together' was celebrated with joy and happiness on 30th March 2019.

The day marks the end of the academic year, wherein the students thank their teachers for their care, concern and knowledge provided to them throughout the year.

The day began with a short programme when the students and staff greeted Fr Principal on his birthday with songs, flowers and best wishes.

Students also offered him potted plants to be planted in the school campus as they know their principals' love for plants. It was followed by the class thanks giving and get together where students shared their momentous moments of togetherness. Snacks and cool drinks were shared among the students. Students and teachers enjoyed the day in each other's company. Students were honoured with the merit certificates, full attendance and best handwriting.

Later, the staff greeted the Principal and a sumptuous meal hosted by the Principal to mark his birthday and also thank the Almighty for the wonderful year.



PARENT-TEACHER EXECUTIVE COMMITTEE MEETING



The Parent Teacher Executive Committee meeting was held on 19th June 2018 in the School AV Room. Manager Rev. Fr Wilson L. Vitus D'Souza, Principal Rev. Fr Robert D'Souza, Vice Principal Ms Belita Mascarenhas interacted with the parents about the Academics.

STUDENT ENTERTAINMENT EDUCATIONAL MOVIE



A movie was show cased on 19th July 2018 in the School AV Room.

SCHOLASTIC BOOK EXHIBITION



Scholastic Book Exhibition was held on 6th August 2018.

Ambedkar Jayanthi was celebrated on 14.04.2019

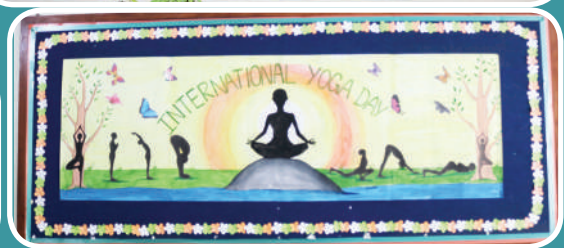


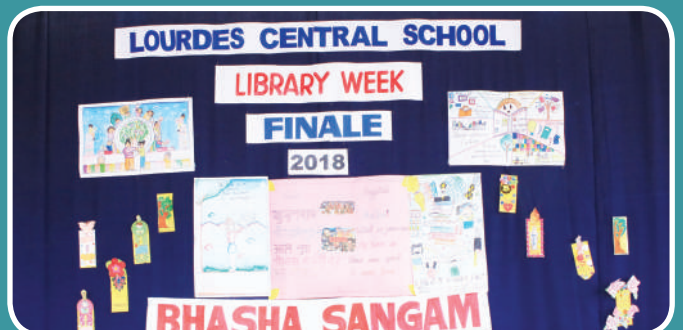
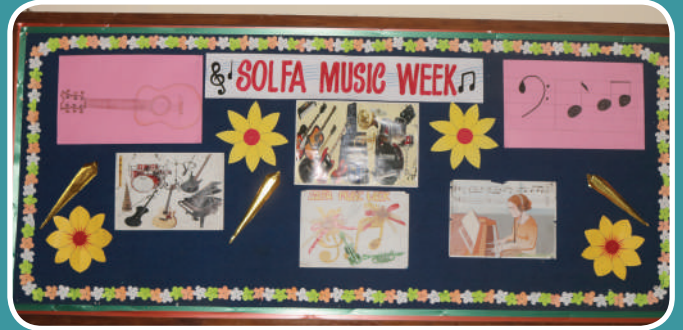
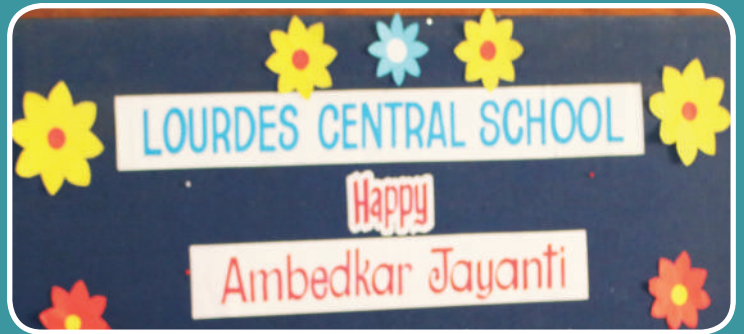
**Adieu to our dear colleagues
Fr Alfonse Jojo and Ms Ruth Mendonca was held on 04.04.2019**



NOTICE BOARD

A noticeboard showing details







Lourdite's Day Out

EXCURSION TO BANGALORE - CLASSES XI AND XII

Going through our busy schedule, school activities and our own rough days, all we did was waiting for a trip which would relieve us and help us feel alive again. And, it did happen.

The most awaited day had finally come for which we had been praying all this while.

A three day trip was organized for the students of class XI and XII to Bangalore on the 5th, 6th and 7th October 2018 and we could not control our excitement. All of us were restless and could not wait for the 5th evening when we would finally begin our journey.

We started our journey with a small prayer and our Father Principal addressed us and then we left to Bangalore.

The journey was all about singing & dancing and not sleeping the whole night. We reached Bangalore on 6th October at 4 a.m. and checked into Hotel Rajmahal. The day was going to be fun filled and joyous as we had planned a visit to the innovative film city. It included various attractions such as sets of various TV shows and movies. It also included a mirror maze which did amaze us. The same evening we went to Mantri mall for shopping and called it a day on a happy note. We could not control our excitement for the next day. We were eagerly waiting for our visit to Wonderla which was the main attraction of the Bangalore trip. Wonderla like its name, was wondrous as it was packed with various dry and water rides which were thrilling and relaxing. The main attraction of Wonderla was its giant wheel which was situated on the top of a 13 storied building. The view from the top of the wheel was exquisite.

To add to all the amazing memories we lived, the students of classes XI and XII thanked the Principal, Management and Teachers who took up the initiative to plan such an amazing trip for Ninety Two students and fulfilling their responsibilities towards the school, parents & teachers with utmost safety of all students and also made the trip a memorable one in every possible way.



TINTON RESORT, BELVE, KUNDAPUR - CLASS X

The day dawned with a lot of excitement and anticipation for class X, when students gathered before the Grotto of Our Lady of Lourdes at sharp 6.30 a.m. on 29th September 2018 and prayed for a safe and happy journey. The Principal addressed the students and blessed them.

Hundred and Five students of class X accompanied by Seven teachers - Ms Deepa, Ms Linet, Ms Jayashree, Ms Dilla, Mr Henry, Mr Ratnakar and Mr Roshan set enroute to Tinton Resort, Belve.



The students kick started the day with a healthy breakfast and then proceeded to play outdoor games, water games in the pool and the fun slides. The students explored the scenic beauty offered at the foot of Agumbe Ghats and at the cool flowing waters of Sita Nadi. The fellowship lunch with friends and teachers was a time to remember and cherish, when they shared pleasantries and fond memories. The water

games continued post lunch with more vigour and energy with students indulging in a game of cards, clicking pictures, savouring their snacks and chatting.

The evening snacks with piping hot tea marked the end of the beautiful and unforgettable day. Students and the teachers as a family thanked the Lord for bestowing a day as this in their life. For the students it was not just merriment and fun but a day of bonding and adventure. The nature was at its best and seemed like a blessing when we sighted the rainbow in a perfect arch. It must be mentioned that the entire batch of class X of 2018-19 were at their best behaviour and were a joy to be with. May God Bless them! May God Bless us All!

PANDIT'S HEALTH RESORT - CLASS IX

The students' of Class IX had a memorable picnic to Pandit's Health Resort and Spa on 29th September 2018. The day started off with the Lourditers assembling in the school grounds. Our Principal Rev. Fr Robert D'souza advised us to be at our best while having fun. After praying and taking attendance, we boarded the bus and started our journey to Moodbidri. We reached there by 9.00 a.m. The resort staff welcomed us with heart-filled warmth, juice and chocolates! We were then served with delicious breakfast which filled our tummies to the fullest. Next, we moved on to the playground where we played a number of games such as football, throw ball, Frisbee etc. Our teachers also organized a tug of war and a kabbadi competition for all the students. It was competitive as well as great fun. By 11.15 a.m. we entered the pool and enjoyed ourselves completely. At 1.00 p.m. lunch was served which had a variety of both veg and non-veg food. We were also served with appetizing desserts like custard, cake, coconut burfi and ice-cream. We began playing in the pool again at about 1.30 p.m. Our teachers too got involved with us. By 3.00 p.m. it started raining and so we were called indoors. But it didn't matter to us since our teachers had organized a housie-housie game for us. Four children won prizes and we were also given some light snacks. We then thanked the management for their kind hospitality towards us. After prayer, we came back to the place from where this awesome trip had started with new experiences and beautiful, long-lasting memories. To sum it up, it was one of the best trips that anyone could have wished for!!!



PRATHAM INN RESORTS – CLASS VIII

The students of class VIII were taken to Pratham Inn Resort for a well deserved trip on 6th October 2018. When all the students had reached the campus, the teachers and students were led into prayer by the Principal Rev. Fr Robert D'Souza. He then briefed the students about the do's and don't's. Soon after, the students boarded the bus at 7.10 a.m. Although it was a long journey, students enjoyed the music played in the bus. They reached the picnic spot at 9.20am. The students were eager to get into the water and would have done so in a matter of seconds but were stopped by a sumptuous breakfast. Soon the students changed into their picnic attire and jumped into the pool. The pool had a huge slide and all the students conquered it within a few seconds. After playing in the pool, they proceeded for lunch at 1.00 p.m. But a tummy full of Biriyani and ice-cream couldn't stop them from jumping into the pool for a second time. Finally at 3.30 p.m. all students were instructed to come out of pool and change into dry clothes. After an incredible time in the bus on the way back, the students assembled in the school ground. Teachers and students offered a prayer to God for keeping them safe on the picnic day.



“AARYAN RESORT”, SANTHEKATTE, UDUPI - CLASS VII



The most awaited day of the year, the class picnic for class VII was organised on 3rd November 2018 to “Aaryan Resort”, Santhekatte, Udupi. A group of hundred and seven students were accompanied by Seven staff members. Students and teachers gathered in the school campus for a short prayer.

Principal Rev. Fr Robert D’Souza addressed the students on discipline and after seeking God’s

blessings started their journey around 7.45 a.m. Children were excited and they sang melodiously all the way to the picnic spot. They reached the resort around 9.25 a.m. After having sumptuous breakfast, children enjoyed playing by splashing, swimming and dancing in the water with great enthusiasm. Later in the afternoon they relished the lunch provided with a variety of dishes. Desserts were also served. Once again, some students continued to play in the pool and some in the park. Around 3 o’clock juice and snacks were served and they started way back to school.

They reached safely around 5 o’clock in the evening. After the final prayers children dispersed carrying memories of the day out with a big smile on their face. It was a wonderful day out where children could relax and have fun.

MANASA WATER PARK – CLASS VI

3rd November 2018 was a bright, sunny day where we, the children of class VI were ready with our bags and caps. It was a day of enjoyment, the Class Picnic to Manasa Water Park. Hundred and Twenty Six students, the class teachers along with three additional staff members gathered in the school ground. The Principal prayed for the success of the Picnic. We left the school at 9.30 a.m. in the school buses. Though a short journey, we enjoyed it, sharing the snacks and juice that we had brought.



After reaching the venue around 10 a.m., we quickly changed into swimming costumes and had breakfast. Then we headed towards the small pool and enjoyed going on the family slide, wavy red slide, a tunnel slide and a zig-zag slide. After sometime, the big pool with extremely big slides opened. Again we all enjoyed the space tunnel slide, steep wavy slide and family slides. All the fun and frolic enjoyment made us feel hungry. Hence lunch was served followed by dessert, a cone ice-cream. After the lunch break, we enjoyed thoroughly all the rides for two more hours. When the whistle was blown for us, we got out of the pool and changed into regular school uniform. We had evening snacks and a glass of refreshing watermelon juice.

Gathered again class-wise in the Manasa Campus, thanked the Lord for all His blessings on the Class Picnic throughout the day and headed back to LCS.

Through this picnic we learned to share, care for each other and adjust with each other. The friends got a lot of time to spend with each other. The professional swimmers helped those who were in need of them. It was indeed a memorable picnic.

GREEN RETREAT RESORT - CLASS V

On 10th November 2018, Hundred and Fifty Nine students of class V along with Sixteen staff started our journey at 8.30 a.m. by invoking Gods blessings to green retreat resort.

At 9.30 a.m. we reached Gurpur and they welcomed us with great enthusiasm. We all gathered under a tree once again to thank God for the safe journey.



Fr Nelson prayed for us and blessed the breakfast. After having breakfast, spot games were conducted for the students. Meanwhile in groups students were sent to the water pool. Teachers accompanied the students. Sharp at 1.00 p.m. we gathered together. Fr Jojo blessed the meal. All students along with the staff, enjoyed the lunch with an ice-cream. Music is the soul of our students and they love it. All the children danced to the tunes and enjoyed baila for an hour. Mr Stany owner of green retreat resort distributed the prizes to students who won in various games. At 2.30 p.m., we left the resort and at 3.30 pm we arrived at LCS. After a short thanksgiving prayer, students were sent home.

TANNIRBHAVI TREE PARK - CLASS IV



There's something for everybody at Picnic day
And there was happiness on every picnicker's face.

Class IV students gathered in the school grounds for a small prayer and later escorted by a team of eight teachers and two ancillary staff to the school buses allotted to each section. The bus reached the destination and the care taker of Tannirbhavi Tree Park was all set to greet the students and teachers with a welcoming smile.

The students were thrilled to make a note of all the medicinal plants and trees and also enjoyed watching the sculptures of chipko movement, jungle tribes, local folk lores like bhoothada kola and many more informative things. Once they were seated on the wooden panels in the amphitheatre few students showcased their talents in kannada singing to commemorate Karnataka Rajyostava, after which they had their breakfast.

Once they had their stomach fill, the revellers went running helter skelter, swinging, going up and down in the sea-saw, sliding, playing cricket, volley ball, building sand castles on the sand, plucking the wild flowers on the beach and medicinal seeds and many more things.

When they were tired, the students were made to squat on a tarpaulin spread by the forest rangers so that they would meditate and pray for some time and after a good wash they were served sumptuous biryani both veg and non veg as per their requirement. Once the children had savoured the biryani, they again had a chit chat with their friends, and finally after a short prayer, as an icing to the cake every child was made to forget their tiredness by giving them a chilly Ideal Sundae. With a happy face, children of class IV returned back to school and were handed over to their parents after a thanksgiving prayer.

PILIKULA ARTISAN VILLAGE AND LAKE GARDEN - CLASS III

"Dinner and a movie, forget that, I'd rather have a picnic and a waterfall"-Amanda Grace

The most awaited day of the year – 'Annual picnic for Class III to Pilikula' arrived on 19th December 2018. Pilikula gave an experience of being surrounded by greenery and the beauty of nature. We the staff and students of Class III started at 9.15 am with a prayer and a feeling of a great day ahead. The students were extremely excited and kept singing songs in the bus till they reached the venue.



As per the schedule we proceeded to the 'Artisan Village', after a short snack break. The place gave us an experience of a village life. The students enjoyed the rich cultural heritage as they witnessed the working style of the various community helpers.

Then we all relished our lunch at Pilikula Restaurant. The next place we visited was the 'Lake Garden' where the students played in the sand park with the swings, slides, merry-go-round and see saw. They enjoyed playing with their fellow mates too. After a tiring and fun packed morning we all boarded our school bus and reached the school safely at 1.30 pm. Indeed it was a great day for all of us as it strengthened the bond between the staff and students.

CLASS I

The students of class I went for an outing to Gandhi Park on 17th December 2018. The students started from school at 9.00 a.m. by saying the prayer and blessing from Fr Principal. The students reached the park, had their refreshments and enjoyed their play there. The students happily played on the swing, slides, park area and other play items. They returned to school at 11.45 a.m. They had a wonderful outing with their friends and their teachers at the park. It was indeed a memorable experience for the little ones.

GANDHI PARK



CLASS II

"A day out is a day of cheer." Class II went to a trip to Gandhi Park on 18th December 2018. They assembled in the school lobby for prayer and left to the park at 9.05 a.m. They reached the park at 9.20 a.m. and children had their snacks and went to play. They enjoyed playing in the swings, slides and other items of play. They returned to school at 11.45 a.m. and assembled for prayer. After thanking God for safe return, they went to the classrooms for having lunch. They enjoyed the day and wished they could go back again.

MAHATMA GANDHI PARK - KINDERGARTEN SECTION

Kindergarten Section organized an educational trip to Mahatma Gandhi Park, Mannagudda Urwa. All the little ones were excited to go there. The trip was conducted in two batches on 11th December and 12th December 2018. All the Kindergarten teachers with the ancillary staff and two parent volunteers accompanied the tiny tots. The trip began invoking God's blessings by Principal Rev. Fr Robert D'Souza. Children carried sufficient snacks and water with them. Different games were conducted for the little ones. The joy of spending a day out, without the tension of academics and spending time with their friends was seen on the little ones' faces with smile and laughter. The trip came to an end at 12.30 p.m., thanking God for getting us all safe and taking care of each one of us.

STAFF PICNIC

Picnic is a day of joy and a day of togetherness for LCS teaching and non-teaching staff. On 23rd February 2019 at 7:25 a.m. before we could begin our journey to Picnic Paradise, Kemmannu, Fr Principal invoked God's blessings and protection for the day. Indeed it was a tremendous joy to start our journey. We had great fun during our journey to Picnic Paradise where we enjoyed, cherished and relaxed for a while. Ms Lolita



conducted variety of games. The interesting game was guessing the song and dancing according to the music which was an excellent one that everyone liked the most. No pen, no paper, no worry, we just had fun.

We had delicious food and an amazing time having meal together. This moment was sweet and memorable one. We experienced God's countless blessings and Our Lady of Lourdes help which kept us safe and sound throughout the day. We thank the School Management, Fr Principal, Vice Principal and the Committee Members and all those who arranged this picnic. We remain grateful indeed! It was an unforgettable moment.

THEATRICAL CLUB

“Drama is Life with the dull bits cut out” says Alfred Hitchcock. With this view the Theatrical club resumed its activities for this academic year.

The Club commenced onJune 2018 with students and a large number were from classes 7 and 8. The teacher’s incharge were:-

Ms. Dilla, Ms. Lavina C, Ms. Gowri and Ms. Grace.

The first class witnessed teachers introducing and welcoming the resource person Ms. Rajini Lobo Patrao, a theatre enthusiast who was kind enough to give her voluntary guidance. She briefed the students on the aims and objectives of the Club.



An array of activities were planned and executed by the teachers and students in harmonious collaboration. Ms. Rajini put in her heart and soul and came up with many activities like ice breakers, dumb charades, various skits based on horror, romance and comedy scenes. She took a lot of effort in guiding the students with excellent plays like ‘The strange marriage proposal’ ‘Nightmare at the museum’ etc.

The activities included reading passages for voice modulation, tongue twisters, acting out different expressions etc. These activities pledges to offer participants the chance to experience the excitement and rewards of theatre acts while developing poise, social skills, confidence and ability to work with others. The students were given various situations/characters and were asked to enact. This exercise was not only hilarious but also infused a sense of belief that however scarce the resources are, one is able to achieve if you are focused and determined. The acting skills of the students were harnessed to its fullest through role plays such as ‘musical acts on classrooms, library, prom musicals, Typical 90’s Hindi serial’ bollywood movies etc.

The students gained self confidence, enriched their talents of expressing ideas, delivered oral presentations, speech and body language. They also viewed some informative videos during the club meetings. An overall development of the theatrical skills of the students was ameliorated.

ROBOTICS CLUB



The first Robotics Club meeting was held on 30th June 2018 which was conducted in the school auditorium by Vice Principal Ms Belita Mascarenhas, Ms Vaishaki and Ms Meghana, the teachers incharge of the club. There were 83 students. They were given an orientation about the activities and projects to be undertaken throughout the year, and the active members i.e., students of class VIII, spoke about their previous experiences. Arnav Vijeth of Class VIII C was selected as the President, Amith Colaco of Class VII C was selected as the Vice President, and Gulam Qadir and Nidhi Noronha of Class VIII C were selected as the Secretaries. It was briefed that

Mr Ashik H. C. and his team from Vitvara Technologies would be taking over the club activities for the year, under the supervision of the teachers in charge. On 7th July 2018 Mr Ashik and his team distributed materials of house models to the students using which they would be building whole models with the aid of the Tutto Kits that would be distributed in the next meeting. On 21st July 2018 the Tutto Kits, each costing Rs. 2000, was distributed among the students which consisted of batteries, motors, laser, buzzers, cables and other materials required for the projects and activities to be undertaken. They were briefed about the programming and usage of every item in the kit.

Following are the projects undertaken throughout the year: 4.8.2018 – Automatic Room Light Control, 18.8.2018 – Temperature Controlled Fan, 29.9.2018 – TV Remote Controlled Light, 6.10.2018 – Activation of Buzzer by Using Soil, 27.10.2018 – Recapitulation of the previous projects, 3.11.2018 – Post Box Alert project & Laser controlled Invisible Fence, 15.12.2018 – Touch-Me-Not project using the Rain Alarm mechanism, 5.1.2019 – Clap Controlled Light and 16.2.2019 – Recapitulation of all the projects.

On 9th February 2019 the Club Finale was organised where members of the Robotics Club formed around fifteen groups and displayed their experiments and projects. The models were based on the mechanisms of robotics that were taught during the club meetings. Some students made use of the Tutto Kit and house model materials, while the others used their own concepts and materials to build their projects. There was a lot of creativity, information and learning. Three groups were awarded 'Best Models' by Mr Ashik and his team. On 16th February 2019 all the students reviewed the robotics projects that they built and wrote a report on all the activities undertaken throughout the year.

HERITAGE CLUB

The Heritage Club intends to imbue students with values of respect, appreciation and preservation of the heritage around them, in the country and in the world at large. It also provides opportunities to have first-hand experience of the valued objects and qualities, such as historical buildings, cultural traditions that have been passed down to us from previous generations.

During the academic year 2018-2019 many activities were organized to enhance the knowledge of the students towards the heritage of India. Videos on the heritage of various places were shown especially 'Seven Wonders of the World', Indian National monuments and so on. Collage work was conducted in various topics like culture, clothes, monuments and food. Chart activities on various historical monuments of Mangalore such as Kadri Temple, St. Aloysius Chapel, Mangaladevi Temple, Kateel Temple and Ullal Durga were held. A Quiz was conducted on 'Culture of India'. Each group presented a skit and a song of a particular state in India. A field trip to Srimanthi Bai Memorial Government Museum, Bejai, and Heritage Village, Pilikula, Mangalore was organized. On the Club Finale Day charts were displayed depicting the rich heritage of our country.

The Heritage Club has truly inculcated in the students the virtues of respect and appreciation towards our National Heritage.



CHESS CLUB



"If you are not big enough to Lose, You are not big enough to Win." Inspired by this thought, Chess Club helps to have patience and think positive. Lourdes Central School focuses on the all round development of students and Chess Club made the students calm, energetic and tactful. Eighty Two students from classes IV to VIII were enrolled in this club under the guidance of Mr Verendra Alva and Ms Noeleen Pais. The students were divided into two groups-Beginners and Advanced Level. The students actively took part in different tournaments and brought laurels to the

school. They shared their experiences and ideas too. Chess is exactly like a battle field where the two minds can compete with each other and emerge victorious without any harm.

MUSIC CLUB

Music is one of the most important and powerful things in our life. Life without melodies and harmonies would be totally empty. The musical images that music and song are able to create are amazing. Lourdes Central School gives opportunity to the students to excel in their musical talents through music club activities on every working Saturdays.

The aim of the club is to provide a platform for the school's music talent – helping them master their skills at singing or a musical instrument, and their ability to perform individually or in a group. Being an integral part of the club, the school choir performs at various school events and represents the school in various inter and intra school competitions. The Music Club has been set up to encourage talent in music - instrumental as well as vocal.

Music Club activity was conducted in the A V Room under the guidance of Mr Ivan Mascarenhas, Mr Roshan V. Cordeiro and Ms Lynette Pereira. Club started on 30th June 20018 for this academic year 2018-19. The aim and objectives of the Music Club was explained and two leaders were elected on the first day. Fifteen sessions were conducted where they learnt more about singing, different prayer songs, patriotic song and western songs. Some students of the music clubs were taken to the Saranga Radio Station where they were exposed to recording and sound broadcasting. Overall the students enjoyed their Music Club activities. It was fun learning in a friendly atmosphere.



CRAFT CLUB



Craft Club activities commenced in the month of July 2018. Students from classes IV-VIII participated in this Club. There were Ninety Two students in this Club. Ms Shanthi, Ms Sowmya, Ms Aruna, Ms Metilda and Ms Vivyan were the incharge teachers. The aim of this Club was to develop creative ideas in every student. Children exhibited their creation in making pom-pom, wall hanging, colourful mushrooms, flower making, knitting, animals with coconut shells, paper-plate designs etc. Children were divided into groups and each group had different names like Sparkling Stars, LCS Craft Club, Craft House, Butterflies, Golden Crafters and Wings. On the finale day students exhibited their crafts.

BAND CLUB

The Band Club consisted of Thirty Seven boys and Twelve girls. The Club aims to bring people together to play music for various special occasions in our school. During this academic year the school band had to perform for the general salute beats, slow march past and mass drill. They also had to show their caliber during the Independence day, Sports Day, Annual Day, Republic Day and Vicennial Year Finale. Band Club was well appreciated by the Principal Rev. Fr Robert D'Souza. Mr. Vishwanath Devadiga and Ms Anitha Pinto were the teachers incharge.



ASTRONOMY CLUB

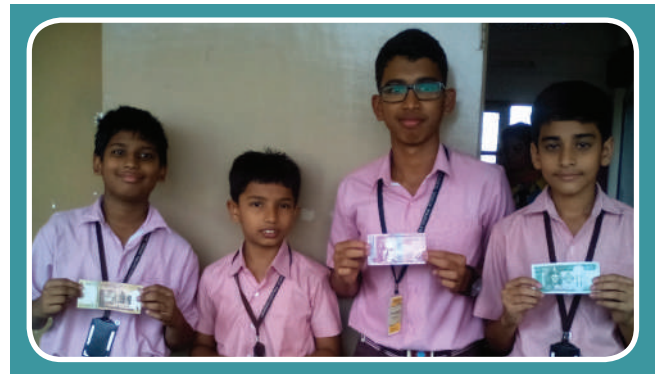
The Club began on 30th June 2018 and the incharge teachers were Ms Shamitha and Ms Padmashree. The club had Twenty Five students from classes IV to VI. An election was conducted to select Club representatives. Vradhi (V C) and Chaman (V C) were elected as leaders. Students were divided into four groups - Proxima centauri, Leo, Explorer and Callisto. During Club activity topics such as structure of our planet, solar system,



galaxy, rotation and revolution, gravitation, working of rocket, phases of moon etc. was explained through PPT and videos. Quiz, word search, puzzles, chart activity and logo making activity was conducted in groups. Among the four groups 'Proxima centauri' won with maximum points. On 15th December students were taken to Swami Vivekananda Planetarium and Pilikula Regional Science Centre. They had a wonderful experience. Students were prepared for National Astronomy Science Olympiad and school level exam was conducted on 24th November 2018, and merit certificates were distributed. Two students Vradhi (VC) and Alister (VI A) were selected for next level of NASO exam and online exam was conducted for them on 11th Feb. Students presented informative charts and models based on planets and astronauts on club finale day.

NUMISMATICS AND PHILATELY CLUB

The Numismatics Club consisted of Twenty Three members from classes IV to VIII who have enthusiastically participated in various activities conducted during this year. Students were given the opportunity to discuss about their unique collections during the club period on every Saturdays. Many students have added to their collection as they got motivation from the group and have enhanced their knowledge, and have learnt to co-relate to their academic subjects.



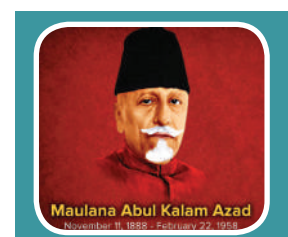
The other activities included Quiz and Exhibition

in which the students actively participated. A talk was organised and the Resource Person Ms Vidhya Kishore Baglodi explained to the students how to nurture their hobby by collecting more information and doing research work. She advised that whenever children get an opportunity to visit new places, they must visit the museum where they can observe many things which will help them to learn a lot.

Thus members of the club not only enjoyed the activities conducted but also learnt to be responsible in the tasks assigned to them.

NATIONAL EDUCATION DAY

Lourdes Central School celebrated National Education Day on 11th November 2018 in remembrance of the Birth Anniversary of Maulana Abdul Kalam Azad, who was a great freedom fighter, eminent educationist and the First Union Minister of Education.



ECO CLUB

Eco Club has provided a plethora of activities to sensitize the children, the future generation to safeguard the environment and enable us to move towards a greener tomorrow. Eco Club had undertaken various activities such as; 'World Environment Day' was celebrated on 5th June 2018 with the theme 'Beat Plastic Pollution' to sensitize students to minimize the use of plastic bags, not to throw them in public places etc. Vanamahotsava was celebrated on 7th July 2018 to spread awareness on planting more trees and to save nature followed by plantation drive to Circuit house, Mangaluru. Cleanliness drive was organized to create awareness among the students regarding Cleanliness and its benefits. Painting Competitions on the topic 'Clean India' and Poster making on 'Save Water' was conducted. On 27th October 2018 students were taken to observe the growth of saplings planted by them in the Circuit House. On 15th December a field trip to Pilikula Biological Park was organized. Students prepared Scrap Book on the animals and birds they observed. Nature walk was arranged for the students to identify and learn about plants grown in our school campus. On Founder's Day students exhibited their chart work. Ms Asha Shet and Ms Harshitha Shetty were the incharge teachers. On 21st February 2018 Eco Club received Yellow School Award by the Karnataka Pollution Control Board, Dakshina Kannada District.



A FIELD TRIP TO PILIKULA BIOLOGICAL PARK



'Wildlife is Mother Nature's greatest treasure - To protect it, we must take every measure'.

Students of the Eco Club are often exposed to a variety of activities and field trips in order to enhance their hands on learning experience. With an objective of sensitizing students about the animal kingdom and various existent species, students of the Eco Club were taken for a field trip to



Pilikula Biological Park on 15th December 2018. The students boarded the bus at 10.00 am and arrived at the zoo at 10.30 am. Jumping with excitement, students witnessed numerous animals which they had only seen on the television – from tigers to leopards, lions, alligators, crocodiles, deer, foxes, snakes etc. Students got a chance to closely observe each animals present. Our children beamed with joy as monkeys jumped from one branch of the tree to another. Not just animals, students even encountered some never seen before birds like Ostrich, white peafowl, plum headed parakeet, silver pheasant, ducks etc. After covering a long distance, students had their snacks and rested for sometime on the grass. During their journey back to school, children shared their experiences of the fieldtrip.

CUBS AND BULBUL CLUB



Cubs and Bulbul Club began with a Motto 'Do your Best'. There were 46 students in Cubs and Fifty Six students in Bulbul. Prayer song, Moto, Law, Promise, stories like Mougli and Tara were narrated and explained. Activities like paper craft, games, knots, B.P or Lord Baden Powell exercise, cooking without fire, storytelling, role play

- based on different values was done in the class. Cooking without fire activity was conducted. Pravesha badge was also distributed among the students who had newly joined Bulbuls.

SCOUTS AND GUIDES CLUB

Guides Company of our school has its name Lourдите Guides affiliated by Mangalore City Association. It has 42 Guides regular activities like Knots, First Aid, Patrol System, Flag procedure, Games, Craft, Compass and Estimation.



- In the month of July a talk on 'Plant a tree, to save the planet' was organised. It was a combined programme by the Eco Club and Scouts and Guides.
- In the month of December an Educational trip was organised to Swami Vivekananda Planetarium and Science Centre, Pilikula.
- In the month of February, cooking without fire activity was conducted.

As the students are getting trained under the able trainers the Scouts and Guides are sincerely sticking to their Motto "Be Prepared".

QUIZ CLUB

The Quiz Club had commenced on 30th June 2018, with 46 students from classes VI to VIII. The Club was headed by the teachers incharge Ms Nandini and Ms Joshma. On the first day of the club Aashna Ferrao and Carol Menezes were selected as the President and Secretary of the Club. The main aim of this club was to "Develop a child's mind through different activities".

Children were divided into groups and they took keen interest in all the activities. Magazines and newspapers were given to them for reading and framing questions. They also prepared questions on certain topics. Questions were asked on current affairs, sports, science, literature, geography and the



like, and the children answered really well. Marks were allotted to each group for answering the questions. Sometimes club members were taken to the library where they could read general books, quiz books, newspapers and magazines. On the finale of the club, members were told to prepare charts based on quiz like sticking information on random things and they exhibited their best. The children were very active during the club period.

ART CLUB

Art is the basic education of a child. A child as it grows, can express the ideas through art. To have a great human life, Art is very essential and important as it takes a prime position in the educational field. So art is the basic need of education. Sixty Five students were enrolled in this club. During the club activity, the students have learnt the skills of different types of art like pencil sketching, landscape painting, poster design, glass painting, stencil cutting, miniature painting, warli art, charcoal work etc. and have come out successfully.



Finale of Vicennial year and Feast of our Lady of Lourdes was celebrated on 11th February 2019. On this memorable day, Club finale was held and the students of Art and Craft Club exhibited their activity in the form of exhibits done during the academic year 2018-19.

RASHTRIYA EKTA DIWAS

Our School celebrated Rashtriya Ekta Diwas on 31st October 2018 to commemorate the birth anniversary of Sardar Vallabhbhai Patel. Morning Assembly was conducted in the School where Sunidhi Hegde of Class IX highlighted the contribution of Sardar Vallabhbhai Patel who was instrumental in keeping India united. The children of Upper Primary Classes took the Prabhat Pheri by singing the Integrity Song. Run for Unity was taken by the children of Classes IX to XII. All the students took the Pledge to dedicate themselves to preserve the unity, integrity and security of the nation lead by Shivani of Class X. The Principal Rev. Fr Robert D'Souza spoke about the importance of the day.



VIGILANCE AWARENESS WEEK: 29th OCTOBER – 3rd NOVEMBER 2018

As a part of "Vigilance Awareness Week" guided by the Central Board of Secondary Education, Lourdes Central School organized the Morning Assembly on 2nd November 2018 at the open grounds on the theme - "Eradicate Corruption – Build a New India." The programme began with the Universal Prayer followed by the prayer song. Thought for the day was given by Shloka Rai of Class VII. Fariza of Class IX expressed the importance of the day and sensitized the students on the ill-effects of Corruption. The 'Integrity Pledge' was taken by the entire Lourдите fraternity lead by Vamshika of Class XII. The Principal Rev. Fr Robert D'Souza in his address spoke on moral values, good governance practices and stressed on ethics and integrity in School and our surroundings. Drishti of Class X compered the programme. The teachers created awareness among students on ethical values in order to achieve the objective of eliminating corruption in public life. The students decorated the lobby bulletin board with slogans related to eradicating corruption.

CAMP CREATIVE – CREATIVE KIDS



The inaugural function of the summer camp- “Camp Creative” was held on Tuesday 2nd of April, 2019. A total number of 56 students had enrolled themselves for the summer camp. Principal Rev Fr Robert D’souza, Vice Principal Ms Belita Mascarenhas, KG Co ordinator Ms Lydia D’souza and a good number of parents witnessed the inaugural function.

Under the leadership of camp co-ordinator Ms Lynette Pereira the programme commenced with the universal prayer followed by a prayer song. Ms Metilda Pinto explained to the audience the importance of the summer camp in the present era. The camp creative was inaugurated with lighting of the lamp by Principal Rev Fr Robert D’souza, Vice Principal Ms Belita Mascarenhas, KG Co-ordinator Ms Lydia D’souza, parent representatives and children. Fr Principal addressed the gathering and spoke about the various activities that would be conducted in the camp. He also assured the parents, the safety of the children in the camp. Students entertained the audience with the action song guided by Ms Lavita D’souza. The children were taught to be creative and also bring out their own creativity. They prepared dolls out of sponge, beautiful paper lillies and lovely party mask under the guidance of Ms Vevian and Ms Metilda. Number of stories were chosen and the little actors were confident to enact these stories under the guidance of Ms Roche. Various songs and dances were taught. The camp gave them a feeling of close community where everyone learnt to respect each other and learnt values of life. It gave them a freedom to blossom in new directions. Healthy snacks and juices were provided by the school to the little ones. Children relished their snacks and were very happy. Various games were conducted like musical chair, tug of war, passing the plates, lion and the tiger, crossing the bridge etc. On 12th of April an outing was organized to various places like St Aloysius Museum, St Aloysius Chapel and Kadri Park. Children enjoyed travelling by our school bus.

On 13th of April a small programme – Finale was held. Parents were invited for the same. Children performed dances, enacted a story - Little Red Riding Hood, group action songs were sung. Rev Fr Robert D’souza graced the occasion. He appreciated the children for their mesmerizing performances and gave a message to the parents to help their children to be as creative as possible. He urged the parents to encourage their wards to always have a feeling of sharing and caring for others, so that together we all can build a better society to live in a beautiful world. At last the children were felicitated with certificates and gifted crayons. Thus the “Camp Creative for the creative kids conducted in LCS enriched both the children and teachers.



PROJECT GALORE

EAT THE BEST.... LIVE THE REST

'Be grateful and love and enjoy the home-made food' was the highlighted statement for the first project of the Vicennial year at LCS - Eat the best.... Live the rest. Best food cooked by our parents has to be savoured and the rest unhealthy, junk food to be said 'no' when served. The food project, 'Eat the best.... Live the rest' which was inaugurated by Fr Principal and Vice Principal on 18th June 2018 by peeling open the fine covering of fresh corn with the students of Primary Section on the roof top auditorium. The project concluded with the finale on 30th June 2018.

The fifth graders took the audience by surprise when they presented a fashion parade on the seasonal food followed by a motivating skit titled 'Flash book.' The report was presented in a unique way where Srishti Pavor of class IV A dressed up as Aati Kalenja, danced through the isle and spoke about the importance of Aati season and the culture of Mangaluru. Thereafter, she read the report of the project, the activities conducted through a short PPT. The Vice Principal also presented a PPT on seasonal food and she stressed that students should have at least one glass of milk every day. Little children of class I delivered the vote of thanks. The project wound up with the finale song composed by Mr Ivan. The comperers Prachi and Unnathi of Class V rocked the show.



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HEALTHY FOOD FOR A WEALTHY MOOD

We all know about the popular saying "Health is Wealth." It is as true as our life. Good health keeps us always happy and gives us a feeling of complete physical, mental, social and intellectual well-being. To be fit we need to maintain standard and healthy eating.

In modern times where children are more inclined towards unhealthy junk foods, we at school took the responsibility to make them understand the benefits of healthy eating. Throughout the month children were encouraged to get healthy tiffins and drink enough water. Songs and rhymes pertaining to healthy diet were taught during the month. The importance of milk was highlighted through a poem called Milk Magic. Elocution activity on healthy diet was held for the students of KG2.

The finale of the project "Healthy Food for a Wealthy Mood" was held on 30th June 2018. The programme began with a prayer song followed by action songs and recitation by KG 2 children. Healthy Diet Pyramid was explained through a fashion show where children spoke confidently on vegetables, cereals, milk products, fruits and water. Vice Principal Ms Belita Mascarenhas addressed the little ones and appreciated them for their performance. She also encouraged them to continue the habit of getting healthy tiffin every day.



EVER SPARKLING STARS



Finale of the project on values “Ever Sparkling Stars” was held on 27th July 2018. It was an educative programme on Values for classes I to V.



Students of Class IV portrayed various values such as love, care, respect, unity, compassion and responsibility in the form of captivating Dance-Drama. They offered a rose to their teachers as a part of the celebration of Gurupoornima, and rendered a finale song on values.

Vice Principal, Ms Belita Mascarenhas appreciated the students’ performance and enlightened them with a note saying “Character is best shown even when someone is not watching.” Report of the project was executed and the programme ended with words of gratitude. The students had fun learning and enjoyed watching the programme. It also imbibed values to be better and bring changes in life.

VISIONS OF EARTH

It’s not yours or mine. It’s ours. So protect your mother land that nourishes you. With this thought in mind the project ‘Visions of Earth’ was held on 27th July 2018 in the Canteen Hall. The Kindergarteners sang action songs and presented a skit related to the theme.

Vice Principal Ms Belita Mascarenhas was present during the programme. In her message she encouraged the children to keep the nature green so that that one can breathe fresh air, enough water and oxygen. She also asked few questions regarding trees.

In connection with the project, Colouring and Collage Competitions were held for the children. Winners were felicitated by our Vice Principal during the programme. She also planted a sapling along with the staff and students.



COLOURS OF FESTIVALS

“The greatness of a culture can be found in its festivals.”

The project ‘Colours of Festivals’ was held in October at the LCS Canteen Hall for the kindergarten children to exhibit their talent in the form of Singing and Dancing.

In connection with this project, the kindergarten section conducted activities like Western Singing for KG 2 on 05.10.2018 and Dance Competition for KG 1 on 06.10.2018

It was a feast to the eyes to watch the little angels performing on stage with such confidence. Ms Jean Lobo and Fr Nelson D’souza were the judges for the Western Singing and Ms. Nandini Yashodhar and Ms. Jean Lobo were the judges for the Dance Competition.

Our Principal Rev. Fr Robert D’souza, Vice Principal Ms Belita Mascarenhas and KG Co-ordinator Ms. Lydia D’souza were present on the occasion. Fr Principal highlighted on the various cultures and encouraged and appreciated the children for taking part and performing with full confidence. He also asked the teachers and parents to motivate their wards so that they can perform in large numbers.

This project helped the children to learn about culture, values and tradition, and feel connected to their roots.



*To the Judges who helped us to Judge various
Competitions despite their busy schedule*



Ms Ayesha



Ms Beena K V



Ms Sharon



**Ms Kavita
Gogoi**



Ms Vinaya



**Ms Manju
Kushwah**



**Ms Tejal Devang
Savjani**



Ms Adirai



**Ms Pooja
Sanghvi**



**Ms Ramona
Mathias**



Ms Suchitha Rai



**Ms Anita J
Baptist**



**Ms Paulomi
Darshak
Trivedi**



**Ms Seema
Patidhar**



**Ms Larissa
Patro**



**Ms Sunitha
Rodrigues**



**Ms Kapila
Khatri**



**Ms Priya
Agarwal**



**Ms Sunita
Srisrimal**



**Ms Jean Ruth
Lobo**



**Ms Jane
Noronha**



**Ms Sandhya
Shenoy**



**Rev Fr Alphonse
Nelson D'Souza**



The Art Pulse ...



Chris Pinto
V D



Nethra Prabhu
VIII B



Megan D'Souza
VII C



Ishaan Vivek
VIII C



Sumedha
VI B

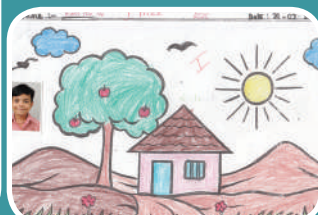


Amsha Hegde
IX B



Ishaan Vivek
VIII C

KINDERGARTEN





**Raizel
VII B**



**Pranamy Dechamma
VII C**



**Charvi
V C**



**Vaishnavi K
VII A**



**Suhena S D
VI A**



**Saanvi Shenoy S.
VI C**



**Parin
IV A**



**R N Sanjana
VA**



**Ridhi Chowta
IV B**



**Ridhi Chowta
IV B**



**Ishanvi Shetty
V B**



**Zyva
VII B**





**Thanvi
IV D**



**Pragathi Rao
VII B**



**Immanuel
V B**



**Saksham
IV A**



**Kshiti G Shetty
IV D**



**Shaiyam
VII B**



SPORTS ACHIEVERS



CHESSE Senior
(AICS Winners)



Basket Ball Senior
(AICS Winners)



Foot Ball Senior
(AICS Winners)



Basket Ball Junior
(James Naismith - Runner up)



Hand Ball Senior
(AICS - Runners)



Basket Ball Senior
(James Naismith - Runner up)



Athletics School Team
AICS Champions



Basket Ball Senior (James Naismith - Runner up)



Cricket - Senior
(DKCA Runner up)



Shuttle Badminton – Juniors
(AICS Runner up)

SCHOOL TEAM



Foot Ball - Junior Boys



Foot Ball - College



Basket Ball - Junior Boys



Basket Ball - Junior Girls



Cricket - Junior Boys



Volleyball - Junior Girls



Hand Ball - Junior Girls



Hand Ball - Senior Girls



Basketball High School Girls



Basketball High School Boys



School Band



Skating



Swimming

OUR SPORT STARS

PRADYUMNA V SHETTY

Inter District Open Rapid Chess Tournament – 2018 organised by Rotary Chess Karnataka and Udupi District chess Association, Udupi. ** Silver Shri Naraya Guru Trophy Inter District Children's Chess Tournament – 2018 held at Mulki D.K. ** Silver U – 15

Chess Tournament – 2018 conducted by Rotary Club, Nitte. *Gold U - 15

RITHVI DARSHAN

Shri Naraya Guru Trophy Inter District Children's Chess Tournament – 2018 held at Mulki D.K

** Silver U – 7

DCS Spark – 2 Rapid Chess Tournament – 2018 held at Derik's Chess School, Mangaluru. ** Silver

AYUSHMAAN TAILOR

Karnataka State Level Floodlight Rapid Chess Tournament – 2018 organised by Gurukula Public School, Udupi. IInd Place U – 8

Inter District Open Rapid Chess Tournament – 2018 organised by Rotary Chess Karnataka and Udupi District chess Association, Udupi.

IIIrd Place U – 8

State Level Swimming Competition – 2018 held City Corporation Swimming Pool, Lady hill, Mangalure.

***Bronze 25m. Breast Stroke

SHREYA ARBI

AICS Athletic Meet – 2018 held at S D M English Medium School, Ujire.

*Gold 100mtr Race, 200mtr Race, Long Jump & 4x100mtr Relay U – 14 Individual Championship

District Level Masters Athletic Championship - 2018 organised by Dakshina Kannada Masters Athletic Association, Mangaluru.

**Silver 100mtr Race, 200mtr Race

Mangalore Taluk Level Junior Athletics Meet – 2018 held at Mangala Stadium, Mangalore.

*Gold 100mtr Race U – 14 **Silver Long Jump

SAMARTH MANIPUR

Mangalore Taluk Level Junior Athletics Meet – 2018 held at Mangala Stadium, Mangalore.

*Gold Long Jump U – 14

***Bronze 100mtr Race

SHRAVYA R

AICS Athletic Meet – 2018 held at S D M English Medium School, Ujire.

*Gold 600mtr Race, High Jump & 4x100mtr Relay U – 14 Individual Championship

Children's Athletic Meet – 2018 organised by Dakshina Kannada Athletics Association held at Mangala Stadium, Mangalore.

**Silver High Jump

DIYA N YASHODHARA

AICS Athletic Meet – 2018 held at S D M English Medium School, Ujire.

*Gold 4x100 mtr Relay

District Level Masters Athletic Championship -2018. Organised by Dakshina Kannada Masters Athletic Association, Mangaluru.

*Gold 75mtr Race **Silver 100mtr Race

Mangalore Taluk Level Junior Athletics Meet – 2018 held at Mangala Stadium, Mangalore.

*Gold 100mtr Race **Silver Long Jump U – 12

National Level Karate Championship – 2018 held at Nandini Sabha Bhavan, Mangalore.

**Silver Individual Kumite & Kata U – 12

DHANYA SHETTY

Children's Athletic Meet – 2018 organised by Dakshina Kannada Athletics Association held at Mangala Stadium, Mangalore.

**Silver Long Jump

9th Inter District Sports Meet – 2018 organised by Bunt's Association Kavour held at Mangala Stadium, Mangalore.

***Bronze Long Jump

District Sports Meet 2018-19 organised by Lions Clubs Mangalore.

*Gold 100mtr. & 200mtr. 13 – 18 yrs.

National Level Karate Championship – 2018 held at Nandini Sabha Bhavan, Mangalore.

Silver Individual Kata * Bronze Kumite

NEHAL POOJARY

AICS Athletic Meet – 2018 held at S D M English Medium School, Ujire. ***Bronze 400mtr. Race U – 14

NANDINI SHETTY **Silver 100mtr. Race U – 17

ADITI J ACHARCYA

District Level Masters Athletic Championship -2018 organised by Dakshina Kannada Masters Athletic Association, Mangaluru.

**Silver 50mtr Race

Mangalore Taluk Level Junior Athletics Meet – 2018 held at Mangala Stadium, Mangalore.

***Bronze 50mtr Race U – 10

Sahaay Trust Kudroli Mangaluru in Association with Sports Den Conducted Badminton Tournament.

Winner Girls U – 11

TORPEDOS Sports Club organised Badminton Tournament Winner

THRISHA

District Level Masters Athletic Championship -2018 organised by Dakshina Kannada Masters Athletic Association, Mangaluru

*Gold 75mtr Race & 50mtr Race

Children's Athletic Meet – 2018 organised by Dakshina Kannada Athletics Association held at Mangala Stadium, Mangalore.

*Gold Long Jump & 80m. Race U – 10

TANISH

Children's Athletic Meet – 2018 organised by Dakshina Kannada Athletics Association held at Mangala Stadium, Mangalore.

***Bronze Shotput

THAHIR

Mangalore Taluk Level Junior Athletics Meet – 2018 held at Mangala Stadium, Mangalore.

**Silver Long Jump U – 10

ATHARV

Corporation Bank Employees' Sports and Recreation Club organized Athletic Meet.

***Bronze 75m. Race

Karate Tournament conducted by KEN-E-MABUNI-SHITO-RYU-Karate School of India.

SHASHWATH ***Bronze Kata

ATHISH S SHETTY *Gold Kata **Silver Kumite

VRADDHI V JAIN

11th Western Inter School Karate Championship – 2018 held at Nithyadhar English Medium School Permannur.

*Gold Individual Kata & **Silver Kumite

PREEVAN DELVIN PINTO

Short Course Swim Meet – 2018 at Dr. Shivarama Karantha Balavana Swimming Pool, Puttur.

***Bronze 50m. Back Stroke

Inter School Swimming Championship held at Presidency School, Mangalore.

*Gold 50m. Breast Stroke

**Silver 50m. Back Stroke

***Bronze 50m. Free Style

D K District Level Swimming Competition – 2018 organised by College of Fisheries, Mangalore.

*Gold 50m. Back Stroke

***Bronze 25m. Breast Stroke

D K and Udipi District Inter School Swimming Competition held at Moti Mahal Mangalore.

**Silver 50m. Back Stroke

**Silver 100m. Individual Medley

SHOURYA S SHETTY

Inter School Swimming Championship held at Presidency School, Mangalore.

*Gold 25m. Free Style & 25m. Back Stroke

Individual Championship

D K District Level Swimming Competition – 2018 organised by College of Fisheries, Mangalore.

*Gold 25m. Back Stroke & 25m. Free Style

**Silver 25m. Breast Stroke

D K and Udipi District Inter School Swimming Competition held at Moti Mahal Mangalore.

*Gold 25m. Back Stroke & 25m. Free Style

**Silver 25m. Butterfly

ARYAN P SHET

D K and Udipi District Inter School Swimming Competition held at Moti Mahal Mangalore.

**Silver 25m. Breast Stroke

***Bronze 25m. Butterfly & 50m. Free Style

AYUSHMAAN TAILOR

D K and Udipi District Inter School Swimming Competition held at Moti Mahal Mangalore.

***Bronze 50m. Breast Stroke & 25m. Butterfly

Inter School Swimming Championship held at Presidency School, Mangalore.

BHAGYA G NAIK

***Bronze 50m. Free Style



GAARGI TAILOR

**Silver 4x100m. Relay

ISHANA R KOTIAN

D K District Level Swimming Competition – 2018 organised by College of Fisheries, Mangalore.

***Bronze 25m. Breast Stroke

PAREEKSHITH SHETTY

TORPEDOS Sports Club organised Badminton Tournament Runner up

D.K. District Badminton Championship held at Indoor stadium Darbe Puttur. Runner up U – 11

RISHAB M R

Open Shuttle Badminton Tournament – 2018 held at Puttur. Runner - up

VIHAAN R KOTIAN

State Level Swimming Competition – 2018 held City Corporation Swimming Pool, Lady hill, Mangalore.

***Bronze 25m. Back Stroke U – 6

**Silver 25m. Breast Stroke & Free Style

D K District Level Swimming Competition – 2018 organised by College of Fisheries, Mangalore.

*Gold 25m. Back Stroke & Free Style

D K and Udupi District Inter School Swimming Competition held at Moti Mahal Mangalore.

*Gold 25m. Breast Stroke

**Silver 25m. Free Style

POOJITH RAI

State Level Swimming Competition – 2018 held City Corporation Swimming Pool, Lady Hill, Mangalore.

***Bronze 200m. IM

Short Course Swim Meet – 2018 at Dr. Shivarama Karantha Balavana Swimming Pool, Puttur.

**Silver 200m. IM

Inter School Swimming Championship held at Presidency School, Mangalore.

Silver 50m. Free style & *Bronze 50m Butterfly

KALPANA K RAI

State Level Swimming Competition – 2018 held at City Corporation Swimming Pool, Lady hill, Mangalore.

***Bronze 25m. Breast Stroke

Short Course Swim Meet – 2018 at Dr. Shivarama Karantha Balavana Swimming Pool, Puttur.

***Bronze 25m. Back Stroke

Inter School Swimming Championship held at Presidency School, Mangalore.

**Silver 4x100m. Relay

SHAMITH R KUMAR

State Level Swimming Competition – 2018 held at City Corporation Swimming Pool, Lady Hill, Mangalore. **Silver 50m. Back Stroke

Short Course Swim Meet – 2018 at Dr. Shivarama Karantha Balavana Swimming Pool, Puttur.

***Bronze 50m. Back Stroke

Inter School Swimming Championship held at Presidency School, Mangalore.

**Silver 50m. Free Style, 100m. Free Style & 50m. Back Stroke

D K District Level Swimming Competition – 2018 organised by College of Fisheries, Mangalore.

**Silver 50m. Free Style, 50m. Back Stroke

***Bronze 100m. Individual Medley

AKANSHA S PAI

Accolades State Ranking Badminton Tournament – 2018 held at

*Gold U – 15 Doubles ***Bronze U – 15 Singles

Karnataka State Ranking Badminton Tournament – 2018 held at Mysuru. ** Silver

K S VAISHNAVI

3rd International Open Karate Championship – 2018 held at Coimbatore. ***Bronze Kata

Inter School Swimming Championship held at Presidency School, Mangalore.

*Gold 50m. Butterfly, 50m. Back Stroke & 100m. Individual Medley , **Silver 4x100m. Relay Individual Championship.

29th State Level Inter DOJO Karate Championship – 2018.

DHRUV PAI ***Bronze Kumite

NAIAH SANGHVI **Silver Individual Kata

ABHINAND SHETTY

State Level Open Karate Championship -2018. Organised by Goshin Ryu Karate – Do Association of Karnataka ** Silver Kata

Karnataka & Kerala Open Karate Championship – 2019. ***Bronze Kumite

34th State Roller Skating Championship 2018 held at Mangalore. Vth Place Rink II

ADVIKA D SHETTY

State Level Open Karate Championship -2018. Organised by Goshin Ryu Karate – Do Association of Karnataka *Gold Kata

Karnataka & Kerala Open Karate Championship – 2019. *Gold Team Kata & ***Bronze Kata

34th State Roller Skating Championship 2018 held at Mangalore.

Silver Rink I, *Bronze Rink I & Rink II

FARAZ FAYAZ FAREED

34th State Roller Skating Championship 2018 held at Mangalore.

**Silver Rink II, Road III & Road IV

2nd Roller Inter school skating Competition – 2018 **Silver Rink V & ***Bronze Rink IV

5th Presidency Inter School Skating Competition held at Presidency School, Mangalore.

**Silver Quad

ANUMAY VIJAY HEGDE

Karnataka & Kerala Open Karate Championship – 2019.

*Gold Team Kata & ***Bronze Kata

SHREYAS DEVADIGA ***Bronze Kumite *Gold Team Kata ***Bronze Kumite

MOULYA SHETTY

AICS Athletics Meet – 2018 held at Ujire

**Silver 400mtr. Race & *Gold 4x100mtr. Race

State Level Open Karate Championship -2018. Organised by Goshin Ryu Karate – Do Association of Karnataka ***Bronze Kata

State Level Open Karate Championship – 2018. Organised by IMPACT Art and Sports Karate Club, Sullia, D K.

Silver Team Kata, *Bronze Individual Kata & Kumite

State Level Inter School Karate Championship – 2019. *Gold Kata

State Level Inter School Karate Championship – 2019. ***Bronze Kata

Mangalore Taluk Level Athletic Meet – 2018 held at Mangala Stadium.

***Bronze 400mtr Race & Long Jump

MONAL SHETTY *Gold Kata

SHOURYA SHETTY *Gold Kata

SHREYA SHANBAGH

Karnataka & Kerala Open Karate Championship – 2019. **Silver Kumite

State Level Open Karate Championship -2018. Organised by Goshin Ryu Karate – Do Association of Karnataka. **Silver Kata & *Gold Team Kata

National Level Karate Championship – 2018 held at Nandini Sabha Bhavan, Mangalore.

*Gold Individual Kumite & Kata

YASHASHVI NATH *Gold Individual Kumite & Kata

THEJASVI NATH *Gold Individual Kata

SHREYA SHANBHAG

National Level Karate Championship – 2018 held at Nandini Sabha Bhavan, Mangalore.

*Gold Individual Kata & Kumite

Karnataka & Kerala Open Karate Championship – 2019. ***Bronze Kata & **Silver Kumite

MANASVINI S JAMBAGI

State Level Open Karate Championship -2018. Organised by Goshin Ryu Karate – Do Association of Karnataka. *Gold Kata

AARNA

State Level Open Karate Championship -2018. Organised by Goshin Ryu Karate – Do Association of Karnataka . ***Bronze Kata

SHERWIN D'SOUZA

National Level Karate Championship – 2018. Held at Nandini Sabha Bhavan, Mangalore.

Silver Individual Kata & *Bronze Kumite

Karate Tournament conducted by KEN-E-MABUNI-SHITO-RYU-Karate School of India.

Silver Kata & *Bronze Kumite

11th Western Inter School Karate Championship – 2018 held at Nithyadhar English Medium School Permannur. ***Bronze Individual Kata

National Level Karate Championship – 2018. Held at Nandini Sabha Bhavan, Mangalore.

Silver Individual Kata & *Bronze Kumite

ESHLIN ROSE SEBASTIAN

Karnataka & Kerala Open Karate Championship – 2019. ***Bronze Kata

ANUMAY VIJAY HEGDE

*Gold Team Kata & ***Bronze Kata

THAMOHN A S M

***Bronze Kumite, Kata & ** Silver Kyu

DYUTHI HAMSINI S M

***Bronze Kumite & Team Kumite, **Silver Team Kata & Kyu.

VANSHIKA S SASHIHITAL

5th Presidency Inter School Skating Competition held at Presidency School, Mangalore.

*Gold Quad

2nd Roller Inter school skating Competition – 2018

*Gold Rink -1 & **Silver Rink – II

NIDHI SARAH JOHN

2nd Roller Inter school skating Competition – 2018

*Gold Tenacity Rink - 3

RITHVIK K *Gold Tenacity

MOHD. AZLAN Vth Tenacity

TANISHQ K ***Bronze Tenacity

TANVI G SHETTY ***Bronze Fancy Inline

NATHAN MATHEW

5th Presidency Inter School Skating Competition held at Presidency School, Mangalore.

**Silver Quad

SHIVEN ALVA ***Bronze Quad

2nd Roller Inter School skating Competition – 2018

**Silver Rink – 1

ANAGHA RAAJESH

5th Presidency Inter School Skating Competition held at Presidency School, Mangalore.

*Gold Inline

2nd Roller Inter school skating Competition – 2018

**Silver Rink – 4 & Rink – 5

34th State Roller Skating Championship 2018 held at Mangalore.

Silver 500mtr Road, *Bronze 100mtr Road & **Silver Road 4

THAKSHAK A SHETTY

5th Presidency Inter School Skating Competition held at Presidency School, Mangalore.

*Gold Quad

2nd Roller Inter School skating Competition – 2018

Silver Rink – I *Bronze Rink - II

3 X 3 Basket Ball Tournament organized by Mangalore Basket Ball Club.

Runner up - Players :- **DIVITH V SHENAVA PRANIT PRADHAN & NAMAN ACHARYA**

STATE & NATIONAL ACHIEVERS**SHRIYANA S MALLYA**

Asian Youth chess championship – 2018 held at Thailand.

2nd Runner-up Team U–8

6th Runner-up Singles U–8

Karnataka State U – 15 Fide Rated Open and Girls Chess Championship – 2018. Held at Mysore. Illrd Place U – 9

Karnataka State Level Children’s Rapid Chess Tournament – 2018 held at KIOCL Kavour, Mangaluru. ** Silver U–11

Karnataka State U – 11 Chess Championship - 2018 held at Hattiangady, Udupi 1st Place

Karnataka State Level Floodlight Rapid Chess Tournament – 2018 organised by Gurukula Public School, Udupi. 1st Place U – 12

Karnataka State U – 13 Girls Chess Championship 2018 organised by Nalanda Chess Academy, Shivmogga. Illrd Place U – 9

Seventh – Inter District Open Chess Tournament - 2018 held at Shri mahalingeshwara Sabha Bhavan, Puttur. Illrd Place U – 13

Commonwealth Chess Championship – 2018 held at The Leela Ambience Convention Hotel, New Delhi, India. 1st Place U – 8 6 points of 7 rounds.

Chess Competition – 2019 organised by THE HINDU group held at Mangalore. 1st Place U– 15 1st All India Open Fide Rating Rapid Chess Tournament – 2018. Held at KIOCL Township Kavour 1st Place U – 9

Karnataka State Schools Chess Championship – 2019. Conducted Innovators Chess Academy at Silicon City, Bangalore. 1st Place U – 9

Karnataka State Level Open Rapid Chess Tournament held at Kundapura. IInd Place U – 9

11th BRDC All India Open Fide Rating Rapid Chess Tournament – 2019. Held at Bangalore. 146th Place out of 486.



Chess Tournament Organised by Puttur Chess Academy held at Puttur. 8th Place Open Category
4th DDCA All India Open Fide Rated Below 1600 Chess Tournament. Held at NWKRTC Kalyan Kendra, Hubballi. 6th Place out of 635.

SHRADHA S PAI



Karnataka State U – 11 Chess Championship - 2018 held at Hattiangady, Udupi ** Silver U – 7
Karnataka State Chess Championship – 2018 held at Thumkur. VIIth Place U – 7
Karnataka State Level Floodlight Rapid Chess Tournament – 2018 organised by Gurukula Public School, Udupi. IIIrd Place U – 8
Karnataka State U-9 Girls Chess Championship – 2018 organised by Bangalore Rural District Chess Association. Bangalore. 13th Place U – 8
Karnataka State U – 13 Girls Chess Championship 2018 organised by Nalanda Chess Academy, Shivmogga. VIIth Place U – 7
Seventh – Inter District Open Chess Tournament - 2018 held at Shri mahalingeshwara Sabha Bhavan, Puttur. Ist Place U – 7
Shri Naraya Guru Trophy Inter District Children’s Chess Tournament – 2018 held at Mulki D.k 8th Place U – 13

SUHENAA SUMA DARSHAN



Karnataka State Level Children’s Rapid chess

Tournament – 2018. IIIrd Place U – 13
Karnataka State U-15 Fide Rated Open & Girls Chess Championship – 2018. IVth Place
Inter District Open Rapid Chess Tournament – 2018 organised by Rotary Chess Karnataka and Udupi District chess Association, Udupi.

** Silver U – 16

Shri Naraya Guru Trophy Inter District Children’s Chess Tournament – 2018 held at Mulki D.K

** Silver U – 13

RUDRA RAJEEV

Karnataka State Level Children’s Rapid Chess Tournament – 2018 held at KIOCL Kavoor, Mangaluru.

Vth Place U – 7

Karnataka State Chess Championship – 2018 held at Thumkur.

Vth Place U – 7

Seventh – Inter District Open Chess Tournament - 2018 held at Shri Mahalingeshwara Sabha Bhavan, Puttur. IIIrd Place U – 7

Karnataka State Chess Championship – 2018 held at Thumkur. Vth Place U – 7

Shri Naraya Guru Trophy Inter District Children’s Chess Tournament – 2018 held at Mulki D. K

Ist Place U – 7

Inter District Open & Children’s Rapid Chess Tournament – 2018 held at Carstreet , Mangaluru.

IVth Place U – 9

Yen - Chess Wiz Inter District Rapid Chess Tournament organized by Yenepoya Institute of Technology.

1st Place - U - 18

AYUSH LEHEL MAHESH

CBSE South Zone Skating Competition-2018 held at Maharastra. **Silver 300mtr.

Selected for National Level

25th All India Roller Relay Skating Championship – 2018 held at Panazi, Goa.



*Gold Race I U – 7, Skathlawn
 ***Bronze Relay I, Relay II
 2nd Roller Inter School skating Competition – 2018
 *Gold Rink – 1 Rink - II
 5th Presidency Inter School Skating Competition held at Presidency School, Mangalore.
 *Gold Quad
 Speed Roller Skating District Selection Trials 2018-19 organised by Karnataka Roller Skating Association. *Gold Rink – 1, Rink – II

ANSHUL MAHESH

25th All India Roller Relay Skating Championship – 2018 held at Panaji, Goa.
 **Silver Race I, Relay I & II
 2nd Roller Inter school skating Competition – 2018
 *Silver Rink - II
 ***Bronze Rink – 1



5th Presidency Inter School Skating Competition held at Presidency School, Mangalore.
 *Gold Quad
 Speed Roller Skating District Selection Trials 2018-19 organised by Karnataka Roller Skating Association.
 *Gold Rink – 1 & Rink – II

NIRANJAN RAJEEV



15th National ICE Skating Championship held at Delhi. *Gold 500M.Speed Skating & 100m. Chess Tournament organised by Puttur

Chess Academy held at Puttur. ***Bronze Open Category
 Philippine Short track Training Camp organised by the Philippine Skating Union at Philippine
 *Gold 500m., 333m.,3000m Relay (-777m.) Jr. Men Captained the Under 17 School Chess team & won the AICS Championship.

AATHISH B SHETTY

Inter District Open Fide Rating Rapid Chess Tournament – 2018. IIIrd Place
 Forum Chess Wiz-Season II Ist Place
 Yen-Chess Wiz Inter District Rapid Chess Tournament Yenepoya Institute of Technology.



Ist Place
 Ubar Chess Tournament. IIIrd Place
 Shri Naraya Guru Trophy Inter District Children's Chess Tournament – 2018 held at Mulki D.K Ist Place
 AICS Inter School Chess Tournament. Ist Place and Board Prize
 Karnataka State Level Floodlight Rapid Chess Tournament held at Gurukula Public School. Best Player Award.
 Ist All India Open Fide Rating Rapid Chess Tournament – 2018. Ist Place



PRIZE WINNING ARTICLES

HOW MEDIA IS INFLUENCING OUR LIFESTYLE AND THINKING TODAY

The Media is the most powerful entity on earth - they have the power to make the 'innocent' 'guilty' and to make the 'guilty' 'innocent' and that power - because they control the minds of the masses.

In contemporary society people are strongly influenced by 'Mass Media'. Mass Media not only has a strong influence on our life style, but can even change our way of thinking. It has a 'psychological' effect. Although watching television and reading newspaper are not so popular as before people spend more time in front of computers, listening to music, interacting with each other on 'social network' like 'face-book', 'Twitter' etc, watching T.V programmes and films.

The developing technology of mobile phones allows people to do almost everything they can do with a computer! People are living life, saturated by "media sounds". It takes discipline not to let social media steal your time.

As we all know, mass media communication has become a very significant element that influences the way we think about society. Whether we are just comfortably lazing on the couch watching a news channel or scrolling through a news, or reading a newspaper for that matter, we all love to be updated with the current affairs going on in the world.

The media does influence both the young and the old, but can also be misleading at times. So now the question that arises is - How do we know if the media is doing its job effectively or not just merely broadcasting something on the television that doesn't exist in reality!?

Well, the answer's pretty simple. We need to inspect. We need to first research and then put forth our ideas if we feel that something is being done wrong in society.

The media also often highlights the lives of the rich and the famous, and either intentionally or unintentionally, forgets to show the lives of the majority - the commoners and the poor. As a result, we forget that the poor even constitute a part of our country. The media is also, in a way responsible for attracting us towards the material side of the world. By advertising anything from toothpaste to

A picture is worth a thousand words: The media uses film and sports personalities in 'advertisements' to captivate people's minds. Most people, especially children fall prey to these 'advertisements', many are so enamoured by these grandiose 'advertisements', that they have fallen into debt and met tragic ends!

The media shapes our attitudes about everything from 'soap to politics', so if the viewers are assertive and think rationally, the negative aspect of the media will be reduced and we will not blindly accept the media's version of the "truth."

"Its important to remember that social media are "tools", but it is 'face to face' interaction that makes a long term impact! I conclude in the words of the Noble prize winner - 'Malala Yousafzai' "what is interesting is the 'power and the impact' of social media.... so we must try and use social media in a good way".

Aarti Lisa Carmen Rego
Class IX B

a mobile phone, they have the power to influence people. Doing so, they can make those who cannot afford those goods feel bad and left out.

The media also does hurt certain sections of the society by portraying their profile differently. To give you all an example, we the students of class IX had a chapter in Political Science last year which depicted that the media portrayed tribal life as merely singing and dancing, which is entirely wrong. Every human being is born with a purpose and deserves to be treated with dignity. The chapter also went on to explain how members of that particular tribal group were hurt. The media needs to do proper research before broadcasting anything.

We need to be smart citizens and need to use our discerning ability to differentiate fact from fiction. We must also spread awareness to others and mustn't hesitate to communicate with the media, provided in an orderly way.

With cautious thinking and judicious processing of the information provided to us, we can definitely ensure that our lifestyle and thinking can be shaped for the better, by what we hear and see, as portrayed before us by the media.

Nikhil Samuel Eapen K
Class IX A

Open happiness is the theme of Coca cola, but does it really give happiness?

I am seeing, reading and hearing these catchy mesmerizing slogans on huge hoardings when I walk down to the school everyday. Life looks beautiful when we see thousand of likes to a photo posted on social media... influence of media on our life style and thinking today

How much does it affect our lives? How much do we allow it to affect our lives!". This is a Thought worth pondering. 54% of children spend more time watching television than in any other activity except sleep, the average youth gets hooked to media almost 7hrs a day.

Media being the storehouse of information it is a can make or break a person, media in general can be divided into two Social and main stream media. It's important that we stay connected to the main stream media, to be updated with what is happening around us and but the other part has become an intruder in the family. The younger members of our society have made the social media their parents. It's to what they are connected to, from dusk till dawn. So friends unless limit our time devoted to media, very soon we children might forget who our biological parents are.

Media has the power to influence our thoughts. Earth has become a global village due to media.. We all know from experience that media is the best way to spread knowledge, information and news Media helps liberate and empower the people and educates the people to know about their basic rights, policies and how to use them

This makes it a strong link between the government

Media is a tool used to store and deliver information and data. It is the contemporary society that determines our actions and identities. Newspaper, television, radio and internet are all means of media on which we spend our time. Media can be a friend or a foe depending upon how we accept it in our lives.

Media is cost saving platform when compared to other means of communication. We can benefit from debates and discussions on various topics on news channels. From students to businessmen, from rich to poor, everyone loves to surf internet. This helps us to build a social relationship. Till now we only saw the head side of a coin. There is a negative side of media also.

A famous American actress Betty White says, "I did

and people. Children develop their skills, and trigger their curiosity using media. Advertisements help us to easily make our choices according to our needs. Media is an important organ during Natural Disaster we have seen this last week in our own city during the heavy rainfall but the cons of it are too great to be overlooked...getting obsessed to media ends up in weakening us physical / mentally/ emotionally.

I strongly believe that if I can't control my mind I cannot control my life. Today news is published in an exaggerated manner and this makes People reading it take the world more frightening than actually it is. Media definitely forms the environment and traumatizes youngsters', fantasy, gives them wrong idea to imitate these violent acts. Hence through advertisements youngsters become status conscious and falsely take the wrong path, get violent to fulfill their needs or to impress others. Should I blame the thorn because I ran over it and hurt myself? Most of the people don't have there own strong opinion as 50% of the opinion is only because of the influence of social media. We must not blindly believe in all thing's portrayed by media. Media manipulates and influences our appearance, beliefs, desires and opinions. Media should help us to grow, not stunt our growth. Media first exposes us, then the hype and ultimately the Oh My God mode. A present day Isaac Newton would have said For every action there is an equal and opposite reaction plus a social media overreaction, and we as people are completely fine with it. We need to change our mindset and attitude towards the media. Therefore Don't use media to impress people but to impact people

Ninaad Lobo
Class IX B

not know what Facebook was. But now, I do know what it is. I should say, it sounds like a huge waste of time." This quote can be interpreted to fit with several of those social media avenues on which we spend squander. Media is sometimes like a spider web - Once you are trapped, you cannot escape. The impact of media's views on violent crimes has a strong impact on teen culture and teen violence. Teens are learning and adapting the ways to be violent regardless of their background, due to influence of social media. Media is like sugar that you add in your tea. It will be sweet if it is in a limited quantity and in a right way. If not, the sweetness will turn into bitterness. So friends, please add this sugar in a way that is sweet in your lives.

Sunidhi S Hegde
Class IXB

PRIZE WINNING SPEECHES OF THE PRE-PRIMARY AND PRIMARY CLASSES

HEALTHY DIET

I am Pritika Singh. I study in KG 2 A
Today I am going to talk about "Healthy Diet".
"Healthy brain lives in a healthy body", so we
should take care of our body.

Our body is very important for us. Our body
needs healthy diet. If we take healthy food
then we will never be ill.

Now I am going to speak about, what is
healthy diet? Healthy Diet means healthy
eating. Eating a variety of foods that give you
nutrients is "Healthy Diet". These nutrients
include proteins, carbohydrates, fats, vitamins

Healthy Diet is good for our own health. Food like
chapathi, milk, juice, fruits, vegetables, egg, soup
etc makes us strong and healthy. Healthy food
gives us good health. It gives us energy. Healthy
diet may reduce the risk of heart disease and
cancer. It is also good for children's growth. It
also helps to achieve a better life style.

Avoid junk food like ice cream, pizza, chocolate,
cold drinks, pastry, cake, burger etc. Eating
junk food will only give obesity and other health
problems.

Today I am going to speak on healthy diet.
Healthy diet is very important for the growth of our
body and mind.

Healthy diet should include food rich in
carbohydrates, fats, proteins, vitamins and
minerals.

We should include food rich in carbohydrates like
rice, wheat, ragi, oats and potatoes, as they give
us lots of energy.

We should add egg, fish, meat, pulses, nuts and
soya beans in our diet as they are good source of

and minerals.

I include in my diet many types of fruits, pulses,
veggies, chapatti, curd, paneer, milk and drink
lots of water.

I don't like milk, but my mama gives me milk
every day. My mama wants me to become
strong and fit.

If we have a healthy body we will also have a
happy mood all the time.

Thank you so much for listening to me.

Pritika Singh
KG 2, Section - A

"Junk food Junk food, you are not for me
"Junk food Junk food, you make me fat
"Junk food Junk food, I don't like you".

"Healthy food Healthy food, you are so healthy
"Healthy food Healthy food, you make me strong
"Healthy food Healthy food, you are so for me".

An apple a day, keeps the doctor away. So friends
avoid junk food, eat healthy food. Eat healthy and
stay healthy.

Ishal Eva D'souza
KG 2, Section - B

protein. Eating lots of fresh fruits and vegetables
will give vitamins and minerals to our body and
mind.

Friends please do remember to drink a glass full
of milk everyday as it helps in making our bones
strong.

Lastly I would like to say that if you eat all these
healthy food then you will never fall ill and will
always remain healthy, fit and strong. Thank you.

Ashmit Mohanty
KG 2, Section - C

IF I HAD A SPACESHIP.....

If I had a spaceship, I would love to travel to
Venus. Venus is the 2nd planet from the sun
and the 6th largest. It is the brightest planet in
the night sky and is named after the Roman
Goddess of love and beauty. Let me tell you
why I have chosen this planet. It is often said

that Men are from Mars and Women are from
Venus. This is because Mars symbolizes
qualities such as stubbornness, adventure,
pride, hardship etc. Most of these qualities are
displayed by my brother, so I guess it is true.
Grace, charm, beauty, love etc. are ruled by

Venus. My middle name itself is Grace, so I have a special affinity towards Venus. It is also referred as the sister planet of Earth because it is similar to earth and also the closest. The first time I go to space, I wouldn't want to go very far. So I have chosen the planet which is very close to Earth. I would like to travel to Venus and discover if we can live on a different planet. Wouldn't it be amazing if we could live on a different planet than the one we were made on?

The force of gravity in Venus is 90% that of the Earth. That means my weight on Venus will be much less. My mother is always worried that she is putting on weight. So I have told her to stop checking her weight and to accompany me on my trip to Venus and then check her

weight there. I am sure she will be very happy on Venus.

I would space walk, take samples and find for life on Venus. Just imagine, if I could find an alien on Venus. It would be so exciting! Maybe a little scary too!. As Venus is the Goddess of Love and beauty, I would like to spread love on the planet, among the life present there. Just as I yearn to learn about life on Venus, I would also tell the aliens there, about life on Earth, provided they understand English.

I dream that I would be the first person to land on Venus and that would make me very famous, and maybe after many years, Lourdites would learn about me like we learn about Neil Armstrong.

**Esther Grace Fernandes
IV B**

MY SCHOOL

My school name is Lourdes Central School which was founded in 1999. My Principal is Rev. Fr Robert D'Souza. My class teacher is Metilda ma'am. The teachers of my school teach with great care and attention. In Lourdes equal importance is given to studies, sports, and cultural activities. Special

attention is based on punctuality and behaviour. My school not only teaches us different subjects, but also teach us moral values of life. I love my school very much and I am proud to be a student of "Lourdes Central School."

**Sanaya Rajesh Anchan
KG 1 A**

My school name is Lourdes Central School and it is situated at Bejai in Mangaluru. My school is very beautiful. As I enter the school premises, a beautiful wall painting welcomes me. My school has over 950 students and about hundred teachings and non teaching staff headed by dynamic Principal Rev. Fr Robert D'Souza. My class teacher Lynette Mam and other staff are very kind enough and give me a warm reception everyday. My school has a

big play ground where I play with my friends and have fun. Learning in my classroom is fun as we are taught also using television set. I thank God for the opportunity given me to study in this prestigious school. I will make all efforts to bring a good name to my parents, teachers and this school.

**Ryan Prakash D'souza
KG 1 B**

I am very happy to tell about my school. My school name is Lourdes Central School. It is in Bejai, Rev. Fr Robert D'Souza is the principal of my school. My class teacher name is Lavitha D'Souza. She teaches us very politely. I like to go to school every day. I have my friends in my school. In school, we study, play and do many activities. We have big play ground and kid's play park. All my teachers are very kind and caring. I love my teachers and my school. My school is one of the best schools on earth.

**Gaman D Kotian
KG 1 C**



खेल का महत्व

जीवन में खेल बहुत ज़रूरी है। खेल से मनोरंजन मिलता है। हमारी सेहत ठीक रहती है और हमारा दिमाग तेज़ बनता है। जीवन में खेलों का स्थान बहुत महत्वपूर्ण है। छात्रों के लिए पढ़ाई के साथ खेलना भी ज़रूरी है, खेल द्वारा बच्चों में धैर्य, लगन, परिश्रम, उत्साह तथा परस्पर सहयोग आदि गुणों का विकास होता है। जहाँ विद्यालयों में छात्र शिक्षा द्वारा अनेक विषयों का ज्ञान प्राप्त करते हैं। वही खेलों द्वारा जीवन का अनुभव प्राप्त करते हैं। राज्य और राष्ट्र के स्तर पर खिलाड़ियों को पुरस्कार दिए जाते हैं। जैसे अर्जुन, द्रोणाचार्य, राजीव खेल रत्न आदि पुरस्कार के साथ धनराशि भी दी जाती है। खेलों द्वारा हम नाम के साथ साथ धन भी कमा सकते हैं। सभी बच्चों को खेलों में भाग लेना चाहिए ताकि वे स्वस्थ बने। कहा जाता है कि – "स्वस्थ शरीर में स्वस्थ मस्तिष्क का निवास होता है"। तन-मन दोनों को स्वस्थ बनाने के लिए खेलना अत्यंत आवश्यक है।

ईवा लिसा लोबो
३ स

समय का सदुपयोग

मनुष्य के जीवन में समय की महत्वापूर्ण भूमिका है। वह व्यक्ति जो समय के महत्त्व को समझते हैं। वहीं इसका सही उपयोग कर प्रगति के पथ पर अग्रसर रहता है। परंतु वे लोग जो समय के महत्त्व को अनदेखा करते हैं और उसका दुरुपयोग करते हैं, वे जीवन पर्यंत असफलता ही पाते हैं। समय मनुष्य को पतन की ओर धकेल देता है। अतः मनुष्य की सफलता और समय की सदुपयोगिता दोनों एक दूसरे के पूरक हैं।

प्रतिस्पर्धा के आधुनिक युग में तो समय की महत्ता और भी बढ़ गई है। आज समय गँवाने का अर्थ है – प्रगति के राह में समय को पीछे धकेलना। हर एक क्षण महत्त्वपूर्ण है क्योंकि जो पल एक बार गुज़र जाये, वह कभी भी वापस नहीं लौटता। सफलता के लिए यदि मनुष्य समय के रहते ही प्रयास नहीं करता तो वह जीवन पर्यंत ठोकरे खाता रहता है और उसकी सफलता मृगतृष्णा की भांति उससे मीलों दूर रहती है। अतः यह आवश्यक है कि यदि संसार में हम एक अच्छा और सफल जीवन व्यतीत करना चाहते हैं तो हम समय के महत्त्व को समझें और हर क्षण उसके साथ जियें। समय को यदि हम और विस्तृत रूप में समझें तो कह सकते हैं कि समय ही विश्व का निर्माता और विनाशक है।

चलिता सी भट्ट
४ अ

व्यायाम के लाभ

स्वस्थ शरीर में ही स्वस्थ मस्तिष्क का निवास होता है। स्वास्थ्य ही जीवन की सबसे बड़ी सम्पत्ति है। आज की भाग दौड़ भरी ज़िंदगी में उत्तम स्वास्थ्य के लिए नियमित व्यायाम करना बहुत ज़रूरी है। जिस प्रकार मानव जीवन के लिए वायु, जल और आहार की आवश्यकता है उसी तरह व्यायाम भी मानव जीवन के लिए आवश्यक है। शरीर के अंगों को स्वस्थ रखने के लिए किया गया शारीरिक अभ्यास को व्यायाम कहते हैं। व्यायाम अनेक प्रकार से किए जाते हैं : दण्ड पेलना, योगा करना, कबड्डी खेलना, सैर करना इत्यादि। व्यायाम का उचित समय प्रातःकाल है। व्यायाम शुद्ध वायु में लाभकारी होता है। नियमित रूप से 30-45 मिनट तक व्यायाम करने से :-

- हमारी बौद्धिक स्वास्थ्य पर अच्छा प्रभाव पड़ता है।
- सही रक्त प्रवाह होने से मस्तिष्क सक्रिय रूप में कार्य करता है।
- हमारी माँसपेशियों में मज़बूती आती है।
- वजन का नियंत्रण करती है।
- सहन शक्ति बढ़ जाती है।
- हड्डी के बनने की प्रक्रिया को बढ़ावा मिलता है।
- त्वचा को खूबसूरत और जवान बनाए रखने में सबसे प्रभावकारी उपाय व्यायाम है।
- नियमित व्यायाम से अपना आत्म सम्मान और निश्वास बढ़ता है और शरीर में स्टेमिना भी बढ़ जाता है।
- व्यायाम हमाराब मूड को तरो-ताज़ा रखती है।
- तनाव व डिप्रेशन के साथ ही अन्य मानसिक समस्याएँ भी समाप्त हो जाती है।
- ब्लड प्रेशर को नियंत्रित रखने में मदद करता है।
- मधुमेह और हानिकारक कोलेस्ट्रॉल को नियंत्रित करने में मदद करता है।
- नियमित व्यायाम शारीरिक दर्द से छुटकारा दिलाने में मदद करती है।

व्यायाम ज़रूरी है सभी के लिए, हर वक्त रोग से खतरा है, व्यायाम ही है बस एक रास्ता सभी के लिए।

भुवि ए आर
५ स

शिक्षा में इंटरनेट की भूमिका

वर्तमान समय में इंटरनेट एक ऐसा शब्द है जिससे सभी लोग परिचित हैं। बच्चों को या बड़े सभी लोग इंटरनेट का प्रयोग करना अच्छी तरह से जानते हैं। आज इंटरनेट हम सब के लिए जीने की वजह बन चुका है। इंटरनेट ने आज हमारी बहुत सी मुश्किलों को आसान बना दिया है जिसके वजह से हमें कई काम आसान लगते हैं।

इंटरनेट क्या है?

इंटरनेट संपूर्ण विश्व में फैला हुआ एक ऐसा नेटवर्क है जिसके माध्यम से विभिन्न कार्य किए जाते हैं। हम बच्चों ने इंटरनेट को एक दोस्त बना लिया है। यह दोस्त पढ़ाई में हमारी मदद करता है। कभी-कभी हम बच्चों इसका गलत उपयोग भी कर लेते हैं।

लेकिन शिक्षा के क्षेत्र में इंटरनेट के अनेक लाभ हैं। शिक्षक तथा विद्यार्थी इसका भरपूर लाभ उठा सकते हैं। फिलहाल इंटरनेट हर शहर और गाँवों में उपलब्ध है। इस कारण हम घर बैठे यू-ट्यूब पर वीडियो देखकर कुछ भी बनाना सीख सकते हैं।

अगर ऐसा कोई विषय है जिसके अध्यापक हमारे शहर में नहीं हैं तो ऐसे कई वेबसाइट हैं जिस पर हम अपने मनपसंद शिक्षक से मनपसंद विषय पढ़ सकते हैं। इसे हम 'वेब शिक्षक' कहते हैं।

अगर कोई विषय पढ़कर समझ नहीं आ रहा तो हम यू-ट्यूब पर उसका वीडियो देखकर समझ सकते हैं। जी हाँ इंटरनेट स्वतंत्र रूप से सीखने के अवसर प्रदान करता है। इंटरनेट के कारण ही दूरस्थ शिक्षा तेज़ी से विकास कर रही है। हम बच्चों को ऑन-लाइन परीक्षा देने का मौका मिल रहा है।

जी हाँ दोस्तों इंटरनेट एक वरदान है।

मुझे इंटरनेट इसलिए पसंद है क्योंकि जब मैं कोई भी परीक्षा या प्रतियोगिता की तैयारी करती हूँ तब मैं सारी जानकारी इंटरनेट से प्राप्त कर लेती हूँ।

इंटरनेट से भला होता है, हानि भी हो सकती है जब हम उसे गलत तरीके से प्रयोग करते हैं।

मेरा कहना है कि इंटरनेट को अच्छे ढंग से उपयोग करो और जीवन में आगे बढ़ो।

प्लास्टिक पर्यावरण के लिए खतरा

यह कौन सी चीज़ है जिसने भगवान द्वारा रचित पृथ्वी को उजाड़ दिया है? क्या है जो ४४% समुद्री पक्षी, ४३% समुद्री स्तनपायी और ८०% कछुओं को हानि पहुँचाता है? आज कल कौन-सा सबसे खतरनाक प्रदूषक है? दोस्तों यह है प्लास्टिक।

प्लास्टिक ने हमारे जीवन के हर पल पर कब्ज़ा कर लिया है। हम इसका उपयोग दिन के शुरुआत से लेकर दिन के अंत तक करते हैं क्योंकि यह सस्ता और टिकाऊ है। प्लास्टिक का उपयोग इतना बढ़ गया है कि "राफेल कार्सन का कहना है कि, प्लास्टिक भूमि, जल और वायु के लिए धीमा विष है"।

प्लास्टिक एक गैर-बाइग्रेडेबल पदार्थ है जो आसानी से सड़ता नहीं है। इसे नष्ट होने में हजारों वर्ष लगते हैं। बोतल और थैली के रूप में प्लास्टिक हमारे समुद्र को विषैला बना रहा है। २००६ में समुद्र के हर वर्ग मील में तैरते प्लास्टिक के ४६,००० टुकड़े मिले। मछली इन्हें भोजन समझकर खा जाते हैं जिससे उनके शरीर को नुकसान पहुँचता है। पेट्रोलियम पदार्थों से प्लास्टिक बनाया जात है। इसमें क्लोरीन, प्लुओरीन, कार्बन, नाइट्रोजन और सल्फर के अणु होते हैं। इसे जलाने से ज़हरीली गैसों का उत्सर्जन होता

है। कुछ दिनों तक इसके संपर्क में बने रहने से साँस संबंधी बीमारियाँ और कैंसर भी हो सकता है।

जायलेन, हथिलेन और बेंजेन को मिलाकर प्लास्टिक थैली बनाते हैं। जब प्लास्टिक की थैलियों को इस्तेमाल करने के बाद फेंक दिया जाता है तो यह मिट्टी को कम उपजाऊ बनाते हैं और धीरे-धीरे ज़हरीली रसायनों को छोड़ते हैं।

पृथ्वी भगवान का उपहार है। मनुष्य को इसे नष्ट करने का कोई अधिकार नहीं है। भारत और यूरोप में पतली प्लास्टिक थैलियों के उपयोग पर प्रतिबंध लगा दिया गया है। लोग कपड़े या जूट की थैलियाँ और काँच या स्टील के बर्तनों का उपयोग करते हैं। प्लास्टिक का पुनःचक्रण और पुनः उपयोग भी किया जा रहा है। अंत में मैं कहना चाहूँगी कि :

खुला घूम रहा है जीवन का हत्यारा
छीन रहा है जीवन हमारा
प्रकृति को कर रहा हरण
आओ सभी मिलकर ले वचन
हरियाली को बढ़ाना है
वातावरण को बचाना है
प्लास्टिक को हटाना है।

ಅತೀಶ್ ಎಸ್ ಶೆಟ್ಟಿ - ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್, ಬಿಜ್ಜೆ, ಮಂಗಳೂರು ೩ನೇ ತರಗತಿ.
ಪಾಲಾಕಾಡ್, ಮಂಗಳೂರು, ಬೆಂಗಳೂರು, ಗೋವಾ, ಉಡುಪಿಯಲ್ಲಿ ನಡೆದ ಕರಾಟೆಯಲ್ಲಿ ಜಿಲ್ಲಾ.
ರಾಜ್ಯ, ರಾಷ್ಟ್ರೀಯ, ಅಂತರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದಲ್ಲಿ ಕಟಾ ಕುಮಿಟಿಯಲ್ಲಿ ಚಿನ್ನದ ಪದಕ
ಕೆಸ್ಪಾರ್ ಚಾನೆಲ್‌ನ ಜೂನಿಯರ್ ಡ್ರಾಮಾ ಫಂಟರ್ಸ್‌ನಲ್ಲಿ ಭಾಗವಹಿಸಿ ಉತ್ತಮ ಅಭಿನಯ ನೀಡಿ
Best performer of the week ಪಡೆದಿದ್ದಾನೆ.



Colours Super ಚಾನೆಲ್‌ನ ಮಜಾಭಾರತ ರಿಯಾಲಿಟಿ ಶೋನಲ್ಲಿ ಭಾಗವಹಿಸಿ ಎಸ್. ನಾರಾಯಣ್
ಮತ್ತು ಶ್ರುತಿ ಮೇಡನಿಂದ ಉತ್ತಮ ಪ್ರಶಸ್ತಿ ಪಡೆದು ಎರಡು ಬಾರಿ ಮಜಾಭಾರತ ಕಿರೀಟವನ್ನು
ಪಡೆದಿದ್ದಾನೆ.

ನುಗ್ಗಿಕಾಯ ಚಲನಚಿತ್ರದಲ್ಲಿ ಮೊಟ್ಟಮೊದಲ ಬಾರಿಗೆ ಬಾಲನಟನಾಗಿ ನಟನೆ.

ಕಿರಿಕ್ ಪಾರ್ಟಿ ನಿರ್ದೇಶಕರಾದ ರಿಷಬ್ ಶೆಟ್ಟಿ ನಿರ್ದೇಶಿಸಿರುವ ಇತ್ತೀಚೆಗೆ ತೆರೆಕಂಡ "ಸರಕಾರಿ ಹಿರಿಯ ಪ್ರಾಥಮಿಕ ಶಾಲೆ ಕಾಸರಗೋಡು ಕೊಡುಗೆ
ರಾಮಣ್ಣ ರೈ ಸಿನಿಮಾದಲ್ಲಿ ಅರುಣನ ಪಾತ್ರವನ್ನು ಮಾಡಿ ಜನರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರನಾಗಿದ್ದಾನೆ(ಎ ಅವಳು ಎಂಥ ಕೇಳಿದ್ದ ಡೈಲಾಗ್).

ಸೂರಜ್ ಬೋಳಾರ್ ನಿರ್ದೇಶನದ " ರಾಹುಕಾಲ ಗುಳಿಗಕಾಲ" ಸಿನಿಮಾ ಚಿತ್ರೀಕರಣ ಮುಗಿದಿದ್ದು ತೆರೆಗೆ ಸಿದ್ಧವಾಗಿದೆ. ಇನ್ನು ಹಲವು ಆಫರ್‌ಗಳು ಇವೆ.
ಡ್ಯಾನ್ಸ್, ನಟನೆ, ಕರಾಟೆ, ಯಕ್ಷಗಾನ ಸ್ವಿಮಿಂಗ್, ಸೈಟಿಂಗ್, ಡ್ರಾಯಿಂಗ್ ಗೊತ್ತಿರುವ ಇವನು ೧೦೦ಕ್ಕೂ ಹೆಚ್ಚು ವೇದಿಕೆಯಲ್ಲಿ ಕಾರ್ಯಕ್ರಮ ನೀಡಿ
ಸನ್ಮಾನಗಳಿಗೂ ಪಾತ್ರನಾಗಿದ್ದಾನೆ.

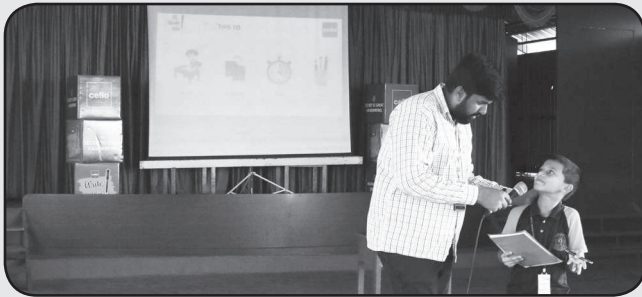
ಬೆಳದಿಂಗಳ ಸಾಹಿತ್ಯ ಸಮ್ಮೇಳನದಲ್ಲಿ "ಕರ್ನಾಟಕ ಪ್ರತಿಭಾ ರತ್ನ" ಪಡೆದಿದ್ದು ನವೆಂಬರ್ ೧೧ಕ್ಕೆ "ಕರ್ನಾಟಕ ಕಲಾಶ್ರೀ" ಅನ್ನುವ ರಾಜ್ಯ ಪ್ರಶಸ್ತಿಗೂ
ಆಯ್ಕೆಯಾಗಿದ್ದಾನೆ.

SAPTHA PAVOOR

Sarakari Hiriya Prathamika shale Kasaragodu, Kannada movie made a legend in the history of kannada industry. It was released on August 23,2018. All most all category people liked this film. It has completed 125 days. Saptha Pavoar studying in class 8th LCS acted in this famous Kannada



movie"Sarakari Hiriya Prathamika shale Kasaragodu"directed by Rishab shetty, in which she played lead role as "Pallavi" and appreciated by all over Karnataka and called as Karnataka crush and Dimple girl. Because of this fame she got nominated for "city cine award" conducted by 91.7FM radio city Bangalore. She was also selected as" Best debut female"2018 in Kannada movie. Voting were done by the public upto 1 month. And she won the award with the difference of 9000 votes from her opponent.



**CELLO COMPETITION
WRITE TO WIN**



Campus Beats

VICENNIAL YEAR

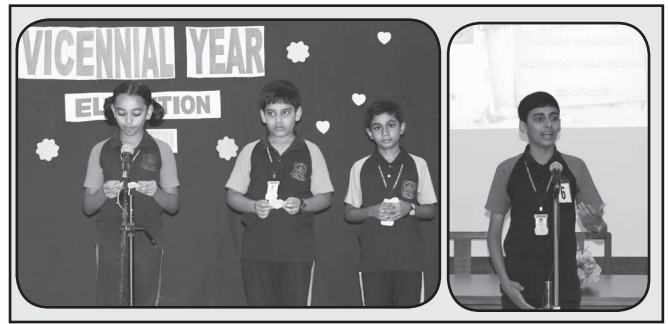
ENGLISH ELOCUTION

Competitions are held in school to enhance the capabilities and skills of the students. The Vicennial year had a kick start with the English Elocution Competition for the Primary Graders on 22nd June 2018.

The competition commenced with the prayer song led by Ahston of Class VII and the choir team of class V. Ma'am Apoline compered the programme and the finalist students competed with their fellow mates with great confidence.

Fr Principal and Vice Principal graced the programme and wished good luck to all the participants.

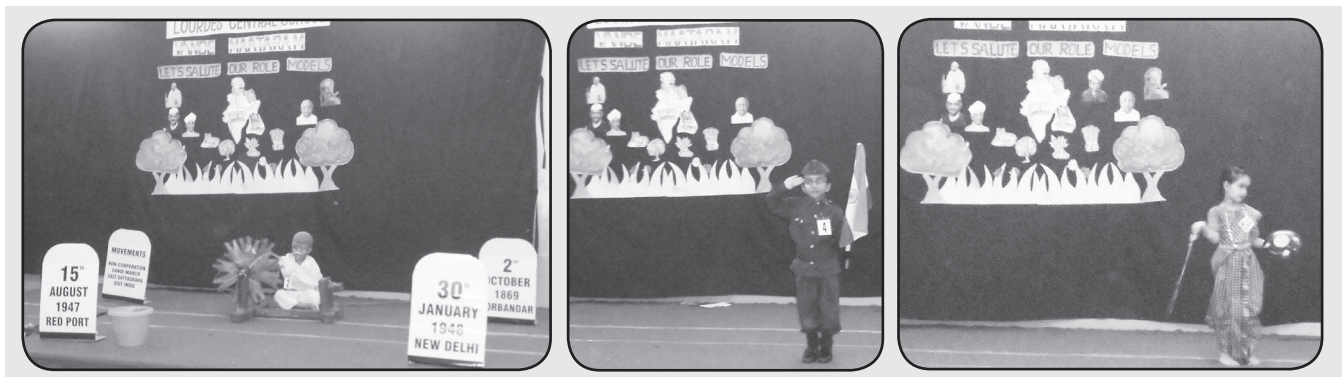
The competition started at 8.30 am and concluded at 11.30 am. Esther, Sampreet, Nidhi and Joshua of class IV and class V delivered the vote of thanks. The teachers of the English department thanked the three judges Ms Adirai, Ms Dilla Coloco and Ms Meghana Saldanha. All the participants went back with a happy smile as they received good remarks in their diary.



HINDI ELOCUTION



KINDERGARTEN : "VANDE MATARAM"



"Feel the pride of being the part of such a glorious nation."

The August month project "Vande Mataram" – Independence Day, was introduced to the children in a receptive way. The toddlers were familiarised with our national leaders and symbols through visuals. To imbibe a feeling of patriotism, patriotic songs were taught.

In connection with this project, various fun filled competitions like Fancy Dress and Patriotic Singing were held. The finale was a decor of colours as children presented songs, skit and a Tableau. Winners of the competition were awarded with certificates and trophies by the Principal Rev. Fr Robert D'Souza. Jai Hind.



EASTERN PATRIOTIC SINGING



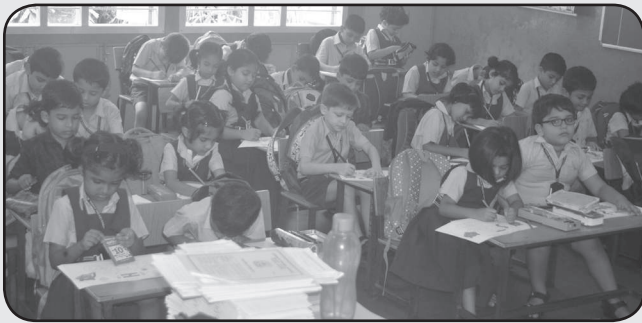
WESTERN SINGING COMPETITION

INDEPENDENCE DAY COMPETITION

To live in peace and harmony, united and strong, we must have one people, one nation, one flag. With an aim to kindle the fire of patriotism in students, various competitions were organised for classes I to V on 7th and 8th August 2018.

Class I - Colouring of national symbols. Class II - Fancy Dress
Class III - Patriotic singing Class IV - Drawing Class V - Patriotic Dance

All the competitions began with invoking God's blessing through prayer songs and welcome address. Principal Rev. Fr Robert D'Souza and Vice Principal Ms Belita Mascarehnas were present to encourage the participants. Many students participated and the students prepared well for the competitions. The non-participants were involved in cheering and encouraging. The success of the show was well judged by the smile on the faces of the students and the teachers. The competitions came to an end with the vote of thanks.



CLASS I - DRAWING



CLASS II - FANCY DRESS



CLASS III - PATRIOTIC SINGING



CLASS V - DANCE

COLOURING AND COLLAGE COMPETITION - 21st JULY 2018



HINDI SAPTAH

Hindi is among the most commonly spoken language in our country. It is the very essence of India. Hindi is taught in most of the schools in our country. It is taught to the students so that communication becomes easier for them in whichever part of the country they are.

In our school, Hindi is taught right from Kindergarten level as the second language. Every year our school celebrates Hindi week with great spirit and enthusiasm to commemorate the importance of Hindi in the young minds. Various activities and competitions are held during this week.

This year too we celebrated "Hindi Week" or "Hindi Saptah" from 11th September to 14th September. There were various activities like poetry writing for all the students of LCS. On 14th September 2018, we had the 'Hindi Week' grand finale with various stage programmes like a Hindi skit 'Prakruthi Ka Prakop' presented by the students of class V and class VI. An action song was performed by the little tots of class I and class II. The students of Class IX presented a mime on Globalisation depicting the happenings around the world. The programme ended with the prize distribution and a happy note of keeping the soul of Hindi in our hearts and minds always.

Drishya Devanand of Class X compered the programme. Mr Henry Mascarenhas, Ms Seema Madtha and Ms Noleen Pais coordinated the programme.



PRAKRITHI KA SANDESH



KAVITHA VAACHAN PRATHIYOGITHA

KINDERGARTEN : ENGLISH ELOCUTION



The little stars of Kindergarten were all set to participate in an elocution competition under the banner “Young Talent Hunt.” The main objective of the competition is to take away the stage fear and to develop self-confidence.

The theme for the day was “My School”. Little tiny tots spoke very well and expressed their joy and happiness for being a part of Lourdes Central School. Total 73 participants took part in the competition. Ms Anitha Baptist and Ms Beena were the judges for the day.

The Principal Rev. Fr Robert D’Souza encouraged and appreciated the tiny tots to perform better.

COOKING WITHOUT FIRE



CLASS IV



CLASS IX & X



CLASS XI & XII



**LIONS CLUB COMPETITION
25th OCTOBER 2018**



SINGING

KANNADA



EKAPATRABHINAYA

KINDERGARTEN : DANCE



CHRISTMAS COMPETITION

The blessings of peace, the beauty of hope, the spirit of love, the comfort of faith.... May this be your gifts this Christmas Season.

In connection with Christmas various competitions were conducted for classes I to V on 19th December 2018.

Class I - Card Making Competition, Class II - Fancy Dress Competition, Class III - Carol Singing, Class IV - Christmas Wreath Making, Class V - Christmas Tree Decoration.

Children participated in full gusto and Fr Principal and the judges were overwhelmed with the competition spirit of the Lourdites.

Luck is what happens when preparation meets opportunity. So when there is no struggle, there is no strength and for Lourdes Central School every participant is a winner.

“Blessings of Christmas and Happy New Year.”



PRIZE WINNERS OF THE VICENNIAL YEAR 2018-19

Competitions are held in school to enhance the capabilities and skills of the students.

Winner of Vicennial Logo is – Mohammed Zimraan – Class VIII B

ENGLISH ELOCUTION COMPETITION

The Vicennial year had a kick start with the English Elocution Competition for the Primary Graders on 22nd June 2018. **Topics for elocution** : Class – 1 to 3 : 1. Let me tell you about myself and my family. 2. My favourite day of the week. and 3. The most delicious meal I love to eat. Class – 4 & 5 : 1. What planet would I visit if I had my own rocket ship. 2. If I were a character in the book I would be..... and 3. What happiness means to me.

ENGLISH ELOCUTION COMPETITION

Class	First prize	Second prize	Third prize	Consolation prizes
I	Verina Shifra Soans	Jacob D Sequeira	Shinal Dechamma	Bhuvana D Darshit S Nairy
II	Tamanna Prabhu	Ananya S Pai	Aadhya P Shetty	Aaryan Adyanthaya Siri R Rao
III	Jemima B Karkad	Erica G Fernandes	Eva Lisa Lobo	Evana M DSouza Sanjana A Dsilva
IV	Ester G Fernandes	Joanne B Karkad	Shreya Shanbhag	Srishti S Pavor Ridhi Chowta
V	Varshini K N	Drishika N Shetty	Nidhi S John	Vamshitha Shetty Jovila W Rodrigues
VI	Elishia Joan Baptist	Sonia Cathy Lasrado	Samanvi K. Shetty	Diya N. Yashodhar Amber Charisma Furtado
VII	Amith Colaco	Stuti Rao	Megan D'souza	Saptha S. Pavor Niel
VIII	Nidhi Noronha	Rishal Divya Pinto	Sparsha Malli	Anika Bharathraj Suha Khan
IX	Nikhil Samuel Eapen K	Sunidhi S Hegde	Aarti L Carmen Rego	Rion Jayden Valdar Ninaad Lobo
X	Ananya N	Kritarth	Sushanth Rashree	Marc Ivor Antony Rego Diya Mascarenhas

HINDI ELOCUTION COMPETITION

Hindi Elocution Competition for classes IX & X was held on 7th July 2018.

Class	First prize	Second prize	Third prize	Consolation prizes
IX	Ninaad Lobo	B. Hiya Hegde	Prakrithi Monteiro	Adora Mascarenhas Jagrathi Shetty Rion Jayden Valdar
X	Diya Mascarenhas	Deon Fernandes	Drishya Devanand	Anushka S Manjusha D. Pai

MONO ACTING COMPETITION (Hindi)

To increase the fluency, to develop the confidence as well as to encourage and build interest in Hindi language : Hindi department conducted Mono Acting Competition for the students in the month of July.

The prelims held on June 29th and finals on July 3rd in the AV Room. From each class three to four participants were selected for the final round.

The topic were as follows: • Save fuel • Traffic rules • Importance of water • Junk food • Save trees

Class	First prize	Second prize	Third prize
VII	Saptha S Pavoor	Vaishnavi K	Suhenaa Suma Darshan
VIII	Namritha Diya Lobo	Sparsha Malli	Tanvi Tyagi
IX	Sunidhi Hegde	Moulya Rai	Fariza Nuha Farooq

HINDI POETRY RECITATION COMPETITION

For the remarkable achievement of the students, competitions and extracurricular activities play a vital role. To develop Hindi language, Hindi Poetry Recitation Competition was held on 21th July 2018 class wise from 1 to 5.

Class	I A	II B	III A	IV B	V C
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INDEPENDENCE DAY COMPETITION

Class	First prize	Second prize	Third prize	Consolation prizes
Colouring of National Symbols				
I	Shinal Dechamma	Alton Nathan Fernandes	Minal Maxin	Tamanna Sudesh Kumar Tanvika Yaspal Kanchan Royston Wilson Karkada
Fancy Dress				
II	Shaurya S shetty	Dishita Shetty	Siri Rajaneesh Rao	Aryan Prashanth Shet Aadhya P Shetty Aaryan Adyanthaya
Patriotic Singing				
III	D.S Dhruv	Ania Deora Mascarenhas	Rovina Jacqueline Andrade	Evana Marianne DSouza Sanjana Anna D Silva Shubh H Aghera
Drawing				
IV	Kshiti G. Shetty	Aneek Aithal	Sherya Hegde	Ridhi Chowta Joanne Bennita Karkad Shreya Shanbhag
Patriotic Dance (Solo)				
V	Aditi J Acharya	Drishika N Shetty	Dhrithi S Shetty	Varshini K N Vamshitha Shetty Kashvi B

ELOCUTION COMPETITION OF KG 2 - "HEALTHY DIET" - 30.06.2018

Class	First prize	Second prize	Third prize	Consolation prizes
KG 2A	Pritika Singh	Bimba Amitabh	T.G. Lekhya	Muhammed Rayyan Janice Shalom Crasta
KG 2B	Ishal Eva Dsouza	Kavan Shetty	Heather Kelly Correa	Arunav Gogai Ethan Samuel Fernandes
KG 2C	Ashmit Mohanty	Pranamy P Kotian	Aryan Purvi Madhyastha	Kushal Khatri A Aditi Shenoy

RADIANT HUES - COLOURING COMPETITION - 21.07.2018

KG 1A	Mohammed Hussain P	Shaarvi Saralaya	Zara Taufik Bhadeliya	Geethika Shetty Saipari V. Neegle
KG 1B	Reyansh Bhavin Kamani	Gera Prashika	Joanna Anaya Kunder	G. Santhosh Reddy Nihali G.M
KG 1C	Juan Furtado	Pakshalika Naik	Gaman D. Kotian	Ghanika Sudheer Waj B.

RADIANT HUES - COLLAGE COMPETITION - 21.07.2018

KG 2A	T.G. Lekhya	Mohammed Rayyan	Chirag S	Bimba Amitabh Vaishnavi Prashant Sanil
KG 2B	Haleema Aleena Naushad	Twisha Puthran	Jinal Kumari	Amyl Viva Barboza Ishal Eva Dsouza
KG 2C	Princia Ann Crasta	Ashmit Mohanty	Pranamy P Kotian	Amogh Dinesha Kalieka D Nayak

PROJECT : VANDE MATARAM - EASTERN PATRIOTIC SINGING COMPETITION - 10.08.2018

KG 2A	Pritika Singh	Amora Michelle Vas	Sanvi Agarwal	Chirag S Daksh Deeshitan
KG 2B	Heather Kelly Correa	Ishal Eva Dsouza	Amyl Viva Barboza	Ethan Samuel Fernandes Anvith Rai
KG 2C	Pranamy P Kotian	Mariyama Ayra	Purvi Madhyastha	Adhruth M Prabhav P Bhagavath

FANCY DRESS COMPETITION WAS HELD ON 04.08.2018 FOR KG 1

Class	First prize	Second prize	Third prize	Consolation prizes
KG 1 A	Shaarvi Saralaya	Nihaan Alec Fernandes	Mokshan A Shetty	Sanaya Rajesh Saipari V. Neegle
KG 1 B	Chandan R Prabhu	Ryan Prakash D souza	Vihaanvi T R	Reya Dias Vaishnav P Jogi
KG 1 C	Juan Furtado	Purvi Kamath	Arya S	Ankush Kamath Gaman D Kotian

WINNERS OF DANCE COMPETITION WAS HELD ON 14.09.2018 FOR KG 2

Class	First prize	Second prize	Third prize
KG 2 A	Daksh Deeshitan	Chirag S	Pritika Singh
KG 2 B	Ishal Eva D'souza	Amyl Eva Barboza	Anvith Rai
KG 2 C	Pranamy P Kotian	Purvi Madhyastha	Nicole Genelia Miranda

WINNERS OF ELOCUTION COMPETITION WAS HELD ON 14.09.2018 FOR KG 1

Class	First prize	Second prize	Third prize	Consolation prizes
KG 1 A	Sanaya Rajesh Anchan	Edel zio eldaman	Nihaan Alec Fernandes	Serah Alex Shaarvi Saralaya
KG 1 B	Ryan Prakash D'souza	Joanna Anaya Kunder	Vihaanvi T.R.	Reya Katherine Dias Nihali G.M.
KG 1 C	Gaman D. Kotian	Johan Deepu Philip	Juan Furtado	Purvi Kamath Arya S.

WESTERN SINGING - HELD ON 05.10.2018 FOR KG 2 (PROJECT : COLOURS OF FESTIVALS)

Class	First prize	Second prize	Third prize	Consolation prizes
KG 2 A	Amora Michelle Vas	Pritika Singh	P Jenisha Mohammed Rayyan	Janice Shalom Crasta
KG 2 B	Heather Kelly Correa	Pranav Ajit	Rizeen Zainab Mohammed Zaid	Haleema Aleena Naushad
KG 2 C	Pranamy P Kotian	Mariyama Ayra	A Aditi Shenoy	Purvi Madhyastha Ashmit Mohanty

DANCE COMPETITION WAS HELD ON 06.10.2018 FOR KG 1

Class	First prize	Second prize	Third prize
KG 1 A	Shaarvi Saralaya	Nihaan Alec Fernandes	Sanaya Rajesh Anchan Mohammed Rayyan
KG 1 B	Joanna Anaya Kunder	Vihaanvi T R	Gera Prashika
KG 1 C	Purvi Kamath	Eshwari Sachin Shetty	Srinidhi Sampath Kini

THE 'COOKING WITHOUT FIRE' – SEWA GROUP PROJECT HELD ON 6TH OCTOBER 2018.

First prize – IX A	Second prize - IX B	Third prize - IX C
1. Abdul Aman	1. Salman Faras	1. Saif Sheikh
2. Adhnan A K	2. Kaushik K Kotian	2. M Srijith S Hegde
3. Aman Ebrahim Mohammed	3. Nessa Sian D'Mello	3. Chris Joshua D'lima
4. Ayush Shriyan	4. Tanisha D Jogi	4. Arman Mohammed Ayub
5. Sujan Connel D'Souza	5. Thashvi S Rai	5. Nathan George Thomas
6. Shaikh Mohammed Zayed	6. Zoya Fowaz Khathija	6. Imaad Abdullah Aslam
		7. Brett Dylan Sequeira

Here are the Winners of the Social Science Exhibition held on 27th October 2018.

Class	First prize	Second prize	Third prize
VI A	Sharol Priya Renjal	Samarth Tilakraj Bolar	Sushmith P
VI B	Shanthala G D	Marissa Elizabeth Jaison	Eashan D Anchan
VI C	Elishia Joan Baptist	Manasi Maxin	Sumodh Marian D'souza
VI D	Dhanush Shetty	Diya N. Yashodhar	Mevita Delia Rodrigues

VII A	Smayan Reeve D'souza	Samrudhi J. Rai	Shreeya Suvarna
VII B	Sourav Satish Joshi	Sherwin Darrel D'souza	A. Ashutosh Shenoy
VII C	Maria Samiksha	Advika Dayananda Shetty	Sowbhagya K Shetty
VIII A	Nehan Ahmed	Melissa Sylvia Lobo	Shravya R
VIII B	Koyal A Shetty	Manjunath Rai	Anshisha Melissa D'souza
VIII C	Nidhi Noronha	Moulya S Shetty	Poojith Kishan Rai
IX A	Azhan UI Rahiman	K. S. Vaishnavi	Mehal V K
IX B	Heba Bashir Ibrahim	Simran Maria Ignetto	Sunidhi S Hegde
IX C	Nathan George Thomas	Adrino Archie D Souza	Auryn Leon D' Costa
X A	Deon Dylan Fernandes	Drishya Devanand	Sanjna Mili Lobo
X B	Ananya N	Pramitha Valerie D'souza	Apurva Patil
X C	Frazel Blanca Fernandes	Lenisha Malaika Moras	Rolwin Dainal Pinto

LIBRARY AWARDS

Avid Reader Library Award		
Anthea D'souza VI A	Ananya Ravi VIII B	Rishal Divya Pinto VIII C
Megha M Roby VIII B	Nidhi A Kini VIII B	
Helping Patron Library Award		
Ruhan Darshak Trivedi VI B	Preeth B Vachhani VI B	
Book Donation Award		
Pragathi Rao – VII B – 109 Books	Onisha D'souza – VIII C – 34 Books	Parikshith Menal – VIII C – 31 Books
Shreya – VII C – 22 Books	Shaun Moraes – I C – 22 Books	Staff - Ms Sreelatha – Avid Reader

Class I - Story Telling Competition - 3.12.2018			
Class	First prize	Second prize	Third prize
Class I A	Aarna Pradeep	Mohammed Ayan Fowaz	Jacob Daniel Sequeira & Joanna Sara
Class I B	Rania Muktar	Minal Maxin	Chaitanya Dinesh
Class I C	Verina S Soans	Nathan John	Erina Muhsin & Angeline Shinoj
Class I D	B S Shinal Dechamma	Preethesh Loyal Crasta	Bhargav Rao & Sionah Rhea
Class II - Story Telling Competition – 4.12.2018			
Class II A	Thanvi G Shetty	Rithvi Darshan	Siri Rajaneesh Rao
Class II B	Tamanna Prabhu	Ananya S Pai	Shriya
Class II C	Monish Ravuri	Kshethra H Shetty	Sarah Adifaah
Class II D	Amogh Pinto	Rajveer Jagtap	Aadhya P Shetty
Class III - Story Telling Competition – 5.12.2018			
Class III A	Jamima Karkad	Payton Leon Monteiro	Veda Gaonkar
Class III B	Evana D'souza	Ania Mascarenhas	Jaydon Baptist
Class III C	Dhriti P Shetty	Eva Lobo	Shameek Prabhu
Class III D	Anika	Dharthi Girish	Dyuti Hamsini S M

Class IV - Book Mark Making Competition – 23.11.2018

Class IV A	Chalita Bhat	Lorraine D'souza	Gaargi Tailor
Class IV B	Teerth H Shetty	Maquin Rodrigues	Joanne Karkad
Class IV C	Shreya Shanbhag	Haleema Faiha Farooq	Deeya Alva
Class IV D	Mithra P H	Pareekshith U P	Angel Vea Barboza

Class V - Book Mark Making Competition – 23.11.2018

Class V A	Ravuri N Sanjana	Joshua Karkad	Dhanya U S
Class V B	Samaira D'souza	Thajunissa M	Kashvi B
Class V C	Nidhi S John	Shaivee R N	Bhuvi A R
Class V D	Daksha Karanth	Vamshitha Shetty	Chris Pinto

Class VI – Book Cover Designing - 24.11.2018

First Prize	Second Prize	Third Prize	Consolation Prize
Elishia J Baptist – VI C	Diya N Yashodhar - VI D	Sonia Lasrado - VI B	Jade Diva Lobo – VI A

Class VII - Poster Making Competition – 4.11.2018

Pragathi Rao – VII B	Ankita Pai – VII B	Raizel D'silva – VII B	Shreya Arbi - VII B
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Class VIII - Essay Writing Competition–28.11.2018

Rishal Divya Pinto – VIII C	Brinelle Fernandes – VIII B	Nidhi Noronha – VIII C	Megha Roby & Amritha D'souza VIII A
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Class IX & X - Book Review Competition– 04.12.2018

Ananya N – X B	Aradhana Bhat – X B	Daanah Sanam – IX C	Heba Bashir – IX B
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Class XI & XII – Quiz Competition - 05.12.2018

Nathan Kaul Tauro & Vibha Variar	Shreyas Pai & Shardul Joshi	Akarsh Rai & Shashank G Bhat	
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KANNADA MONO – ACTING COMPETITION

Kannada Mono–Acting Competition was held on 30th November 2018.

Class	First prize	Second prize	Third prize
VI	Diya N Yashodhar	Swasthishree	Drishti Devanand
VII	Shreya Arbi	Saptha Pavor	Sannidhi K Maria Samiksha
VIII	Aditya Aithal Namritha Diya Lobo	Manjunath Rai	Sparsha Malli

KANNADA SINGING COMPETITION

Class	First prize	Second prize	Third prize	Consolation prizes
III	D S Dhruv	Dyuthi Hamsini	Rovina Jocqueline	Shravan Dharmaraj Tanusha Malli
IV	Maquin Gregg	Shravan	Sanvi R S	Shreya Hegde Aditi Nayak
V	Riya Lobo	Immanuel Furtado	D Meghana Bhat	Rithika M Varshini K N

KONKANI SINGING COMPETITION

Class	First prize	Second prize	Third prize	Consolation prizes
VI	Chris Angelina D'Souza	Sonia Lasrado	Mevita Rodrigues & Rewa D'Costa	
VII Boys	Clive Rego	Keith Pinto	Sherwin D'Souza	Amith Colaco
VII Girls	Raizel Neva D'Silva	Gwayneth D'Souza	Caryl Coelho	Aidin D'Costa Olivia D'Souza
VIII Boys	Suwin D'Souza	Sheldon Lewis		
VIII Girls	Brinelle Fernandes	Prithika Pinto	Angel Sequeira & Philicia Crasta	Anshisha D'Souza Onisha D'Souza Lenisha D'Souza

HINDI ELOCUTION (I AND II) / ESSAY (III TO V) COMPETITION

Hindi Elocution / Essay competition was held on 19th January 2019.

Class	First prize	Second prize	Third prize	Consolation prizes
I	B S Shinal Dechamma	Angeline Shinoj	Suhani Singh	Aaron Deon D Souza Nathan Johan
II	Aishwarya K	Ronav John Rodrigues	Kanishka Ashoka	Ritu R Menon Ananya S Pai
III	Eva Lisa Lobo	Yusra Younus Shaikh	Lisha Janica D Souza	Nived Ragesh Mohammad Maahin
IV	Chalita C Bhat	Nainika Rajesh	Namith S K	Tia Salian Saanvi Bhandary
V	Bhuvi A R	Riya Lobo	Riva Valdar	Shreyas Yeswanth Kulal Aadarsh A K

ARTISTIC CALLIGRAPHY - COMPETITION OF KG - HELD ON 2ND FEBRUARY 2019

Class	First prize	Second prize	Third prize	Consolation prizes
KG 2A	Shashank M Naik	Sameeksha G	Amora Michelle Vas	Pranshi Bharath Suvarna Joanna Theresa Jaison
KG 2B	Rizeen Zainab	Dhyan P Shetty	Nita Sara S	Amoolya K R Twisha Puthran
KG 2C	Mohammed Ayaan	Ashmit Mohanty	Adhreeth M	Rida Aysha Rafeeq Aryan

HINDI CALLIGRAPHY - COMPETITION OF KG

Class	First prize	Second prize	Third prize	Consolation prizes
KG 2A	Sameeksha G	Prajan C Shetty	Abner Lobo	Pranshi Bharath Suvarna Bimba Amitabh
KG 2B	Twisha Puthran	Dhyan P Shetty	Nita Sara S	Ishal Eva D'souza Amoolya K R
KG 2C	Mohammed Ayaan	Vrudhi K Kottary	Dwani Athul Kumar	Adhreeth M Prabhav P Bhagavath



HINDI WRITING COMPETITION

Class	First prize	Second prize
VI A	Tanishka Dharmaraj	Sharol Priya Renjal
VI B	Prachi A	Prasham S Suvarna
VI C	Elishia Joan Baptist	Saanvi Shenoy S
VI D	Ved D Savjani	Diya N Yashodhar Shreeya P Poojary
VII A	Suman D Hegde	Krithi Acharya
VII B	A Ashutosh Shenoy	Steve Aaron D'Mello
VII C	Adin Rhian D'Costa	Shrishti R Shetty Tvisha Rai
VIII A	Nidhi K	Amritha S D'Souza Sparsha Malli
VIII B	Manjunath Rai	Anshisha Melissa D'Souza
VIII C	Rishal Divya Pinto	Nidhi Noronha Neha Singh
IX A	Nidhi Kishore	Srishti Jalan
IX B	Alden Savio D'cunha	Dhyey B Khokhani
IX C	Prakrithi Sharon Monteiro	Fariza Nuha Farooq

CHRISTMAS COMPETITION

In connection with the Christmas Day celebration following competitions were held for classes I to V.

Class	First prize	Second prize	Third prize	Consolation prizes
Christmas card making competition				
I	Aarna Pradeep	B.S Shinal Dechamma	Angeline Shinoj	Abdul Hamid Armaan Devansh Thakkar Aaron Deon D' Souza
Fancy Dress competition				
II	Aryan Prashanth Shet	Shriya	Shaurya S Shetty	Deeksha Mallya Nireekshith U.P
Carol Singing				
III	Ania Deora Mascarenhas	Evana Marianne D'souza	Jaydon Ezechiel Baptist	D.S.Dhruv Thea Joanne Lobo
Christmas Wreath Making				
IV	Pareekshith U.P	Samprit Sachin Khambadkone	Joanne Benita Karkad	Maquin Gregg Rodrigues Vaishnavi S.J Naik Chalita C.Bhat
Christmas Tree Decoration				
V	Jade House	Opal House	Amber House	Amber House V C

CHRISTMAS CARD MAKING COMPETITION OF KG I

Class	First prize	Second prize	Third prize	Consolation prizes
KG 1A	Abdul Rehan Rameez	Ritvik Rachan Salian	Nihaan Alec Fernandes	Avni Jaladi Pranavi Vinod
KG 1B	Reyansh Bhavin Kamani	Svanik Shromth Kamath	Rithvika Rajesh	Nihali G M Gera Prashika
KG 1C	Srinidhi Sampath Kini	Ansh P Rai	Juan Furtado	Gaman D Kotian Loukya C V

CHRISTMAS CARD MAKING COMPETITION OF KG II

Class	First prize	Second prize	Third prize	Consolation prizes
KG 2A	Amora Michelle Vas	Ahana Bhandary N	Aastha Abhishek Shetty	Sutirth Vishwanath Poojary P Jenisha
KG 2B	Ishal Eva Dsouza	Pranav Ajit	Arya Santhosh	Jiya Vijay Amyl Viva Barboza
KG 2C	Princia Ann Crasta	Nicole Genelia Miranda	Pranamyia P Kotian	Amogh Dinesh Vedanth S Sashihital

RESULTS OF LOURDES OLYMPIAD

Class	Ist Prize	II Prize	III Prize
I	Jacob Daniel Sequeira – I A	Ridhi N Shetty – I B	Keerthan G – I B
	Nathan John – I C		Shaun Liam Moraes – I C
			Nathan Ninan Mathew – I D
II	Nandana Acharya – II B	Aadhya P Shetty – II D	Mahenoor Fatima Dhandh – II C
		Aaryan Adyanthaya – II D	Rudra Rajeev – II C
III	Diganth P D – III A Jemima Beatrice Karkad – III A	Pradyun Shetty – III B	Anika Shetty – III D
IV	Shreya Shanbhag – IV C	Adithya Nishanth – IV B Siddarth G – IV B	Chalita C. Bhat – IV A Naman Acharya – IV B
V	Joshua Benedict Karkad – V A	Varshini K N – V B	Rithika M – V D Nidhi Sarah John – V C
VI	Saanvi Shenoy S – VI C	Riya Vinona Andrade – VI B	Prasham – VI B
		Eashan D. Anchan – VI B	Naonith K Rao – VI C
		Aanvi Ashith Shetty – VI B	
		T G Laasya - VI C	
	Elishia Joan Baptist – VI C		
VII	Pratham Rao – VII C	Vaishnavi K. – VII C	Sourav Satish Joshi – VII B
VIII	Nidhi Noronha – VIII C	Sparsha Malli – VIII A	Navaneeth Suresh – VIII C
		Manjunath Rai – VIII B	Parikshith Bhandary Menal – VIII C
			K. R. Prarthana – VIII B

IX	Adithya D' Silva – IX B	Nidhi Kishore – IX A	Alka Jasmine Sequeira – IX A
		Tanisha D. Jogi – IX B	Nikhil Samuel Eapen K - IX A
			Aaryan Ajith Dev – IX C
			Prakrithi Sharon Monteiro – IX C
X	Satyarth Singh - X A	Ankush Shenoy - X A	B. Bharath Hegde - X A
	Errol Calvin Lobo – X C	Varkey Mathew Attupuram - X C	
XI A	Niroopama	Dheeraj Kamath	Nidhi M
XI B	K Annapoorna Prabhu	Ninaad P S	Royston D' Souza
		Ujwal Kumar	
		Sankalp S Bhat	
XI C	Nilisha D Sa	Aarol Shawn Monteiro	Austin Johann Cunha
			Ekta Chittaranjan
XII A	Shreyas Vasudev Pai	N Pareekshith Achar	P J Subrahmanya Hande
XII B	Vignesh Ravichandra Rao	Suraj Samaga	Samarth M Bhat
		Neil Noronha	Akash S Revankar
			Chaithanya Shyam D
XII C	Sonal Casey Lasrado	Krithika	Vanshika Shetty
			Vishnudev M V

WINNERS OF SOCIAL AND SCIENCE ENRICHMENT ACTIVITY HELD ON 16-02-2019

Class	First prize	Second prize	Third prize
I A	Aarna Pradeep	Alvita	Pranav S Shetty
I B	Darshit S Nairy	Chaitanya Dinesh	Keerthan G
IC	Damien Ansten Pinto	Lekhaj S	Angeline Shinoj
ID	Taashvi Sunil Puthran	Preethesh Loyal Crasta	Nathan Ninan Mathew
II A	Ezaan Ahmed Pothiwala	Avni Rao	Shubham Santhosh Amin
II B	Dishita shetty	Kiyaan S Nairy	Tamanna Prabhu
II C	Tara Bhandary	Mahalakshmi B	Ritu R Menon
II D	Sanjana M Hande	Aishwarya K	V Pratham Kamath
III A	Arham Jain	Pranjal B	Daiwik Bhandary
III B	Aarush S Kotian	Avni Bhandary Minal	Janvi Reejesh
III C	Lisha Janica D souza	Mahima Jia Kariappa	Yusra Younus Shaikh
III D	Mohammed Maahin	Hadriel Sushanth J	Athish S Shetty
IV A	Aaron Loy D cunha	Ayesha Ahmed	Tanmay Rao
IV B	Shourya Sudhir Shetty	Havish H Rai	Joanne Benita Karkad
IV C	Namith S K	Manav M Mallya	Agneya Rai
IV D	Pranav P Bhagavath	Reinol Fernandes	Samruddhi
V A	Unnathi R	Joshua Karkad	Samuel M Attapuram
V B	Ritvik K	Aishna Kushwah	M. Nandan Bhandary

V C	Shubham Das	Dion Clive Rodrigues	Riva Valdar
V D	Ankith Shivshanker Bagade	Deepthi Chittaranjan	Ahmed Rilwan

INTER-SCHOOL COMPETITIONS

The following students won awards at the conference held by Indian International Model United Nations held in Sharada Residential School, Udupi.

Shreyas Pai of XII A	Best Delegate UN Security Council
Zareen Rahman Kareem of XI B	Best Delegate UN Environment Programme
Anshula Pramod Ullal of XIA	Special Mention UN Women
Yatin Satish of XII A	Verbal Mention Lok Sabha
Vanshika Shetty of XIIC	Verbal Mention Lok Sabha
Muhammed Khaleel of XI C	Special Mention UN Environment programme

ACHIEVERS OF CLASS XI & XII

PES University conducted 'Conquistador 2018' on 12th July 2018. The winners are :

Second Prize	Shreyas Vasudev Pai of XII A and Shardul Rahul Joshi of XII B
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Science Quiz " Technospark -18 " a National Level Science Talent Hunt was held at Shree Devi Institute of Technology on 31th July 2018.

First Prize	Shreyas Vasudev Pai of XII A, Yatin Satish of XII A & Shardul Rahul Joshi of XII B
Second Prize	Akash S Revankar of XII B, Suraj Sarvesha Samaga of XII B & Samarth M Bhat of XII B

St Aloysius College conducted an Intercollegiate Mathematics Fest for PU students on 1st August 2018.

First Prize	Shreyas Vasudev Pai of XII A and Suraj Sarvesha Samaga of XII B in Quiz.
	Shravan Singh Mehra of XII A in Mathventure.
	Ayush G Rai of XII B in Mathprix.
	Ankush Moger of XII B in Mathlantic City.
	Samarth M Bhat of XII B in e ^x .
The school won the Overall Championship Trophy	

AICS Cultural Competition conducted by Canara High School, CBSE on 31st July 2018

Junior Category:	
Group Dance – II Place	Nada Nrithya, Gowthami S, Prajna K P, Maria Samiksha, Diya N Yashodhar, Shreya Arbi
Rock 'N' Roll – Group Singing – II Place	Leanne Preetal Aquinas, Prithika Frith Pinto, Reola Steffi Mendonca, Ashton Nishan Fernandes
Mono-Act – Solo – II Place	Sheldon Floyd Lewis

Origami – Solo	Pratham Rao – Participation Certificate
Phool Milan – Solo	Nawreen Sheikh – Participation Certificate
The school bagged the Overall Trophy in Junior Category in Dakshina Kannada & Udupi Districts.	

The Indian International Model United Nations chapter Udupi 2017-18 was held in Mangalore.

Shreyas Pai of XII A has been awarded Special Mention UNSC.
Zareen Rahman of XI B has been awarded High Commendation in UNEP.
Vaishnavi Suresh has been awarded Special Mention in Lok Sabha.

Milagres PU College conducted a National Level Inter Collegiate Competition on 18th August 2018.

Krithika Kishore of XII C won second prize in Product Advertising.
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Winners of Science Exhibition

Class	First prize	Second prize	Third prize
VI A	Ayoush Kumar Shenoy	Aman Shazi	Porta Goretti Furtado
VI B	Neil Lloyd Fernandes	Izza Yoanus	Ezran Rihanna Mugandu
VI C	Mansi Maxim	Elishia John Baptist	Sarah Nazir Moideen
VI D	Diya N Yashodar	E Kezia Evangalin	Ummar Sheehan
VII A	Ridhi C Shetty	Hansel Sujan Amanna	Samarth Manipur
VII B	Vinuth Malpe Bhat	Raizel Neeva D'silva	Nishel Emily Antony
VII C	Reon Velrick Rodrigues	Adin Rhian D'costa	Vaishnavi K
VIII A	Amrita Seona D'souza	Abhinav R Rao	Sparsha Malli
VIII B	Anika Bharathraj	Vivan D'souza	P isiri rao
VIII C	Arnav Vijeth Onisha Richelle D'souza	Adithya Aithal	Angelina Mary Thomas
IX C	Sreejith and Aryan (2 in 1 robot Bluetooth)	X A - Kritharth and Jehan (tesla coil)	X C - Clive and Ashlin (thermocoal cutter)
IX B, C	Sohan and Nathan (force e.c)		IX - Adithya D'silva and Saif (2 in 1 robot wifi)

'Tirangaa 2018' was held at Manipal School, Attavar and the winners are.

Pom Pom Hockey	KG II A	Pritika Singh	IIInd place
Wordzazzle	II B	Nandana Achary	IIInd place
Expressions	VIII C	Nidhi Noronha	IIInd place
Funny bones	XI B	Pranav Kumar	Ist place

Raponomics – Ist Prize	Reola Stefi Mendonca VIII A, Prithika Frith Pinto VIII B, Tanvi Tyagi VIII C, Shlok Rai VII A, Vedh Shetty VI C.
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LCS bagged the prestigious PRE-UNIQUE 2018 Championship

Congratulations to the winners of PRE-UNIQUE 2018 held in St Aloysius College, Mangalore on 9th and 10th of November.

First Prize	
Infinite Quotient (Quiz)	Shreyas Vasudev Pai and Yatin Satish of XII A
Tycoon (Hard Sell)	Nathan Karl Tauro , Yatin Satish of XII A and Ishaan Bhat of XII B.
Code it (Computer C++)	Shravan Singh Mehra and Kailashnath N C of XII B
Triple Transmission (Pictionary, Dumb Charades and Taboo)	Lakshith Srisrimal, Vanshika Shetty and Sonal Lasrado of XII C
Second Prize	
GOG (Gift of Gab- Just a minute)	Shreyas Vasudev Pai of XII A
Auto Correct (Spell Bee)	Aman Bhargava of XII B
Feel the Rush (Band)	Aman Bhargava, Joshua Alex Sequeira, Yatin Satish, Ajin Sings Samuel, Parvathy Menon, Kate Pereira, Chris Ezden Moras, Anshuman Bhargava and Eva Jessica D'souza.
Third Prize	
Mimesis (Mock Press)	Yatin Satish of XII A

Natravati Express – General Quiz for College students conducted by District Tourism Development Committee, Dakshina Kannada.

Shreyas Vasudev Pai & Shardul Joshi	2nd Runner up
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“COGNITIVE 2019” was held at LHC-C Seminar Hall, NITK, Surathkal on 20th January 2019.

Shreyas Pai, Darshan, Ayush Rai, Neil, Mayur K Suvarna, Shardul Joshi, Varun, Rydge Ralph, Yatin, Aditya Ballal

WINNERS OF HEERA INTERNATIONAL SCHOOL – LUMIERE 2018

Secured the Second Place in Curtain Raiser (Theatre) Senior Category held on 28th November 2018 at Heera International School.

Nidhi Kishore	Rion Jayden Valdar	B Hiya Hegde
Shaikh Mohammed Zayed	Adora Daria Mascarenhas	Fariza Nuha Rarooq
Prakrithi Sharon Monteiro	Ninaad Shansit Flavian Lobo	M Srijith S Hegde
Sunidhi S Hegde		

Sub Junior Category	Drawing Competition	III Place	Pritika Singh – UKG
Junior 1 Category	Bhakti Sudha – (Bhajan)	II Place	1. D S Dhruv - Class III 2. Yashica Pradeep Rao - Class III 3. Shravan Dharmaraj - Class III 4. Bhoomika S Anchan - Class III 5. Manasvi V Salian - Class II 6. Nived Ragesh - Class III

Junior 2 Category	Super Sparklers – (Fusion Dance)	II Place	1. Soudhriti Dinesh - Class V 2. Drishika N Shetty - Class V 3. Ridhi Chowta - Class IV 4. Dhriti S Shetty - Class V 5. Aditi J Acharya - Class V 6. Vamshitha Shetty - Class V
	Magic with Spectrum – (Spot Painting)	I Place	Varshini K N – Class V
	Mad Ad Show (Advertisement)	II Place	1. Jade Diva Lobo - Class VI 2. Diya N Yashodhar - Class VI 3. Samiksha G Rao - Class VI 4. Rimsha Khadeeja - Class VI 5. G Samrudh Pai - Class VI 6. Ved Devang Savjani - Class VI
Senior Category	Spin your Tale – (Framing and Writing the story)	II Place	Nidhi Noronha
	Giggle Box – (Comedy Show)	III Place	Sheldon Lewis – Class VIII
	Curtain Raiser – (Theatre)	II Place	1. Hiya Hegde – Class IX 2. Fariza Nuha Farooq – Class IX 3. Sunidhi S Hegde – Class IX 4. Ninaad S Lobo – Class IX 5. Rion J Valdar – Class IX 6. Shaikh Mohd Zayed – Class IX 7. Srijith Hegde – Class IX 8. Prakrithi S Monteiro – Class IX 9. Nidhi Kishore – Class IX 10. Adora Mascarenhas – Class IX

Rahul Prabhu of Class X C secured the Third Place in Essay Writing Competition organised by Vikas Pre-University College for Classes IX and X at Besant English Medium School on 11th December 2018 on the topic “Glorious Bharath.”

**MMCA – GITANJALI
MMCA PRIZE WINNERS**

Amora Michelle Vas	Heatherkelly Correa	Pranamya P Kotian
Ethan Samuel Fernandes	Daksh Deeshitan	Chirag S
Nicole Genelia Miranda	Dwani Athul Kumar	Eshal Viva Dsouza
Pritika Singh	Mariyama Ayra	Purvi Madhyastha
Emyl Viva Barboza		

FOLK DANCE GROUP :- Ishal Eva Dsouza, Amyl Viva Barboza, Pritika Singh, Aastha Abhishek Shetty,
1ST PLACE Pranamya P Kotian, Purvi Madhyastha

WESTERN SOLO :- Amora Michelle Vas -1st Prize, Pranamya P Kotian – 3rd Prize

FANCY DRESS SOLO :- Pranamya P Kotian and Dwani Tul Kumar - 3rd Prize

EASTERN SINGING SOLO :- Mariyama Ayra – 1st Prize, Pritika Singh - 2sd Prize

DANCE SOLO :- Nicole Genelia Miranda - 1st Prize, Daksh Deeshithan and
Ishal Eva Dsouza – 2nd Prize
Amyl Viva Barboza - 3rd Prize

Western Group - Consolation - Amora Michelle Vas, Heather Kelly Correa, Mariyama Ayra, Pranamyia P Kotian, Ishal Eva Dsouza, Amyl Viva Barboza.

I to III Lower primary

Name	Event	Prize
Shristi	Flower Arrangement	First
Jemima Karkad	Essay	
Eva Lisa Lobo	Dance Solo	
Payton Monteiro	Science model	
Diganath P.D	Quiz	
Ania Mascarenhas & group, Anika Shetty, Niah Sanghvi, Dharthi Girish, Sanjana Anna D souza, Erica Fernandes	Western group	Encouraging
Ishika Amin & group, Akanksha Shettigar, Athish S Shetty, Aashutosh Shastri, Purnesh Poojari, Sreerang S	Fancy Dress	Encouraging
Aman Karkada, Janvi Reejesh	Drawing	Second
Prajual B	Handwriting Kannada	Second
Seanna Aranha	Fancy Dress Solo	Second
Jemima Karkad	Elocution	Second
A.B. Cherryll	Handwriting English	Second
Diganth P.D	Drawing	Third
Jemima B. Karkad	Handwriting English	Third
Sannidhi shetty	Fancy Dress Solo	Third
Niah V. Sanghvi, Dharthi Girish	Western Solo	Third
Nived Rajesh	Eastern Solo	Third
Akansha Shettigar	Flower Arrangement	Third
Rovina Andrade	Eastern Solo, Elocution, Drawing	Second, Third
Athish S.Shetty	Fancy Dress Solo	First

Primary

Name	Event	Prize
Varshini K.N	Elocution, Quiz, Fancy Dress, Flower Arrangement	First
	Science Model, Dance Solo	Third
Varshini K.N & group, Drishika Shetty, Soudriti Dinesh, Amoura Pinto, Amanda Coelho	Fancy Dress & group	Encouraging
Nidhi Sarah John	Western Solo	First
Soudhriti D	Vegetable Carving, Musical Instrument	First
	Flower Arrangement	Third
Adline Lobo	Handwriting	First
Bhuvi A.R	Drawing	First
	Handwriting (k)	Third
Varshini K.N & group, Amora Pinto, Soudrithi Dinesh, Amanda Coelho, Drishika N. Shetty	Dance group	Second
Chalita C. Bhat, Joanne Karkad	Handwriting (E)	Second
Joanne Karkad	Veg Carving	Second
	Elocution, Quiz	Third
Esther Fernandes	Elocution	Third

Higher Primary

Name	Event	Prize
Chris Angelina DSouza	Drawing	First
Tiara Aranha, Sameeksha Rao, Ambalika Rathore, Jade Diva Lobo, Portia Furtado	Western group	Third
Tiara Aranha	Handwriting Eng.	Third

High School

Name	Event	Prize
Erika Menezes, Prakrithi Monteiro	Western Solo	Second
Nidhi Noronha	Elocution	Third
Clen Rego	Western Solo	Third

XI – XII- Pre Degree

Name	Event	Prize
Parvathy Menon	Western Solo	First
Vanshika Shetty	Elocution	First
Parvathy Menon & Group, Eva Jessica D'souza, Kate Periera, Joshua Sequiera	Western group	Second

MILAGRES MILAN

On the 20th of January, 2019, Milagres School, Mangalore, organised Milagres Milan, an annual event with literary and cultural competitions in which our students from classes IV to IX participated.

In the juniors' drawing competition, Varshini of class V won the first prize and Vaishnavi K. of class VII won the second. In the senior category, Janice D'Souza of class VIII won the second prize and Crisel Cutinho of class IX won the third.

In the juniors' rangoli competition, a team event, Suhenaa Sumadarshan and Pragathi Rao Baneri of class VII won the second prize. In the senior category, Mitali Bhandary and Riya Sarita D'Souza of class IX won the second prize.

In the seniors' clay modelling competition, Tanisha Jogi of class IX won the second prize.

In the variety competition, an event which was a combination of drama, music, dance, and singing, our junior team secured the second place. The team members are Soudhriti, Drishika, Adithi, Vamshitha, and Dhriti of class V, and Saptha of class VI.

The senior team won the first prize in the variety competition. The team members are Sheldon, Hafeez, and Aniruddh of class VIII, and Fariza, Ninad, Sneha, Adora, Prakriti, Mahika, Srishti, Joanna, and Erika of class IX.

The senior and junior variety team jointly received the Best Event Award for their marvellous performances, and the entire LCS team won the overall championship.

VIDYARTHI VIGYAN MANTAHN

Vidyarthi Vigyan Mantahn 2018-19 had organised an online talent hunt programme in which eight students from our school have been selected for participation in the state level camp.

Adarsh V Shriyan – VI, Adithya Shyam D – VII, Nidhi Noronha – VIII, Vijesh Ramachandra Bhat and

Prajesh K – X, Shaun Saji Francis, Nischal R Bhat and Kalyandeep Ghosh - XI

Ameena Zuha of Class X A and **Brinelle Fernandes** of Class VIII B were awarded a consolation prize of ₹ 5000 each in 'SAKSHAM NATIONAL COMPETITION 2018' conducted by Petroleum Conservation Research Association.

Magazine Cover page was Designed by Pranav Kumar XI.

The above competitions were won by our students with the unflinching support of the Principal Rev. Fr Robert D'Souza and Vice Principal Ms Belita Mascarenhas.

CONGRATULATIONS WINNERS!!!

Awards, Accolades and Recognition

ENGLISH ELOCUTION



Class I



Class II



Class III



Class IV



Class V



Class VI



Class VII



Class VIII



Class IX



Class X



Winners of Science Quiz "Technospark -18" a National Level Science Talent Hunt was held at Shree Devi Institute of Technology on 31th July 2018.



Winners of AICS Cultural Competition conducted by Canara High School, CBSE on 31st July 2018
Our school bagged the Overall Trophy in Junior Category in Dakshina Kannada & Udupi Districts.



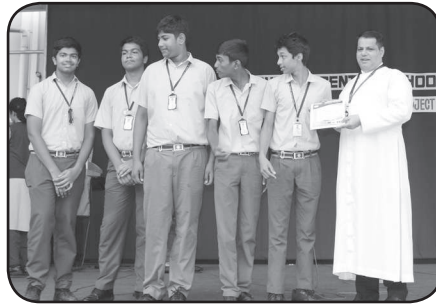
Winner of Vicennial Logo



Winners of WIZ State Level Spell Bee



Winners of 'Cooking Without Fire' – Class IX



Winners of 'Cooking Without Fire' – Class X

IIMUN UDUPI 2018

On June 30th and July 1st, 20 students of our School from class IX to XII took part in the Indian International Model United Nations held in Sharada Residential School, Udupi. Over the course of the weekend, the students were engaged in debate and discussion over global and national issues in select committees; namely, the United Nations Security Council discussing 'Partially recognised territories with special reference to Somaliland', the Lok Sabha Committee deliberating upon 'The Question of LGBT Rights in India with emphasis on the amendment to the Section 377', the United Nations Women Committee scrutinising '2030 Agenda with special reference to the strategic plan 2018-2021' and the United Nations Environment Programme.



The students were exposed to the intricacies of diplomatic relations and the general workings of the world's largest forum of international cooperation, the United Nations. IIMUN gave them a platform to cultivate and showcase various skills ranging from the social to the oratory. With experienced chairpersons, including Aman Bhargava (of class XII), students were led smoothly through extremely complicated themes. Our School is proud to have gathered several accolades, including two Best Delegates, two Special Mentions and two Verbal Mentions.

Winners of Independence day competition



'Tirangaa 2018'



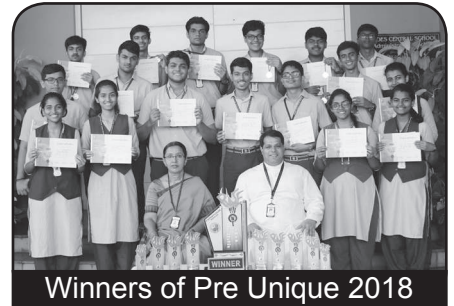
Class I & III



Class IV & V

Winners of Christmas Day Competitions





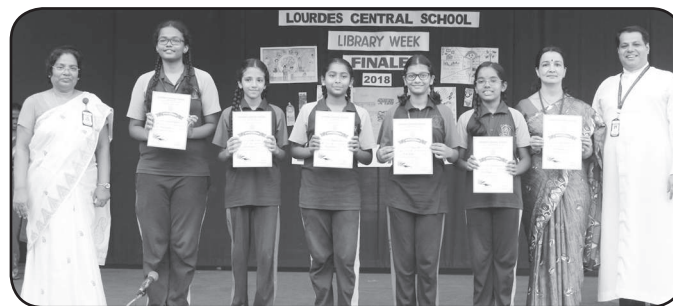
Winners of Pre Unique 2018
Championship

Winners of Hindi Competitions



Winners of Subject Enrichment Activity

Winners of various competitions held during the Library Week





Winners of Pana Education
Inter-School District Level Quiz
Competition



Winners of the Singing Competition



Winners of Harsha Independence
Day Competition conducted by
Harsha on 07.08.2018.



Winners of one-day cultural, literary and
technical fest 'Carmel Ingenium' organised
by Mount Carmel Central School in
Association with Radio Mirchi 98.3 FM.



Winners of Lourdes Olympiad



Winners of 2nd Mangalore Talent Search
Contest - 2019



Winners of Vidyarthi Vigyan Manthan



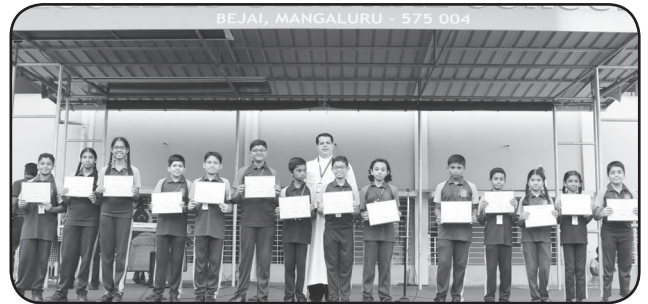
Winners of International Space Science Essay Competition – 2019.



Winners of 'Milagres Milan 2019', an Inter-School Competition held at Milagres CBSE School on 19th January 2019.



Winners of 'Lumiere 2018', held at Heera International School on 28th November 2018.



Winners of CFAL



Winners of Mangalore Talent Search Examination organised by Abhyaas Academy.



KINDERGARTENERS



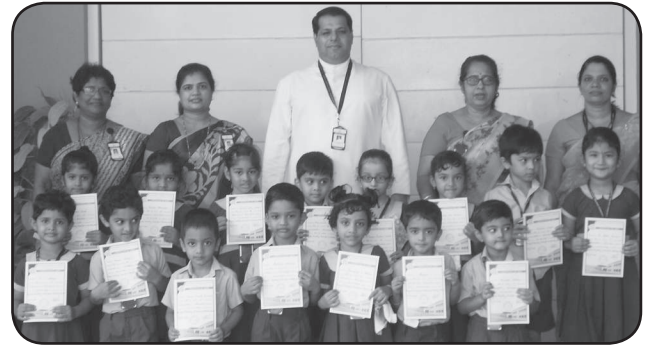
Winners of Patriotic Singing



Winners of Fancy Dress



Winners of Elocution Competition



Winners of Healthy Diet



Winners of Dance and Singing Competition



Winners of Hindi & English Calligraphy



Winners of Christmas Competitions

STAFF ENRICHMENT PROGRAMME

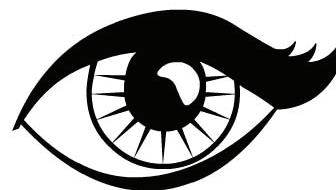
Date	Venue	Name	Topic
25.05.2018	Lourdes Central School	Ms Belita Mascarenhas Vice Principal - LCS	Briefing of School Calendar
		Ms Anita Thomas Mr Henry Mascarenhas	School Discipline
26.05.2018		Ms Shilpa	Pupilpod Training
		Rev Fr Pius D'Souza	Spirituality in Education
28.05.2018 & 29.06.2018		Mr Joji Paul Principal, BenchMark International School, Tirur Mr Lathish R Principal, A L G Crescent School Madakeri, Kodagu	CBSE Capacity Building Programme on Classroom Management
15.06.2018 & 16.06.2018	NITK English Medium School, Surathkal	Ms Gretta Menezes Ms Sowmya	Capacity Building Programme on Inclusive Education conducted by CBSE
20.06.2018	Vidyodaya School, Udupi	Rev Fr Robert D'Souza Principal - LCS	AICS Principals Meet
23.06.2018	Bhuvanajyothi Residential School, Shirhady	Ms Threveni	P E Training
17.07.2018 & 18.07.2018	AIMPT-Kotekar	Rev Fr Robert D'Souza Principal - LCS	AICS Principals' Conference
25.07.2018	Hotel Srinivas, Mangaluru	Mr Rathnakar Ms Lolita Mascarenhas Ms Noeleen Pais	Kannada Workshop
26.07.2018	Scouts Bhavan -Lalbagh	Ms Threveni	Association Meeting
30.07.2018	CBE-Mangaluru	Rev Fr Robert D'Souza Principal - LCS	Meeting
31.07.2018	Bangalore	Mr Henry Mascarenhas	Workshop on ISA Action Plan
12.09.2018	S R Public School, Hebri	Rev Fr Robert D'Souza Principal - LCS	AICS Principals' Conference
14.09.2018 & 15.09.2018	St. Agnes CBSE School	Ms Harshitha Shetty Ms Deepika Fernandes	Workshop on Inclusive Education
26-09-2018	Karnataka Konkani Sahithya Academy	Mr Ivan Mascarenhas	Konkani Seminar
29-09-2018	Hotel Goldfinch, Mangaluru	Ms Lydia D'Souza Ms Jasmine Shinoj	Seminar on "Guardian of Hearts" by the team of doctors from KMC Hospital.
13-10-2018	St Mary's English Medium School, Udupi	Ms Veerendra Alva Ms Roshini Jose Ms Veerendra Alva Ms Roshini Jose	Capacity Building Programme in Health and Physical Education

26-10-2018	St Theresa School Bendoor	Ms Grace Roche Ms Meghana Saldanha	Workshop /Project Children Against Child Abuse
27-10-2018	St Aloysius Gonzaga School	Ms Seema Madtha Ms Seema Lobo Ms Metilda Pinto	Gender Sensitivity – CBSE Seminar
30-10-2018	Bangalore	Ms Harshitha Shetty	ISA Mid Year review session
10-11-2018	Canara CBSE School	Ms Sharmila Colaco Ms Sreelatha	Workshop on Health and Physical Education
05-12-2018 & 06-12-2018	NITK , Suratkal	Ms Shamitha Machado	National Conference for Principals' of CBSE
07-12-2018	Mangala Stadium	Ms Treveni	Master Athletic Meet
20-12-2018	Bhuvanajyothi Residential School	Mr Vishwanath Devadiga	Physical Education Workshop
25-1-2019	Dr MRSM School, Thokur	Rev. Fr Robert D'Souza (Principal)	Sahodaya Meeting
08-02-2019 & 09-02-2019	Bhuvana Jyothi Residential School, Shirthady	Ms Jayashree Ms Shamitha Machado	CBSE – Mathematics workshop
11-02-2019	Sharada Vidyaniketan School, Talapady	Ms Vidhya Joseph, Ms Dilla Colaco Ms Deepa D'Souza, Ms Shaila Pereira, Ms Linet D'Souza, Ms Harshitha Shetty, Ms Gowri, Ms Sreelatha, Ms Jayashree	Evaluation Workshop - AISSE / AISSCE

Date	Venue	Name	Topic	Prizes
30.06.2018	Dr MRSM School, Thokur	Ms Dilla Colaco Ms Meghana	AICS Literary Competition	
12.07.2018	Town Hall	Mr Girish	Quiz competition conducted by PES University, Bangalore	
24.07.2018	Nehru Maidan		Independence Day Cup Tournament	
28.07.2018	Prestige International School	Mr Vishwanath	Shuttle Badminton Tournament	Runners -up
31.07.2018	Canara CBSE, Mangaluru	Ms Vidhya Joseph, Ms Nandini, Mr Ivan Mascarenhas	Canara Decennial Carnival -AICS	Nada Nrithya (Group dance) – II Place Roll 'N' Roll – Western Group Song - II Place Mono-Act (Solo) II Place
01.08.2018	Aloysius college	Ms Roshini Jose	Inter collegiate mathematics fest	Quiz – I Place Math venture – I Place Mathprix- I Place e ^x – I Place, Overall championship trophy

04.08.2018	SDM English Medium School	Ms Anita Pinto	AICS Senior Badminton Tournament	
10.08.2018	Sharada Vidyalaya, Mangaluru	Ms Nandini	Sharada Mahotsava - Competitions	Classical dance(Solo) – III Place
18.08.2018	Milagris College	Ms Bindiya	Navarang 2018 - Competitions	Advertising of product - II Place
24.08.2018	St Agnes Pre-University College	Ms Shaila Pereira Ms Nandini	Agnathon ,An Inter -School Competition	Press Champ (Mock – Press) – II Place Splash (T- Shirt designing) –II Place
25.08.2018	Manipal School	Ms Bindhya Ms Lynette Pereira	Tiranga-2018	II Place in Pom Pom Hockey, Word Puzzle, Expressions, I Place in Funny Bones and Raponomics
03-11-2018	Vidhyaniketan School, Kaup	Ms Chandini	Computer Quiz	
09-11-2018 & 10-11-2018	St Aloysius College	Ms Roshini Jose	Pre-Unique Fest	First place in Infinite Quotient Quiz Third place in Mimesis (Mock press) First place in Tycoon (Hard sell) First place in Code it (Computer C++) First place in Triple Transmission (Pictionary, Dumb Charades&Taboo) Second place in GOG Second place in Auto Correct (Spell Bee) Second place in Feel the Rush (Band)
17-11-2018	Mount Carmel School	Mr Veerendra Alva Ms Anita Pinto	AICS Basketball Tournament	First place in Under 17 girls category
24-11-2018	Yenopoya School	Ms Chandini	IT Quiz	
30-12-2018	Town Hall	Ms Roshini Jose	Nethravathi Express – General Quiz	Third Prize
19-01-2019	Milagres CBSE School	Ms Meghana	Milagres Milan	First place in Junior Drawing, First & second place in Senior drawing Second place in Senior Rangoli, Second place in Clay Modeling, First & Second in Variety Overall Championship Best Event Award

VIBES 'N' VIEWS



I am much pleased at the achievement of the Lourdes Central School, year after year it is giving great heights, the performance of the students is commendable. The teachers' inspiration and encouragement has bought towards to the school. I rejoice with you all, I pray for Gods abundant blessings upon you all Management, Principal, Staff and Students. May our Lady of Lourdes protect you.

Most Rev. Aloysius Paul D'Souza
Bishop of Mangalore.

I felt very happy addressing the 10th grade students. They are a highly motivated lot. I wish the school the very best. Thank you.

Dr Shalini Hiyappa

I felt very happy to be amidst the 9th students today. They were so energetic with so much positively. I hope I have been able to persuade them to continue on the right path.

Thank you once again.

Dr Ann Thomas

It was a great pleasure to be a part of this programme. It was so nice to see the children enjoy the presentation which was so interactive. Children were full of energy to answer all the questions. Very well prepared presentation.

Thank you once again.

Yogita Thakkar

I am very happy to be a part of such an educative session. The issue of global warming was actively discussed by the students.

Thank you.

Benjto Jerrao

7.11.2018

Having had a lovely time speaking to the children of class V to VI. I am overwhelmed with joy. Pleasure was to speak about music and musical instruments which is my passion.

Thanks & Best regards,

With heartfelt gratitude.

Oscar Weltha

9.11.2018

It's a great privilege to be present here as a guest in Annual Sports Day 2018. I am happy and glad to see all kids with joy and smile with their medals and certificates. Smile on the faces of the kids make us strong and enthusiastic. Thank you father Principal and Management for giving me an opportunity to be a part of Sports Day function.

Regards,

Sukanya Acharya

Republic Day Celebration

Beautifully conducted well organized event. It was full of energy and life. The performance of the students was really wonderful. The environment and the surroundings are giving feel of me too as student only.

I wish that one day a student from this school should bring proceed moments that for through Armed forces, which will be feather to the cap.

My best wishes and love to all teacher's and student's for future.

Regards,

Lt. Col. A. P. Singh

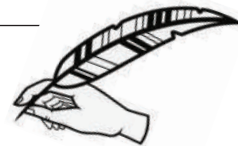
Feast of our Lady of Lourdes and Vicennial Year Finale

God bless Lourdes Central School, the Manager, the Principal, the Staff, the auxiliary staff and students may it grow to greater heights and may the students remember their Alma Mater with great love and gratitude. I wish all the best to everyone who studies and works here.

Most Rev Dr Peter Paul Saldanha

Bishop of Mangalore.

JUDGES FEEDBACK



English Elocution Competition - 22.6.2018

I extend my special thanks for giving me an opportunity to be one of the judges for this elocution competition. All the kids presented very well with confidence and had excellent speaking skills. Very difficult to judge as everyone were good.

Thanking you

Adhirai N

We extend our special thanks for giving us an opportunity to be a part of the elocution. Judging was quite difficult as the children our very well prepared and very confident. A very wonderful opportunity for kids to build up these confidences.

Thanking you

Pooja Sanghvi

I thank the school for giving me this opportunity of being part of this wonderful experience. I congratulate the teachers for training the participants with excellence. And I wish both the teachers and the students with oodles of joy and success. Thank you

Meghana Saldanha

All the little ones who participated have excellent speaking skills, were poised and exhibited great confidence. I thank the Management for giving me an opportunity to be a part of this competition. I congratulate all the teachers who had trained them. Thank you

Della Colaco

Hindi Elocution Competition - 21.7.2018

Dear Principal, Vice Principal Madam,

I am extremely happy and honoured to have come here and become part of this wonderful competition. All the students performed extremely well. The arrangement was good. The students were well disciplined and the teachers have taken very good efforts to bring confidence among the children.

Children open up by having such competitions and they get good confidence.

Sunita Srisrimal

It was my pleasure to be part of this wonderful event. I would like to thank Principal and Vice Principal madam for giving me this opportunity to be part of it. All the children performed very well. I would like to congratulate each one of them and even the teachers for this wonderful efforts. Thank you.

Kapila Khatri

I am very happy to be the part of competition as judge. It was very difficult to decide the winner because all children are so good. Thank you so much for giving me the chance to judge the competition. Thank you so much.

Priya Agarwal

Fancy Dress Competition - 7.8.2018

The programme was organised well. I was very happy to be a part of today's fancy dress competition as a judge. It was a wonderful experience. Thank you.

Beena K. V.

Singing Competition – 10.8.2018

It was my pleasure to be a part of this event. I would like to thank to Vice Principal Madam to giving this opportunity. I really enjoyed the singing competition. It was a wonderful experience. Once again thanks to all of you.

Manju Kushwah

5.10.2018

I felt very happy to be a part of this event. It was very good. Liked to see kid sing. I enjoyed the competition. It was a great pleasure to be a part of this programme. I enjoyed seeing kids dancing. Children were full of energy. Thank you

Jean Lobo

GOD'S CREATIONS

A crow once thought, he was black and ugly. He expressed the same to the swan, who was white and elegant. The swan replied that he thought the parrot is happier because of his two lovely colours green and red. When asked, the parrot thought the peacock must be the happiest, since he had beautiful multiple colours. When they spoke to the peacock, the peacock said, the crow was the luckiest of them all, as the crow is never trapped in a cage or zoo and is free to fly wherever he wants.

This story shows that all of us were born with a purpose and should be content with God's creation.



Ridhi Shetty
I D

STUDENTS ARE OUR FUTURE

Students are the future of our country and our future depends on the moral values given to them during their student life. Children observe their parents, teachers and repeat what they deserve and this behaviour becomes a habit over the period of time. So, it is very important for us to lead by example, so that children grow up to be good human beings and responsible citizens.



Swara Rao K
I A

THE FIRST DAY OF MY SCHOOL

I was happy on the first day of my school but was feeling nervous too. First we had prayer and then we read the diary instructions. I brought pooris for the first break and for the second break I brought noodles. I had worn my new school uniform. We went to play carrom in the games period. My father had come to drop me and my mother came to pick me. I will never forget the first day of my school.



Aakarsh Pandey
II B

APPRECIATING GOOD IN OTHERS

All things bright and beautiful
All creatures great and small
All things wise and wonderful
The good God made them all.

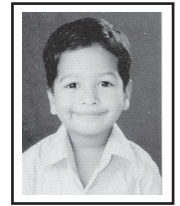
Every creature in this world is made up of unique components. We come across different people with unique qualities, virtues and nature in our lives. It could be our mom, dad, grandma, grandpa, siblings, friends, neighbours etc. Appreciating others is indeed a magnetic power.



Iva Leoma Sequeira
II B

TIME IS PRECIOUS

It is a good habit to be in time and we call it punctuality, but when we are slow, lazy, not interested, wait till the last minute and making excuses, we waste our precious time and we call it unpunctual. Use time wisely, time will not return.



Vihaan R Kotian
I A

MY FIRST TEACHER

My first teacher is my mother.

She teaches me everything. She loves me a lot. She praises

me when I do good work. She teaches me what is good and what is bad. She takes care of my health. She gives me everything that I need.



Aradhya
I C

BOB AND HIS MAGIC

Bob was a little boy who knew magic. He tried his magic to do bad deeds. He once broke a bird's nest and baby birds fell down and were dead. Bob felt very sad. He became good and kind. 'Help The Needy' should be our motto in life.



Swaraj Shantharaj Tej
I C



MOTHER EARTH

The earth is my home.
I promise to keep it healthy and beautiful.
Our earth is special, there is just one.
It gives us water and soil.
Earth makes a better home for you and me.
Let's make our earth happy by planting plants.
Let us join together to protect our mother earth.
I love my mother earth very much.



Kshethra H Shetty
II C

OUR NATIONAL FLAG



We are Indians and our national flag is very important for us - the symbol of unity, honour and freedom.

Our national flag is also known as Tiranga. There are three colours in our national flag.

On the top it is saffron colour, in the middle of the national flag it is white colour and in the lower part it is green colour. There is a wheel with 24 spokes in the middle of the national flag. We love our national flag very much.



Avinash Patidar
II C

THE GRAM

Once upon a time there lived a monkey in a forest and one day he saw a king and an army that had camped nearby. He saw the soldiers roasting the gram for the horses. He thought "I have not eaten for days, let me eat some gram" and when the soldiers left, he swooped down and started to eat the gram. He was full and contented, but his greed was not. So he took a fist full of gram and quickly climbed up the tree. While he was climbing a gram fell down. He thought "Oh my God. I must get that gram back". So without thinking he threw all that he had and went in search of that gram. He searched and searched but he could not find it. Suddenly, he realised that he lost all that he had and sadly went back to the tree.

Moral: Never be greedy and be happy with what you have.



Anika Shetty
III D

BIRTHDAY PARTY AT AN ORPHANAGE

My cousin's one year birthday party was celebrated at an orphanage. Around 30 school going boys and girls live in this orphanage. I was surprised to see how well-mannered and polite they all were. We took snacks and toys for them. We spent the entire day with them singing, dancing, playing and having a good time. Those children do not have much but they are happy with whatever they receive. It was a touching experience and the most memorable birthday party for me.



Shaurya S Shetty
II A

CONTROLLING ANGER

This story is about Mahatma Gandhi. One day he was travelling in South Africa in a first class train. Some people in the train threw him out even after having a ticket. He was a black man and was told to travel in the third class compartment. Gandhiji was sad and angry but he made a statement - You have thrown me out of the train, but I will send you out of my country. This resolution of Mahatma Gandhi gave us our independence. Anger should be controlled and changed to positivity.



Anumay Vijay Hegde
III C

DROPLETS OF COMPASSION

Difficult times bring out the best in people. The floods in Kerala and Kodagu in August destroyed the lives of thousands of people but there was also an extraordinary display of human values.

Fishermen, navy, government officials and common people rushed to the most affected areas and worked without any break to rescue many lives. People even from far away places, packed and sent huge loads of food and other essential items.

Some people even donated their land. Crores of rupees were given by people all over the world.

Kids even gave their toys, books and pocket money to see the smile on the faces of their flood - victim friends. These little heroes have showed great values through their big hearts. Sometimes, it doesn't matter how much you donate because all that matters is how willing you are to share and care for others.



Sanjay Alex
III C

THE IMPORTANCE OF VALUES

Our parents and teachers teach moral values at home and school. They help us grow into a responsible and just person. Honesty, truthfulness and success are the three important values. Moral values help us to make good decisions in life. Being honest, truthful and successful requires courage.

Sometimes it is easy to tell a lie and get away from punishment but it can make us feel guilty. Stealing others' belongings is also a sign of dishonesty.

So we should show respect to others and do our duties in the best possible way.



**Hayyan Mohidin
III C**

VALUES

Love is the most important value of life. Honesty forms the base of all other values. Respect is the simple role of give and take. The more respect you give, the more respect you get. Discipline helps to grow as good human beings.



**Shlok Nayak
I A**

We are not born with values but learn values from our family and teachers. The values which I have learnt are compassion, honesty, kindness, respect, self-control and love. Values give us an aim to grow in life. The values learnt in younger age stay with us for the rest of our lives. These values help in bringing out the best in us. Children with good moral values grow up to become responsible youth and are an asset to the society.



**Bhargav Rao
I D**



**Niah Vishal Sanghvi
III B**

Values are important for building our personality. Different values mean different things to different people. There are many values like empathy, forgiving, helping the needy, standing up for yourself and weaker ones. Values are also the principle factor in moulding the person. Telling the truth, forgiving others, helping, respecting and cheering a person are the most important ones. Cheering a person and helping others are my most favourite values. I like helping others in class and cheering them.

VALUES

Values are important as they make us good human beings in society.

Honesty is the best policy. We should always speak the truth.

Hurting others by words or by actions is wrong. We should not hurt others.

We should always write neatly so that we can get full marks in exams or tests.

Compromising with others is very important.

We should always be kind to others.

Loving others is very precious even more precious than a diamond. We should always love others.

Helping others is very important. When we help others we get help in return.



**Jacob Daniel
Sequeira
I A**

Think positive as your words become your behaviour.

Be good and kind to others.

Do good things and help others.

Help the poor people and they will some time help us too in times of need.



**Keerthan G
I B**

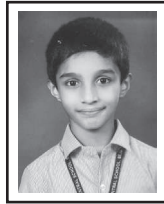
Values are our personal set of beliefs. They tell us what is right, wrong, good and bad. Some of the important values are honesty, decency, kindness, forgiveness etc. These are also called moral values. They help us to grow and develop and we become better human beings. We will have a bright future with good values. Our parents, teachers and friends inculcate values in us.



**Evana Marianne
D'Souza
III B**

VALUES

- Values play an important role in our life.
- My favourite value in my life is obedience.
- Obedience is very important in our life.
- Obedience is another form of showing respect.
- Through our obedience to parents and elders we show our love towards them and through our obedience to teachers we show our respect towards them.
- It helps us to build good relationship with our elders.
- As a son I obey my parents and as a student I obey my teachers.
- Those who don't obey their parents and teachers will not become a good person in future.

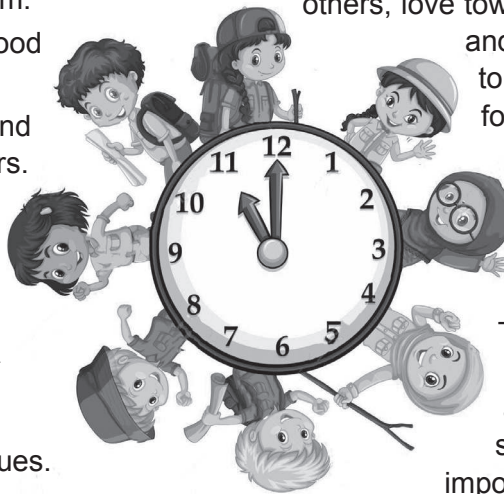


Payton Leon Monteiro
III A

Values play an important part in our life. Every individual value system is different from the other. It is built up through one's life experience, environment and family background. Since we live in a society, it not only affects oneself but other people too. Good values learnt at an early stage help us to lead our life happily. It is always appreciated by everyone. Good values help us to be good human beings. Certain values which I have in me are caring for others, love towards God, my family and friends, and respect for elders. I am grateful to God, my parents and teachers for teaching me good values which will help me in making me a good person.



Anantesh Dhiraj Rao
III B



GOOD VALUES

My school teaches me Good values.

- S – Spend time with your family.
- C – Care for others.
- H – Help the needy.
- O – Obey your parents.
- O – Obey your teachers and elders.
- L – Love everyone.



Aaron Deon D'Souza
I C

VALUE OF TIME

Time is very important for all of us. We should respect the importance of time.

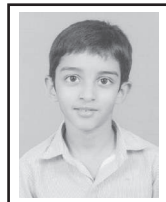
We should do our daily routine at the right time. Time keeps on moving. It never stops. We should utilise our time in doing useful work. We should understand the value of time and never be lazy.



Shiven Alva
II A

VALUE OF TIME

There is a common saying that 'time and tide wait for none'. It is as true as existence of life on the earth. Time is precious and priceless for everyone, so we must never waste time. Time can destroy a lazy person and strengthen a hard working person. We must always spend time in the right manner in order to do well in life. One who loses his time can never get it back again. Time must be used wisely and efficiently. A person who uses his time efficiently can never fail in life. Therefore we must consider time as a valuable gift and make the most and best use of it.



Aaryan Adyanthaya
II D

VALUE OF TIME

Time is more important than money as money spent can be earned again but time spent can never be earned. There is a common saying - "Time and Tide waits for none". It is as true as existence of life on the earth. Time runs continuously without stopping. It never waits for anyone. So, we should never spend precious and priceless time without any purpose and meaning at any stage of our life. We should always understand the value of time and use it accordingly in a positive way to fulfil some purpose.



Anvith Andrew Pinto
III B

VALUES THAT MY PARENTS TAUGHT ME

Honesty: It is important to tell the truth. I always try to be honest.

Respect : I should always respect myself and others. It does not matter if you are rich or poor black or white, fat or thin - Everyone is equal in God's eyes.

Kindness: I should show kindness to myself and others.

Happiness: My parents have taught me to be happy with whatever I have.



Monal Shetty
II A

MORAL VALUES

Moral values teach us what is right and wrong. It helps us to grow mentally and develop as a student. We must be honest because honesty is the best policy. I love to be an honest boy.



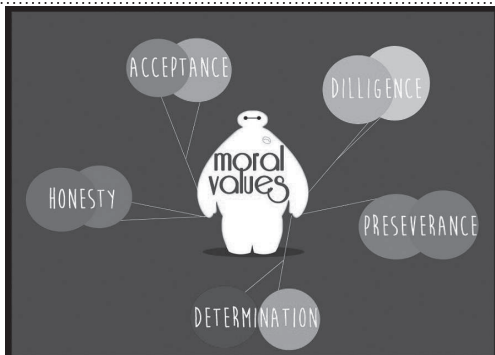
Shriyam Shenoy B
II B

MORAL VALUES

Moral values are good values taught to help people lead a disciplined life. Honesty, helpfulness, hardwork, integrity, respectfulness, love and compassion are the values all of us should imbibe in our lives to become a good human being. Children with good moral values will grow up to become a responsible youth.



Aadhya P Shetty
II D



MY VALUES

Values make our life purposeful. We learn values from our elders and society. Some of the values I know are:

- We should respect our elders.
- We should love our nation and respect every religion.
- We should keep the needy and poor and be kind to all living beings.
- We should be truthful and honest.

All these values together make us a better person.



Ananya S Pai
II B

MORAL VALUES

Moral values are the values defined by the society based on which a person's character is judged. Values give us an aim in life and motivate us to do well. It governs individual's behaviour. Values and principles are very important in our life.



Dhriti Pattathan
II B

Our elders and teachers teach us values which have to be followed by us. It includes being honest, kind, showing respect, helping others in need, politeness, good qualities and not hurting others. These values help in bringing the best in us.

GOOD MORAL VALUES

All the people need to have good moral values such as kindness, politeness, sharing and caring. These good values should be developed in our childhood itself. Good moral values make our life peaceful, happy and the world beautiful.

Our parents and teachers teach us good moral values. We have to follow them strictly. We need to help each other. If everyone possess good values then the whole world will be a better place to live.



Risha Shetty
II B

MORAL VALUES

Moral values are a set of some precious values which helps us in being a good human being. They help us to know what is good and what is bad.

Parents and teachers help children to learn moral values. They directly or indirectly affect our life. Some important moral values include the following:

Honest, respectful, apologising, being generous, never hurting anyone, adjusting, compromising, helping and loving others. It takes time to study moral values. When we love and respect others, when we work with honesty and do what is right, we change into a good human. Reading moral stories and holy books is a good way to learn about moral values. Moral values help in shaping the character and personality of a person. Moral values give us happiness, confidence and satisfaction.

GOOD VALUES MAKE YOU A BETTER HUMAN BEING

Moral values are the good values that are taught to us by our parents and teachers. These include being honest and kind, showing respect towards others, helping people in need and co-operating with others. Imbibing good moral values makes a person a good human being with a good character.



Taniya Prashanth Manimala
III D



Anagha Rai
III A

KINDNESS

Kindness means being good to people around us. It can be done by being polite to others or helping others with big or small work. The people become happy when we are kind to them. Seeing their happiness we also feel happy. It can be our parents, teachers, friends, classmates and even animals. Mother Teresa was kind to everyone.



Erina Mariam Muhsin
I C

HUMAN VALUES

Human values are the essence of life. They teach us to be good in life. They help us to grow and develop. It's both what we expect others to do to us and what we do to other human beings. These human values give the effect of bonding, comforting and reassuring. Some of the important human values are helping, caring, sharing, loving, respecting, responsible, forgiving etc.

These help in building good relationships with others. It helps us to live life with happiness and positivity.



Diganth P D
III A

MORAL VALUES

- We must respect our parents and elders.
- We must love and care for others.
- We should love our nature.
- We should be polite and kind to others.
- We should be thankful to others for their service.
- We should share our things with others.
- Honesty is the best policy. We should be very truthful.
- We should help others.
- We should feel sorry when we do a mistake.
- We should forgive others.

These are the magical truths one should follow.



Sanjana M Hande
II D

PRAYER OF GRATITUDE

A simple thank you is a gratitude.
Dear God,
I am thankful for all that You have given me, the food, love and a place to live. I thank You for my family too. Oh God, please help me to keep the light in my heart burning. I just want You to say that "I love You."



Thakshak A Shetty
I C

GRATITUDE

Gratitude means being thankful and appreciative. Gratitude, thankful and appreciative means almost the same. We have to be thankful for everything that happens in our life, big or small and to all the people in our life because they teach us many lessons and help us to become a wonderful person. When I pray to God, I thank Him for my parents, sisters, teachers, friends and this wonderful school. My mother says that when there is a heart full of gratitude miracles happen. So, friends let us practice this value every single day.



Aanya Pai
II C



KINDNESS

Speak kind words - they are a joy to hear. Do kind deeds to everyone - they bring cheer. Lend a patient ear, share with others, wait for your turn and practice good manners. Spread joy around - it is a kind

thing to do. Think kind thoughts - they make a beautiful you!



Nathan Mathew
I D

THE MAGIC OF KINDNESS

Do you know what Mother Teresa left behind as her legacy? Yes, it is the value of kindness. Kindness means helping someone in need, not expecting anything in return. We should not only be kind to our family but to all including plants and animals. My mother says if we are kind we are blessed. So I do little deeds of kindness. I make my sad friends smile and help them. I share my toys and clothes with the poor. I water dried plants and give food to stray dogs and cats. I feel happy when I am kind. We live life but once. So let us be kind and make this world a better place to live in.

BEING KIND TO ANIMALS

Being kind and loveable towards animals is very important. Animals also like to play and eat just like us. They also get hurt and angry when someone beats them or troubles them. Just because they cannot speak, don't be harsh to them. Animals are an important part of nature. If we show love, care and kindness, they will love us and will be our best friends.



Adiya Alva
II B



Jaydon Ezechieel Baptist
III B

BEING COMPASSIONATE

Compassion is a core value of life. It brings people closer to each other. It means to help others who are in need. Compassion is an important human quality that all leaders should have. Compassion makes our country strong. This value is very important in our lives.



Rishita Sancia Cutinha
I D

BEING KIND

"God loves a kind heart" says my Mummy. We should be kind to our family, friends and even strangers. Give a smile and you will receive the same. I feel happy when I show my love and kindness to animals too. Kindness costs us nothing but it pleases our God in heaven above. I pray that the world is blessed with kind people and make it a happy place to live.



Nathan John
I C

COURTESY

Courtesy is an important quality one should have. Courtesy means being polite and having good manners. A courteous person earns a lot of respect from society. Courtesy satisfies ourselves and gives pleasure to others. It builds relationships and love for each other.

Show respect to others. Be kind and honest. Apologize when you do something wrong. Never embarrass others. Courtesy is free. It costs nothing. The world can be a better place with a little courtesy shown to people.



Rithvi Darshan
II A

THE ROOT OF THE VALUE PLANT – HONESTY

Honesty is the best quality in your life.

You should never cheat.

Honest people walk with their heads high.

Honesty is the key to success.

If you are honest, you will always win in your life.

Once there was a boy and a girl playing. The girl asked the boy for marbles and the boy asked the girl for chocolates. The girl gave all the chocolates but the boy took the best marbles and gave the rest. At night the girl slept peacefully. But the boy could not sleep.

Moral: If you are dishonest you cannot sleep peacefully.



Ritu R Menon
II C

HONESTY

Honesty is the important thing in life. Honesty is the best policy. It means to be honest and tell the truth always. Be honest and be happy with everyone.



Atharv S Hegde
II C



TRUTHFULNESS

Truthfulness is a value that everyone should have. Truth also means our mind should be clean. You should never lie but tell the truth. Gandhiji always believed in truth. If you tell lies God will be angry with you. If you are truthful you are brave. You should not cheat anyone.



Aryan Prashanth
Shet
II C

BE TRUTHFUL

Good children always try not to tell lies for lying is a sin, but truth will always win. Yes! We children should always be truthful and show kindness towards the needy.



Amogh Immanuel Pinto
II D

HONESTY

Values are the good things that are taught to us by our parents and teachers. These include being honest, kind, showing respect and discipline towards others. A person who sticks to good values is said to bear a good character.

Honesty is the best policy. It is possible that dishonesty may succeed for some time but honesty is sure to succeed for a life time. This may be seen considering the career of students at school. Honest work is the only sure means of success. Honesty with parents at home gets the first place. Then your parents will like you. Honesty is a priceless value and its reward is great.



Shravan
Dharmaraj
III B

IF I WERE A FATHER FOR A DAY..

I would take care of my children. I will take them to school. I will not shout or hit them. I will be a good father. I will take them out to play.



Ayaan Lokesh Shetty
IV A

HONESTY

One should be loyal and tell the truth always. Being honest and loyal provides mental peace. An honest person becomes always happy as he / she does not have to live with the guilt. We do not have to remember the lie which we have told to save us. Honesty is like a good weapon and is the best tool for success in life. Speaking the truth helps in strengthening our character and makes us strong. Honesty is the most effective tool for maintaining relationships. Honesty gives us power to tackle any bad situation.



Lisha Janica D'Souza
III C



Tanusha Malli
III B

Respect includes taking someone's feelings, needs, thoughts, ideas and wishes into consideration.

Respect can be shown through behaviour or can be felt. When we respect others, we gain respect from them. We should respect our teachers by listening to them. We should respect our parents and elders by being an obedient child and we should respect God by thanking Him for such a beautiful day. We should all learn to respect our teachers, elders, parents, siblings and fellow mates and I promise to respect all my elders and even younger children.

Respect means esteem for the worth of a person. First of all we should respect ourselves. We should respect our elders like our parents and teachers. We should respect the law like our government, national flag, national anthem etc.



Ananya Srinivas Kamath
II D



RESPECT

Respect is how you treat yourself and others. Respect begins with self-respect. If you don't respect yourself, others will not respect you.

Respect is earned, not demanded.

Respect is always mutual - if you give respect you will get respect.

Respect begins with being honest

in school, listening to others thoughts and ideas, being polite, having good manners

and taking personal responsibility. To

gain the respect of your parents and teachers, you should be serious

about your school work and chores

around the house. Do the right thing without having to be told every time.

Respect for ourselves gives our morals; Respect for others guides our manners said Laurence Stone.

Respect is an important value in life.

Each one of us is

unique and precious creation of God.

First of all we should

respect ourselves, secondly our

elders, parents as well as each

and everyone, and thirdly our

mother earth where we enjoy and

fulfill the purpose for what we are

created. So respect the law, nation, government,

national flag and national anthem too.

Finally let it be noted that love and respect be hand

in hand.

Respect plays an important role

in our lives. First of all we should

respect ourselves. Each one of

us is a creation of God. Each

one of us should value ourselves

highly. Secondly we should

respect our elders. It includes our

parents, teachers, government and

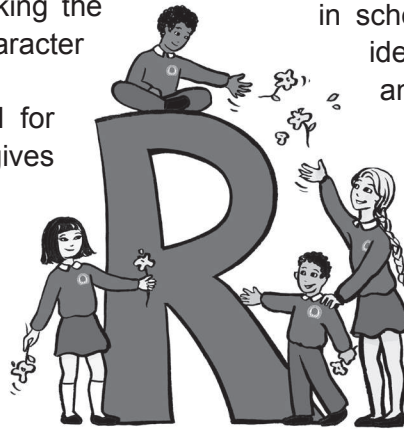
law. Finally we should respect and love everything

that God has created. We should respect everyone

and walk hand in hand.



Nandana Acharya
II B



RESPECT



Adhya S Hegde
II C



Rudra Rajeev
II C

OUR PARENTS

- Our parents are the visible God to us.
- 'M' stands for mother, mother stands for 'love'.
- 'F' stands for father, father stands for 'care'.
- The love of our parents is genuine and selfless.
- They work hard to keep us happy.
- They sacrifice their comforts, to provide food and education for us.
- Matha, Pitha, Guru Deva which means father, mother and teachers should be treated as God itself.



**Aishwarya K
II D**

PARENTS

Parents are loving, caring and ever helping. They are the gift from God.

Parents help willingly, give generously and care endlessly. Parents... We love you and adore you.

We are grateful to you.

You are everything for us.



**Nishal Shaina Lobo
III A**

FRIENDSHIP

Friendship is one of the most precious gifts of life. A person who has true friends in life is lucky enough. Friendship makes life thrilling. It is a feeling of love, sharing and caring. Man cannot live all alone. He is a social being. He needs to share his joys and sorrows. Friendship is both good and important. It is essential for a happy life. Friends are needed in every stage of life. It is a sweet and pleasant experience. It is a great blessing.



**Varnika V Gatty
III B**

I had a new box of crayons all shiny, straight and new. I lent a friend one crayon and oops! It broke into two. My friend said she was sorry but I said its not a problem because now we both can share and colour with one crayon.



**Angeline Shinoj
I C**

MY FAMILY

My family is a happy family. My Nani is like a teacher to me. She teaches me nicely. Sometimes she makes me laugh. My nana makes me laugh too. He loves me more than my Nani. My mom is not with me but she calls me at night. She is like my dream fairy. My dada loves me more then everyone in the family. If I am sad or crying he makes me happy. My family loves me and my brother very much.



**Ria D'Souza
IV B**

THE BEST GIFT THAT YOU CAN GIVE IS YOURSELF

The best gift you can give is yourself and everyone around you is the gift of sharing and caring. Another name for love is sharing and caring. Sharing is a divine virtue. One of the best things you can share with others is your own happiness. Your story just might



**Pradyun Shetty
III B**

inspire a change in them.

Today you go out and share: your smile, a hug, a kind word, ear for listening, shoulder for support and to be open to receive those who share with you.



SHOULD A PRIMARY STUDENT OWN A MOBILE PHONE

No, a primary student cannot own a phone because he or she keeps on playing in the mobile and chat too. Their eyes may also become red. If they still keep watching mobile phone they may become blind. They will also not have interest in studies. They will not listen to their parents when they say "Keep mobile phone away". They think it is a type of toy. That's why children are not asked to use mobile phone till they become adults.



Mohammed Shadin S
IV A

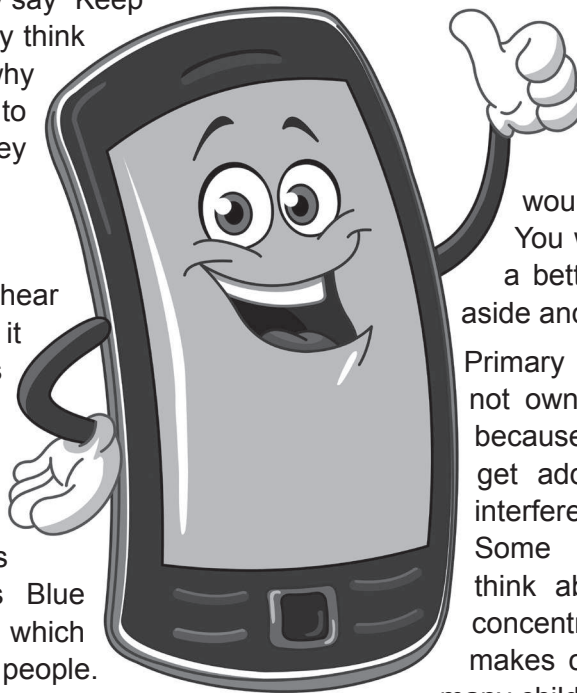
Primary children need to work very hard and concentrate in their studies. When the children play games in their parents' mobile they don't score good marks. What would happen to the children having their own phones? All the time they would be on the



Gaargi Tailor
IV A

phones and not listen to their parents when they tell to study. When they don't study, they won't get good marks. When they do not get good marks, they would realize but still it would repeat. You wouldn't want it to happen. So, for a better future, let us keep the phones aside and concentrate on our studies.

Hello friends. When we hear the topic itself we find it interesting. But nowadays it's the mobile phone creating problems. Social media has so many bad things, useless and bad



games such as Blue Whale which harm people. That doesn't mean mobile is bad. It is good in some cases like Google and YouTube which help us to get information and find meanings. Let's make less use of mobile and focus our mind on studies and get good marks. Let's use mobile when needed.



Esther Grace Fernandes
IV B

Primary students should not own a mobile phone because some children get addicted to it. This interferes in our studies. Some children always think about it and cannot concentrate in the class. This makes children dull in studies. Nowadays many children have mobile phones which are bad for them. Even the radius of it is bad for us. Some of us use it only for calling which is okay. Some of us use it for playing games all the time which is bad. So we should not use mobile phones.



Tia Salian
IV B

THE HAPPIEST DAY OF MY LIFE

The happiest day of my life is Sunday. On Sundays we enjoy with our friends. We go out to malls and parks. We eat out and buy clothes on Sundays. We spend time with our parents. We play with our brothers and sisters. We go to our grandparents' house too and spend our time with them happily.



Rudraksh D Nayak
IV A

THE HAPPIEST DAY OF MY LIFE

The happiest day of my life is Sunday because Sunday is the only day that we get a holiday. It is the last day of the week. On a Sunday, my parents and I go out to malls and beaches. We enjoy going to these places. We go to temple and pray to God. On Sundays, most of the shops will be closed and some shops will be opened. Sundays are fun days and I love it.



Deetya Reddy Guduru
IV A

THE HAPPIEST DAY IN MY LIFE

The happiest day in my life is the day my sister was born. On this day new member came to our family. My sister's name is Faustina Ann Thomas. She is two and a half years old now. She is so naughty, chubby and loving. She is the best sister in the world. I love her a lot and she loves me too.

We two are the best friends. I am so thankful to God for blessing me with a sister like her.



**Christina Maria Tom
IV A**



**Emily Gia Rodrigues
IV A**

MY GRANDMOTHER

The person I was glad to meet was my grandmother. She is my favourite person in the whole world. I love her very much. She gives me my favourite sweets when I go to her house. Her house is in Kadpadi. She lives in an independent house. She makes the yummiest food in the whole world. Sometimes she makes yummy noodles. I hope I will go there next time and I hope she comes here too.



STUDYING

I am good at studies. I like to study because it makes my brain sharp. My favourite subject is Social Studies because it is about occupation, agriculture and countries. My second favourite subject is Science because it is all about body parts, plants and animals. My third favourite subject is Hindi because we learn more new words in Hindi. Education is more important in our life. It makes us intelligent and smart. We come to school to learn new things and also play in the playground.



**Swayam S Shetty
IV A**



**Sathvik Suvarna
IV A**

I am good at sports. I like sports because if we are fat we can reduce it. My favourite sport is badminton. It is a nice game to play. My biggest fan of badminton is P V Sindhu. I like other games also but this is my favourite

game. We play badminton in a big court and we put the net and we start playing. This game increases our mental power. I play this game with adults and children.

SPORTS

I am good at sports. I am active in two sports they are Athletics and football. I go for football coaching. In my class, my friend, Teerth and I play very well. I have won two gold and one bronze medal in Athletics. I wish I would get

one more. Sometimes I practice Athletics in the evening. Football is a good sport. Sports make me happy. I love sports.



**Maquin Gregg
Rodrigues
IV B**

FOOTBALL

I am good at playing football. There I go to football class and play football. They come to my home to play football I like to play football with my friends in school football in the school playground. In football there are strikers and a captain. In football there are two teams. We can use any part of the body except hands to hit a goal.



should be 22 players. My friends also like it and have fun.

as well. We play are defenders, goalkeeper,



**Rohil Cutinha
IV B**

MY STRENGTH

I am good at running very fast. I am also good at other sports such as throw ball, volleyball, football and cricket. I am also good at cooking. I cook very tasty food such as paneer, potato chips, banana chips and some other recipes. I am also good at drawing.

I am good in drawing sketches such as shading, colouring and wall paintings. I am also good in craft. I do craft with paper and cardboard. I make animals. The craft of animals are easy and funny. I enjoy doing craft.



Teerth H Shetty
IV B

CRAFT

I am good at craft and so I can make many types of things. I can make wall hangers, games and many more things. I am also good at stitching and craft because it makes me interesting.

I just love it. Whenever I make craft things, I keep it safe. Whenever I am free I do these things and I am good at these.



Khushi Jain
IV B

BOOKS

I am good at reading books because there are so many interesting books. When I was small I had small books to read. The books I like most are Thea Stilltion, Cat in the Hat, Marta Speaks, and Famous Five. Reading books is my best past time and even I am friendly to books too. In books there are important tips and things that you must not do,

- Do not stamp the books.
- Do not tear pages of books as we get them from trees.
- Do not damage the books.

And there is one tip of good books that is respect books because my mother always says they give knowledge to your mind. When small children come to my house, I will hide my good books and give my old books to them. And that's because I am careful with my books.



Joanna R
IV C

CHOCO LADDU

Take any two types of Oreo, crush them and mix.

Take the crushed Oreo in a bowl, add little condensed milk, choco syrup, some cashewnuts and make a dough. Then make small balls.

Decorate them with sparking and choco syrup.



Meet Bengani
IV A

ABAAN MEANS...

My name is Abaan. It was the name of Arabs in the olden age. My parents named me that for a reason which I do not know. I really like that name because I can make many nicknames with it. My surname is Bashir which comes from my father's name and my last name Ibrahim comes from my grandfather's name. Ibrahim - my mother thinks it's a great name and I love it.



Abaan Bashir Ibrahim
IV A

MY FAMILY



I have a happy family. There are five members in my family. We go to trips together. My mom is a councillor and my dad is a driver. We visit places like Chikmangalur, Mysore, and Dharmasthala. I love my grandparents very much. My granny tells me stories. My mom cooks delicious food for me. I have a small sister. Her name is Tanvi. I love playing with my sister. I love my family very much.



Sanvi R S
IV C

IF GOD COMES AND STANDS BEFORE ME

If God comes and stands before me I would be very happy.

I would ask God everything and fulfill my wishes.

I would ask God to be with me and protect me.

I would ask the biggest wish that is to make our Mother Earth green and beautiful.

If God comes and stands in front of me,

I would not say anyone that God stood in front of me, that is my secret.

When I see God I feel very happy which I cannot say anyone.

When I see God I feel like seeing Him every second.

I wish this will become true and that day may come soon.

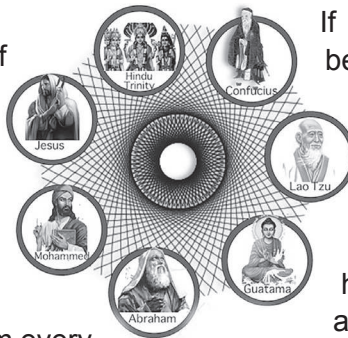


Srishti S Pavour
IV A

If God comes and stands before me I would bow to Him and ask Him to bless me with good qualities, help me in studies to get full marks, make good friends, always being happy, help the poor, respect elders, and be strong and bold.

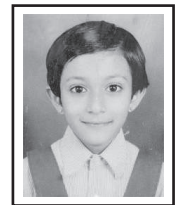


Saksham R Hegde
IV A



If God comes and stands before me I would ask Him for my grandparents and thank God for everything that he has done for me and my family. I would ask him to bless my parents

and my grandparents and bless me and make us a good family. We have to live a happy life. God protects us. God keep us safe. Give us all the strength. Bless us God.



Bhoomika S R
IV D

SLEEPING ALONE

My greatest fear that I have not even told to anyone is that I' am scared of sleeping alone. Whenever I sleep alone I just hide under my cozy blanket and stay quiet. If I come out, it is so dark that I just go back in and stay quiet. Sometimes if I sleep in the sofa, I won't feel anything. If I don't get sleep I go to the next room that is where my parents sleep and ask if I can sleep with them. Otherwise, I run to my bed and hide under the blanket.



Mithra P H
IV D

BUTTERFLY

My greatest fear is a butterfly. I know you all are shocked, but this is true. When a butterfly comes, I run away from it. I have been scared of butterflies ever since one butterfly came on my hand. Its' two wings are too soft and if I touch the wings, it will die.



Anusha Nayak
IV A

Once a colourful butterfly came on my back and I ran around my house. My dad said "Its just a butterfly. Why are you being so silly. "Who cares, I'm scared of butterfly" I said. Anyway I hate those beady eyes of butterflies. They are too creepy. For me, my greatest fear is a butterfly.

INSECTS

My greatest fear is insects. Insects do not harm us but I am scared of it. The greatest fear of insects is cockroaches. Cockroaches bite us sometimes. It bites my mom every day. I am also scared of lizards. Sometimes lizards jump upon us. Whenever I see a lizard I stand far away. After it goes I run very fast. I have seen the lizards putting their tongue out like chameleons. I wish there were no lizards or cockroaches in the world.



Sharvi Shetty
IV A

COCKROACH

My great fear is of an insect that can squeeze into the smallest gap. Yes, it is a cockroach.

There are two types of cockroaches.

- * Oriental cockroaches
- * American cockroaches

Both are serious pests. American cockroaches are colourful and can fly long distances. My brother plays with them. They have long antennas to communicate. Some cockroaches eat other cockroaches. Scientists believe that the cockroaches can survive a nuclear bomb blast.



Siddarth G
IV B

THE BEST MEAL IN THE WORLD

The best meal in the world is burger. It has many things in it such as chicken and breadcrumbs. The breadcrumbs give taste to the burger. I like burger only in Mc Donalds. I like kids meal as it is very tasty.



Shreyas Suresha
Devadiga
IV A

FAKE SUNGLASSES

The coolest toy I have is a pair of fake glasses that my grandmother gave me. She said she got it from Mc Donalds. The good thing about those glasses is that it fools people. It doesn't do anything and your surroundings stay the same size. If the glasses break, people are shocked, but it can be fixed back. This very vacation, I wore sun glasses at the airport. My parents asked me if I could see properly. I guess they got fooled as well. It's a good prank toy if you have a friend whose glasses break right before his birthday, because you can gift him this. It's even better if his or her birthday is on April fool's day. The only two reasons I wear those glasses is because it looks cool, doesn't break, and can fool others easily. There's like a perfect chance your friend gets fooled. You can also call those glasses as freak glasses.



Mohammad
Tahir Shaik
IV A

COTTON CANDY

The best candy in the world is cotton candy. When I put it in my mouth, it melts. It is pink in colour, so soft and yummy. I eat it once a month. I love it so much. It is my favourite candy.



Dilip Shenoy Santhoor
IV A

THE BEST MEAL IN THE WORLD

The best meal in the world is my granny's food.

It is so tasty and yummy. The food I love the most is BINDI fry I love to have it with chapati and rice. I also love her beans with rice. They all are so tasty and yummy. I love her food very much.



Diya
IV A

THE BEST MEAL

The meal prepared by my mother which I like a lot. It is so tasty, I had never eaten such food in my life. I like her egg chilly which is so tasty. In my family, when we eat, always my mother asks "Is it tasty? How is it?" My father and I always say "Wow! It is so tasty." She becomes very happy. We all like her beans dish which is so tasty. I think that my mother is a great cook. She can win the cooking contest. If she wins, there will be a party to appreciate her.



Shubham M
Naik
IV C

MY TEDDY BEAR

The coolest toy I have is my teddy bear. Its name is Jumbo because it is fat. It is also fluffy to use it as my pillow because it is soft. I also jump on it. I carry it on my back. I also act as feeding it. I take him in my toy car. At night it blinks its eyes. It has a bow were my name is written. It is cute as a puppy. I always wish that it could be real, so that it can do all the things like me. When I was three years I got it. Jumbo is the best teddy bear for me.



Trishita
Ashok
IV A

TRANSFORMER

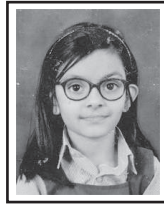
The coolest toy I have is the transformer. It is very cool and amazing. I like it because it is remote – control and can turn into a car. I named it Mach X4. When I go home after my school, I always play with it and I also like it.



**Shiven N
IV A**

BARBIE DOLL

The coolest toy which I have is my Barbie Doll House. There is barbie, skipper, cheoulsy, ken, unicorn and kitten. The kitten is so cute that there are three of them. Two of them are kittens and one is the mother cat. The unicorn is white in colour. It has hair at the back of its head. The colour of its hair is very colourful like: blue, pink and purple. In the Doll House there is an elevator, two bedrooms, one kitchen and a toilet. The colour of the Doll House is pink and white and there is a fridge in it too.



**Bhakti A Parekh
IV B**

MY BIG DOLL

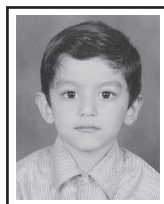
The coolest toy I have is my big doll. It is so big that it is only a bit shorter than me. I had got it as a birthday gift from my mother. I named it Andrea. I love to play with it. All my friends who come to my house were seeing my doll. It wears a red and white striped top, over the top it wears a jacket and jeans. It has one ponytail. It is very pretty. I love my doll a lot.



**Agneya Rai
IV C**

THE COOLEST TOY I HAVE

The coolest toy I have is a hot wheel. It is a jumper car. It is 3X steel. I love to play with it. It is also cool. It is orange in colour. Its height is 2cm. I go home and play with it. It is wonderful to play. I got it from City Center Baby Care.



**Karma
IV D**

MINI CAMERA DRONE

The coolest toy I have is my unbreakable mini camera drone. It is mobile control. I can click pictures through it. It can fly very high. My drone travels at great speed and is very strong. My drone is the smallest drone in the world. It is the coolest toy I have!



**Chris Isaac
Sequeira
IV D**

MECHANICAL ROBOT

The coolest toy I have is a Mechanical Robot. I have made it and fixed it. There were many materials such as a screwdriver, nuts, screws, wire and many parts. I took a day to finish it. I made it in such a way that it does housework, play together and bring food to me. It also punches when I am playing boxing with it. I play many games with it and sleep together. It gets up and wakes me up in the morning. It helps me to do homework. I am glad to have such a helpful and playful robot. I wish I could get another one like it.



**Namith S K
IV C**

THE COOLEST TOY I HAVE

On 17th October 2017 I got my best toy called Beyblade. It's name is Pegasus. We played so many beyblade battles. We won some, we lost some but I had so much fun. One day a boy called Karthik challenged me for a beyblade battle. He had a beyblade called time clocker. It was the best of three matches. In first match he won and second match I won and the third match was a draw. It was difficult to select who is the winner. We played one more match and I won it as it was my 10th win. I was very happy. Beyblade is my coolest toy in the whole world.



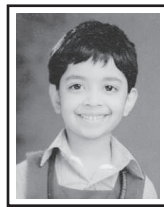
**Shravan
IV D**



BLUE FLUFFY ELEPHANT



The coolest toy I have is a blue fluffy elephant. It's the coolest because I wanted it when I was three years old. I saw it in City Center. The second time I saw it was in my bedroom picture. I got it when my aunt came when she had some work of her college. She came to take some clothes for her child, so, my mom, my aunt and I went to Selection Center. There I saw a blue elephant. I told my mom to buy one for me but she did not listen, so my aunt bought the cutest stuffed toy for me.



**Aaradhya
Hegde
IV D**

MOM AND DAD

I was glad to meet my mom and dad because my mom gave birth to me and brought me to this beautiful world and made me grow and sent me to school. If my mom was not there I would not be there in this beautiful world. Thank you mom for bringing me to this beautiful life. My father is my real super hero for me and he was so happy when I was born. Thank you, mom and dad for loving me with your precious heart.



**Rahul V K
IV A**

MANGO PUDDING

One thing I know to cook is mango pudding. It is chocolaty and tasty. It requires only some items to cook. It is quite simple to make but tastes great. I had made it for the summer camp in the holidays last year. It was really fun to make. Let me tell you the recipe of it. We need one glass cup mango sliced in cubes, nutella biscuit crumbs, two wafers gems and some nuts.

Recipe: Take the glass cup. Put some mangoes in it. Put some nutella. Then put some biscuit crumbs and repeat these steps till the glass cup is full. Then take the wafers and put it on the top. It should be facing the opposite sides. Put some nutella on them. Then decorate the dish with gems and nuts. The dish is ready. Hope you all enjoy it.



**Chalita C Bhat
IV A**

SANDWICHES

The one thing I know to cook is sandwiches. My father taught me how to do it. It is very simple. I can make it very easily. I like to eat sandwiches. There are two types of sandwiches. One is veg, another non veg. I like non veg but I know to prepare veg. Things need to make veg sandwich - bread, tomato, cucumber and salt. This is a simple way to make sandwiches.



**Pareekshith U P
IV D**

MARIE GOLD BISCUIT LADOO

One thing I know to cook is Marie Gold biscuit laddoo. It was the first time I cooked it. It was to be cooked without fire. Wow! I want to tell you about the recipe.

First take a bowl, put the chocolate powder then add four to six spoons milkmaid, mix in it.



Then grind the Marie Gold biscuit in the mixer. Add it to the bowl. Then the Marie Gold laddoo mix is ready. Then take it in your hand and make balls. Then mummy packed the laddoos and I gave it to my friends. They tasted it and they told it was nice. It was a surprise. I also shared it with my classmates.



**Manav Mallya M
IV C**

FRENCH FRIES

One thing I like to cook is french-fries. To do it first take the potato and cut it into strips. Then fry it in oil. Then put it in a plate and put tomato sauce and mayonnaise and mix them both and eat it. It will be tasty and fun to eat with your friend. I enjoy eating this.



**Fiza Ayesha
Faruk
IV D**

WHAT IF I WOULD BE THE PRIME MINISTER OF INDIA?



Riyon Jake Monteiro
IV A

If I would be the Prime Minister of India. I would start “no money rule”. That means no one would need money you can enjoy without money. You can get the biggest house as well as the smallest pencil. Everyone can enjoy from the poorest till the richest. By this rule the world hunger wars will stop because you don’t need a job, just go for a picnic. Now, man country, world, God and all will be happy because there will be no jealousy anymore!

THE HAPPIEST MOMENT OF MY LIFE

I want to share an incident which gave happiness to me. One day I went to my granny’s house. It is a beautiful village, i just loved the beautiful landscape, rivers, mountains, animals and birds over there. My grandfather and I went to the field. He was a farmer. He loves to grow different vegetables in the field. I heard a cute little noise the field, so I rushed to that side, a cute little rabbit baby was shivering under a bush. I slowly held it in my hand and that time was my best and happiest moment for me. It was so cute and its fur was so soft. I started screaming so loudly that my grandfather rushed towards me. He was also happy to see a cute little rabbit baby but after a while he advised me to leave the rabbit baby so that it can live happily with its mother. I was a bit sad but my heart was filled with happiness. Do you know that night I didn’t sleep, instead I was playing with a cute little rabbit baby in my dream. I love pets but I never keep them in a cage.

Srishti Pavorr
IV A



IF I WERE THE PRIME MINISTER

If I were the Prime Minister of India, I would like to encourage people to save the environment and the things surrounding it. All the biotic factors should be treated the same. I would donate a lot to the poor and needy for shelter and other needs. I will try to encourage the cruelest to the kindest heart. I will try to make people follow all the rules and regulations. I will respect all the state ministers and governors for their work. I would congratulate winners and encourage the participants to do well next time. I would not tolerate terrorists and help the wounded. I would not tolerate insulting, bullying and ragging. I will listen to others suggestions attentively. On Independence Day I will salute respectfully and speak about the rules and regulations to be followed and how to be a good citizen of the country.



Naman Acharya
IV B

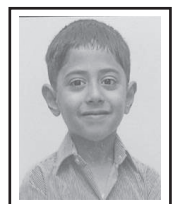
IF I WERE THE PRIME MINISTER OF INDIA

I would stop corruption.
I would help the poor people.
I would send money to old age homes.
I would make the village roads proper.
I would open free schools and hospitals.
I would stop bad people from dirting India.
I would ban plastics.
I would save minerals such as coal and petroleum for future use.



Kaushal Y Salian
IV A

I would ban smoking and drugs.
I would build houses for people who are poor. I would make schools for children who have lost their parents. I will not allow people to throw garbage on the road. I will provide food for poor people.



Vivan Suman Kodialbail
IV C

THE HAPPIEST DAY OF MY LIFE

The happiest day of my life is my birthday. I get many gifts from my relatives and friends. We even organize a party. My best birthday will be my 10th birthday. I will call my friends and relatives. We will play games, eat cake etc. I forgot to say my birthday is on 4th March. I enjoy playing games on my birthday party. So my birthday is the happiest day in my life.



Ishaana shetty
IV B

MY BIRTHDAY

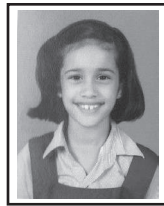
The happiest day of my life is my birthday. In the morning as soon as I get up I will get so many calls and surprises. Afterwards I eat my breakfast, wear my new dress and go to school. In school my teachers and my friends wish me. I distribute chocolate to all my lovely friends. I go home and find so many surprises. Last year I got a bicycle as a gift. I wonder what I will get this year.



Nainika Rajesh
IV C

THE BEST DAY OF MY LIFE

The best day of my life was during my holidays. Once when I woke up my grandfather told me there was a surprise for me. I followed my grandfather as we were near the kennels. I grew more and more excited. Soon we reached near one of our dogs called Muffinal who started jumping with joy. She had just got puppies! They looked so cute! I even named all of them. I was very sad because we had to give them away but we kept one of them with us. His name is Brindle.



Tanvi Vasant
Kudva
IV B

MY IMAGINARY FRIENDS

My imaginary friend is A3A21. He is a robot. He plays with my brother and me, His friend Zumba A1 the robot plays with us. Zumba A1 has many friends like Ramba, Lotopi and Zaka. A3A21 and Zumba A1 come with their friends to our home. We play, eat, dance and sleep. We play games like shooting the Zombies. 'The war' and 'Zumba Ka Dance' is what we enjoy a lot.



K Parin
IV A

MY IMAGINARY FRIEND

My imaginary friend is a cute little girl who is very beautiful, living in a big and beautiful palace. She was dressed up in a long beautiful gown which I want to wear. I thought who she is. She would come in my dreams. She would always be with me wherever I go. One day I slept. There she came, my imaginary friend. In the midnight I was in my own dream. I was most surprised. I was a beautiful princess who went to my imaginary friends' palace. I could see her with my own eyes. "I asked her who are you"? She replied, "I am your imaginary friend." I was most surprised. I asked her again "What is your name?" She said "My name is Nina." Then a huge monster came in the middle and that was my mother who was trying to wake me up. From that day onwards Nina became my best friend.



Shreya Hegde
IV A

LET ME TELL YOU ABOUT MY IMAGINARY FRIEND

When I was small I had nobody to play with. After some days my mom got pregnant. I was so happy. After some days on my mom's check-up, I learnt that I would not be able to become a sister. On that night when I was sleeping, I heard a knock on the door. I was scared, I slowly opened the door. It was a small girl. She bought me a doll. I was happy. Then she stayed with me and in the morning, we had breakfast together and played too. But my mom was worried about me talking to my friend. I said her name and her name was Gia. Then my mom was calling my name. I woke up from my bed and thought that was a dream but it was not.



Riya Deanna
D'Souza
IV C

My sister : I don't have a sister but a cousin sister her name is Shenel. She is 1 year old. Her birthday and mine are on the same day. We play together. She is so cute and chubby. I love her as she loves me.

BEST FRIENDS ARE....

Best friends are the
voice of joys
They share everything
like toys
Kind and caring and
loving are they
True friends are the
best gifts we share
They never become old
Their value is more than
gold.
Friendship is the precious
thing.
That never can be ruined...



**Pakhi, Trishita, Ayan, Eesah,
Christina, Tanmay, Chalita,
Dilip, Diya and Jishnu
IV A**

IF I WAS BORN 100 YEARS AGO

If I was born 100 years ago, I would be a person who made things from natural things. It would be so nice to make things using sticks, stones, wood etc. I could even make toys using wood. I could use sticks as needles and stitch leaves into small clothes. I could also squeeze the skin of fruits to make paint. Many more things can be made like weapons.



**Ridhi Chowta
IV B**

MY BEST FRIEND

One person I am glad I met was my best friend Diya. I like her very much, because she is loving, kind, helpful, compassionate and very friendly. I was very glad because she became my partner for a month. That moment Diya and I became very happy. From that day onwards we used to go together, talk together, do our work together and many more things. Then one day it was the day when we had to change our places. At that moment Diya and I became very sad. As I remembered one day when I fell in the games period she was the only one who held my hand and washed my wounds. I like her very much. I like her because she speaks the truth. She is the best person I ever met.



**Joanne Benita
Karkad
IV B**

MY FAMILY

My family is a very happy, kind and loving family. There are five members in my family. My mother, father, grandfather, grandmother and myself. On Sundays, we go to malls, restaurants, temples, etc. My mother and father are doctors. My grandfather tells me stories and my grandmother makes yummy food for me. My family loves me a lot. On festivals, we decorate our house, make different kinds of food and do puja together. We help each other and spend a lot of time together. In my family there is no place for argument, selfishness, injustice, etc. My family is the best family.



**Dhriti R
Suvarna
IV B**

WHAT MAKES ME HAPPY

What make me happy is singing and baking. It always makes me smile and allows me set myself free. It makes my heart happy. There is knowledge in my mind and happiness surrounds me.



**Minaal
IV D**

HONESTY

Honesty is the component of moral character which develops good attributes including truthfulness, kindness, discipline, integrity etc. It involves the absence of lying, cheating, theft and lack of other bad habits which hurt people. Honesty is being trustworthy, loyal and sincere throughout life. Honesty is very valuable and a good habit of much importance. There is a well said proverb by Benjamin Franklin - "Honesty is the best policy". Another quote by Thomas Jefferson - "Honesty is the first chapter in book of wisdom". Both are truly said by great people in the past and will be truth forever. Honesty leads a person towards an auspicious path which gives real happiness and joy. A person can be honest when he/she follows honesty in various aspects such as honesty in speech, workplace, justice, behaviour and all the activities we do in our life. Honesty makes a person free of troubles and fearfulness. So friends always be honest in your life.



**Nived Ragesh
III D**

MY FAMILY

My family is cute, my mother is pretty. My father oh God! he is so handsome. My sister she is also pretty. But she looks dirty when she combs her hair with middle partition. I am very naughty so my father tells me goozy gander. I feel my family is the 1st good family. My sister is very naughty but not more than me. She doesn't respond when I call her in school. I love my family.



Evani Rai
IV C

SCREEN STAR

If I was a famous screen star, I would be a cricket player. I would play for my country. I will score double century for my team. I want to be a famous cricket player like Virat Kohli. Virat Kohli's best one day international score is Shraavan Vishnudas 170 VS Pakistan at Dubai 2012. His best T20 score is 90 VS Australia at Melbourne in 2016. His best score in tests is 240 VS Sri Lanka at Delhi 2017. In one day International he has got 49 half centuries and 36 centuries. He has hit 59 sixes in all his matches. I want to be like Virat kohli.



Shraavan Vishnudas
Prabh
IV B

IF I WAS A FAMOUS SCREEN STAR I WOULD

If I would be a famous screen star I would act in many movies and TV serials. I would be a heroine in a movie. I would go on a tour to Holland. I would buy a big bungalow and Lamborgine. I would get a chance to get an award to be the best actress. I would go to Dubai and stay in Burj Khalifa and I would travel to other countries too. I would go to Disney land in Paris and enjoy playing with cartoon characters. I would go on a world tour and enjoy a lot.



Dhrithi B
IV C

IF I WAS A FAMOUS SCREEN STAR

If I was a famous screen star, I would choose Lionel Messi the legend of Argentina. Wanna know why I would choose him, because he plays football so nicely and he has done 91 goals in the calendar year. He won a trophy on Saturday when he had a match with Sevilla. In that match Messi scored 3 ridiculous goals. He started playing football since 5 years. Messi is also famous for his skills. He is very friendly with his fans and team mates and whenever his team gets a penalty, he gives a chance for the mates who ask him. He won five balloon d'orn. A balloon d'orn means they are the champions of the year. If I was a famous screen star I would choose Leo Messi.



Alhaan Mohammed
Schannad
IV B

SINGING

If I was a famous screen star I would just love to be a singer. I think singing is the easiest and best of all. Singing makes me feel so nice. I would love the whole world to listen to my voice. Anything without music would be so boring I could even compete with other singers. Singing is the best thing I can do. The best thing about singing is that you don't need anything except for your voice to sing. I can even experience singing in many different tunes. I will then become better after having the practice of singing in different tunes. I love singing.



Anoushka B
IV B

I DON'T LIKE TO EAT

I don't like to eat fish curry because thorn (fish bone) in it gets stuck in my throat. I get scared while seeing a shark because it is too big and its teeth are terrible. The octopus is big and leaves black smoke like it has no manners. So I don't like to eat fish.



Gautham Vasanth
Thumbe
IV C

I DON'T LIKE TO EAT

I don't like to eat sweets.
Because sweets are sweeter.
There are many types of sweets like laddoo, Mysore Pak and the like
But, my favourite is Mysore Pak.
It is not so sweeter.
That is the only sweet I like.



**Haleema Faiha
Farooq
IV C**

WHAT MY NAME MEANS?

My name means 'Follower of Jesus Christ'. When I was in 1st standard I used to wonder what my name means. But one day I decided to ask what my name means with my parents. When I heard this, I was quiet surprised 'oh wow, what a beautiful name I got'. I told mom 'my name is Christiana Marina Monteiro, so I have 1 more meaning. That's for Marina. It means Mama Mary. I was quiet astonished when I heard this. I am very happy to have such a beautiful name.



**Christiana Marina
Monteiro
IV C**

MY FAMILY

My family is a big family and there are 10 members in my family. My mom is a housewife and my dad is working in a wood shop. My family visits places like Bengaluru and Raichur. My mother's name is Jayanthi and my father's name is Sudhakar. There are two aunties Kusuma and Mallika and two uncles Rajesh and Udaya. My sister's name is Huvishka. My brother's name is Mayur. Huvishka is my own sister. My grandmother's name is Shambavi. My grandmother tells me stories and songs. All eat together. I love my family very much. My full name is Vaishnavi S J Naik.



**Vaishnavi S J Naik
IV C**

I LIKE TO EAT....

The best food in the world for me is French fries. I love French fries. French fries have potatoes that I love to eat. French fries are so crispy and tasty and awesome. Even Prime Minister will love French fries. French fries are so amazing.



**Shiek Rida Fathima
IV C**

GAME OF FOOTBALL

I am good at football, my friends play football with me. We always play this game and we enjoy. When we play we do two teams and then start to play. Before we start the match, we select players. I like this game because we tackle and make a goal. We also play cricket. But my friends only like to play football. I also like it.



**Shawn Royster
Monteiro
IV C**

MY FAMILY

My family is a happy family. In my family there are four members - my mother, father, brother and me. My mother gets up early in the morning and cooks tasty food. She helps me in everything. She corrects my mistake. My father works in Saudi. Whenever he comes to India he brings lots of chocolates and toys for me. In October holidays we went to Jog falls. I enjoyed a lot there. My brother's name is Pavan Kumar. He studies in Lourdes Central School, Class IX A. He loves playing cricket and football. He wants to be a football player. He loves playing with me. My family and I enjoy a lot. I love my family a lot.



**Yashica
IV C**

CARS

I am good at cars. I love them so much. I learn new things about cars every day or every week. I watch videos and play games of cars. I learnt to tell the names of cars at the age of two. The sounds of cars are awesome. My favourite cars are Ferrari 458 spider and Bugatti Chiron. I will love cars even when I grow old.



**Rishith P Shetty
IV C**

IF I WAS A FAMOUS SCREEN STAR

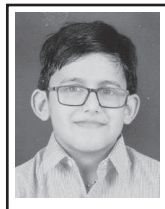
If I was a famous screen star. I would dance and act in movies. I would get a chance to be the heroine of the movie. I would even get a chance to go to other countries for movie shooting. It would be in an English film. I would get a chance to go to other countries. I would visit my favourite country, Honkong. Then I would go to my favourite place, Disney land. I would go to some rides of the park. Then I would come back to India for my shooting. I wish this becomes true.



Deeya Alva
IV C

IF I WAS THE PRIME MINISTER OF INDIA

I would protect my people, help the poor, I would be kind to everyone, I will never be strict, I will make sure everyone in India knows Hindi and teach them valuable truths, give everyone gifts for free, make sure everyone in India is very safe, teach new techniques in police training, make sure enemies don't enter India, make sure accidents do not happen on roads, streets or cities, and not to trouble anyone and protect my family.



Arya Ananth Bhat
IV D

WHAT MAKES ME HAPPY?

Someone that makes me happy is my little brother. But sometimes I feel sad when he cries or falls down. He is one year old and I am happy with him because I like babies. I always prayed to God for a sister or a brother. When my mother got a baby in her stomach I was very happy. But the baby was gone in a few days. That made me feel sad. But then to make me happy my brother came in her stomach. I feel happy when he calls me Akka. I call him Thamma. I feel happy when he plays, laughs and dances with me. My cute brother, I love you.



Kshiti G Shetty
IV D

IF I WAS THE PRIME MINISTER I WOULD

I will first put CC TV cameras on every street. There will be a donation to the orphanage every year. I will fix every road. I will also provide electricity to the entire village in India. Every child shall get education. I will give the police so much power and assure that all the criminals will be in jail. I will never break promises. I will never betray my country.



Riddhanth
IV D

IF I WAS A MOTHER FOR ONE DAY, I WOULD

If I was a mother for one day, I would wake up early in the morning at 5:00 am. I would cook Dosa and Chutney. I would cut apples for my kids for school. Then I would wake up my kids at 6:30 am for school. Then I would make some more dosas. I would wash the vessels and keep it aside. After my kids come home, I will serve the food and help them to do the homework.



K. Preesha Pai
IV D

OMELETTE

One thing I know to cook is omelette. I actually know to cook many other dishes also, but omelette is the easiest dish I can cook. I like to cook omelette because you only need to beat the egg and have to put oil on the pan. You also have to add coriander, onion, pepper and chilly powder. It's difficult but for me it is easy. It gives a fresh smell. My parents also like to eat it. Near my house there is an omelette shop. I only like to eat omelette there. My mother also makes omelette for me. I like a little bit of my mother's omelette because she doesn't put much oil and chilly powder.



**Samprith Sachin
Khambadkone**
IV D



IF I WENT TO MY FAVOURITE RESTAURANT, I WOULD ORDER.....

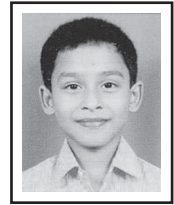
If I went to my favourite Barbeque Nation, I would order crisp corn, veg fried rice and ice cream. Barbeque Nation is in Mak Mall in Kankanady. I like it because they make very tasty food that I feel like eating again and again. But it is a very costly restaurant, for adults it is 800 rupees and for below six years it is free. So, I like to go there.



Abhiram Kashyap
IV D

IF MY GOD COMES AND STANDS BEHIND ME, I WOULD....

If my god comes and stands behind me I would be so happy and I would give him some food. And ask if he wants some tea or coffee. After that I would hold his hand and make him go round my apartment. Then I would tell him about my family, my naughty sister or my cool parents. Then I would show him my toys and tell him to play. I will ask him for some wish. At last I will invite him for dinner.



Samarth G
IV D

DIWALI



The happiest day of my life is Diwali as we light diyas which is my favourite. I don't like to burst fire crackers because they are so noisy.

My father buys me a new dress and sandals on Diwali. We give gifts to others. We make sweets.



Gahnavi S
IV D

WHAT MY NAME MEANS

My name means 'a messenger of God'. My mother had kept my name Angel because I look like an Angel. Some of the teachers, too say I look an Angel. My name's meaning makes me feel proud. My name means a lot to me. I sometimes feel it's the best name in the world. My name comes in the Bible and on jackets. Even on necklaces, I want to become the person what my name means. We all have good names and good meanings of them, so we should be very proud to have a name and its meanings.



Angel Vea Barboza
IV D

SPORTS

I am good at sports. The sports which I like are football, cricket, badminton, hockey, basketball, tennis, table tennis, leg cricket, swimming and throw ball. My favourite game is football. In football only 11 players can play for one team. My favourite team is BRAZIL, my favourite player is Messi. I like him for his dribbling skills. His favourite friend is Neymar and Coutino. He is known for his dribbling skills and goals. He is one of the best player of football. He has the world record of shooting the goal from the mid line. He is my favourite footballer. I want to be good as Messi.



Adhvik Shetty
IV D

MY MOTHER

The person I was glad I met was my mother. My mother's name is Shilpa Shanbhag. I love my mother and she loves me too. I am sure that she is the best mother in the whole world. She takes care of me. She helps me to do my homework, projects etc. She even makes tasty food for me. I love her the most.



Shreya Shanbhag
IV C

KINDNESS

Kindness is the most important human value. Kindness means a friendly, loving and helping behaviour to others. We should be kind to others and never to be rude to anyone. Small acts kindness makes life happy.



Ewan Francis D'Souza
I D

GOOD VALUES

Good values are essential for us to lead a disciplined life. We, as children, should work hard in our studies and indulge in useful hobbies too. Some important values are: We should work hard, love others and be loved.



**Preethesh
Loyal Crasta
I D**

FAMILY

MY DAD : is funny and looks like Salman Khan. He looks like a film actor has come to my house for the first time. Even I like taking my dad's autograph.

MY MOM : is a beauty. She looks like Deepika Padukone. She is best in doing Pav Bhaji. First time I am seeing Deepika Padukone cooking for me.



**Aneek Aithal
IV D**

MY MOTHER

My mother's name is Roopa. She gets up early in the morning. She helps me with my homework. She cooks tasty food for me. My sister and I play with my mother and father. I love my mother very much.



**Toshith Vittal K R
I D**

I WANT TO BE.....

When I grow up what I want to be? When I grow up I want to be an artist. Because I love to draw, paint, shade and colour. It is very interesting. We can draw figures like cartoon characters, famous people, wonders of the world etc. There are rules in art like how the figure is that way you should colour or shade. I like drawing because it is the best thing ever done. An artist is always thinking about his drawing. The painting will be so wonderful that people keep seeing many times. The speciality is that artist are always happy even if they are sad.



**Rida
Jameela
V A**

PARENTS

Our parents are loving, caring and also sharing
They work for us and are caring towards us
They are the Gift of God and special to us
We will cherish them forever.

They are the most precious treasure
They give us pleasure that we cannot measure.
They take us to the park and bring us back home
before its dark.
They shout at us when we are bad but we don't
give them back.

**Sathvik, Shadin,
Gaargi, Preksha, Meet,
Haifa, Shishir, Emily,
Sharvi, Rudrakash,
Alrene, Ayesha.
IV A**



OUT IN THE RAIN

Whether it drizzles or it pours
I race out – of – doors
In the puddle, I splash
And to the garden I dash.

I dance, I sing, I swirl
My wet hair coil and curl.
I twirl, I sway, I loop
In my hands, the rainwater scoop.

The bright flowers dance with me
And so the green leaves of the tree.
The birds bathe in the water pool
The day is now fresh and cool.

The rainbow slowly comes to the sky.
Rain –dance its time to say Good bye!



**Dhanya U S
V A**

THE VILLAGE OF MORKUNA

Long time ago there was an island in the tropical zone. It was a place you just can't imagine. This is the story of a secret hidden place called "The village of Morkuna" where you feel you are on the top of the world.



Lasya Bharath
V A

The mornings of Morkuna was amazing with the cool breeze and the shimmers of the coconut trees. You would see the hut shaped like a wonderful resort with few hot spa's in it. The afternoons were pleasing with the winds from Hawaii. The yummy delicious food would leave your mouth watering. And the evenings were wonderful with the sand tickling your feet, as the water on the shore touched your feet. The amazing view of the sunset was such that you could enjoy it even if you were alone. You would fall asleep with the sound of the waves.

The people of Morkuna were traditional. Their culture was to apply three colours on their face and wear a hat of feathers. They lived in tribes and one of the tribe was Baka. They were short and dark. They were fishermen with their staple food being fish and coconut water. Their clothing was made of leaves and flowers.

I often dream about going to Morkuna and unfolding all the secrets of that place.

THE SCARY BIRTHDAY?

It was dark and a scary night. I was watching my favourite movie IT. Suddenly I heard some sound and I was scared. So I went to my bed but I couldn't sleep and I was hearing that sound again and again. I went to my sister's bedroom. She was not there so I screamed as loud as I can and started to cry. I went down stairs and I saw curtains shaking. MY parents and my sister shouted happy birthday. Then I came to know that there were no ghosts and the sounds were the popping of the balloons.



Aishna Kushwah
V B

ADORES OF NATURE

In the nature, the air simply pass, the water just flows, the trees sway and the flowers bloom, nature is one of the biggest joy. From the tiniest seed to the biggest tree the nature is just adorable. As time passes, the level of germination increases but the benefits never decreases. But we the cruel humans have caused the pollution which has decreased the benefits of nature. May be we can only understand the value of nature when it's lost. The shade, paper, medicines and fruits is given by nature. But the greyish substance is given by us. Let's move a step ahead to save nature.



Unnathi R
V A

NAPOLEON BONAPARTE

Napoleon was a boy who lived in Crostica in France. At the age of 5 he started drawing pictures of battle because he was interested to fight wars. When Napoleon grew up he became the military leader of Crostica. After a few years, he was promoted as General of the kingdom. There was a girl called Belinda who was the daughter of the minister, who always helped Napoleon from danger. He married Clara Johnson from Rome, instead of marrying Belinda. He faced trouble by not marrying her. After a few years, Napoleon became the emperor of the kingdom. He fought wars with Austria, Italy, Netherlands and Malt and captured all the kingdoms. He named his war Napoleanic War which was famous all over the world. He made the banking system for France. He did bad things too. He made himself the king of Rome and made his relatives to rule the other countries. When Napoleon and his kingdom were fighting war with Russia, Russia captured Napoleon's kingdom. Napoleon ran to Belinda for help but she disagreed to help him. Later they captured Napoleon and took him to St Helena an Island and he died there.



Hrishikesa Vijay
V A

THE DUBAI DIARIES



**Amrutha
Suresh Nair
V A**

When I was little, I used to live in Dubai. There I used to study in a school called ISS, it was a really nice school, just like Lourdes. There I used to go to different zoos, parks etc. One of my favourite parks was the Pond Park, basically not a water park, it's a normal park but has so many rides. Even it has a place where we can have picnics. I also like Garden glow - it's a garden which glows in the dark, so many statues, food stalls, and water statues. I've also been to Dubai Safari park. I also go shopping and see places with my friends, play in my friend's house, have awesome birthday parties, go to Star lucks, coffee shop etc. I've also gone to tourist places too. Dubai was so much fun, just like Mangalore. For second thoughts, Dubai was also my favourite places to go shopping, where I love going to rides like going to fun city. I've also been to Burj Kalifa. It is near to my school. I have also been to Dubai mall, Atlantis and Sheraton hotel in Sharjah. I also used to go and buy dolls, dresses and balloons. I've been to Riocos beach resort with my friends. Dubai has many beaches. I love Dubai.

LEELA'S GHOST ADVENTURE

Leela was playing with her friends Mile, Risha, Rani and Karan. While Leela was playing, her mother came and told her not go to the 5th lane because it is haunted. Leela doesn't believe and decides not to go. But Leela and her friends were playing with the ball and Karan threw it so hard, that it went to the 5th lane. Rani told let's take the ball. Leela gets a bit scared. But Rahul warns 'don't go there. There are ghosts.' So Leela says there is nothing like that. So the friends go inside. "It's too quiet" Mile says. Nobody was there. Then, they saw a big house called Hawnster. They opened the gate and there was a loud laughing voice. They get scared and try to open the gate. But it was locked. They went inside the house and the light turned on and off. Everybody gets separated. Risha, Rahul and Rani will be in one place and Leela, Karan and Mile in another place. Then all go to the bedroom. Suddenly light gets on. Then appears a ghost. It comes running towards the children. When Risha falls, she saw that the ghost has legs. She got the ball. She slowly called every one and they came. Risha said about everything, so Mile tells it's a man. Mile remembered that he had a cell phone. Mile calls the police. Then the cops came. It was not a ghost, it was a man called Raju. He was a clown in a circus. He used his gadgets and animals to make scary sounds. He used to steal money or kidnap children and hide here. He was acting like a ghost. The police thanked the children. It was a great adventure.



**Astha Attavar
V B**

THE HORROR HOUSE



The house was in a creepy forest in the Amazon forest. The forest was invisible but the house was not. One day a girl went inside. The girl carried a torch too! As she entered, there was a loud noise. She heard a scream, the door closed and locked on its own. She saw a Dracula close to her. That was a girl! She had blue eyes and red hair. She wore a white dress. The ghosts name was VYX. The girl with a torch broke a glass thus going to a wizard's home. Well, the wizards name was XYV. The wizard tied her to a glass but she broke the glass and escaped. She was out of the house lying on the grass. She ran with all of her strength but was caught by VYX. When VYX was about to eat her, up came XYV. They started fighting for the prey while the girl ran back to human world. Suddenly I heard my mother's call to wake up. Well that was just - A HORROR DREAM!



**Varshini K N
V B**

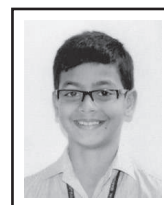
SPORTS

A sport is one of the most important part of one's life. To lead a healthy and peaceful life sports shall be made a part of it. In addition to health, sports provides strength, dedication, discipline, which is very important for a student to get concentration. So sports shall be considered one of the basic requirement in the students' present generation to lead a well maintained manner of life.

Even though our nation stands second largest populated country in the world, it is lacking in sports. This is a major drawback to the country.

Diseases like diabetics, pressure etc. This definitely hinders development of the nation.

Therefore sports should be made a part of life. This should be made as a day to day practice from childhood itself. In this regard all authorities including schools should take compulsory initiative.



**Immanuel
Adhik Furtado
V B**

RIDDLES

1. Which part of London is in Brazil?

Ans : L

2. In Russia, you can't take a picture with a wooden leg. Why?

Ans : Because we need camera.

3. Which three letters can frighten a thief away?

Ans : ICU

4. What you can hold in left hand but not in right hand?

Ans : Your right hand.

5. I am the starting of everything and also the ending of life.

Ans : E

6. What you never eat for breakfast?

Ans : Dinner or lunch

7. What is stronger than gold, bigger than everything, worst than the worst, better than best and if you eat it you will die?

Ans : Nothing



**Raqiya Maimoon Razak
V B**



RIDDLES

JOKES



**Poojan Shetty
V B**

People say that we learn from our mistakes. So we will do many mistakes as we can do.

Golu's father – the window is dirty. I can't see anything. Golu come here.

Golu – yes papa, why have you called me?

Papa – you have to clean the window till then I will go to market.

Golu – yes papa, I will do it.

After Golu's father went.

Golu – cleaning is very important why is it not getting cleaned?

Golu applied more pressure and the glass broke! I thought "I will break the pieces of glass so that my papa can't understand it.

After Golu's father came –

Papa – have you cleaned the window?

Golu – no papa. I broke the window. Sorry, But I learn from mistakes.

Moral : Golu changed his mind and spoke the truth.

MY ENCOUNTER WITH VOLDEMORT - MY DREAM

Well this is an incident that happened in my dream. Here it goes

I was near a very old looking building made of grey coloured bricks. The ground was also made of them. And suddenly, at around a distance of 4m a human appeared. The only difference was that he:

- *had slits for a nose
- *was blue in colour
- *had red eyes
- *was looking like a snake

But this couldn't be lord Voldemort. Harry potter had killed him. Lord Voldemort bowed. I understood that he was challenging me to a wizard duel. So, I bowed back .And before I could cast a spell on him, he did it on me.

"EXPELLIARMUS" he shouted. Expellirmus is a disarming spell. I got disarmed. Why didn't he use the killing spell [Avada Kedavra] which he usually uses. I didn't notice that.

I ran away from my wand to behind the building. I found out that Voldemort can run very fast. We ran a long distance [Voldemort occassionly throwing spells at me and I expertly avoiding it]. I ran and ran with Voldemort behind me, until I got trapped! Voldemort was about to kill me but before that I woke up. I was sweating and it was 5:30 a.m.



**Lauren Marian
Patrao
V B**

THE MOMENTS OF SCARLA

In 2013 December my family and I were on a holiday in Tanzania Africa. We saw different animals, birds etc. They all were free. I touched the lion and other animals in the afternoon. When I was about to eat my lunch, a monkey pulled it from my hand and ate it. On the Christmas Eve I danced a lot and played different games. In the Christmas morning when we woke up there were four scarves and watches and hats. That day I played in a cold pool and ate French fries. After three days of Christmas in the morning my mother got a phone call from my uncle that my grandma expired. My sister, my mother and I began to cry. That evening when we were going back to the resort my sister saw my grandma's face in the clouds saying good bye. My sister got really scared. At night we all heard anklets tinkling and got scared. The next day our flight to Induga Africa got delayed. I stayed in Uganda Africa for five years. It was the last day of the trip, my parents had gone down and were waiting for me. I was coming down slowly when suddenly the lights went off. I got scared and began to cry. I heard some sound coming towards me and suddenly the lights came on. And the sound was coming from my father. Then we came to India and settled forever.



**Khiti Bhat
V B**

MOBILES

Earlier news had come that sparrows are getting killed because of phones. They can't manage the sound of mobile phones. It does not mean that we should not use mobiles. There's a limit for everything. In olden days there were no phones but still people could live, but now for each and everything we need mobiles. Instead of mobiles, we can use books for calculations, cooking, meanings etc. Doctors and researchers say that soon mobile disease will appear. So let's use mobiles only when needed.



**Zuha S Khan
V B**



MY FIRST EVER BIRTHDAY

My first cry was on 22nd January 2008. I am the only girl in my family. I celebrated my first birthday in Saudi Arabia. I came to India when I was three years old. As I remember my house was filled with babies of my relatives. In, fact I hardly recall any moment as a child when I was alone. When we shifted to India, I was missing all my friends, my cousins etc. I first came to St. Mary's School. And then we shifted to our new house. The nearest school was near Lourdes Central School. I found so many friends there. I visited my friend's house. She gave me so many chocolates and chips. We always used to play games such as hide & seek, ice & water, virus, dog and the bone, seven tiles etc. Once, I had a surprise from my aunt on my 10th birthday. There were lots and lots of gifts, games, oil pastels, dress etc. I was the happiest girl in the world. When I went to Dubai for a vacation they took me to various places such Burj Khalifa, Burj-Al-Arab, mall of emirates, Dubai mall etc. I loved all the places. And then after the vacation was done, I came to my school. Then I went to various competitions such as drawing, colouring, fashion show etc. My best gift is that "I have been in this world".



**Aysha Nada
V B**

THE WONDERS OF A THUMB



**Anna Prashanth
Manimala
V B**

Once, my sister asked my mother "Why is our thumb so different?" My mother replied "Our thumb is unique". Without it we cannot write, hold, eat etc. "Can you imagine our thumb like the rest of our fingers?" She asked. My sister shook her head. "I feel our fingers won't be complete without it." She said "Did you know that not a single thumb has the same pattern in it? Even your left and write thumbs do not have the same pattern. My mother said "Oh, and we can't do a thumbs up without a thumb", my sister added. 'Yes' my mother said with a smile. 'Touch your thumb with the rest of your fingers' my mother instructed. My sister did it. 'Now touch your little finger with the rest of your fingers; she said. My sister did it 'which was easier'? my mother asked. 'Touching with the thumb' my sister answered. 'Now do you know why is our thumb so different?' My mother asked.

'Yes', my sister said and ran off to play with her friends.

LUKA MODRIC – THE BEST ASSISTÉS

Luk Modric is the best football player. He is born in Cranatia on 9th September 1985. He plays for real Modrid. He is 35 years old. He is a mid-fielder. He has won the UEFA best player (male) award on 26.09.2018. For me, he is the best and will be best forever. He is the captian of Cranatia in the Fifa World Cup. Mostly people call him best Modric. He has two children. His career's best match was Argentina VS Croratia 2018. The score after half time was 1-0 Cranatia – 1 VS Argentina 0.

After that Modric got a Freek CK and he did a superb goal. In the finals of 2018, Cranatia VS France it became 1-4. That finals Cranatia lost. But we say 'Life is all about a second chance'. His hardwork is amazing. I salute Luka Modric.



**Mustufa Godil
V B**

MY PET

My pet dog is rotwheeler. I call it rocky. It is black in colour. It is the 2nd dangerous dog in the world. It wags its tail when it sees my father. It plays with my father and family members. It guards our house. It was bought when I was a baby. Once it has caught a robber who came to steal our house. I do not want it to die.

Entertain your pet and it will entertain you.



**Shreyas
Yeshwanth Kulal
V C**

MY PET

I like my pet. They are love birds. I have two love birds. They chirp every time. I give them mill grain and water. I also give them corn, carrot, egg and coriander. My mother cleans the cage. I help my mother to clean the cage. My bird will go inside the pot when we are cleaning the cage. I hang a big ring which they like to play. Both of them play together. When I am free I watch them playing together. They have beautiful green coloured feathers. They also have shades of yellow. The male has blue colour in the nose and the female has white colour in the nose. They do not fight with each another. They lay eggs. The mother bird sits on the egg to keep them warm. Their egg cracks and the chick come out. When the chicks have feathers they come out from the pot. The mother bird feeds the baby to keep them healthy. The feathers of baby birds are similar to mother bird's colour.



Anora Joan
Chacko
V B

MY TRIP TO KERALA



Nishal Neeraj Barke
V C

When I was nine years old, My mother and I went to Kerala for a trip. We planned to stay in a resort. We sat in the train at 6 am and reached Kerala at 7 pm. Our room was very huge and clean. There was a sliding door near the balcony. The next day, we noticed that there was a huge lake next to the resort. We sailed in the lake on a boat. After, the boat ride, I saw a swimming pool and a gym in the resort. There were cycles kept to ride on. The next day, we boarded the plane from Kochi airport. The plane arrived from Kerala and landed in the Bangalore airport. Then we sat in another plane which arrived from Bangalore airport to Mangalore airport. I enjoyed the trip to Kerala.



MY TRIP TO BENGALURU



We sat in the train and started travelling to Bengaluru. The journey was about 10 hours. We reached there and my dad came to pick us up. He took us to the house where he was staying. We rested for a little while and we decided to go out. We went to many play areas like fun city and snow city. We had a great time there. We then went to a restaurant and had our food. We also had some delicious ice-cream. We then got back home. This was my memorable trip to Bengaluru.



Prachi
V A

MY TRIP TO MUMBAI

It was 22nd of May. I was very excited since I was going to Mumbai. My cousin brother was staying there, On 22nd May 2018, night 8:30 pm we boarded the plane I reached the place at 11:00 pm. The next day we planned to go to the Taraporewala aquarium. We saw many kinds of fishes. The next day we went to Mumbai Nehru planetarium. There we could study about the space. Then we went to sky theatre and saw a movie of the space. After that we went to the mall and ate a plate of panipuri. Then we booked tickets for the snow world. We had so much fun. It was a very enjoyable moment. The next day was 26.05.2018. It was time to fly back to Mangalore. I still have a lot of memories on my trip to Mumbai.



Laghima C M
V C

MY BEST FRIEND

My best friend is Astha. She is very beautiful. She has short hair and black eyes. She is good in studies. We both go to malls together sometimes. She gets angry very fast. Her nature is very friendly. She likes to dance. We both like to sing together. She likes to play seven tiles. She hates to eat. She hates maths and even I hate maths. On Children's Day we danced together. In IVth standard we were studying together. For the Annual Day we both were narrators. In IIIrd standard we both became friends. In IVth standard we both had been the MC'S.



Chrissel Sidra Johnson
V C

GARDEN

Garden is the most important place for animals, birds and insects. Gardens are found all over the world. Different types of fruits, vegetables and trees are grown in the garden. Gardens beautify our nature and it also helps us by giving oxygen as there are many trees grown in the garden. Lalbhag is the biggest garden in Karnataka. Children like to spend their time in the garden playing around with butterflies and plucking fruits and flowers. Many people like to walk around in the garden. Even I have a small garden in my house. We have grown plants of fruits and flowers.



Aryan Pai
V D

MY FATHER

My father is my role model and I try hard to be like him. My father is punctual. He does not like to be late for any appointment or for the completion of any task. He is strict with me because he wants me also to be on time and not to be late in completing my work. I too have learnt to be punctual and I am appreciated for this by my teachers and my friends. He wants me to score good marks in exams. My father is particular about being neat and clean. He also does his work systematically and is fastidious. He keeps his books and papers in a neat and organized way. He insists I should also keep my books neat and tidy. My father is my best friend. He is a happy person and always tries to make those around him happy. I am happy when I am with him. My father loves me. When I have any difficulty I turn to him and he is always willing to give me a helping hand. He always has a knack to solve my problems. I love my father and admire him for his many good qualities. I am grateful to my father and hope to make him proud of me. I love you Daddy!



Vamshitha Shetty
V D

MY DAD

My dad is a very kind person. He loves me very much. He works hard and is very strict. He gives me everything. He comes home at 4:00 pm. We live together in a house. We love our father. He plays lagori and hide and seek with me. He is very intelligent in Math, Social, Science and General Knowledge. He has his own business. I love my father.



Adline Fiona Lobo
V A

RIDDLES

1. What ring is square?
2. What fish do dogs love to chase?
3. It has wings but cannot fly?
4. What clothes do lawyers wear in courts?
5. It has no body but has four legs and it cannot walk. What it is?
6. Which animal in the cat family is fully black?
7. When will a net hold water?
8. It is not a kitchen vessel but it is used in the kitchen.

Answers : 1. Boxing ring 2. Catfish 3. Ostrich, Hen, Cock, Emu and Turkey.
4. Lawsuits 5. Table 6. Black Panther 7. When water is frozen 8. Apron



Hugh Kenny Correa
V C

MY MOTHER

M - Motivating
O - Outstanding
T - Teacher
H - Honorable
E - Encouraging
R - Responsible

My mother is very caring and sensitive. She gives us everything we want. She cooks food which we like but she never prepares what she wants. She sacrifices everything for us. She teaches me many things. She is my first teacher. She tells stories to me. She plays badminton and hide and seek with me. She spends most of her time with us. She gives us surprises everytime. She buys whatever we want. She takes us wherever we want to go. She is the best mother in the whole world. I Love her a lot.



Kushi S Naik
V D

MY TRIP TO QATAR

For my summer holidays I went to Qatar. It was one of the best holidays as we went with our whole family. We had so much fun. We stayed in four – seasons hotel. We went to see a movie in the theatre. We visited all the malls in Qatar. Then we went to a milk factory where cows came from Germany. There was even a park there. There was a mall called the mall of Qatar and there are more than 100 shops in it. They have a huge library and many activities are conducted there for the kids. They have a large variety of books as well. I also went with my cousins to Kidzania. There we can practice any kind of profession we like. There are nearly 60 kinds of activities to choose from. I spent the whole day there enacting out various job roles like doctor, baker, firewomen, engineer etc. I did a lot of shopping. There was a Doha festival going on and I played a lot of outdoor games like the giant wheel and bumper cars. I ate cotton candy and potato twisters. There was also a huge ice skating rink near the Aspire Tower also called the ‘Torch’, Doha where we went skating and my sister taught me how to skate. It was my most memorable trip. I would like to visit Qatar again during my summer holidays.



Rida Abdul Jaleel
V D

MY MOTHER

Meaningfully she teaches
Outstanding cook she is
Teaches me values
Helping me to grow
Enthusiasm in every act
Righteous in every way

Do you know who is she?
She is none other than my mother
Gayatri.



Abhinava Tej
Duddukuri
V D

MY BROTHER

At times he guided me,
And he would make me study,
Oh ! What a wonderful brother
The Lord has given me.

He is my enemy at times
When we are busy at play
I wish I could be alone
And throw his things away.

Later, Things come clear to me
And I really thank and pray
Being alone is filled with loneliness
For no one should be that way.

Big brothers come from Gods bounty,
And not all have it I can say,
Some have wealth,
Some have beauty,
And the others have a
Loving brother to play.



Liya Joan Peres
V D

MY FAVOURITE FESTIVAL

My favourite festival is Christmas. During Christmas, we prepare cakes, we keep Christmas tree in our house etc. We also share gifts with each other. The specialty of this day is that Jesus was born on this day. In the night, we go to the church to worship the God that he has given us His promised saviour. We go to our friends house to wish them and celebrate Christmas with them .On this day, I like to draw pictures of Santa Claus. I wish I could see a real Santa Claus in my life.

Nishal Neeraj Barke
V C

MY ADORABLE PETS

My adorable pets are my cat, dog and pair of lovebirds. I love all of them. They are my best friends. They are caring and loving. My cat is covered with white and black clean fur. I give it milk and fish every day. It's name is Sparky. It chases away all the rats. My dog's name Jammy. It is brown and white in colour and has a pink nose. It guards our house and barks at strangers. And of course, I also have beautiful pair of love birds. They sing sweetly and wake me up in the morning. All my pets are affectionate and that is why they are my adorable pets.



Rachel Mary Lobo
V D

NIGHT SKY

Oh ! the night sky
What a beautiful place
I wish to go there

It might be wonderful to see
The cool breeze blowing
On all the galaxies
That will never cease

Its a beautiful sky
Where the moon dwells
Where the stars twinkle
Where the angels sing

It's a place where there is magic
it has something that excites you
An angry thunder approaches you
With showers of rain and lightning

There's a creepy thing about this sky
And they are the ghosts dwelling there
But "where there is god, there are no ghosts"
Says the beautiful night sky

It is the place where
Most of the imaginary creatures live
And we believe god too lives
In this beautiful sky
What a wonder the night sky is!



Neil Shawn Lobo
V D

MY BEST FRIEND

I was brought up in Mumbai till 6 years of age. Mumbai was the place for me due to my best friend Cheryl. She is my best friend from childhood itself. She always enjoyed riding bicycle. Every evening we spent our time by cycling, swinging, sliding and playing on merry-go-round. I still remember the dance programme, drawing and the fancy dress competition we participated on the occasion of our society cultural activities. We gifted and returned beautiful gifts on our birthdays. The birthday wishes which I receive now from her, is a proud moment for me. The days which we spent together, the evenings we played, the fun we had are unforgettable memories of my life. I am excited to hear the news of spending short vacation at Mumbai due to my best friend. Cheryl will remain as the best friend ever in my life.

F - Funny
R - Respectful
I - Intelligent
E - Enthusiastic
N - Nice
D - Dearest
C - Cool
H - Happy
E - Energetic
R - Responsible
Y - You Are Loved
L - Lucky



Shivapriya S
V D

MOTHER

Mother, you are created by the Lord.

That is the reason you are the other face of GOD.

You are my health, wealth and strength.

This is one thing that

I will never forget till my last breath.

You are my first teacher

You are also my first doctor

Your love never changes,

That is the reason I love you so much mother.



Drishika N Shetty
V D

LIFE IN SAUDI ARABIA

I was born in Saudi Arabia. I used to stay in a place called Taif. The weather in Taif was very cold and dry. On every Thursday we used to go to Jeddah and the mall. Sometime we used to go to a beach. The capital of Saudi is Riyadh. It is a very beautiful city. There is the world's largest book and the largest pole. When rain comes down sometime hail stones fall and if someone keeps their car out the glass of the car will break. During Ramadan they give samosa for free while we go out for a drive. I went to many places in Saudi like Damma, Riyadh and Jeddah. There is a great sandy desert in Saudi that is An-Nafud. There are many cats in this country. I love the country very much.



Riva Valdar
V C

ENVIRONMENTAL POLLUTION

Environmental Pollution is an undesirable change in the physical, chemical or biological characters of the surroundings which is harmful to the living organisms.

Man cannot survive without the surrounding components like plants, water, sunlight etc of the biosphere. There is an interdependence between the organism and the factors around.

Since the beginning of Industrial Revolution man's interference with the eco system has increased both in volume and intensity.

In the ecosystem, all the species of life (plants and animals) are interlinked with one another. Their very existence is interdependent. Any interference with any species will have far-reaching disastrous repercussions on others. Man has massively intervened in the environment. The magnitude of the damage caused has been so catastrophic that the situation has passed beyond repair.

Man went on cutting and clearing forests for the purpose of cultivation and other uses. He built huge irrigation systems to assure a continuous supply of water for his crops. There were rewarding benefits, but the damage caused has been incalculable.

What we destroy, we cannot replace. Nature too cannot replace them and not certainly at this speed. Nature has taken millions of years to stock up all the minerals and other resources, but we can exhaust them all within a few centuries.

The radioactive radiations resulting from the explosions of nuclear weapons in the atmosphere has been a big source of contamination of the Earth. Fall out from nuclear tests contaminates every part of the Earth's surface and all its inhabitants.

Chemical effluents discharged by the factories run into the rivers. They lead to the overgrowth of sea weeds to the detriment of other organisms and could lead to the extinction of all.

The widespread use of combustible fuels deplete the oxygen supply and increase the carbon supply. The smoke coming out from the chimneys of the factories, automobiles and railway engines is polluting the air to such an extent that breathing of such air is harmful for the living organisms, including man. In the same way, water of the rivers and lakes are being polluted by the mixture of harmful elements released from factories and the disposal of urban waste. This causes the spread of various diseases. The excessive use of insecticides and pesticides results in the concentration of harmful chemicals in plants and animal food. This affects our health adversely.

The rapidly growing human population, sharp decline in animal population, destruction of forests and the fast depletion of natural resources have been causing the imbalance of ecosystems in the biosphere.

It has therefore become necessary to prevent environment pollution through legislation. We should understand the necessity and importance of protecting our environment and become more familiar with it. We should use it in such a way that we should not only protect it but also try to maintain the balance between the various elements of environment.



Saadhan Suresh
VI A

HACHISHAKUSAMA - EIGHT FEET TALL

This incident occurred when I was around 8 or 9 years old while I was visiting my grandparents in Japan. I was playing in the garden by myself when I heard a strange sound, "Po... Po... Po... Po... Po." I looked around but didn't see anyone. I searched for the source of the sound, which was now much louder. Finally, I located it; a straw hat near the hedges. It was strange. The hat was not on the hedge, it was floating behind it. Suddenly, the hat began to move, and reached a gap in the hedge. In the gap, a very tall woman appeared. I was surprised how this was possible, as the hedges were almost 8 feet tall. I wondered if the woman was wearing stilts or high heels. A split second later, the woman turned around and walked away. Behind her, the sound faded away into the distance. Confused, I ran back inside the house. My grandparents were having tea in the kitchen. I told them everything that had happened. They weren't really listening to me, till I mentioned that distinctive sound. My grandparents froze. My grandfather turned to me, his face serious with concern. "This is very important. How tall was she?" my grandpa asked. "As tall as the garden hedge", I replied being confused. My grandfather rushed to the telephone, calling someone. I couldn't hear what he was saying, but I could sense the worry in his voice. A minute later, he ran out of the house. "What's going on grandma?" I asked, a little scared. "There is something in this area that is abducting children. We call it 'Hachishakusama'. It takes on the appearance of an extremely tall woman. Whoever sees Hachishakusama is destined to die in a few days. A few monks had managed to trap it in a ruined building on the outskirts of the village using jizos, small religious statues placed in the four directions. Unfortunately, one of the jizos broke and she escaped. The last time she was seen was 15 years ago." It was all so crazy, I didn't know what to believe. Was I really going to die in a few days? By then my grandfather had returned with a woman who called herself 'Kasan'.



We all went up to my room. Kasan covered all the windows with paper, with ancient runes written all over them. She also placed small bowls of salt in all four corners of the room along with a Buddha statue in the centre. She said, "Soon the Sun will be setting, so listen carefully. Lock the door after we leave and stay in this room until 7:30 in the morning. None of us will see you till then. You must not leave this room for any reason." She handed me a bucket, and told me not to use even the restroom. My grandparents hugged me and walked out of the room. I locked the door behind them. I appeared to be calm on the outside, but was a wreck on the inside. I switched on the television to take my mind off it all. In a minute, I fell asleep. I was awakened at about 1.00 am by incessant tapping on the window. "It's just a tree or something." I told myself. Shortly, the tapping stopped and there was a knock on the door. "I can keep you company if you're scared." My grandpa's voice was so relieving. Without thinking, I rushed over to open the door, but stopped. All the bowls of salt were black. I ran to the Buddha statue and started praying when I heard, "Po... Po... Po... Po... Po." The tapping on the window returned, now much louder. I was so lost in my prayers and chanting, that I didn't notice the sounds had stopped. I looked at my watch. It was 7:50 am. I cautiously opened the door, to find my grandparents and Kasan standing outside. My grandma was crying when she saw me. We got in the car and drove to the airport. Apparently, there were others who had escaped Hachishakusama by never stepping foot in Japan ever again. A few years later, my grandpa was very sick, but didn't let me visit him. In fact, he left strict instructions in his will to not let me come to his funeral. I couldn't believe this creature had prevented me from saying goodbye to him. Few more years later, my grandma was diagnosed with cancer. "Grandma, you have to let me visit you. It's been 10 years, nothing has ever happened to me. We don't even know if this thing is real or just an elaborate prank." "If you say so dear" said my grandmother. The smile that had crossed my face turned to horror as I heard a familiar voice on the other end say, "Po... Po... Po... Po... Po."



Saaket Ajay Manjrekar
VI B

AVENGERS 4

After the devastating finger snap half of the heroes in the MCU were wiped out. In the post credit scene, we see Director Nicholas Fury and Agent Maria Hill fade away before receiving a call from Captain Marvel. Tony Stark, one of the survivors, figures out the method to time travel and goes back to the time when the Avengers won the Battle of New York by defeating the Chitauri. He warns the Avengers about Ultron, Bucky and Thanos. After that, he travels to Wakanda to create a much more powerful Iron Man suit using Vibranium, which will be powered by the infinity stones. Later, he time travels again to obtain the Tesseract to stone. Next, he collects Loki's scepter, the Aether, Orb and Eye of Agamotto to get the Mind, Reality, Power and Time Stone. He even confronts Ant-Man and the Wasp and makes them contribute to the Battle of Wakanda. He also saves Heimdall, Loki and Gamora from dying. Leaked set photos of Avengers 4 say that all the heroes who disintegrated will be saved.



get the Space
to get the Mind, Reality,
Power and Time Stone.

Saaket Ajay Manjrekar
VI B

AMAZING FACTS

- The largest tree in the world is sequoia which is 379.7 feet in length!
- Though Russia has the largest area, it has population less than Bangladesh!
- In 1830's ketchup was used as medicine!
- In 1900's cocaine was given as medicine to children which is today used as drugs!
- The parental organization of Rolls Royce is BMW.
- The City Montessori school in Lucknow has 39,437 pupils and 2500 teachers! It holds the Guinness record.
- Mangalore is the fastest growing non metro city in India.
- The Veerabhadra temple in Lepakshi, Andhra Pradesh has pillars which do not touch the ground below but support the roof at the top.
- The Jeddah tower in Saudi Arabia currently under construction will be the tallest tower in the world upon completion by 2020. It is 1000 metre in length!



Aryan Punja
VI B

MY FAVOURITE IPL TEAM

They did not win, they did not cry because every time we see them they play bold. With this you might understand which team it might be, yes you guessed it right; Royal Challengers Bangalore Also Called 'The Playbold Army'. They reached the IPL final three times but they failed to win the final. They were guided by the world's greatest cricketers like: Anil Kumble, Danielle Vettori, and at present Virat Kohli. Having the world's best players like AB de Villiers, Virat Kohli, Yuzuvendra Chahal and Tim Southee etc it has been a strong side. Their home ground is in Bengaluru. The name of the stadium is Chinnna Swamy stadium. I conclude by saying that even if RCB does not win it is my favorite team.



Shreesampath Shenoy B
VI B

PARENTS

My parents are the backbone of my life. They love me and teach me what is good and bad in life. They also help me in my daily routine studies and guide me to become good in my academic and normal day to day life.

They sacrifice a lot in all means and see that all my dreams are fulfilled. Their contribution towards me is enormous and countless and I will try my best in all aspects to make them happy. I hope that I live up to my parents' expectations when I grow up. They are a constant source of encouragement and inspiration for me.



Aanvi Shetty
VI B

CHAPTER 17 OF MY CLASS FIVE SOCIAL SCIENCE TEXT BOOK COMES ALIVE!!

It was the 2018 summer vacation and just as every year, I was in Bangkok (Thailand) for a few days. However, this year's trip was special as I got an opportunity, along with my family to witness the Opening Ceremony of the 74th Commission of the Economic and Social Council for Asia and the Pacific (ESCAP) at the United Nations Headquarters on May 13th. I was truly excited and will always remember the memorable journey from home to the UN Headquarters on the morning of May 13th. The journey seemed long as I was eager to reach as soon as possible.

On reaching the UN Headquarters I stood at the gate in awe and observed the tall white structure of the UN building. We entered the Secretariat Building and moved on to the General Assembly Hall. The minute I entered the hall I felt as though the chapter on United Nations in my class five Social Studies text book came alive! Everything that I had learnt in class just flashed before my eyes. I had always seen pictures of the General Assembly Hall on television and books but here I was standing in a historic place amidst great Political Personalities from all over the world including India. This was a place where laws have been made, resolutions have been passed and current issues have been discussed. The hall was lined with flags of the participating countries.

All the member countries participated in the colourful flag hoisting ceremony which was a grand treat to the eyes. The gathering was addressed by Ms. Shamshed Akhtar (Under Secretary General of the United Nations). Mr Antonio Guterres (Secretary General of the UN) could not attend the meeting but a video message from him was played for all.



Elishia Joan Baptist
VI C

I sat through the first session. It was difficult for me, as a child to understand all that they discussed but my aunt (a diplomat in the UN), later explained that they discussed issues of 'Poverty Eradication' and 'Education for all'. Later I walked around the UN Building with my aunt to see all the other meeting halls. It was truly a jaw dropping experience and felt privileged to be among so many people who are experts. I realised that there are people in this world who work for the betterment of the human race.

I dream to be a part of the United Nations Organisation some day. The journey is long as I have to achieve a doctorate degree but my will to do so is extremely strong!!

SIDE EFFECTS OF SOCIAL MEDIA



Sourav Joshi
VII B

Now a days if you want to talk, laugh, comment, make friends or reply to a message, what is the mode of communication you can think of? Social Media, right? You use social media for almost all purposes from chatting

to expressing your feelings. You may feel it's all right to use social media but not too much. It has so many side effects, some of which you may not know. The first and foremost is, it has a very bad effect on your brain development. It causes something more than anxiety - it is known as "Attention Deficit Hyperactivity Disorder (ADHD)" It is an impulsive disorder which later causes paranoia and loneliness. It also causes stress

because of eye strain due to addiction to social media. According to a survey conducted by PEW Research Center 94 % of teens use social media regularly and the popular ones are snap chat, facebook, Instagram. 50% reported social media having negative effects on relationship. Some children at young age get addicted to social media. Have you heard about Cyber Bullying? Cyber Bullying is bullying that takes place over digital devices like cell phones, computers, and tablets. This can occur through SMS, Text and apps or online in social media, forums or gaming where people can view, participate in or share content. It includes sending, posting or sharing negative, harmful, false or mean content about someone else. It Is Your Call - Choose Wisely.

SPORTS AND GAMES



Aathish B Shetty
VII B

Sports and games are essential to enjoy overall health and well being. These are a good way to keep fit mentally as well as physically. Various kinds of sports and games are played in different parts of the world. They offer numerous advantages and are thus highly recommended for everyone to indulge in the same irrespective of their age.

Sports are mostly played outdoors. Games can be both indoor and outdoor. While some games are played for leisure others are played professionally.

Sports serve as an exercise that must form a part of our daily routine if we want to stay fit and active. The key to staying fit is following a healthy lifestyle that includes a healthy diet and exercise. Different outdoor sports such as cycling, swimming, football, basketball, etc are a good way to exercise.

Indoor games such as chess and carrom board serve as a good exercise for our brain. They enhance our thinking capacity and analytical skills and sharpen our mind. It is suggested to inculcate the habit of following a sport or game in children from the very beginning. It is good for their growth and overall development.

BEING A GIRL

Being a girl is great. But people don't think it is. Many people are excited when they have a boy and upset when they have a girl. I am proud to be, a girl and I hope every girl in the world is. But I understand, they are not because who would be if they are not getting to do things they like and seeing other people doing it instead of themselves. But there are also girls who have broken stereotypes and did what they wanted to do. And this did not happen recently, it started a long time ago. Like when Sultan Iltutmish had a daughter and he thought she was worth twenty sons. He also wanted her to inherit the kingdom after his death. But she only ruled for four years before she was killed. She was the only 'Woman Delhi Sultan.' It was because of the noble's narrow minded thinking back then, that did not let Razia to rule for many more years. She has been a hero to me ever since I found out about her. I felt that she was bold and had so much will power to break stereotypes and

be so brave to fight for her right back then, when people believed it was a man's world. I don't think it was fair that she had to fight for her throne whereas it would have been so much easier for a male ruler. In the present world so many girls have broken barriers that shouldn't have been there in the first place. There are so many amazing woman that have done so many brave things that people thought were shameful for a girl to do. They just wanted woman to cook in the kitchen and be more of a slave than a wife. Being a housewife is made to be an easy job and meant for a woman whereas we should respect housewives because others would not be able to do what they do for even a day. I wish I lived in a world where there were reasonable restrictions for all and not only girls. I wish I lived in a world where being a girl was not a tragedy but an accomplishment.



Keya Shetty
VII B

DREAM

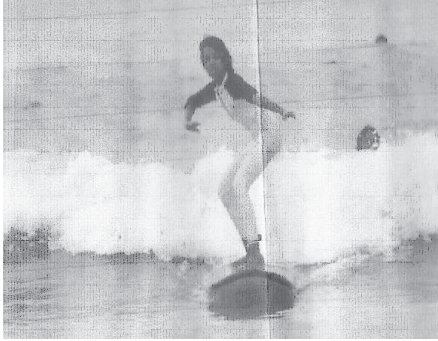
It was a cold, December morning. It was 7 in my clock and time for me to get up. I got up from my bed, rubbed my eyes and look outside the window to see the weather. I was amazed with what I saw. The roads were filled with snow and the whole area had a golden glow. I was shocked to see snow in Mangalore. I was so happy and I decided that all of us should play in the snow. I ran upstairs as fast as I could and called all my friends to play, but instead they all were already waiting for me outside. We all had a lot of fun. We had snowball fights, we made a snow man and many other things. But when the day came to an end and it was time to go back home, we all said goodbye to each other and headed towards our houses. While returning, I tripped and my eyes opened and I realized that I fell off my bed and it was all a dream.



Neha Singh
VIII C

TO BE ON THE WAVES

In my last midterm break I visited Bali, Indonesia. Bali is located in the innermost ends of lesser Sunda Islands, lying between Java to the west and



Lombok to the east. I did a very interesting thing. I went SURFING! It was truly mind blowing.

On the second day of my vacation, I decided to go surfing. I reached the beach where I would be surfing and looked at it. The blue waters and white sand added to its charm. Next, I went to the place where I could hire a surfboard and get an instructor to help me in the water. Next I picked up my board and walked with my instructor to the sport where the current was not very strong. As I walked, I had butterflies in my stomach and so many questions

popping in and out of my head. Once we had reached the spot where I would be surfing. I had a short training session for about 25 minutes on how I should take the waves. After that my trainer used a strap which was tied to my ankle from one side and the other side attached to the tail of my board.



Sparsha Malli
VIII A

Now, I was ready to hit the Waves! I walked through the water till the point where the water reached my hips. Then I had to lie flat on my stomach and wait for a wave to come my way. When the wave came, my instructor turned the board and pushed it. I was supposed to stand when he said "NOW", but I missed it the first time. I tried a couple of times more and then I was on the Waves! I stood up, posed and did all sorts of stuff. I even screamed with joy. My joy knew no bounds.

All in all, it was an experience that cannot be expressed in words.

SUN – OUR BELOVED STAR



Rishal Divya Pinto
VIII C

Life survives on Earth due to a huge fiery star called the sun. For ancient man, sun is a giver of heat and light.

We assume that sun is a spherical and a solid star. Actually the sun is almost a perfect sphere, but it is not solid! It is a ball of burning gases. It is composed of 74.9%

Hydrogen, 23.8% Helium and 2% other gases.

When you see a sun, it seems that it is only a little bigger than a moon but actually it is an enormous star containing a mass of 330,000 times greater than the earth. It is amazing to know that around one million earths could fit inside a sun!! You must have had an experience of walking in the summer sun, first thing you would do is to find a shelter under a tree or an umbrella, unable to bear the heat. The sun's surface is 3505 degree celsius! This is cool compared to the core which is 15 million degree celsius.

Have you ever looked at the sun directly? Within a few seconds your eyes will hurt. Never ever try to look at the sun because it is harmful for your eyes. It is 400,000 times brighter than the full moon in the sky.

Even though the sun is so far from us, it takes only eight minutes and twenty seconds to reach the earth. If the sun would suddenly disappear you would know it only after 8 minutes and 20 seconds.



SAVE FUEL FOR A BETTER ENVIRONMENT

Fuel is a natural substance which is used to produce heat energy through chemical reaction. Without it, today no machine will ever work. India is facing fuel crises due to its scarcity. Most countries have to import fuel to meet their needs by spending high amounts. We can prove this by taking a look at the nearest petrol bunk. If we see them we can find that there are long queues of vehicles because there is no fuel to tap up on. It's time to think about the situation of fuel.

Petrol and Diesel play an important role in our day-to-day life. Imagine a world without petrol. Prices of all essential commodities will shoot up like a rocket. Today we are all in a race to waste our natural resources just because of our negligence and arrogance - Not only petrol or diesel but all other types of fuels such as natural gas, propane and oil. If we are negligent like this, then all the fuels which are available are going to vanish very soon.



important role day without commodities we are all in a race to waste our of our negligence and arrogance all other types of fuels such as it continuous like this, then all the going to vanish very soon.



Brinelle Fernandes
VIII B

Many people are aware of this fact. There are a number of advertisements showing - Save Fuel, Save Fuel. But nobody thinks about the future because we people are selfish. So if you save fuel you also save your money and hence it is our duty to save fuel and create awareness on this situation.

Here are some tips which I recommend will help to save fuel:

- While driving your vehicle drive at a moderate speed or stick to the speed limit thereby saving fuel economy
- Turn off the AC and enjoy nature. Switch on the AC only when needed.
- A proper maintenance of the car. Clean the engine oil after a certain mileage as dirty engine can cause the waste of fuels or internal engine friction.
- You can also save fuel by cooking efficiently. Covering pans keeps the heat in the pan.
- Not heating water more than it is required saves time and propane. .
- A Shift from traditionally used fossil fuels in power plants to renewable energy sources such as solar, wind, tidal and so on. The better the efficiency, the less we mine, refine and deliver.
- Research for cleaner and cheaper alternative fuels other than crude oil.

These are some tips which are related to the activities or chores that we perform in our day-to-day life. If we surely keep them in mind and think about our future generations, we will surely be able to save fuel and create a better environment, also burning of fuel causes air pollution which leads to global warming. If the Earth's temperature rises, polar regions will melt, water in the sea level may increase leading to floods in coastal areas. Therefore, not only the government, but also the citizens should accelerate the pace of change and use fuel wisely. If fuel can help us, it can also destroy us and hence save fuel for a better environment.

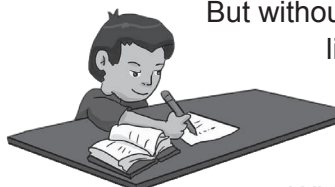
MY LITTLE BROTHER

Many people say
they wouldn't want a little sibling,
But without you
life would be boring.

When I'm mad at the world
I look into your dark brown eyes
and everything seems alright.
When I touch your fairy soft skin

I suddenly come alive
That's when I know that out of all the little
boys in the world
God sent you especially
to be my little brother.

Aathish B Shetty
VII B



THE REFLECTION

A girl was home alone watching TV on a cold winter night. She had been watching her favourite TV show but there was an advertisement going on, so she flipped to the news channel.



Haifa Naseera
VIII C

The news anchor was reporting about a serial killer who had escaped from prison. The anchor was telling the description of the killer when she felt a sudden chill in the air. She looked over at the sliding glass door when she saw a wrinkled old man staring at her through the window. She screamed, then grabbed the phone next to her and dialled the police. She had put a blanket over her so that the man couldn't see her but she was too terrified that she remained under the blanket till the police arrived.

It had snowed a lot, so the policemen decided to look for footprints outside but there were none. Puzzled, they went back inside the house and that's when they saw wet footprints on the floor leading up to the couch where the girl was still sitting. The policemen looked at each other nervously. "Miss, you're extremely lucky", one of them finally said to her. "Why?" she asked "Because", he said, "the man wasn't outside at all. He was in your house, standing right behind the couch. What you saw was just his reflection".

PRECIOUS POT

There was a pot of mine
Which did not shimmer or shine?
It was very precious to me
But did not have gold and silver
mines.



Namritha Diya Lobo
VIII C

When I was down, it brought
me joy
Made me smile, when I was bound to cry
When I thought there were problems I could not
solve
It cheered me up and gave me a ray of light.

The pot of mine was filled with colours
Colours, both bright and dull
They were not gems, crystals or rubies
But the sweet memories that dwell.

FACTS

1. The first four moves by each player in a game of chess can be done in 318,979,564,000 ways.
2. Napoleon was scared of 'cats'.
3. A single drop of liquid can contain 50 million bacteria. Rainwater contains B 12.
4. A volcano is more powerful than a hurricane or an earthquake.
5. The Shepard pipe is the first musical instrument.



Shreya Arbi
VII B

FUN PUZZLE

1. Which word does not remain constant?
2. Which is the biggest ant in the world?
3. What can never be made right?
4. What is the opposite of minimum?

Ans.: 1. Elastic - because it stretches.
2. Eleph-ant
3. Your right elbow
4. Minidad

JUST A BIT OF CONFIDENCE

Is it the storm in the ocean that
you are afraid of?

Don't be, you have a big ship to
pass through it.

Is it the height of the mountain
that frightens you?

You don't know, but you are taller
than it.

Is it the distance of the broken road that worries
you?

Don't worry, it's just one step ahead.

If you can pass all the circumstances
Like it's the work for your left hand,
Then why should you be afraid of
Anything that falls in your land?
It's just a bit of confidence that you require
And then, every tall peak you can acquire!



Nidhi Noronha
VIII C

CHILDHOOD

The memories of childhood haunts an individual throughout his or her life and they wish that those childhood days full of pleasure come back despite knowing that childhood is a thing of the pastime is always passing fast and it is impossible for anyone to enjoy the days which will never come back.

Childhood is the period which has always been praised by poets and writers. As one grows in age, he or she feels great attachment and attraction for the days spent in childhood. Everyone deep inside their hearts want to be kids again, but the fact remains that those days cannot come back, however hard we try.

Children are actually God's gift to planet Earth and it is also said that if one keeps a child happy, they are keeping God happy. We are also aware that money can buy anything but even all the money in the world is insufficient to bring back the past in anyone's life.

Childhood is that golden period of life which flies away without giving any notice and never comes back. It is one of the most important periods of an individual's life and it is also the period of the foundation of a child's future.

We should be extremely happy that we have such a good childhood because we know that some children are not even blessed with a childhood to

enjoy, especially those who are involved in child labour.

Just as a potter moulds the pot according to his wish, similarly any individual is moulded in his or her childhood. If the moulding of the child is correct, then the child will turn out to be a successful person who will help in the advancement and betterment of the society and the world at large. But if the moulding is not correct, then the child will result to be a menace in the society. What the child learns from his teachers, elders and parents impacts his future.

The most important thing that makes the childhood of a child memorable is the love and care of the family. A child has the purest heart any human being can possess and that all heart desires is love, no matter what the circumstances are. It is like a clean, white sheet of paper on which anyone can write on it. Having no anxiety, no worries, or work, a child is free from the dirty and filthy noise of the worldly life.

I would like to conclude by a famous quote, "If you carry your childhood with you, you will never become older."



**Parikshith Bhandary
Menal
VIII C**

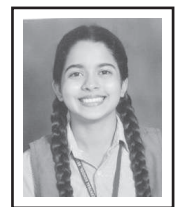
IMAGINATION

According to the dictionary, imagination is the faculty or action of forming new ideas or images or concepts of external objects not present to the senses. Most of you reading this may not understand what this meant, honestly I didn't too! But in simple words its just things happening in our head.

We are born with that one talent that a poor man imagines to be rich, a lonely man imagines having some company, kids imagine anything and everything possible, tenth standard students imagine their lives after their board exams and so on.

This talent of ours is exceptionally vivid during the class hours especially during a very boring period. Jokes apart, imagination is something

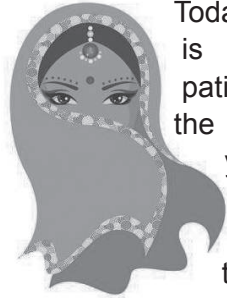
without which our lives would be hopeless. Hope the very word dawns from imagination. When you imagine anything you put your might and hard work to make it come true, um not the part where Barbie comes to life and certainly not the part where Voldemort finally gets a nose. The books we read, the things we watch on television, everything has been born from mere imagination. This simple little word means a lot more than one can imagine. You see with imagination our lives would become black and white. So its better we giddy up and start imagining stuff and try to make that stuff come true.



**Diya Mascarenhas
X A**

WOMEN IN INDIA

When I say the word 'Woman', what's the first thing you think of?



Today, someone would say, a Woman is the embodiment of strength, patience and kindness. If you'd ask the same question to someone 500 years ago, they would say, a Woman is only meant to cook, produce babies and take care of their families.

Women in India, before, lived a living death i.e. they lived such a dreadful and horrifying life that it was nothing less than their death – numb and boring. They had to face so many problems such as the 'Sati' or the 'Jauhar' system which was a ritual followed by orthodox Hindus where a widow would throw herself into her dead husband's burning funeral pyre; or the system of girl child abortion, and why did they do this? Because, people didn't want their little girl to face discrimination in society, why couldn't they understand that instead of punishing the sinners in the society, they were killing such a precious boon given to them by God; and let's not forget the years of slavery and all the kinds of abuse women had to face. It was not all bad, during the month of December, in the state of Kerala, a Naari Puja used to be held and women were held with a lot of respect and used to have a high status in society. Now fast forward to the 80s and 2000s, the state of women has become better but had not completely healed. Rape, murder and discrimination still

continued, though the ancient practices had been abolished. But the worst part is the irony that during Navratri, devotees would flock to temples to worship the nine Goddesses' but at the end of the day they would murder a baby girl, rape a sister, abuse a mother and discriminate a daughter. Women have earned the courage to step up, take decisions and voice their opinions. The UN formed an International Women's Day which takes place every year on 8th of March; Women got the right to vote and began becoming CEOs, politicians, astronauts, scientists' etc. One could say that it was the start of something big. That's exactly what happened. Moving on to the 21st century, Women have taken over the world by rage, the #ME TOO campaign has become a mass movement; Feminism is running the show and Women hold the highest ranks and are leading the country. It is safe to say that Women in India have become 'unstoppable'. This is the compensation they get for the atrocities their sisters had to face. And to those who ask, why people are making such a big issue out of it? Because even through all the Women Empowerment Movements, we aren't getting what we actually want and it's not the fame or the money nor is it the attention. All we want is to be treated as equal with men. And this dream is not far from reality. But with all these campaigns and movements, a question arises in my mind, which asks me 'Do you think the world needs an International Men's Day?'



Nidhi Kishore
IX A

MY VISIT TO TAMIL NADU

Last summer holidays, my family and I went to Tamil Nadu. First we went to Coimbatore. In Coimbatore we visited Isha Foundation which is established by Sri Sadhguru Jaggi Vasudev. It is a very beautiful place. A huge statue of Adi Yogi, the Shiva made of steel was there. It had a meditation center too. From Coimbatore we went to Ooty by hiring a car. It is a famous hill station in Tamil Nadu. There were tea estates all over. We stayed there in a lodge. The restaurant people used to serve the food in banana leaf. It was cold especially in the evening and night. I liked the home made chocolates of Ooty. In Ooty we went to three places - Rose Garden, Botanical Garden and the boat ride in the lake. Rose garden was very big and beautiful. There were different kinds of roses from several parts of the world. There were spots for visitors to sit and relax and food vendors selling snacks. Then we walked down to the Botanical garden which was very beautiful. There was a world map with different flowers and many shapes made out of flowers. Lastly we headed to the lake. We enjoyed the cool breeze while boating. I enjoyed my summer holidays and I wish to go to Tamil Nadu once again.



Ananya Ravi
VIII B

HALLOWEEN – THE ORIGIN OF A HOLIDAY

What crosses your mind when you think about Halloween? Probably just children disguised in costumes, going door to door, reciting the phrase “trick or treat”, hoping to get candy in return or you probably think of carved jack-o-lanterns and houses adorned with all sorts of spooky decorations. Overall, just a great night to have fun with your friends and family. But you’ve probably not thought about the roots of Halloween.

Halloween’s origins date back to the ancient Celtic festival of Samhain (pronounced sow-in). The Celts, who lived 2,000 years ago in the area that is now known as Ireland, the United Kingdom and northern France, celebrated their new year on November 1. This day marked the end of summer and the harvest and the beginning of the dark, chilly winter, a time of year that was often correlated with human death. The Celts believed that the night before the New Year, October 31, the veil between the worlds of the living and the dead became permeable. According to the book Halloween - An American Holiday, An American History, some of the Celts wore ghoulish costumes so that wandering spirits would mistake them for

one of their own and leave them alone. Others offered sweets to the spirits to gratify them. In medieval Europe, the Catholic clergy adopted local customs and had their advocates go from house to house wearing costumes and requesting small gifts.

This is where the traditions of Halloween costumes and trick-or-treating originated from. The custom of carving pumpkins started in medieval Britain, where the petitioners moved from door to door asking for food in return for a prayer for the dead and they would carry hollowed-out turnip lanterns, whose candle hinted at a soul trapped in the nether world. Others say that the lanterns were used to ward off evil spirits. During the 1800’s in North America, pumpkins replaced turnips because they were plentiful as well as easy to hollow out and carve.

Who would’ve known that the origin of a holiday so whimsical and festive would be so gothic and eerie!



Alka Jasmine Sequeira
IX A

JOY RIDE TO MANTRA SURF CLUB



→ Cycling ←

As per my daily routine I wake up at 5 o'clock and start to cycle around the city but it was different

on 22nd October 2018. I had message from my Mangalore Bicycling Club that we were about to pedal to Mantra Surf Club. I was excited about it and woke up for the ride at 4 o'clock in the morning. The starting point was lady hill circle.

Out of 13 riders only 6 came and the rest joined on the way. It was cold which was perfect, after 1hr 30 minutes we reached Sadhanand Hotel where we stopped to drink water. Then we went back to our cycle pedals and went to a Jain temple called as Anantanatha Basadi. We stopped there for a few pictures and then again went cycling back to

Mantra Surf Club. We reached the backwaters which was looking good.

Over there we met Tanvee Jagdeesh who has represented India for surfing in many countries.

She is really a great inspiration to today's youth. Mantra Surf Club has trained many people for National Surfing Competitions. There were many activities in the club which I enjoyed. While returning to Mangalore, I had to cycle with Sir Venu and Mam Madhura who are great cyclists. My teachers taught me to pedal the right way by bending my knees bend inwards and not outwards. I reached home at 9:15 am and my Sir Srikantharaja appreciated me. It was a great morning for me and I had completed 100km on my cycle.



Sujan D'Souza
IX A

THE ADVANCEMENT OF TECHNOLOGY: PAST, PRESENT AND FUTURE



Rion Jayden Valdar
IX A

Today technology is in our hands view. To understand how we left behind our olden days to where we are today, it is important to understand how technology evolves and why it matters.

All technologies are born out of purpose, if I have to believe what I have heard is true around 20 to 30 years back, type writers were the way of life. Especially all correspondence was done through this. Man's eagerness to make things easier gave birth to computers. The adaptation to this new phenomenon by the world brought us to where we are today.

The arrival of internet was nothing less than a miracle. But was it in the same way in the beginning as we see it today? May be not as per people lived during those days. Initially it was a dial-up connection through land phone line, as more people found value of internet; technology took off and provided faster connections to World Wide Web [www]. A few years later sharing information became easier. Instead of using floppy disc, people began mailing documents. The technological advancements in the field of communication is nothing less than a revolution - from land phones to present day smart phones. The changes are so quick and so fast it is like a computer in our pocket.

The arrival of social networks such as Facebook, WhatsApp, Instagram etc. made the world smaller. People from different parts of the world can talk face to face without the need for costly travel. In the entertainment sector, the arrival of digital streaming has made the V.C.D's and D.V.D's a distant memory.

Cloud based services is the new trend for people and companies. More and more data is stored online instead of one single device. With the latest technology our

hospitals too have become smart in the way they diagnose diseases and treat people. Doctors from one part of the world give instructions to the doctors in the other part of the world to perform medical procedures.

In the financial sector now almost everything is done on computers. Adaptability to digital payments has changed the whole scenario. Now shopping is on our fingertips. We can search, order and get virtually anything online within a number of days.

Technology has revolutionized the production process in big as well as small industries. Gone are the days of manual machines. Automobile industry, Travel and Tourism, Transportation industry too have their own share in technology advancements.

Here are few trends to watch for in the coming years:

- Continued evolution of smart devices and rise of Artificial Intelligence(AI) technology,
- Driver less cars,
- Smart robots,
- Smart homes,
- Hand held gadgets, vehicles, home appliances etc.

Having said all these things we have to remember one thing that we have to control technology and not to be controlled by the technology.



FOOD WASTAGE

Food wastage is an alarming issue in India. Our streets, garbage bins and landfills have sufficient proof to prove it.

Weddings, canteens, hotels, family functions and households spew out so much food. According to the United Nations Development Programme, up to 40% of the food produced in India is wasted. About 21 million tonnes of wheat is wasted in India and 50% of all food across the world meets the same fate and never reaches the needy. In fact, according to the agriculture ministry, Rs. 50,000 crore worth of food produced every year is wasted in our country.

Why is food wastage a problem?

- * 25% of fresh water used to produce food is ultimately wasted, even as millions of people still don't have access to drinking water. When you calculate the figures in cubic kilometres, this is a bit more than an average river.
- * Even though the world produces enough food to feed twice the world's present population, food wastage is ironically behind the billions of people who are still malnourished. The number of hungry people in India has increased by 65 million more than the population of France. According to a survey in 2013, 20 crore Indians sleep hungry on any given night. About 7 million children died in 2012 because of hunger/malnutrition.
- * Acres of land are deforested to grow food. Approximately 45% of India's land is degraded primarily due to deforestation, unsustainable agricultural practices and excessive groundwater extraction to meet the food demand.
- * The food currently wasted in America and Africa could feed 600 million people.
- * The food currently wasted in Europe could feed 200 million people.
- * Even if just one-fourth of the food currently lost or wasted globally could be saved, it would be enough to feed 870 million hungry people in the world.

What Are We Doing to Prevent the Wastage of Food?

- Well, there are a few people who have taken the issue of food wastage pretty seriously.

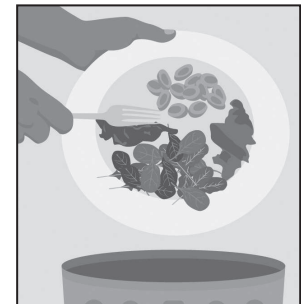


Deon Fernandes
X A

- * For instance, Arafath Ameen, a resident of Mangalore who runs cyber cafés in the city has kept a fridge in front of his café which is used to stock leftover food to feed the poor and the needy.
- * The TCS office in Chennai installed a board saying, "Take all you can eat, but eat all you take. Yesterday's wastage was 24kg, which can feed 68 people." The message had its effect. "Once I finished lunch, I walked over to the bin to drop the left-over food and I saw this board. I felt so guilty," said an employee.

India has 194.6 million undernourished people, the highest in the world, according to the UN, forming 15.2% of the population. Across cities, marriage halls hold feasts, while beggars outside scavenge through the garbage, looking for another day's sustenance. Millions cannot afford a meal.

Do not wait for others to do something about this problem. Take action yourself. No matter who we are, we are all consumers, we all eat, we all waste food - and we are all a part of the problem. And thus, we are also part of the solution.



The next time you consider feeding good food to your dust-bin, ask yourself: how many starving families would approve of your actions?

Not one.

There, you have your answer.

You have the power. You have the knowledge. Don't wait for someone else to take action. It is never going to solve anything. Do it yourself.

EAT THE BEST, LEAVE THE REST.

INDIA : THE UNKNOWN

INDIA - The land of rich heritage and culture, the best form of democracy in the world where unity in diversity is at its best, these few sentiments gives one an idea of what kind of a country India is. India is located in the Asian continent and is home to some of the most mysterious and unbelievable sites of the world. With a population of 134.42 crore, the country has a number of tourist attractions like the Taj Mahal, Red Fort, Qutub Minar etc. These attractions are not only picturesque but also have a history that dates long back to the Mauryan Dynasty. Although the above mentioned is commonly visited by locals and foreigners, there are still many more unique places that not many have heard of. These interesting places have a deep story and culture. So let us take a quick journey through some of these places. Our first stop is the Banni Grasslands Reserve - Although it seems to be an ordinary stretch of land with lush agriculture, this marshy grassland comes into existence soon after the monsoon season. So what is so unusual about this deserted place? The local people frequently noticed a few dancing lights above the ground which they call "Chir Batti". This weird phenomenon is said that lights occurring on dark nights are as bright as a mercury lamp and also change colours from red, blue, yellow to a pear-shaped moving ball. A more scientific approach would probably state that the production of methane gas from the decaying plants etc. is the source for such strange lights at night.

If we move a bit to the east, we get the Living Tree Bridges of Cherrapunji - What appears to be a scene out of a Lord of the Rings movie, the natural phenomenon is just what the name suggests. The rubber tree is said to have roots that go as long as 3000 ft., which provides a rather surreal and mysterious sight. If you're wondering how it got that way, the winding roots have made their way along their slopes. As trees cling to the higher areas of the rivers, it is said to have sent the roots to the riverbed.



Heba Bashir Ibrahim
IX B

Finally when we move down South you will find a rather weird phenomenon that will leave you in awe. The Candipur beach or famously known as Hide and Seek beach is located in the Balsore District of Orissa. Believe it or not you can actually see the sea disappear in front of your eyes and come back again. No kidding! The sea recedes by as much as 5 kilometers every day. So, when you are at the beach during the ebb, you can see the water receding massively from the beach and then coming back during the high tide in order to fill up the emptiness. When one comes to India, places like Agra, Goa, Kashmir etc. are usually visited. Places with such unusualness and mystery are often left in the dust. So are you up for an Adventure?

WHAT HAPPINESS MEANS TO ME..

I think the feeling of happiness is hard to explain. There is no special plan that makes me happy. For me, happiness is when I get out of certain circumstances. Happiness is not when you forcibly smile because you are supposed to but happiness is when you pass by a stranger who smiles at you. One thing that gives me happiness is when I am with my family and friends. Spending time with family is one of the best example for happiness.

Happiness is much more than money. Most of our nice moments and memories do not come from money. Happiness is when you let go off all sad memories and laugh till your tummy hurts. I don't think there is a single word that exactly means happiness to me and there are hundreds of things that make me happy.



Raizel D'Silva
VII B

VALUE OF DISCIPLINE

Discipline is learnt in the School of Adversity – M K Gandhi

Discipline is the training of the mind and character of a person to observe self-control and habits of obedience to the established society. Human beings are superior to all the living beings on earth. He has his own judgements and discretions. Then, why human beings need discipline in life? Is it not possible to lead a life without any discipline? And if we take the extreme case, what would happen if people refuse to discipline themselves? For these questions one can find the answer in nature only. If we look around, we can see that nature has its own routines and seasons to do the required things. If not, we human beings cannot live the way we are living now.

Discipline is needed in all phases of life. Schools are the primary learning organisations. If students, teachers and higher authorities in the school do not have regular discipline at place, then the society cannot live peacefully. If students refuse to have discipline, then it is the duty of the teachers and the schools to make them understand the value of discipline in life and also the consequences of not observing it. Discipline is needed in studies, games and other co-curricular activities of the schools.

Discipline is necessary for the society to have good social life. Human beings need to have self-imposed discipline. Discipline can be in the form of punctuality, having basic etiquettes, respecting others, not criticising anybody, obeying the laws of the country and other rules and regulations, not to interfere in others' affairs, doing the assigned duty, not harming nature, not spoiling national properties etc. If self-discipline is not there, then it is necessary to impose discipline on people externally by rules and regulations.

Discipline gives large will power to people and empower them to do whatever they wish to achieve their goals. Discipline will lead to success. Discipline should never be misunderstood or underestimated, thinking as restriction in life. People need to consider it as a natural way of living and should make it their habit to lead a healthy, peaceful and prosperous life. Discipline costs nothing but pays huge rewards.



Reesha S Kini
IX B

EUPLECTELLA

As a couple most young, they did elope.
For the world around, no care.
A romantic outing was their hope.
There wasn't a second to spare.

Like a gentleman, he did court.
In a white mansion – quite like a lair.
To their fantasy he did transport.
His maiden – lovely, most fair.

In their new dreamland they did embrace.
Feelings unadulterated, so bare.
The dance of life – they did with grace.
Now with young ones their life they would share.

As they grew old, no loss of charm.
Each other's faults they did repair.
Trapped in together, yet no harm.
The paradise now an eternal snare.

Sealed in an everlasting hug –
their love.
For life they shall stay a pair.
The feeling, so silken, like a dove.
To heaven they ascend by stair.



Nature's own work of art; Till
Death Do Us Part.

Shreyas Pai
XII A

Synopsis: The Venus' Flower Basket (Euplectella) houses two small shrimps inside its glass skeleton. Young shrimp pairs enter the sponge when they are small, but eventually become too big to get out. This means that they spend the rest of their lives entrapped inside this mansion. Venus' flower baskets have been regarded as symbols of eternal love in some Asian cultures such as Japan and are often given as wedding gifts. Truly, nature's own guide to life and love!

THE STREAM WHICH SHALL NOT BE NAMED

Growing up in an Indian family would usually mean hearing two words daily - 'Doctor' or 'Engineer'. There seems to be some sort of force going around whispering in the ears of these Indian parents that if they ever do have kids, those kids must take any of the Science streams. It doesn't matter which one, they just have to choose a science stream because if they don't, a curse will fall upon their family causing the family's reputation to be tarnished. Every single aunty in the neighbourhood will talk about you and your family behind your backs and it obviously is better to think about what others will say rather than about your children's dreams. It is alright if they choose to be a 'Lawyer' or 'CA' though, no curse will befall on your family and further descendants but it is better to have your children choose science streams to be on the safer side.

It seems to be an exaggeration (which it sort of is), but it is not surprising to anyone when they see a parent discouraging their child from taking up their passion. A child telling their parents excitedly about their Social Studies paper that went extremely well that they might as well be the topper in the subject would be met with this response - "Hm OK, well done. Focus on getting such marks in Maths and Science too, ok beta?" As a result, the child thinks all their efforts are worth nothing and ends up being yet another student who ends up memorising their syllabus because they were told to do so.

It's always the same story - If you opt for Arts, you must be weak at studies or are an average student. It's only the best students who get into PCMB or PCMC who have a bright future ahead of them. But people most often forget that it is the same Arts students that are their teachers who are regarded as their second guardian, favourite national journalist who reports on important things around their world, artists or illustrators responsible for their favourite comics that they read again and again, the people responsible for the expensive suits and dresses worn by them or even their daily clothes, and of course their favourite idol performing music around the world.



It's always easy to dismiss people and their aspirations but when told to forget our own dreams, hesitation builds up. Why treat others, who are doing their best especially in a competitive society like ours, as if they're doing something wrong when in reality we all are interdependent on each other. May it be Arts or Science; all of us are contributing to society and doing what we want to do.

Maybe in future, Arts will no longer be referred to as the Stream Which Shall Not Be Named but rather embraced in our society and we all live long enough to see society changed for the better.



Fariza Nuha Farooq
IX C

WHAT IS LIFE?

It is a sketch of our own dreams. It is a small skit of our own desires. It is you who needs to choose the colour to fill in. But, that's not how life always is. There will always be unnecessary patches no matter what.

'Life isn't a bed of roses, there will always be someone to pull you down, there is always someone who isn't happy. There will always be someone pointing a finger at you. But that shouldn't pull you down, that shouldn't make you weak. Infact that should make you want to rise up high because you will definitely need your happy space to stay'.

When you believe in yourself, the world believes in you. So, start believing, start dreaming and start your own life sketch from the beginning. Pick up the paint brush and dust away the dirt. Paint your life with colours that no one has ever seen because it's never too late.

Life is all about creating yourself!



Anusha D
XII A

WHAT HAPPENED TO THE TITANIC: THE TRUTH THAT WAS HIDDEN

As we all know, on 14th April 1912 at 11:40 p.m. RMS Titanic had a terrible accident that led to its ultimate demise 3 hours later. By 2:20 a.m. on the early morning of 15th April, the biggest ship of that time completely disappeared under the ice cold surface of the Atlantic Ocean. The Titanic took more than 1500 lives as it sank to its watery grave, that's 2/3 of all the people on board. The cause for this horrible disaster was an iceberg that the ship crashed into, or so that we all have been told about. But the most recent findings have debunked this theory. Then why did Titanic sink? What's the real cause of the Titanic crash?



Moulyra Rai
IX C

With 882.9 feet long, 92 feet wide, 175 feet tall and volume of 46328 tons, Titanic seemed indestructible. The Titanic had 4 massive smokestacks. Each of them weighed about 60 tons, and extended 81.5 feet above the deck. Such an impressive height was necessary to avoid covering the passengers in 100 tons of soot blown off daily. The smokestacks were placed at a 30o angle to look even more astonishing and imposing. No less awe-inspiring was the cost of the ship. Its construction demanded \$7,500,000 (present day they had to pay about \$166,000,000). Surprisingly, it would turn out cheaper than the production of the world-famous movie Titanic in 1997, which costs about \$200,000,000.

It took 3000 men to build the ship. It used huge labour force, working 6 days in a week from six in the morning and still it took 26 months to complete this project. It was a difficult and dangerous work. Eight people died during the building process and 226 (approx.) were injured.

So this meant that this strong and enormous construction couldn't sink just because of one iceberg. Well, new findings give us reasons to believe that the original cause of the disaster was not ice but fire.....

Journalist Senan Molony has been studying the fate of the Titanic for more than 30 years. It was he who discovered a huge 30 foot black spot on one of the sides of the Titanic. He noticed it after examining a photo taken before Titanic's departure. The fire was burning for 3 weeks at a very high temperature before somebody noticed it. Scientists believe that this fire could have easily weakened the metal reducing its strength by as much as 75%. That's why the iceberg had no problems in tearing a hole in the side of the ship. If not for the fire, it would have been impossible. Unfortunately, the iceberg hit exactly the spot where the metal was weak. The management knew about the fire and the fact that the ship shouldn't have set off for voyage. But they faced several problems that stopped them from doing so. The ship was parked in such a way that the black spot wasn't visible for the passengers. Thus the journey began.

The other coincidence that leads to this tragedy was that there were no binoculars. Having binoculars could have saved the Titanic from sinking. The binoculars were locked in a special compartment. The only person having the key to the locker was the second officer David Blair, who was replaced in the last moment. He was in such a hurry to leave the ship that he forgot to give the keys to his replacement. The members noticed this mistake of his after 3 days of departure. If they had the binoculars they would have spotted the iceberg earlier and would have had enough time to avoid the crash.

Perhaps the crash could have also been avoided if they had not been breaking the speed limit. The speed in which the Titanic was moving was much more than what it was designed for.

Another problem was the shortage of lifeboats. In order to contain all the people on board, the Titanic needed about 60 lifeboats. The chief designer planned to equip the ship with only 48 life boats. But eventually the number was reduced to 20 lifeboats. These boats could save only 1/3 of the people on board.

Criminal negligence, tragic and unfortunate chain of coincidences, fire or ice: whatever it was, it took the lives of hundreds of people and still keeps the minds of scientists busy to this day.

WHAT FRIENDSHIP MEANS?

Now, who is my best friend? We may stumble upon this question in our daily life. Now, I cannot DEFINE a best friend to you but I can help you differentiate a BEST FRIEND from a FRIEND. Here is how it goes:

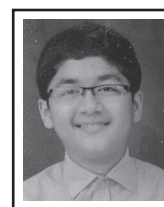
1. A friend will help you up when you fall. But, a BEST friend continues walking while saying, "Walk on dumbass?"
2. A friend gives you her umbrella in the rain. A BEST friend takes yours and says, "RUN,- BEEP-, RUN!"
3. A friend will bail you out of jail. A BEST friend would be in the room next to you saying, "Man, we screwed up!"

We now know what best friends do and all that... but there are certain things which they don't do of which I will tell you about with an example,

Now, let us consider that you are a boat, your best friend remains as human, and the two of you are lost in the vastness of an ocean. Both of you have been together for 11 years. You trust your friend to steer you in the right direction and your best friend trusts or believes that you won't break down and will continue to trust him. One fine day in the ocean your friend sees a very beautiful albatross which was the love of his life, which is going in the opposite direction (the wrong path) than the path which the two of you have decided to take.

Okay, now let us pause the story for a while and look at the various possibilities:

1. Your friend would abandon you (jump into the ocean) and go (swim) behind the beautiful bird.
2. Trust you and continue to steer in the right direction.
3. Or, force you to join him and go in the wrong direction.



M Shreyas Shenoy
XII A

Okay, now those who experience (1) could say that his friend was never a friend and was just using him to meet the bird. For those who experience (2) will definitely say that your friend is a true friend and no matter how many difficulties the two of you face in life your friend will never leave your side. And for those who get to experience (3) trust me your so called friend is not a friend but a friend who wants others along with him to fail in their life.

So make a wise choice and think before calling someone your best friend.

I would like to close by a small quote from the legend who lives in a 100-acre wood 'WINNIE THE POOH',

"A Day Without A Friend Is Like A Pot Without A Single Drop Of Honey Inside."

LIFE

What is life? People usually ask. Life is not so easy to describe but this might be an interesting way of describing life. They say it is from B to D that is from birth to death. But what is between B and D is C which means Choice. Our life is a matter of choices. It is up to us if we want to take it positive or negative. Sometimes to achieve something better we need a change in life. Don't get afraid of a change in life, you may end up losing something better. Always give 110% in life because it is that extra 10% that people remember. Live life to the fullest means facing your fears with bravery. Nobody can go back and start a new beginning, but anyone can start today and make a new ending. Usually people go down in life thinking that they cannot do

anything. That tends to negative thinking. Being around negative people can eventually bring us down too. When life gives you every reason to be negative, think of all the reasons to be positive. So always be positive. Live each day to reach your goals. Always listen to your heart and you will always find the best choice.



Samiha Sheik
XII A



HEALTH

Health can, generally, be measured on major three parameters: Physical, Psychological and Nutritional. Physical health means the physical appearance of a person; Nutritional health means the presence of essential nutrients in the body to fight diseases with immunity; Psychological health means the ability in a person to maintain patience, calm and composure in all circumstances of life.

Health professionals consider cancer, diabetes and several other mental and physical health issues such as depression, lethargic attitude, etc to deficiencies in fitness and well-being of a person. Unhealthy and unfit lifestyle of a person also results in premature death. Obesity and lack of physical fitness in young generation sets the stage for diabetes, heart disease, and other serious health problems.

Walking, running, cycling, playing, swimming, gardening, skipping, weight-lifting and Yoga are some of the important activities which help us maintain fit and healthy lifestyle. A person who is fit both physically and mentally is strong enough to face the ups and downs of life, and is not affected by drastic changes in the circumstances.

One should also spend time outdoors in the sun, inhaling fresh air and taking part in healthy activities. Staying active makes you stay energetic.

Out of the several components that affect one's health, following are the seven key physical components to ensure overall good health, fitness and mental well-being:

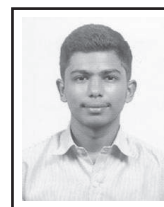
1. Cardiovascular/Aerobic Conditioning
2. Strength Training & Muscular Development
3. Stretching – Muscles, Ligaments & Tendons
4. Core Stability – Both Physical and Mental
5. Nutrition & Supplementation –Balanced Diet
6. Mental Rest and Relaxation – Balanced Lifestyle
7. Sleep – Regular Sleep

Eating healthy and nutrients rich food, exercising, taking sufficient sleep, avoiding intake of harmful substances are just a few simple ways to stay healthy and fit. These are directly related to our mental, physical and emotional health. Fitness and mental well-being are essential parts of a healthy life. The benefits of an active and healthy lifestyle are undeniable by all means. Whether you decide to increase your activity levels slightly or develop and participate in a thorough fitness plan, it will pay you off in the long run. Exercise is good for your health of various organs of your body and makes you feel stronger. Nutrition and fitness are essential for a healthy living. Not only we look and feel good, but by eating the right nutritional food and doing the right amount of exercise, we could also lower the chances of getting some pretty serious life-threatening diseases.

Things to be done for maintaining balanced, healthy and fit lifestyle:

1. Keeping body hydrated – Drink ample water
2. Washing hands before and after meals – Maintain sanitation
3. Regular exercise
4. Intake of nutrients
5. Regular, sound sleep

Conclusion: Sound health not only means keeping a health body but it also includes a healthy mental condition. Our health depends upon several factors such as food, pollution, regular sleeping habits, fresh air, water, sunlight, and healthy mental condition. Morning walks and physical exercises are very helpful for ensuring the fitness of our mind and body.



Samuel Philip D'Souza
XII A

JOURNEY BEYOND WORDS...



Krithika
XII C

I can't believe that it has already been fourteen years in this wonderful place named Lourdes Central School. It all started on 2nd June 2005 when I began my schooling at this prestigious institution. I still remember our former Principal, Ms Grace Noronha carrying each one of us in her arms before the classes were allotted. Few of us were crying and some were laughing and happy to be at school. That was just the beginning. I still remember our kindergarten teachers who would always welcome us with a bright cheerful smile. There were kids who would not talk at all and then a few kids like me who would not stop talking if we started to. In just two years of kindergarten, we were all good friends. Holding hands we'd walk around, pushing our fellow mates and promising our teachers to keep our mouths locked. Those days were just beautiful. We were a bunch of kids filled with lots of innocence and pure mischievousness.

Then started our real journey - the ten precious years of schooling. Right from Class I to X, we all have such amazing memories and some of which cannot be expressed through words. Lourdes wasn't just a school for us. It was and will always be our second home. Growing up together we knew our strengths and weaknesses. From borrowing stationery to grabbing each other's belongings, we all grew up. I still remember the way we used to make fun of each other and at the end of the day we all knew how much we meant to each other. Fights would end in minutes and we would all laugh out loud during classes. Attending various competitions together and emerging as winners was all we knew to do. Our sports teams were no less from taking part in all the tournaments, be it football, basketball, cricket or badminton, we knew they would bring the Winner's Trophy along with them. We bonded right from when we were just a bunch of annoying kids till we turned into mature teenagers.

Lunch breaks used to be the most special for each one of us. Every other person would grab a bite from everyone's tiffin and that one bite for no reason would fill our stomachs. And through these years, some of them made great friends and some of them lost theirs. Every day was a lesson to forgive and forget. The bond grew within no time and we just had a few days more in school. We had no idea how devastated we'd all be when we would all join different colleges and we wouldn't be able to have the same fun with the same people ever again.

27th January 2017, was our last working day and that day is one such day we could never forget. We couldn't stop talking our hearts out and expressing our love and gratitude to our teachers and everyone at Lourdes. Our hearts were filled with memories and loads of happiness. Eyes filled with joy and tears, we knew we'd miss each one of them. Then the next day on our farewell, we lived it like it was our last day. From clicking thousands of pictures to hugging each other and lunching together for one last time, that day was just extravagant.

I still get goose bumps when I think of our last few days at school. And then, within no days we were done with our board exams and were preparing ourselves for our college journey.

Well, the college (I mean to say 11th and 12th grade) journey didn't start off with a lot of excitement. It was mainly because all my friends had joined other colleges and I didn't know anyone from our new batch. In the beginning, I just kept praying that these 2 years would just pass by really fast. But, with time things got better. Our class just had seven students including me towards the end of 12th grade. I never expected to have such a great time and especially having a staff room right beside our class for a year.

Our Principal Rev. Fr Robert D'Souza was a constant source of support and motivation and always inspired us to come up with ideas and excel not just in studies but also in extra-curricular activities. Our teachers were our guiding lamps, helping us throughout the year.

We had fun in our very own way, organizing various campaigns and outreach programmes, participating in as many competitions because there were going to be the last few in which I'd be representing Lourdes.

LCS has transformed each one of us in a unique way and has always supported and motivated us to achieve our goals. Finally I'd like to conclude this article by thanking the faculty of LCS, both teaching and non-teaching for being such wonderful people through these joyous 14 years and making me feel at home every single day.

IT'S HIGH TIME WE 'UNMASK' OURSELVES!

Education, Health, Infrastructure, Globalisation, World relationsthere isn't a single field remaining for India to excel in today. But like the magnificent moon does have a few spots ...India as a country can't be too good to be true as well and has its own flaws too. When asked for, the list of blemishes is never ending ...from....to....! But one very major shortcoming is not often spoken about at all, maybe because it's too grave to talk about or it's not noticed yet or we just don't want to accept our deficiency. This major drawback is 'HYPOCRISY.' Well technically speaking hypocrisy is defined as a practice of claiming to have higher standards or more noble beliefs than is the case. But to put it across in much simpler terms 'hypocrisy' is a very simple yet precarious word to be comprehended. This one word has the capacity to make one question his own stand over issues for once. This one word can define our whole thinking generation from an era unknown. To be bold, it has the power to control a whole nation from growing by being a crucial part of existence for its people.

The worst part is, agreeing to be a part of a hypocritical society is surprisingly from no angle unethical and is completely acceptable to people. We do not mind being a part of the crowd and gradually start self-destructing ourselves with decisions, opinions and views that are no longer ours but somehow it's very difficult to stand out having a right sense of judgment which is not really influenced by any sort of external factors. In fact being exposed to the atrocious impacts of a hypocritical society is of least consideration that is to be bothered about as for some, dealing with hypocrisy is just a way of forwarding 'Morals and Principles of DUALITY', or be moving with the flow, or at times it might just refer to how things are 'meant to be done in a PARTICULAR WAY' not because there is a reason but because they are just meant 'to be DONE THAT WAY', or maybe there was never a need for questions to complete blind stereotypes or deceptive judgments to be answered or maybe things are done just the way completely apt for the Society!

Now the bottom line always comes down to blaming the society, but the major question is.... Exactly

what is a society?! So, to be technically right is society just a group of individuals involved in persistent social interaction, or a large social group sharing the same social territory or to picturise the actual reality is society a group of imaginary 'Moral Police' who are totally oblivious towards our lives yet manage to judge and intervene into ones personal space to a large extent. Also do they hold such a strapping authority where people's willingness to be accepted in a society rises to such an extent where giving up on one's own decisiveness just to fit in the "PERFECT LIST" is craved for. Well by now an answer to what exactly a society, especially in our system stands for is pretty obvious.

Understanding hypocrisy and dealing with hypocrites is not really a big deal, as witnessing this phenomenon in our daily lives is something not very surprising but what actually is surprising is how normally this phenomenon is treated and encouraged just as if it were to be a routine.

For instance, it's very easy to point fingers and criticise corruption and corrupt politicians but it's totally fine to pay officials 'UNDER THE TABLE' and get our work done.

It's easy to train our kids to be unique and different but when it comes to choosing career paths... somehow medical and engineering seems to be the only way-out...

It is considered to be a very supreme obligation to tell our daughters ...'NOT TO GET RAPED' but somehow we forget how equally prime it is to instruct our sons that 'A NO MEANS NO'.

The Indian pledge significantly outshines the factor of equality of sexes ..., yet even today harassment or violence against men is either looked upon as a joke or just places a huge "?" on a man's masculinity.!

We can portray ourselves to be as free minded as possible and required to but accepting the LGBT community even today is a strongly debated topic.



Vanshika Shetty
XII C

We are okay with being the second most populous and third country in the world to have the highest STD rate, yet educating people about sexual interactions and buying contraceptives is considered to be a sign of disgrace and a morally wrong act etc..etc..etc.. the list is never ending...!

But the major concern is who is to be blamed?! Is the nation to be blamed?! Or is it the society to be asked for?! Or are the typical stereotypes we have grown up in to be held guilty? Or is it just our own

moral conscience to be questioned?!! The answer is probably known to all of us and for surely lies within us. The only thing now to be awaited is for all those questions and queries to be self answered ... and the day we find an answer to these questions and realize where the actual problem lies and are able to correct it, can we then proudly say that we as a nation are developed, maybe not physically but "MENTALLY" which in the true sense is the need of the hour!!!

SAVE WATER

Water is the basic requirement of our body and is also named as 'life' because of being an important element for all the living beings. Nothing can survive without water on the earth. Three-fourth part of the earth is water. However us. At some places in India, people face water scarcity and drought condition whereas, in other places there is plenty of water available. So, the people living in areas with plenty of water must realize its importance and save water.

The question is why save water?

Water is the basic requirement of all other countries are facing a huge government water supply by tanks or distance. They basis to arrange water more than the areas. The situation for the people who don't have bathing, washing, etc. Places in India like Rajasthan and some parts of Gujarat are facing water scarcity where women and girls of the houses cover a long distance on bare foot to just get a pot of water. In some cities like Bangalore, people have to buy water bottles worth Rs.25 to Rs.30 to drink clean water. People face more problems during summer months when the daily need of water increases along with the price of water.

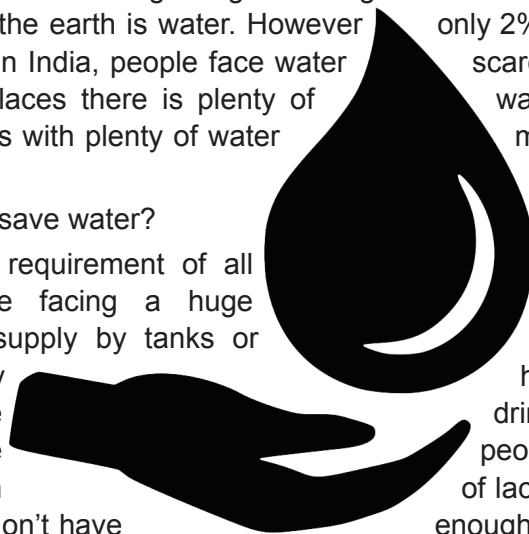
How to Save Water?

There are different methods we can follow to save clean drinking water to deal with water scarcity. Rain water harvesting is one of the most effective and suitable method among 'save water' techniques. Afforestation is also a better method as it reduces the surface runoff and recharges the ground water. It promotes underground water conservation. By practicing such methods, we can conserve more water naturally and ensure the availability of it for future generations. We should take a pledge and make a lifelong motto of "Save Water, Save Life and Save Earth".

We should teach simple methods of water saving to our children, women and other members of the family like turning off all the taps tightly after each use, using sprinklers to water the lawn, giving bath to pets in the lawn, repairing of all the leaking pipes, harvesting rain water for purposes like watering plants, washing clothes etc. We should also practice keeping the river (especially Ganga) water clean and safe for future use and safety of water animals.



Hayden Pinto
XII A



only 2% of the water is usable for scarcity and drought condition water available. So, the must realize its importance

human beings. Not only INDIA but also water scarcity. They must depend on the some natural water reservoirs at long have to travel for a long distance on daily drinking water. They understand the value of people who have enough water supply in their of lack of water becomes very terrible especially enough water to fulfil their basic needs of drinking, like Rajasthan and some parts of Gujarat are facing water scarcity where women and girls of the houses cover a long distance on bare foot to just get a pot of water. In some cities like Bangalore, people have to buy water bottles worth Rs.25 to Rs.30 to drink clean water. People face more problems during summer months when the daily need of water increases along with the price of water.

IMAGINATION

People are so busy in their lives. They always have something to complain about, something they're upset about, or something they truly desire and can go to great lengths to get it. They often fail to use the power that they all secretly possess, which is so immensely fascinating and not spending enough time upon. And that is the power to Imagine. Their idle minds are only made to wander within the confined space, are house, school or workplace. They fail to appreciate its beauty. Your brain can come up with brilliant ideas and can create incredible things.

For example, this book (which you are reading at this very moment) might actually end up somewhere in space (and an alien might be struggling to decipher the stuff written here and might be reading it right now, unaware of the fact that we are actually discussing about it) after a violent explosion that destroyed the solar system. This has the ghost of a chance of ever happening but it did happen, inside your head. You imagined it, or try imagining that you've got the opportunity to travel inside black hole. You experience all the things that you had been reading about your whole life. You reach the center of the black hole and actually see the past with your very eyes (well, scientists say so) and other cool space-y stuff and come out alive! You reach the Earth and tell tales of your life-changing trip around the universe and that particular celestial body that was your favorite among others. You met other extra-terrestrial beings and some of them became quite good friends of yours. You eagerly shared your way of life and they shared theirs.

The point is – imagination can be wild. It is said that everyone's mind is a different world. ANYBODY can imagine ANYTHING and make it a reality. What do you think made great and revolutionary physicists like Albert Einstein and Stephan Hawking produce what they produced? They had a thinking mind different from others'. They had creative intuition which is very essential in young generation. They were not hesitant to question the fundamentality of things that they saw around. They pondered upon such deep questions in order to get to the truth even though they knew they were just on the tip of the iceberg. There is just so much to learn out there that a single life is not enough. Yet people don't lose hope. They persevere and stay dedicated. The urge to see life from a different perspective and to understand the place we inhabit better, drives them. And that is what makes us different from each other. It makes each mind unique. It compels us to create something beautiful, yet amazing to blow people's minds in the days to come.



Anushka Srivastava
X A

SPORTS IN LCS



Sunidhi S Hegde
IX B

Sports is something that brings joy in every child. It is something that makes every kid, every student, every human being to forget his/her pain, stress etc. and enter the world of happiness. Sports or games period is common in all the schools. But it is unique in LCS. We have various indoor sports like chess, table tennis, carrom etc and outdoor sports like basketball, football, handball, badminton, volleyball etc. Students wait for every PE period and when they finally get it, they are very happy that they forget the busy life for 35 minutes. In LCS we have all good sports equipments and a spacious playground.

Our Lourdites have secured innumerable prizes in various sports events including National and International levels. We have best athletes, swimmers, badminton players, karata champions etc. we also have the best basketball, football and cricket teams.

Being a sports lover, I find this school encouraging students to participate in various events very much. We have good PE teachers who encourage and support us whenever we go to an inter-school tournament.

All these facilities are available in LCS and I am very proud to be a part of this school. LCS stands as one of the best schools when it comes to sports. Sports is a never ending journey in our school that goes on and on to reach the sky.

SPORTS AND YOGA

“Fitness is about so much more the exercise. It’s a catalyst for a positive change, and it affects every aspect of your life.”

- Amanda Russell

It is said that health is wealth. A sound mind lives only in a healthy body. Good health is necessary for a man to do anything good to the society. We cannot be healthy in our thirties or forties if we are weak in our teen

age. For a balanced development of body and mind, games and sports or physical exercises keep our body alert and active.

Students today have the tremendous pressure of proving themselves in multiple activities. They have the capacity too. The competition among them is so tough that every parent wants his/her child to be a topper in various fields. Besides education, students want to show their skills in other co-curricular activities, which were once just optional - or a hobby or a time pass. To take up this pressure, students need to have physical strength and stamina. They should devote some part of



their day in health-building activities like games or Yoga.

A child who is stressed out with studies at school will tend to relax in front of the television for some hours and hence may become the couch potato in due course.

In fact, only during such times, Yoga or playing games would re-energize the child. If these are done early in the morning, the benefits are high. Yoga and games keep children energized and give them a positive approach to life. With so many facilities available in schools for exercises and activities, the parents should make their children understand the need for

Yoga and games.

Physical exercises keep our body alert and active. Sports and games develop discipline among the students. The extra energy in the young people can be properly sublimated by means of sports and games. The obedience and sincerity they exhibit while playing games can be brought over to the classroom. Students learn team work, co-operation and confidence through sports and games. They learn many leadership qualities in the playground. They also develop social consciousness.

“It is through the alignment of the body that I discovered the alignment of my mind, self, and intelligence.” - B. K. S. Iyengar



Meghana Kashyap
XII A

SPORTS



Ninaad S F Lobo
IX B

If we see a while in history or put some lights on the life of any successful person, we see that name, fame and money never come easily. It needs dedication, continuity, patience and most importantly some physical activities - meaning physical and mental health of a person for

healthy survival and success. Sports is the best way to get involved in continuous physical activities. Success of any person depends upon the mental and physical energy.

Sports and games are very beneficial to us as they

teach us punctuality, patience, discipline, teamwork and dedication. Playing sports helps us build and improve our confidence level. If we practice sports on a regular basis, we can be more active and healthy. Being involved in sports activities help us to prevent numerous diseases such as arthritis, obesity, obese, heart problems, diabetes etc. It makes us more punctual and organized in life. It teaches us to shed our weakness and soar high in a gift called life. It makes us bold and happy. It scientifically reduces stress, anxiety and anger. It develops a mental state that helps us deal with all our problems.

BLACK HOLES ; THE STRONG GRAVITY OF THE YEAR

The year 2019 and the previous year has seen a number of exploration on the gravity giants known as black holes.

But first, let us understand the nature of these mysterious objects that remains a mystery house. To understand a black hole, we must look at gravity in a different perspective. What we have to do, is look at space – time as a fabric and gravity not as a force, but bend in this fabric that is caused due to mass.

Now imagine a star hides as a black hole, the massive star shrinks to the size of a point, but the mass remains the same. This is known as ‘singularity’. It is like putting weights on a pudding, where the weights are slowly shrinking. What happens to the pudding? It has a hole. In terms of space – time, a black hole.

Nothing, literally nothing can escape a black hole. The reason is simple. To escape the black hole, you need to move faster than the speed of light, which is quite not possible as the speed of light is the cosmic speed limit.

It is like rowing a boat on the river ending in a waterfall. If you row fast enough, you can escape the big fall or you fail.

This is where you are directly pulled into the black hole i.e. the mouth of the black hole is known as an event horizon.

But the term black hole which was introduced in 1967 by John Wheeler, the scientists believed that the black hole emanated nothing. This was famously known as black hole has no air.

But it turned out that it is completely false and described by Prof. Stephen W Hawking as ‘black holes’ isn’t as black as they are painted. It is known as Hawking Radiation.

This is same what gives an overview of a black hole. The reason this year was a reason of black holes because on 9th January 2019 astronomers spotted the J1820 black hole which lies around 10,000 from earth when a burst of X-rays was detected by an instrument aboard in the International Space Station, which is amazing as it is closely impossible to detect these objects in space.

On 22nd January 2019 the imaging of Sagittari USA, the super massive black hole at the Centre of our Galaxy was done, revelling its effects.

On 13th January 2019 a blast named ‘The Cow’ was named which has occurred last year.

On 23rd January 2019 a Quasar revealed a super massive black hole from the early universe which is located about 12.8 billion miles away. The quasar shining about as bright as 600 trillion suns made way to this discovery. I hope I have triggered your interest in astronomy creating a crave towards the gravity giants.

Source: Earth Sky Org, blogs. Discovery magazine. Com, newatlas independen.co.uk

Book: Stephen Hawking Black holes, the BBC Reith Lectures.



Dhriti Rao
XI A

TRUE FRIENDSHIP

There’s lots of things with which I’m blessed;
But of all, Friendship is the Best.
Friendship is one of life’s greatest treasures;
Friendship is a threshold to Hope and Love, so precious.

Friendship is a hand you hold when things go topsy turvy;
Friendship is a shoulder to rest when in weary.

Friendship is someone to run to when in solitude
Friendship is just knowing; that someone’s there to rewind
There is nothing on this earth to be prized than
True Friendship



Ian J. A. Colaco
XII A



माँ

मेरी माँ बहुत अच्छी हैं। हम उनसे बहुत प्यार करते हैं। उनके अंदर कई गुण हैं। वह मेहनती, दयालु, देखभाल वा प्यार करनेवाली हैं। इंसान के हर अच्छे कार्य के पीछे माँ का हाथ होता है।



विन्सन क्रिस ब्रेट्टो
२ डी

माँ



अंशुल आल्वा
३ बी

मेरी माँ बहुत प्यारी हैं। वे रोज सुबह घर में सबसे पहले उठ जाती हैं। पापा और मेरी हर एक छोटी बड़ी बातों की परवाह भी मेरी माँ करती है।



मेरी माँ बिजनेस भी करती हैं। घर और दफ्तर दोनों की जिम्मेदारी वे बहुत ही अच्छे से निभाती हैं। मेरी माँ गरीबों और बीमारों की भी हर संभव मदद करती हैं।

मेरी माँ मेरी सबसे अच्छी दोस्त हैं। मैं जब कोई गलती करता हूँ, तब माँ मुझे डाँटती नहीं हैं बल्कि प्यार से समझाती हैं। वे मुझे हमेशा अच्छी अच्छी बातें सिखाती हैं।

मेरी माँ मेरी आदर्श हैं। वे मुझे सच के रास्ते पर चलने की सीख देती हैं।

मैं अपनी माँ से बहुत प्यार करता हूँ और भगवान को धन्यवाद देता हूँ कि उन्होंने मुझे दुनिया की सबसे अच्छी माँ दी।

मेरा छोटा भाई

मेरा एक छोटा भाई है। उसका नाम युवान कृष्ण है। वह डेढ़ साल का है। वह बहुत प्यारा और शरारती है। वह मुझे हमेशा तंग करके गुस्सा दिलाता है लेकिन थोड़ी देर बाद वह मुझसे माँफ़ी माँग लेता है। वह कभी-कभी मुझे माँ कह देता है। हम एक दूसरे के साथ बहुत खेलते हैं और साथ में नाचते हैं। उसके आने से मेरा अकेलापन दूर हो गया है। वह मेरा अच्छा दोस्त भी है। मैं अपने भाई से बहुत प्यार करती हूँ। मैं उसको अंग्रेज़ी गाने सिखाती हूँ।



सानिका एम
२ डी



माँ

भगवान का दूसरा रूप माँ है। वो ममता की गहरी झील है। जिस घर में माँ को पूजा जाता है वह घर नंदन वन-सा हो जाता है। माँ हमारी पहली अध्यापिका भी होती हैं जो हमें नई नई सीख सिखाती हैं। मैं अपनी माँ से बहुत प्यार करता हूँ।



जोश्वा लसादो
२ डी

मेरे पापा

मेरे पापा का नाम विशाल है। वह दुनिया के सबसे अच्छे पापा हैं। वे केवल मेरे ही नहीं सभी के अच्छे दोस्त भी हैं। पापा मेरे साथ और मेरे भाई के साथ खेलते हैं, कहानियाँ सुनाते हैं।

हार ना मानने और हमेशा आगे बढ़ने की सीख देते हैं। वे अपनी कोई तकलीफ़ नहीं बताते बल्कि घर के लोगों की हर ज़रूरत और तकलीफ़ का ध्यान रखते हैं। पापा और मैं कभी कभी अकेले घूमने जाते हैं। मुझे मेरे पापा बहुत अच्छे लगते हैं।



निहा
३ बी

माता – पिता को समर्पित कविता

घर मेरा एक बरगद है
मेरे पापा जिसकी जड़ है !!
घनी छाया है मेरी माँ.....
यही है मेरे आसमान!!
पापा का है प्यार अनोखा..
जैसे शीतल हवा का झोंका!!
माँ की ममता सबसे प्यारी ...
सबसे सुंदर सबसे न्यारी !!
हाथ पकड़ चलना सिखलाते
पापा हमको खूब घुमाते !!
माँ मरहम बनकर लग जाती ...
जब भी हमको चोट सताती ... !!
माँ पापा बिन दुनिया सूनी
जैसे तपती आग की धूनी ... !!
माँ ममता की धारा है ...
पिता जीने का सहारा है ... !!



सृष्टि भंसाली
४ सी

शिक्षकगण

हमारे विद्यालय में बहुत सारे शिक्षक हैं। मैं उन सबका बहुत सम्मान करती हूँ। मेरी कक्षा अध्यापिका हर सुबह सबसे पहले हमारी उपस्थिति दर्ज करती है। सभी अध्यापकों का अध्यापन का तरीका बहुत अच्छा है। सभी अध्यापक विद्यार्थियों के प्रति बहुत स्नेह रखते हैं एवं अध्यापन कार्य को पूरी निष्ठा से करते हैं। पढ़ाई में कमजोर विद्यार्थियों पर वे विशेष ध्यान देते हैं। सभी अध्यापकों द्वारा दी गई शिक्षा हमेशा मेरे साथ रहेगी।



कनिष्का अशोक
२ डी

मैं टीचर बन जाऊँ

पाठशाला की मैं एक टीचर, बच्चों की मैं प्यारी टीचर कक्षा में ये सारे बच्चे, भले, न्यारे, प्यारे बच्चे। कहीं किताबें, कहीं हैं कक्षा सबसे प्यारी है ये शिक्षा। जल्दी से कक्षा में जाऊँ सपनों से वापस मैं आऊँ और मैं टीचर बन जाऊँ।



मोहम्मद रिझा अदाम
३ बी

खेलते वक्त सावधान रहो

बहुत दिनों के बाद माँ ने मुझे क्रिकेट खेलने भेजा। मैं अपने दोस्तों के साथ मजे लेकर खेल रहा था। खेलते खेलते सब थक गए इसलिए बैठ गए। आमीर ने सामने के पेड़ पर बहुत सारे आम देखे। कुशाल ने पत्थर उठा कर आम पर निशाना लगाया। पत्थर जाकर एक बूढ़े आदमी के सिर पर गिरा। बूढ़ा आदमी चकराकर गिर पड़ा। सब लड़के उसकी मदद के लिए भागे पर मैंने अपना रूमाल नल के पानी से भिगोया और उस रूमाल से बूढ़े का मुँह पोंछा, वह आदमी थोड़ी देर बाद ठीक हो गया। सब को यह सबक मिला कि दूसरों को कभी दुख नहीं देना चाहिए।



तन्मय आर शेट्टी
३ बी



मेरी पाठशाला

मेरी पाठशाला बहुत सुंदर है। मेरी पाठशाला में बारहवी तक कक्षाएँ हैं। मेरी कक्षा अध्यापिका मुझे गणित सिखाती है। मैं ३ बी में पढ़ती हूँ। मेरे बहुत सारे दोस्त हैं। मेरे दोस्त मेरे साथ खेलते हैं। मेरी पाठशाला बहुत बड़ी है। मुझे ये पाठशाला सबसे ज़्यादा पसंद है।



तनुषा
३ बी

मेरी पाठशाला

तीन मंजिलों का मेरा स्कूल बहुत अच्छा है। ये एक मंदिर के समान है। जहाँ हम रोज पढ़ने के लिए जाते हैं। सबसे पहले



ईशा लिसा लोहार
३ सी

सुबह पाठशाला में हम भगवान से प्रार्थना करते हैं, अपनी अच्छी पढ़ाई के लिए और अपने कक्षा अध्यापक को सुबह नमस्कार करते हैं। इसके बाद हम पढ़ना शुरू करते हैं। मैं रोज स्कूल जाना पसंद करती हूँ। मेरे स्कूल में बहुत कड़ा अनुशासन है जिसका सभी विद्यार्थियों द्वारा नियमित पालन किया जाता है। मैं अपने स्कूल ड्रेस को बहुत पसंद करती हूँ। मेरा स्कूल हमारे घर से आधे किलोमीटर की दूरी पर है और मैं रोज पैदल अपने स्कूल जाती हूँ। ये एक बहुत शांतिपूर्ण जगह पर स्थित है जो प्रदूषण, शोर, गंदगी तथा शहर के धुएँ से दूर है।

बगीचा

मेरे घर में एक छोटा सा बगीचा है। यह बगीचा बड़ा ही सुंदर है। इस बगीचे में सुंदर फूल लगे हुए हैं। बगीचे में हरी हरी घास लगी हुई है। जिस के चारों तरफ रंग बिरंगे फूल खिले हुए हैं। फूलों के चारों तरफ झाड़ियाँ लगी हुई हैं जो इन्हें सुरक्षा प्रदान करते हैं। इसके अलावा मेरे बगीचे में कई प्रकार के फलों के पेड़ भी लगे हुए हैं। इस बगीचे में लगे पेड़ पर कई पक्षियों ने घोंसले बनाए हैं। सुबह होने पर पक्षियों के चहचहाने की आवाज़ आने लगती है। मैं रोज बगीचे के पौधों को पानी देती हूँ। मेरा बगीचा इतना प्यारा है कि यहाँ हवा के ठंडे झोंके रोज ऐसे लगते हैं जैसे प्रकृति की गोद में बैठे हों।



सुमेदा आर शेट्टी
४ सी

धरती

धरती को संस्कृत में छात्री भी कहते हैं। धरती को नीला ग्रह भी कहा जाता है। हमारी धरती सौर मंडल का सबसे सुंदर ग्रह है। जहाँ तक हम जानते हैं, धरती एकमात्र ऐसा ग्रह है जहाँ जीवन है। हमें धरती पर उपस्थित हर एक चीज़ का सही तरह से उपयोग करना चाहिए और प्रदूषण नहीं फैलाना चाहिए। धरती पर उपस्थित पेड़-पौधों की हमें रक्षा करनी चाहिए। आजकल लोग पेड़ पौधों काट कर शहरीकरण कर रहे हैं। पेड़-पौधे हमारे ऑक्सीजन का साधन है, इनके बिना हमारा जीवन संभव नहीं है।



धात्री प्रशांत
६ सी

धरती पर जल भी महत्वपूर्ण है और हमें ध्यान देने की ज़रूरत है कि हम जल को व्यर्थ ना करें और साथ में इसे प्रदूषित ना करें। धरती है तो हम हैं, धरती के बिना हमारा कोई आस्तित्व ही नहीं है।

धरती

धरती में रहते हैं हम।

धरती हम में नहीं।

धरती की रक्षा करने की ज़िम्मेदारी हमारी है।

यह नहीं करेंगे तो पचताएँगे हम।

पेड़ पौधों के बरबादी का कारण हम मानव ही है।

कभी नहीं सोचता कि धरती का क्या होगा।

एक पेड़ उगाने के लिए सालों लग जाते हैं।

एक पेड़ कटवाने के लिए सिर्फ तीन घंटे लगते हैं।

धरती नहीं तो हम नहीं।

पेड़ पौधे नहीं तो हम जीवित नहीं।



अमेका बेड़ी
६ सी



ईश्वरी विक्रम
निकम
२ सी

धरती

धरती हमारी माता के समान है। धरती को हमें स्वच्छ रखना चाहिए। यह हम सभी नागरिकों का कर्तव्य है। धरती के हम पर बहुत सारे उपकार हैं। धरती हम सब लोगों का, पेड़-पौधों का, प्राणियों का पालन पोषण करती है। हमारी धरती विशाल है। पानी की मात्रा अधिक होने के कारण, धरती नीला ग्रह कहलाती है। धरती पर नदियाँ, जंगल, पहाड़ हैं। धरती हमें जीने के लिए पानी, हवा और अनाज देती है। जिस के बिना हम जीवित नहीं रह सकते हैं। इस प्रकार धरती के हम पर बहुत उपकार हैं।



ब्रांडिन
६ सि

आजकल मनुष्य अपने हित के लिए धरती का विनाश कर रहा है। पेड़ों को काट रहा है। जिस के कारण ऑक्सीजन की कमी हो रही है। कारखानों का गंध नदियों में मिलकर नदी का पानी प्रदूषित हो जाता है इस प्रकार हमारी धरती का नुकसान हो रहा है। हम सब को इस बारे में सोच-विचार करके, हल ढूँढना चाहिए।

पेड़

अगर पेड़ भी चलते होते कितने मजे हमारे होते, बाँध तने में उसके रस्सी चाहे जहाँ कहीं ले जाते। जहाँ कहीं भी धूप सताती उसके नीचे हम छिप जाते। भूख सताती अगर अचानक तोड़ मधुर फल उसके खाते, आती कीचड़, बाढ़ कहीं तो झट उसके ऊपर चढ़ जाते।

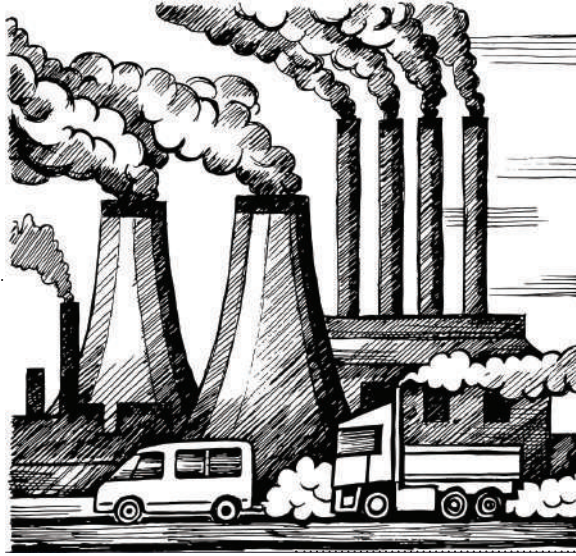
प्रदूषण

हमारी धरती प्रदूषण से भर गई है। गाँव से लेकर शहर तक प्रदूषण ही प्रदूषण है। कितनी भी हम बच्चे कोशिश करें फिर भी प्रदूषण को नहीं रोक सकते हैं। गंदगी या स्वच्छता हमारे घर से शुरू होती है।



सानवी शेनई
६ सी

हम कूड़ेदान में हर प्रकार का कूड़ा डालते हैं, इसकी वजह से कूड़ा सड़ जाता है और चारों ओर बदबू फैलने लगती है। वाहनों से भी प्रदूषण फैलता है। प्रादूषण चार प्रकार के हैं। वे हैं : जल प्रदूषण, वायु प्रदूषण, ध्वनि प्रदूषण और मिट्टी प्रदूषण। ये सब हमारे जीवन के विनाश के कारण बन सकते हैं। कारखानों, गाड़ियों द्वारा निकलने वाले हानिकारक धुएँ से साँस लेने में तकलीफ़ होती है। कारखानों का गंदा पानी हमारी नदियों को प्रदूषित करता है। हम सबको एकजुट होकर इसे रोकने का प्रयास करना चाहिए, नहीं तो प्रदूषण के कारण मानव का अस्तित्व खतरे में पड़ सकता है।



प्रदूषण

प्रदूषण, प्रदूषण
कितना भीषण

जल, वायु, पृथ्वी प्रदूषण
आखिर क्या है इसके कारण?
हे मानव, तुम हो इसके कारण

पेड़ काटना छोड़ दो
भवन बसाना छोड़ दो
नदी, नाले, गंदा मत करो
कूड़ा, कचड़ा, जहाँ कहीं
भी फेंका मत करो,
वाहनों और कारखानों को
संभाला करो।

जागो, मानव जागो
बहुत देर न हो जाए
हर जगह ज़हर फैलाकर
इस धरती का नाश न हो जाए
बच्चों हमें भी उठना होगा
चलना होगा हमें मिलाके
कदम से कदम



आग्नेया राय
४ सी

वृक्ष लगाने का बेड़ा
उठायेंगे हम
स्वच्छ भारत का नारा
लगायेंगे हम,
ज़हर न खायेंगे, न
पिएँगे हम,
भारत को प्रदूषण मुक्त
करायेंगे हम
भव्य भारत का निर्माण
करेंगे हम।

प्रदूषण

आज हमारे आस पास का पर्यावरण इतना दूषित, विकृत और जान लेवा होता जा रहा है कि न हमें साफ़ सुथरा पानी मिल पा रहा है और न ही साँस लेने के लिए शुद्ध और साफ़ हवा। प्रदूषण की समस्या आज मानव समाज के सामने खड़ी सबसे गंभीर समस्याओं में से एक है।



ज़ईम
६ सी

प्रदूषण के कारण धरती का तापमान दिन प्रति दिन बढ़ रहा है। ओजोन लेयर में कई छेद हो चुके हैं। नदियों और समुद्र में जीव जंतु मर रहे हैं। कई देशों का मौसम बदल रहा है।

प्रदूषण के कारण:-

- * जनसंख्या में वृद्धि
- * जंगल की होने वाली लगातार कटाई
- * शहर का विस्तार विकास
- * वाहनों का बहुतायत में प्रयोग
- * प्लास्टिक और ऐसे दूसरे चीज़ों का प्रयोग

प्रदूषण चार प्रकार के होते हैं

- * जल प्रदूषण
- * वायु प्रदूषण
- * भूमि प्रदूषण
- * ध्वनि प्रदूषण

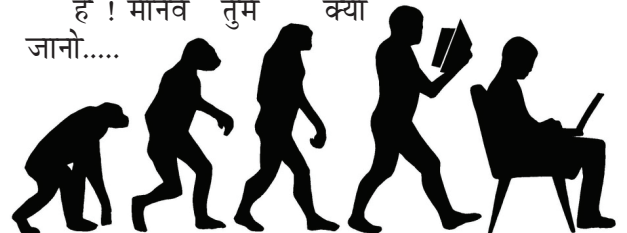
हे मानव तुम क्या जानो !

हे ! मानव तुम क्या जानो.....
कि ये पृथ्वी कितनी सुंदर है
पर तुम क्या जानो
कि तुमने इस पृथ्वी को नरक के
समान बनाया है

हे ! मानव तुम क्या जानो.....
माता पिता को रूलाते हो तुम
जीवन का नाश करते हो तुम
हे मानव तुम क्या जानो
प्यार को द्वेष में बदल देते हो तुम
हे ! मानव तुम क्या
जानो.....



लिशा
३ सी



प्रकृति

हम सबसे सुंदर ग्रह पर निवास करते हैं, जी हाँ धरती जो हरियाली से भरी है, सुंदर और आकर्षक है। कुदरत हमारी सबसे अच्छी मित्र होती है जो हमें धरती पर जीवन जीने के लिए सभी ज़रूरी संसाधन उपलब्ध कराती है। प्रकृति हमें पीने को पानी, साँस लेने को शुद्ध हवा, पेट के लिए भोजन, रहने के लिए ज़मीन, पशु-पक्षी, पेड़-पौधे आदि हमारी सुविधा के लिए उपलब्ध कराती है।



एलिशिया जोन
बाप्टिस्ट
६ सि

हमारे स्वस्थ जीवन के लिए ईश्वर ने हमारे लिए एक बेहद सुंदर प्रकृति का निर्माण किया है। प्रकृति अपने मियमों को कभी नहीं तोड़ती है बल्कि हमारा खयाल रखती है। प्रकृति के पास हमारे लिए सब कुछ है लेकिन हमारे पास उसके लिए कुछ भी नहीं है। हम मनुष्य उसे नुकसान पहुँचाते हैं। हर दिन पेड़-पौधों को काटना, नदी के पानी में कूड़ा फेंककर उसे दूषित करना और भूमि और हवा को प्रदूषित कर रहे हैं। हमें यह नहीं करना चाहिए। अगर हम ऐसा करते जाएँगे तो हमारा धरती पर जीवनयापन करना मुश्किल हो जाएगा।

चलो हम आज साथ में प्रकृति को बचाए क्योंकि आने वाली पीढ़ी है प्यारी, तो प्रकृति को बचाना है हमारी ज़िम्मेदारी

चंद्रा मामा

चंद्रा मामा चंद्रा मामा
तुम हो कितने प्यारे।
गोरे गोरे दूध जैसे
सबसे रहे दुलारे।

रोज़ रात को तुम यों निकलो,
ज्यों राजा की सवारी।
अनगिनत तारे लेकर आओ,
जैसे प्रजा सारी।
काली काली रातों को तुम
बाँट रहे उजियारे।

ईवा लिसा लोबो
३ सी

ऋतुराज वसंत

वसंत कहती है शीत से,
अब तू जा मेरी बारी आई है।
नव नव सुमन की सुरभि से,
मृदु मृदु मलय समीरण से
पल्लवित सुशोभित करूँगी मैं धरा को।
आम्र की मंजरी, कोयल की कुहूतान से,
नव उत्साह, नव प्रेरणा और,
नव उल्लास से मानव को जगाऊँगी।
है मानव अब तू जाग जा,
शिजान ले वसंत की इस आगमन से,
मुझमें न ग्रीष्म की ऊष्णता है,
न वर्षा का प्रकोप है,
न शीत की शुष्कता है,
मैं हूँ ऋतुराज वसंत।
हे मानव तू सारे अवगुण त्यागकर,
सार्थक बना ले अपने जीवन को।



ऐश्वर्या स्वाइन
५ अ

पहेलियाँ

१. जो मुझे बनाता है, वही मुझे सुन पाता है मैं क्या हूँ?

उत्तर : सोच विचार

२. वो क्या है जो सदियों पुराना है,
लेकिन फिर भी हर महीने नया है?

उत्तर : चाँद

३. जब आप टेलीफ़ोन पर मौजूद सभी अंकों का गुणांक करोगे तो क्या उत्तर आएगा?

उत्तर : ०

४. जितना ज़्यादा आगे मैं बढ़ूँगा उतना कम आप देख पाओगे मैं क्या हूँ?

उत्तर : अंधेरा

५. रोशनी मुझे बनाती है पर अंधेरा मुझे मारता है मैं क्या हूँ?

उत्तर : परछाई



महिमा जिना
३ सी

अगर मैं अभिनेत्री होती तो.....

अगर मैं अभिनेत्री होती तो बहुत सारे फ़िल्मों में अभिनय करती। मुझे विदेश जाने का मौका मिलता। वहाँ मैं हिन्दी फ़िल्मों में अभिनय करती। मैं विदेश में मेरी पसंदीदा जगह घूमने जाती। दूसरे कलाकरों के साथ दोस्ती करती और उनसे मोबाइल से बातें करती। मैं प्रार्थना करती हूँ कि मेरी यह खाहिश सच हो जाए।



दीया - ४ सि

दोस्त

जिसके पास एक अच्छा दोस्त है उसे कभी भी दर्पण की ज़रूरत नहीं है। दोस्त के बिना कोई नहीं रह सकता। दोस्ती एक पेड़ की छाया जैसे होती है। एक दोस्त, बहुत सच्चा होना चाहिए। हम अपनी जिन्दगी अकेले जी नहीं सकते। खुश और संतुष्ट जीवन जीने के लिए एक भरोसेमंद साथी की ज़रूरत है जिसे दोस्त कहते हैं। हम अपने सच्चे दोस्त पर पूरा विश्वास कर सकते हैं। इंसान के जीवन में मित्रता एक बहुत बड़ा रिश्ता है। दोस्त एक दूसरे की संवेदनाओं और भावनाओं को बाँधता है।



टी जी लास्या
६ सी

दोस्त

जीवन में बहुत महत्वपूर्ण वस्तुओं के होने के बावजूद भी एक इंसान के जीवन में दोस्ती एक बहुत ही मूल्यवान रिश्ता है। हर एक को जीवन की अच्छी बुरी यादें, खुशी और दुख को बाँटने के लिए एक अच्छे दोस्त की ज़रूरत होती है। दोस्ती एक अंतरःरंग का रिश्ता होता है, जिसपर हमेशा के लिए भरोसा किया जा सकता है। यह उम्र, लिंग और व्यक्ति के पद पर सीमित नहीं होता। जो लोग सच्ची दोस्ती करते हैं वो बिना किसी प्रकार के लालच के दूसरे मित्र का ध्यान रखते हैं और सहायता करते हैं। कुछ लोग केवल अपनी ज़रूरतों और इच्छाओं की पूर्ति के लिए दोस्त बनाते हैं। सच्चे दोस्त केवल वही नहीं होते जो अच्छे मौकों पर ही मौजूद हो बल्कि वो होते हैं जो बुरी परिस्थितियों में भी साथ खड़े रहें। हमें अपना सबसे अच्छा दोस्त चुनते समय सावधान रहना चाहिए क्योंकि हम किसी से भी धोखा खा सकते हैं। एक अच्छा दोस्त हमेशा दूसरे दोस्त के बुरे समय में उसकी सहायता करता है और सही राह पर चलने के लिए सलाह देता है। आज के दिनों में अच्छे और बुरे लोगों के भीड़ में अच्छे दोस्त मिलना बहुत कठिन है लेकिन अगर किसी के पास सच्चा दोस्त है तो उससे ज़्यादा भाग्यशाली इस दुनिया में कोई नहीं है।



वै विनीत भट
६ सि

बचपन

बचपन के वो खूबसूरत दिन जब माँ हमें रोज़ खिलाती थी जब पापा हमें अपने कंधो पर बिठाकर सैर करने ले जाते थे। दादी हमें राजकुमारों की कहानियाँ सुनाती थी



सुमोद
६ सी

दादाजी हमें ढेर सारे चॉकलेट देते थे।

बचपन के दो मस्त दिन जब हम बेफ़िकर तालाब में कूदते

जब हम बारिश में मोर की तरह नाचते

कागज़ की नाव बनाकर दौड़



लगाते

क्रिकेट खेलकर पड़ोसियों की खिड़की तोड़ देते

बचपन के वे खुशहाल दिन

जब हमारी हर शरारत माफ़ थी तब हम घर के राजा थे

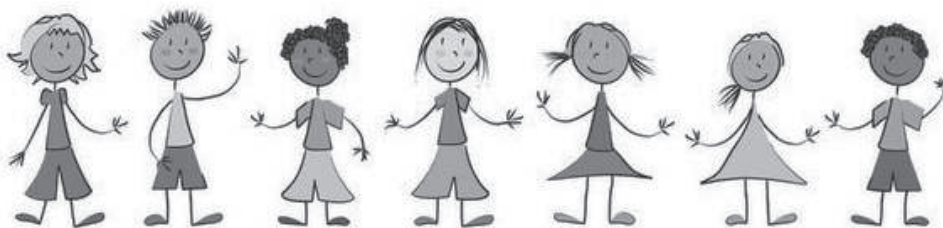
और आज़ाद परिंदों की तरह घर भर में शोर मचाते थे

वो मनमोहक दिन बचपन के

जब माँ हमें रोज़ लोरी सुनाकर सुलाती थी

हर दिन एक नया सफ़र था

आज भी याद आते हैं वे प्यारे, अनोखे बचपन के दिन



बचपन

खेल कूद के पला है बचपन
सबसे खुशी से बीता है बचपन
कैसे बताऊँ तुम्हें मेरी बचपन की कहानी
सबसे चमकीला था मेरा बचपन,
सितारों से भी बढ़कर था मेरा बचपन,
बचपन है यहाँ खजाने की पोटली,
सबसे सुंदर, अनोखी पोटली।
छुटकी में बचपन चला जाता है,
याद कर आँखों से आँसू बहते हैं,
याद आती है बचपन की,
कैसे भूलूँ उन यादगार पलों को,
क्यों पीछे छूट गया मेरा बचपन।



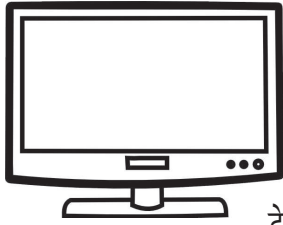
अंशीशा
८ ब

टेलीविजन

वैज्ञानिक प्रगति का एक अनूठा आविष्कार है, टेलीविजन यानी दूरदर्शन। इस अनोखे आविष्कार को ब्रिटेन के वैज्ञानिक जॉन एल. बेयर्ड ने किया था। टेलीविजन एक ऐसा पहला माध्यम है, जिसमें हम दूर बैठकर देख सकते हैं। पहले तो एक ही चैनल देखने को मिलता था। पर अब सौ, दो-सौ चैनल



इशान विवेक
८ सी



टेलीविजन पर प्रसारित होती हैं। बच्चे, बड़े, बूढ़े सभी इसका आनंद उठा सकते हैं। जैसे हर एक साधन में अच्छाई और बुराई दोनों छिपी है, वैसे ही टेलीविजन के लाभ और हानि भी

है। मनोरंजन के साथ खेल-कूद की खबरें, मौसम की जानकारी, किसानों के लिए जानकारी देता है। ज्यादा टेलीविजन देखने से आँखें खराब हो सकती हैं। बच्चे खेल कूद छोड़कर ज्यादा समय टेलीविजन को देखने में व्यर्थ करते हैं। आजकल जिस तरह के कार्यक्रम टेलीविजन पर दिखाए जा रहे हैं, उसका बच्चों पर बुरा असर पड़ रहा है। विज्ञापनों का प्रभाव युवा पीढ़ी पर इस तरह से हो रहा है कि उसका अनुसरण युवा पीढ़ी आँख बंदकर कर रही है। इस प्रकार के कार्यक्रमों पर सरकार को रोक लगानी चाहिए। विज्ञान का यह अद्भुत आविष्कार वरदान के साथ साथ अभिशाप भी साबित हो रहा है। मनुष्य को उचित, अनुचित के बारे में सोचकर इन साधनों का उपयोग करना चाहिए।

परिवर्तन

परिवर्तन, प्रकृति का शाश्वत नियम है। हर घड़ी, हर पल बदल रहा है। यह सृष्टि का चक्र है। इसके साथ ताल मेल रखने के लिए हमें समय के साथ निरंतर बदलाव लाना होगा। चाहे जीवन में कितने भी उतार चढ़ाव आए, हमें बस निरंतर चलते रहना है। नदी का पानी अगर बहता ही रहता है तो स्वच्छ निर्मल रहता है। अगर वह पानी बहने के जगह रुक जाए तो वह पानी एक तालाब का रूप ले लेता है। नदी के हर मोड़ के साथ बहना ही उसका निरंतर परिवर्तन है। ठीक उसी तरह हमारा जीवन भी समय के साथ परिवर्तित होता रहता है। समय का परिस्थिति से अपनी स्थिति का तालमेल रखने के लिए हमें अपने आप में परिवर्तन लाना आवश्यक है।



निधि नोरॉन्हा
८ सी

हमें परिवर्तन से डरना नहीं चाहिए। बल्कि परिवर्तन के साथ कदम से कदम मिलाकर चलना चाहिए, तभी सफलता मिलेगी।

बीस वर्ष की उपलब्धियाँ

उठो लूडर्स के वीर सपूतों
पुनः नया निर्माण करो।

सरस्वती का पावन मंदिर
यह शुभ संपत्ति तुम्हारी हैं।

तुम से हर बालक बालिका इसकी
रक्षक और पुजारी हैं।

दो दशक के इस संघर्षपूर्ण काल में,
धर्म निरपेक्षता का प्रेम भाव सिखाया है,
दान-पुण्य में भी खूब हाथ बाँटाया है,
समग्र विकास का पूर्ण उद्देश्य निभाया है,
खेलकूद में भी भरपूर नाम कमाया है,
अंतरराष्ट्रीय स्तर पर भी परचम लहराया है,
रजत और स्वर्ण जयंती तक गगन सितारा बनाना है।

रात - रात दीप जला ज्ञान के
नवयुग का आह्वान करो।

उठो धरा के वीर सपूतों
पुनः नया निर्माण करो।



अध्यापिका
गौरी रवि

हमारा देश

मेरा भारत मुझे बहुत प्यारा है। यह एक प्राचीन और महान देश है। हमारे देश के उत्तर में हिमालय पर्वत और दक्षिण में हिंद महासागर है। पूर्व में बंगाल की खाड़ी और पश्चिम में अरब सागर है। भारत नदियों का देश है। गंगा, यमुना, ब्रह्मपुत्र आदि नदियाँ भारत की शोभा बढ़ाती हैं। भारत कृषिप्रधान देश है। यहाँ के अधिकतर लोग किसान हैं। वे गाँवों में रहते हैं। दिल्ली, मुंबई, कोलकत्ता, चेन्नई, अहमदाबाद, बंगलूरु आदि हमारे देश के महानगर हैं। ये उद्योग और व्यापार के बड़े केंद्र हैं। दिल्ली हमारे देश की राजधानी है। मुंबई को भारत का प्रवेशद्वार कहते हैं। आगरे का ताजमहल दुनिया के सात महान अजूबों में से एक है। भारत में अलग-अलग भाषाएँ, धर्म, पहनावे और रीति-रिवाज हैं। फिर भी यहाँ सब लोग मिल जुलकर रहते हैं। हिंदी भारत की राजभाषा है। तिरंगा हमारा राष्ट्र ध्वज है। यह राम, कृष्ण, महावीर, बुद्ध और गांधी का देश है। मेरा भारत सचमुच महान है। मुझे अपने देश पर बहुत गर्व है।



श्रीया पू
६ डी



किम्बेर्ल्य फ़ेर्नन्डिस
६ सि

हमारा प्यारा भारत जन्म लिया है। ठिठुरती सर्दी नहीं अन्य बातों में सूखे मैदान, कहीं रेतीले रेगिस्तान। वेश-भूषा, अलग है,

एक विशाल स्वतंत्र देश है। भारत भूमि हमारी मातृभूमि है। हमने इस भूमि पर भारत देश में मौसम के कई रूप हैं। कभी तपती गर्मी है, कभी और कभी रिमझिम बरसात। भारत में सिर्फ विभिन्न ऋतुएँ ही भी विभिन्नता देखने को मिलती है। कहीं हरे-भरे मैदान हैं, तो कहीं बर्फ से ढकी हिमालय की चोटियाँ हैं तो कहीं इस तरह खान-पान, भाषा-बोली, रीति-रिवाज भी अलग-परंतु फिर भी सभी भारत की

संस्कृति के ही अंग है।

हमारे प्यारे भारत में सभी करते हैं। हिंदू, मुस्लिम, सभी लोग अलग-अलग भाईचारा देखने को मिलता भारतीय संस्कृति हमें सिखाती है चाहिए। हम अलग-अलग होते हुए अपने राष्ट्र ध्वज का सम्मान करते हैं मनाते हैं।

हम गर्व से गाते हैं :- "सारे जहाँ से हमारा ॥

सत्य है हमारा भारत देश महान है।



धर्मों को मानने वाले लोग निवास ईसाई, सिक्ख, पारसी, बौद्ध, जैन धर्मों के होते हुए भी उनमें प्रेम और है। मिल-जुलकर त्योहार मनाते हैं। हमारी कि किसी के साथ शत्रुता का व्यवहार नहीं करना भी विपत्ति के समय एक हो जाते हैं। सभी नागरिक और राष्ट्रीय पर्वों को मिल-जुलकर बड़े हर्ष के साथ

अच्छा हिन्दुस्तान हमारा। हम बुलबुलें हैं इसकी, वह गुलिस्तां

सरहद

बंधन टूटकर बनते हैं यहाँ,
रिश्ते बिखरकर बनते हैं यहाँ,
मौत की माला सजाकर,
जीवन दान करते हैं यहाँ,
जो देते हैं अपनी जान की कुर्बानी,
यह सरहद नहीं जीवन है उनका ॥
एक ही रास्ता है हम सब का,,
एक ही खून से बने हम,
यह चुनौती का है सागर,
यहाँ बलिदान का है बहार,
यह कसौटी है जीवन की
यह सरहद नहीं जीवन है उनका।

अंशीशा, देव्यानी, जान्वी, ऐसिरी
८ ब

साक्षी, त्रिशा, समीन, ऐडन
७ स

देश भक्ति

भारत मेरा देश है,
यह मेरी जान है,
इसकी भाषाएँ बहुत सारी हैं,
पर लक्ष्य हमारा एक है।
गुलाम थे हम सदियों से,
बलिदान हुए थे खुशी से।
आजादी में जो खुशी है,
बर्बादी में वो कहाँ ?
भारत मेरा देश है,
यह मेरी जान है।

सैनिक



आर्य पि राय
६ सि

भारतीय सैनिक हमारे देश की आन, बान और शान है। वे हमारे देश की रक्षा करते हैं। वे जब हमारे देश की सरहद की रक्षा करते हैं तभी हम सब हमारे घर में चैन से सोते हैं। सैनिकों के बगैर हमारे देश का कुछ भी अस्तित्व नहीं है। आज हमारा देश सुरक्षित है, देश में किसी भी तरह की कोई समस्या नहीं है तो उसका श्रेय जाता है सैनिकों को। भारतीय सैनिक हमारे देश के लिए अपनी जान तक न्योछावर करने से नहीं चूकते क्यों कि उनके लिए जान से बढ़कर देश की सुरक्षा होती है। हमारे देश में तरह-तरह के वर्गों के लोग रहते हैं, वे अपने जीवन में खुशी के लिए दिन-रात सरहद पर मुसीबतें झेल रहे हैं। हमारे देश में ऐसे सैनिक भी हैं, जो देश के दुश्मनों से लड़ते लड़ते अपनी जान तक को न्योछावर कर देते हैं। भारतीय सैनिक हमें बाहरी आक्रमण से ही नहीं बचाते बल्कि कई प्राकृतिक विपदा से भी बचाते हैं, जैसे बाढ़, भूकंप, भूस्खलन के समय भारतीय सैनिक की भूमिका प्रशंसनीय है।

भारतीय सैनिक अनुशासन का एक बहुत बड़ा उदाहरण है। वे एक बहुत ही सख्त अनुसूची का पालन करते हैं। वे हमें किसी भी प्रतिकूल परिस्थितियों का सामना करना सिखाते हैं। भारत में कितनी समस्याएँ हैं परन्तु फिर भी वे राष्ट्र की अलोचना नहीं करते वे देश को अपनी जान से ज्यादा प्यार करते हैं। उनसे हमें देश के प्रति सम्मान और प्यार की सीख मिलती है।



सैनिक शब्द बहुत कुछ कहता है। आप ये लेखन पढ़ रहे हो बिना किसी तकलीफ़ के क्यों कि वे हमारी रक्षा कर रहे हैं। वो अपना सब कुछ छोड़कर हमारे देश के लिए काम करते हैं। जब भी देश पर कोई मुश्किल आती है तो हमारे सैनिक दौड़कर वहाँ पहुँच जाते हैं। जब भी कोई महामारी आती है तो सैनिक वहाँ पर दवा और खाने की सुविधा उपलब्ध करते हैं। भारत में एक लाख चालीस हजार सैनिक हैं। भारत में जब अंग्रेजी सरकार थी तब सैनिकों ने अपना जीवन कुर्बान कर दिया था।



मनविक मल्लिक
६ सि

जल प्रलय

पानी पानी हर जगह
मानव प्राणी डूबता रहा !
पानी पानी क्यों इतना गुस्सा?
जान क्यों ली तुमने उनकी ?

बोला पानी मानव से,
क्यों किया परेशान मुझे,
बहता रहा मैं अपनी जगह,
क्यों मुडने दिया तूने मुझे?

तूने बर्बाद किया पर्यावरण को,
तूने मजबूर किया मुझ को,
अब पूछ रहे हो मुझ से,
क्या किया था मैंने तुम को?

एरल, नवनीत, वर्की,
सामविन
१० स

बिन मौसम आती है बारिश,
कारण है मनुष्य का निर्लक्ष्य।
यह नहीं है किसी की साजिश
अब नहीं देगी प्रकृति किसी को भक्ष ॥

केरल में बह रहा है पानी झर-झर,
पापों का यह है असर।
भर रहा है पानी, गिर रहे हैं घर,
पेड़ काटने में हमने न छोड़ी कसर।

इससे अगर नहीं सीखा सबक,
तो बहेगा पानी, बिगड़ेंगे सड़क।
पेड़ उगाओ, प्रकृति बचाओ,
या भविष्य में पछताओ।

मंजूशा, धृति, कैरल,
अनन्या, अल्विटा
१० स

ಶಿಸ್ತು

ಜೀವನ ಕಠಿಣವಾಗಿರಬಹುದು

ಜೀವನ ನಮಗೆ ಗಾಯಮಾಡಬಹುದು

ಆದರೆ ಶ್ರೇಷ್ಠ ಮನುಷ್ಯನ ಮತ್ತು ಬೇರೆಯವರ ಮಧ್ಯೆ ಇರುವ ಒಂದೇ ವ್ಯತ್ಯಾಸವೆಂದರೆ - ಶಿಸ್ತು.

ಶಿಸ್ತು ಎನ್ನುವುದು ವಿದ್ಯಾರ್ಥಿ ಜೀವನದ ಅವಿಭಾಜ್ಯ ಅಂಗ.



ಅನನ್ಯಾ ಎನ್
೧೦ ಬಿ

ಶಿಸ್ತು ವಿದ್ಯಾರ್ಥಿಗಳ ಏಳಿಗೆಗೆ ಅವಶ್ಯಕ.

ಶಿಸ್ತಿನ ಬದುಕೆಂದರೆ ಬಹಳ ವ್ಯವಸ್ಥಿತ ಹಾಗೂ ನಿಯಮ ಪಾಲಿತ ಬದುಕು. ವಿದ್ಯಾರ್ಥಿ ಜೀವನದಲ್ಲಿ ಕೆಲಸ ಕಾರ್ಯಗಳನ್ನು ಸರಿಯಾದ ಸಮಯದಲ್ಲಿ ಪೂರೈಸುವುದು. ಆಸಕ್ತಿಯಿಂದ ಓದುವುದು, ಎಲ್ಲರನ್ನೂ ಗೌರವಿಸುವುದು ಹಾಗೂ ಎಲ್ಲ ಕೆಲಸಗಳನ್ನು ಗೌರವದಿಂದ ಮಾಡುವುದು ಬಹಳ ಮುಖ್ಯ. ಮನೆಯಾದರೂ ಶಾಲೆಯಾದರೂ ಶಿಸ್ತಿನಿಂದ ಬದುಕುವ ವ್ಯಕ್ತಿಯೇ ಶ್ರೇಷ್ಠ. ಶಿಸ್ತಿನಿಂದಲೇ ಜೀವನಕ್ಕೆ ಗುರಿಯೇ ಇರುವುದಿಲ್ಲ.

ಶಿಸ್ತಿನ ಮಾರ್ಗವೇ ಜೀವನದ ಮಾರ್ಗವಾಗಬೇಕು.

ನಾವು ಮತ್ತು ನಮ್ಮ ಪರಿಸರ

ಮನುಷ್ಯ ನಿಸರ್ಗದ ಶಿಶು. ನಮ್ಮಂತೆಯೇ ಎಷ್ಟೋ ಜೀವಿಗಳು ಇದೇ ಪರಿಸರದಲ್ಲಿ ಬಾಳಿ ಬದುಕುತ್ತಿವೆ. ನಿಸರ್ಗದ ಮಕ್ಕಳಾದ ನಮಗೆ ನಮ್ಮೆಲ್ಲರ ಬದುಕು ಪರಿಸರವನ್ನು ಎಷ್ಟು ಅವಲಂಬಿಸಿದೆ. ನಮ್ಮ ಬದುಕಿಗೂ ಎಂತಹ ಸಂಬಂಧವಿದೆ ಎಂಬ ಅರಿವು ಪಡೆಯುವುದು ಅಗತ್ಯವಾಗಿದೆ.

ಖ್ಯಾತ ಸಾಹಿತಿ ಪೂರ್ಣಚಂದ್ರ ತೇಜಸ್ವಿಯವರು ಹೇಳಿದಂತೆ “ಪ್ರಕೃತಿಗೆ ಮನುಷ್ಯನ ಅಗತ್ಯವಿಲ್ಲ. ಆದರೆ ಮನುಷ್ಯನ ಉಳಿವಿಗೆ ಪ್ರಕೃತಿ ಅನಿವಾರ್ಯ”. ನಾವು ಉಸಿರಾಡುವ ಗಾಳಿ, ಕುಡಿಯುವ ನೀರು, ಆಹಾರ ಇವೆಲ್ಲ ಪ್ರಕೃತಿಯಿಂದಲೇ ನಮಗೆ ಬರಬೇಕಾಗಿದೆ. ಜೀವಸೆಲೆ ಇರುವುದೇ ಈ ಪರಿಸರದಲ್ಲಿ - ಸುಂದರವಾದ ಗುಡ್ಡ, ಬೆಟ್ಟ, ನದಿಗಳು, ಜಲಪಾತಗಳು, ನಾನಾ ಬಗೆಯ ಸಸ್ಯರಾಶಿಗಳು, ವನ್ಯಜೀವಿಗಳ ಸಂಪತ್ತಿನೊಂದಿಗೆ ಅಪಾರ ಕೌತುಕಗಳು ಅದ್ಭುತ ಗಣಿಯಾಗಿದೆ ನಮ್ಮ ಪರಿಸರ.

ನಮ್ಮ ಸುತ್ತಣ ಪರಿಸರ ನಾವೆಂದುಕೊಂಡಂತೆ ನಿಂತ ನೀರಲ್ಲ- ನಿರಂತರ ವಿಕಾಸಗೊಳ್ಳುತ್ತಾ ಬದಲಾಗುತ್ತಾ ಹೋಗುವ ಒಂದು ಸಮರ ಭೂಮಿ. ಪ್ರಕೃತಿ ಸಹಜವಾದ ಈ ರೀತಿಯ ಬದಲಾವಣೆಗಳು ಭೂಮಿಯ ಉಗಮದಿಂದಲೂ ನಡೆಯುತ್ತಲೇ ಬಂದಿವೆ. ಲಕ್ಷಾಂತರ ವರ್ಷಗಳ ಕಾಲಾವಧಿಯಲ್ಲಿ ನಡೆಯುತ್ತಿರುವ ಈ ಬದಲಾವಣೆಗಳಿಗೆ ಒಗ್ಗಿಕೊಳ್ಳಲಾರದ ಅನೇಕ ಜೀವಿಗಳು ನಾಶವಾಗಿವೆ. ಅನೇಕ ಹೊಸ ಜೀವಿಗಳು ಹುಟ್ಟಿ ಬೆಳೆದಿವೆ. ಬದಲಾವಣೆ ನಿಸರ್ಗದ ನಿಯಮ.

ಆದರೆ ಕಳೆದ ಕೆಲವು ಶತಮಾನಗಳಿಂದ ಮನುಷ್ಯನ ಸುಖ ಸೌಲಭ್ಯಗಳಿಗಾಗಿ ವಿವೇಚನೆಯೇ ಇಲ್ಲದೆ ನಿಸರ್ಗದ ಮೇಲೆ ಹಸ್ತಕ್ಷೇಪ ನಡೆಯುತ್ತಿದೆ. ಅಂಕಿಯೇ ಇಲ್ಲದ ಜನಸಂಖ್ಯಾ ಸ್ಫೋಟ, ಮಿತಿಮೀರಿದ ವಯಕ್ತಿಕ ಸುಖದ ದುರಾಸೆಯಿಂದ

ಕಾಡುಗಳು ನಾಶವಾಗಿವೆ. ಹುಲ್ಲು ಗಾವಲುಗಳು ಒಣಗಿವೆ, ನದಿಗಳು ಬತ್ತುತ್ತಿವೆ. ಮಾನವನನ್ನು ಹೊರತುಪಡಿಸಿ ಇನ್ನಾವ ಜೀವಿಯೂ ಪ್ರಕೃತಿಯ ನಿಯಮಗಳನ್ನು ಮೀರುವುದಿಲ್ಲ. ಮನುಷ್ಯನಿಂದಾದ ಪರಿಸರ ನಾಶದಿಂದ ಜೀವಿಯ ಮೇಲೆ ಗಂಭೀರ ಪರಿಣಾಮವಾಗಿದೆ. ಹಕ್ಕಿಯಂತಹ ಅನೇಕ ಸುಂದರ ಜೀವಿಗಳು ನಾಮಾವಶೇಷವಾಗಿವೆ. ಪರಿಸರದ ನಿಯಮವನ್ನು ವಿವೇಚನೆಯಿಲ್ಲದೆ ಉಲ್ಲಂಘಿಸಿದ ಮಾನವ ಅಪಾಯವನ್ನು ತಂದುಕೊಳ್ಳುತ್ತಿದ್ದಾನೆ. ತನ್ನೊಂದಿಗೆ ಇನ್ನಿತರ ಜೀವಜಾಲದ ವಿನಾಶಕ್ಕೆ ಕಾರಣವಾಗುತ್ತಿದ್ದಾನೆ. ನಿಸರ್ಗವು ಮನುಷ್ಯನಿಗೆ ಮಾತ್ರ ವಿಶೇಷವಾದ ಯಾವ ರಿಯಾಯಿತಿಯನ್ನು ತೋರಿಸಲಾರದು ಎಂಬುವುದಕ್ಕೆ ಇತ್ತೀಚೆಗೆ ಕೊಡಗು, ಕೇರಳದಲ್ಲಿ ಸಂಭವಿಸಿದ ಭೀಕರ ಮಳೆ ಹಾಗೂ ನೆರೆಯಿಂದಾದ ಅಪಾರ ಹಾನಿಯೇ ಸಾಕ್ಷಿ. ಮಾನವನ ಯಾವ ವಿಜ್ಞಾನವೂ ನಿಸರ್ಗದ ಕೋಪದ ಎದುರು ನಿಲ್ಲಲಾರದು.

ಖ್ಯಾತ ಸಾಹಿತಿ ಡಾ. ಶಿವರಾಮ ಕಾರಂತರು ಹೇಳಿದಂತೆ “ಕೇವಲ ಹೊಟ್ಟೆ, ಬಟ್ಟೆಗಿಂತ ಮನುಷ್ಯ ಪರಮಶ್ರೇಷ್ಠವೆಂದು ಪ್ರತಿಪಾದಿಸುತ್ತಿರುವ ಯಂತ್ರನಿರ್ಮಿತ ನಾಗರಿಕ ಜಗತ್ತಿನಿಂದ ಆಚಿನ ಸುಂದರ ಸೀಮೆಯೊಂದು ನಮ್ಮ ಸುತ್ತಣ ಪರಿಸರದಲ್ಲಿದೆ. ಹೊಟ್ಟೆಗಾಗಿ ಹೋರಾಟ ಮಾಡಿದರೂ ಅದೇ ಬದುಕಿನ ಸರ್ವಸ್ವವೆಂದು ತಿಳಿಯದ ಜೀವಜಾಲ ನಮ್ಮೊಡನೆಯೇ ಬಾಳಿ ಬಂದಿದೆ. ಇದನ್ನು ನೋಡಬಲ್ಲ, ನೋಡಿ ಆನಂದಿಸಬಲ್ಲ ಸೂಕ್ಷ್ಮ ಶಕ್ತಿ ನಮ್ಮ ಇಂದ್ರಿಯಗಳಿಗೆ ಬರಬೇಕು ಯಾವ ಹಣವೂ ತಂದುಕೊಡಲಾರದ ಅಪಾರ ತೃಪ್ತಿ, ಸಂತೋಷಗಳನ್ನು ಈ ಪರಿಸರದೊಂದಿಗೆ ಕಳೆಯುವ ಸಮಯ ತಂದುಕೊಟ್ಟಿತು, ಪರಿಸರ ಉಳಿಸುವತ್ತ ಮತ್ತು ಅದರೊಂದಿಗೆ ನಾವೂ ಉಳಿಯುವತ್ತ ಪ್ರಯತ್ನ ಮಾಡಲು ಸಾಧ್ಯವಾದೀತು.”

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ವಿದ್ಯಾರ್ಥಿಗಳ ಪ್ರಗತಿಯಲ್ಲಿ ಅಂಕಗಳೆಂಬ ಮಾನದಂಡ

ಪ್ರಗತಿಶೀಲ ರಾಷ್ಟ್ರವಾದ ಭಾರತದ ಏಳಿಗೆಗಾಗಿ ಇಂದಿನ ಯುವ ಜನಾಂಗ ಮಾಡಬೇಕಾದದ್ದು ಸಾಕಷ್ಟಿದೆ. ಪ್ರಾಚೀನ ಭಾರತದಲ್ಲಿ ಶತಮಾನಗಳಿಂದಲೂ ಗುರುಕುಲ ಪದ್ಧತಿ ಚಾಲಿಯಲ್ಲಿತ್ತು. ಗುರುಗಳಿಂದ ಜ್ಞಾನವನ್ನೂ ಕೌಶಲ್ಯವನ್ನು ಪಡೆಯುವುದು ಮುಖ್ಯವಾದರೆ, ಅದರ ಜೊತೆಗೆ ಸರಳ ಕೆಲಸಗಳು, ಆಟೋಟಗಳು ನಡೆಯುತ್ತಿದ್ದವು. ಇದು ಬ್ರಿಟಿಷರ ಆಗಮನದ ಬಳಿಕ ಶಾಲಾ ಶಿಕ್ಷಣವಾಗಿ ಬದಲಾಯಿತು. ಇಂದಿನ ಶಿಕ್ಷಣ ಪರಿಸ್ಥಿತಿ ಹೇಗಿದೆ?

ಉತ್ತಮ ಶಿಕ್ಷಣವೆಂದರೆ ಮಗುವಿನ ಬೌದ್ಧಿಕ ಮತ್ತು ಸೃಜನಶೀಲ ಬೆಳವಣಿಗೆಗೆ ಸಹಕಾರಿಯಾಗಬೇಕು. ೧೦-೧೨ವರೆಗೆ ಮಕ್ಕಳು ಪರಿಸರದೊಂದಿಗೆ ಚುರುಕಾದ ಗ್ರಹಣಶಕ್ತಿ ಇರುತ್ತದೆ. ಆದರೆ ಇಂದಿನ ಶಾಲೆಗಳಲ್ಲಿ ‘ಪರೀಕ್ಷೆ’ ಎಂಬ ಪದ್ಧತಿಯ ಮೇಲೆಯೇ ಎಲ್ಲವೂ ನಿರ್ಣಯಗೊಳ್ಳುತ್ತದೆ. ಹೆಚ್ಚು ಅಂಕಗಳಿಸಿದವ ಬುದ್ಧಿವಂತ ಕಡಿಮೆಗಳಿಸಿದವ ದಡ್ಡ ಎಂಬ ಹಣೆಪಟ್ಟಿ ಕಟ್ಟಿಕೊಳ್ಳುತ್ತಾರೆ.

ಖ್ಯಾತ ಸಾಹಿತಿ ತೇಜಸ್ವಿಯವರು ಒಮ್ಮೆ “ನನ್ನ ಕಾದಂಬರಿಯಲ್ಲಿ ಆ

ಪುಟದಲ್ಲಿ ಏನು ಬರೆದಿದ್ದೇನೆ ಅಂತ ಹಾಗೆಯೇ ಪುನಃ ಬರೆಯಲು ಹೇಳಿದರೆ ನಾನೇ ಫೈಲಾದೆನು” ಎಂದರಂತೆ. ಈಗಿನ ಪರೀಕ್ಷೆಗಳಲ್ಲಿ ಪಾಠಗಳನ್ನು ಉರುಹೊಡೆದು ಪುಸ್ತಕದಲ್ಲಿ ಇದ್ದಂತೆಯೇ ಬರೆದವರೇ ಬುದ್ಧಿವಂತರು ಎಂದು ಬಿಂಬಿಸಲಾಗುತ್ತಿದೆ. ಇದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಓದುವ ಆಸಕ್ತಿ ಮಾಯವಾಗಿ ಬಿನ್ನತೆ, ವಿಮುಖತೆ ಮತ್ತು ಬಾಲಾಪರಾಧಗಳಂತಹ ಸಮಸ್ಯೆಗಳು ಕಾಣಿಸಿಕೊಳ್ಳುತ್ತವೆ.

ಪ್ರತಿಯೊಂದು ಮಗುವು ವಿಶಿಷ್ಟ-ವಿಭಿನ್ನ, ಒಬ್ಬನು ಒಂದು ವಿಷಯದಲ್ಲಿ ನೈಪುಣ್ಯ ಪಡೆದಿದ್ದರೆ, ಇನ್ನೊಬ್ಬನು ಬೇರೊಂದರಲ್ಲಿ ಕುತೂಹಲ ಹೊಂದಿರುತ್ತಾನೆ. ಗಗನದಲ್ಲಿ ಮೆರೆಯುವ ಹದ್ದು ನೀರಿನಲ್ಲಿ ಮೀನಿನಂತೆ ಈಜಲಾರದು ತಾನೇ?

ಮಕ್ಕಳಲ್ಲಿ ಪುಸ್ತಕ ಪ್ರೀತಿ, ಓದುವ ಅಭ್ಯಾಸ ಬೆಳೆಸುವುದು ಮುಖ್ಯವಾಗಿದೆ. ಇದಕ್ಕಾಗಿ ತರಗತಿಗಳಲ್ಲಿ ಮಕ್ಕಳೇ ತಮಗಿಷ್ಟವಾದ ಪುಸ್ತಕವನ್ನು ತಂದು ಓದುವಂತೆ ಚರ್ಚಿಸುವಂತೆ ಒಂದು ಪ್ರತ್ಯೇಕ ಸಮಯವನ್ನು ಮೀಸಲಾಗಿಡುವುದು ಉತ್ತಮ.

ಯಾವುದೇ ಒತ್ತಡವಿಲ್ಲದ ಪ್ರೀತಿಯ ವಾತಾವರಣದಲ್ಲಿ ಪ್ರತಿಭೆ ಚಿಗುರುತ್ತದೆ. ಅಂಕಗಳಿರಲಿ, ಅಂಕಗಳೇ ಮಾನದಂಡ ಆಗದಿರಲಿ. ಪ್ರತಿಯೊಬ್ಬನಲ್ಲಿಯೂ ಇರುವ ಸುಪ್ತ ಪ್ರತಿಭೆಯನ್ನು ಪತ್ತೆಹಚ್ಚಲು ಅಂಕಗಳು ಬಳಕೆಯಾಗಲಿ. ಕಲಿಕೆ ನಿರಂತರವಾಗಲಿ ಶಿಕ್ಷಣ ಮುಗಿದ ಮೇಲೆಯೂ ಕಲಿಕೆ ಮುಂದುವರಿಯಲಿ.

ಒಬ್ಬ Shakespeare, ಒಬ್ಬ Picaso, ಒಬ್ಬ orethoven ನಮ್ಮಲ್ಲಿಯೇ ಹುಟ್ಟಿ ಬರಲಿ. ಅಡಿಗರ ಕವನದೊಂದಿಗೆ ನನ್ನ ಮಾತುಗಳನ್ನು ಮುಗಿಸುತ್ತೇನೆ, ಕಟ್ಟುವೆವು ನಾವು ಹೊಸ ನಾಡೊಂದನು, ರಸದ ಬೀಡೊಂದನು, ರಸದ ಬೀಡೊಂದನು.

ಹೊಸ ನೆತ್ತರುಕ್ಕುಕ್ಕಿ ಆರಿ ಹೋಗುವ ಮುನ್ನ ಉತ್ಸಾಹ ಸಾಹಸದ ಉತ್ತುಂಗ ವೀಚಿಗಳ ಈ ಕ್ಲುಬ್ಬ ಸಾಗರವು ಬತ್ತಿ ಹೋಗುವ ಮುನ್ನ ಕಟ್ಟಿವೆವು ನಾವು ಹೊಸ ನಾಡೊಂದನು, ರಸದ ಬೀಡೊಂದನು, ರಸದ ಬೀಡೊಂದನು.

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ಮೌಲ್ಯಧಾರಿತ ಶಿಕ್ಷಣವನ್ನು ನೀಡುವಲ್ಲಿ ವಿದ್ಯಾಸಂಸ್ಥೆಗಳ ಪಾತ್ರ

“ವೀರರು, ಧೀರರು, ಸತ್ಯಶೀಲರು, ಸದ್ಗುಣ ಸಂಪನ್ನರಾದ ವ್ಯಕ್ತಿಗಳನ್ನು ರೂಪಿಸುವುದು ಮಗು ಮತ್ತು ಮಾನವ ವರ್ತಮಾನ ಕಾಲದಲ್ಲಿ ನಿಂತು, ಭೂತಕಾಲವನ್ನು ನೋಡಿ ಭವಿಷ್ಯತ್ತನ್ನು ಸಂಪದ್ಭರಿತವಾಗಿ ರೂಪಿಸಿಕೊಳ್ಳಲು ಸಹಾಯ ಮಾಡುವುದು ಶಿಕ್ಷಣ”, ಎಂದು ಡಾ|| ಎಸ್. ರಾಧಾಕೃಷ್ಣನ್ ಹೇಳಿದ್ದಾರೆ. ವ್ಯಕ್ತಿಯ ಸರ್ವತೋಮುಖ ಬೆಳವಣಿಗೆಗೆ ಸಹಾಯ ಮಾಡುವುದೇ ಶಿಕ್ಷಣ.



ಶಿ ಬಿಸಿರಿ ರಾವ್
೮ ಬಿ

ಜಗತ್ತಿನ ಪ್ರತಿಯೊಂದು ದೇಶದ ಸಂಸ್ಕೃತಿ ಹಾಗೂ ಪರಿಸ್ಥಿತಿಗಳು ಬೇರೆಯೇ ಆಗಿರುತ್ತವೆ. ಪ್ರತಿಯೊಂದು ದೇಶವೂ ತನ್ನ ಧೈಯ ಧೋರಣೆಗಳನ್ನು ಸಾಧಿಸಲು ತಮ್ಮದೇ ಆದ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯನ್ನು ಹೊಂದಿದೆ. ನಮ್ಮ ದೇಶದ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಒಂದು ಸ್ಥಿರವಾದ ಸ್ಥಿತಿಯನ್ನು ತಲುಪಿದಂತೆ ಕಾಣುತ್ತಿಲ್ಲ. ಕಾಲ ಕಾಲಕ್ಕೆ ಬದಲಾಗುತ್ತಿರುವ ನಮ್ಮ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಪೂರ್ವ ಕಾಲದಲ್ಲಿ ಗುರುಕುಲ ಪದ್ಧತಿಯಿಂದ ಕೂಡಿದ್ದು, ಭಾರತ ಸ್ವತಂತ್ರವಾದ ಮೇಲೂ ನಾವು ಏಕರೂಪದ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಅಳವಡಿಸಿಕೊಳ್ಳಲು ವಿಫಲರಾಗಿದ್ದೇವೆ.

ನಮ್ಮ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯ ಲೋಪ ದೋಷಗಳನ್ನು ಎಣಿಸುತ್ತ ಹೊರಟರೆ ಅದಕ್ಕೆ ಕೊನೆ ಮೊದಲಿಲ್ಲ. ನಮ್ಮದು ಉದ್ಯೋಗ ಮೂಲದ ಶಿಕ್ಷಣವಾಗಿಲ್ಲ ವೆಂಬುದೇ ಪ್ರಧಾನ ನ್ಯೂನತೆ. ಕೌಶಲ್ಯವನ್ನು ವೃದ್ಧಿಸುವ ಕಡೆ ಗಮನಸರಿಸದೆ ಕೇವಲ ನಾಲ್ಕು ಗೋಡೆಗಳ ನಡುವೆ ಕುಳಿತು ಪಾಠ ಕೇಳಿ ಮೂರು ಗಂಟೆಗಳಲ್ಲಿ ಅದನ್ನು ಬರೆದು ಪ್ರಗತಿ ಪತ್ರವನ್ನು ಪಡೆಯುವುದು ನಮ್ಮ ಇಂದಿನ ಶಿಕ್ಷಣವಾಗಿದೆ. ಅಂಕಗಳೇ ವಿದ್ಯಾರ್ಥಿಗಳ ಭವಿಷ್ಯವನ್ನು ರೂಪಿಸುತ್ತಿವೆ.

ಶಿಕ್ಷಣ ಮಾಧ್ಯಮ ಯಾವುದಿರಬೇಕು, ಪ್ರಾಥಮಿಕ ಹಾಗೂ ಮಾಧ್ಯಮಿಕ ವ್ಯವಸ್ಥೆಗಳಲ್ಲಿ ಆಗಾಗ ಹೊಸ ಪ್ರಯೋಗಗಳು ಸರ್ಕಾರಿ ಮತ್ತು ಖಾಸಗಿ ಶಾಲೆಗಳ ನಡುವಿನ ಹಲವು ತಾರತಮ್ಯಗಳು ಮೂಲಭೂತ ಸೌಲಭ್ಯಗಳ ಕೊರತೆ, ಸ್ತ್ರೀಶಿಕ್ಷಣದ ಸಮಸ್ಯೆ, ಹಿಂದುಳಿದ ವರ್ಗದ ಶಿಕ್ಷಣದ ಕೊರತೆ, ಹಾಗೂ ಸುಧಾರಣೆ, ಹೀಗೆ ನಮ್ಮ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಅವ್ಯವಸ್ಥೆಗಳ ಆಗರವೇ ಆಗಿದೆ. ಈ ಕುರಿತು ಗಂಭೀರ ಚಿಂತನೆಗಳಾಗಬೇಕಿದೆ.

ಇತ್ತೀಚೆಗೆ ದೇಶದಾದ್ಯಂತ ಏಕರೂಪದ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯ ಕುರಿತು ವ್ಯಾಪಕವಾಗಿ ವಿಸ್ತೃತ ಚರ್ಚೆಗಳು ನಡೆಯುತ್ತಿವೆ. ದೇಶದ ಎಲ್ಲ ರಾಜ್ಯಗಳಲ್ಲೂ ಒಂದೇ ರೀತಿಯ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಇರಬೇಕೆಂದು ಕೇಂದ್ರ ಮಾನವ ಸಂಪನ್ಮೂಲ ಇಲಾಖೆ ರೂಪುರೇಷೆಗಳನ್ನು ಸಿದ್ಧಪಡಿಸಿದೆ. ಅಲ್ಲದೆ ಸಮಾನ ಶಿಕ್ಷಣ, ಕಡ್ಡಾಯ ಶಿಕ್ಷಣ ಹಾಗೂ ಉಚಿತ ಶಿಕ್ಷಣ ನೀಡುವಲ್ಲಿ ಸರ್ಕಾರ ಎಲ್ಲ ರೀತಿಯ ಪ್ರಯತ್ನವನ್ನು ಕೈಗೊಂಡಿದೆ.

ನಮ್ಮ ಶಾಲಾ ಕಾಲೇಜುಗಳಲ್ಲಿ ಮತ್ತು ವಿಶ್ವವಿದ್ಯಾಲಯಗಳಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳ ವ್ಯಕ್ತಿತ್ವವನ್ನು ರೂಪಿಸುವಂತಹ ಮತ್ತು ಅವರು ತಮ್ಮ ಜೀವನದ ಸತ್ಯವನ್ನು ಧೈರ್ಯ ಮತ್ತು ಭರವಸೆಯಿಂದ ಎದುರಿಸುವಂತಹ ಶಿಕ್ಷಣವನ್ನು ನೀಡಬೇಕು. ಗ್ರಾಮೀಣ ಭಾರತಕ್ಕೆ ಸ್ವಾವಲಂಬಿ ಪ್ರಜೆಗಳನ್ನು ಸೃಷ್ಟಿ ಮಾಡಲು ಎಂತಹ ಶಿಕ್ಷಣ ಬೇಕೆಂಬುದನ್ನು ಪ್ರಾಯೋಗಿಕವಾಗಿ ಪ್ರಯತ್ನಿಸಬೇಕು. ವಿದ್ಯಾಸಂಸ್ಥೆಯ ಗುರಿ ಜನರನ್ನು ನಿರುದ್ಯೋಗಿಯಾಗಿಸದೆ ಪ್ರತಿಯೊಬ್ಬನು ಸ್ವಾವಲಂಬಿಯಾಗಿ ಬದುಕಲು ಬೇಕಾಗುವ ವಿದ್ಯೆಯನ್ನು ಕೊಡುವುದಾಗಿರಬೇಕು. ಇಂತಹ ಶಿಕ್ಷಣ ಭಾವನಾತ್ಮಕ ಮತ್ತು ಧಾರ್ಮಿಕ ಮನೋಭಾವ ಬೆಳೆಸುವುದು ಆಗಿರಬೇಕು. ಶಿಕ್ಷಣದ ಗುರಿ ವ್ಯಕ್ತಿಯ ಸರ್ವತೋಮುಖ ಬೆಳವಣಿಗೆಯಲ್ಲಿ ರಾಷ್ಟ್ರಪ್ರೇಮ, ಮಾನವ ಪ್ರೇಮ, ಪರೋಪಕಾರಿ ಬುದ್ಧಿ ಒಳಗೊಂಡಿರಬೇಕು, ಇಂತಹ ಶಿಕ್ಷಣ ಅತ್ಯಗತ್ಯ.

ಅಭಿವೃದ್ಧಿ ಹೊಂದುತ್ತಿರುವ ರಾಷ್ಟ್ರಗಳು ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕೆ

ಅಪಾರ ಹಣ ವ್ಯಯ ಮಾಡುತ್ತಿರುವುದರಿಂದಲೇ ಆ ದೇಶಗಳು ಇಂದು ಅಭಿವೃದ್ಧಿ ರಾಷ್ಟ್ರಗಳ ಸಾಲಿನಲ್ಲಿ ಮುಂಚೂಣಿಯಲ್ಲಿವೆ. ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕೆ ವ್ಯಯ ಮಾಡುವ ಹಣ ಮುಂದಿನ ಉತ್ಪನ್ನಗಳಿಗೆ ತೊಡಗಿಸುವ ಬಂಡವಾಳವೆಂದು ಭಾವಿಸಬೇಕು. ಶಿಕ್ಷಣವನ್ನು ಒಂದು ಉದ್ಯಮವೆಂದು ಭಾವಿಸಬೇಕು. ಸಹನೆ, ಸತ್ಯ, ಶಾಂತಿ, ಅಹಿಂಸೆ ಮತ್ತು ಔದಾರ್ಯಗಳಂತಹ ಸದ್ಗುಣವನ್ನು ಬೆಳಸಲು ನಮ್ಮ ಶಿಕ್ಷಣ ಸಮರ್ಥವಾಗಿರಬೇಕು, ಇದೇ ವಿದ್ಯಾಭ್ಯಾಸದ ಪ್ರಧಾನ ಗುರಿ.

ಮುಂದೊಂದು ದಿನ ನೀನೂ ಮುದುಕ

ಆಗ್ನೇಯ

ಒಬ್ಬ ರೈತನಿಗೆ ಬಹಳ ವಯಸ್ಸಾಗಿತ್ತು ಅವನಿಗೆ ಹೊಲದಲ್ಲಿ ಕೆಲಸ ಮಾಡಲು ಸಾಧ್ಯವಾಗುತ್ತಿರಲಿಲ್ಲ. ಹೀಗಾಗಿ ಸದಾ ವರಾಂಡದಲ್ಲೇ ಕುಳಿತುಕೊಂಡು ದಿನ ಕಳೆಯುತ್ತಿದ್ದನು. ಅವನ ಮಗ ಯಾವಾಗಲೂ ಹೊಲದಲ್ಲಿ ಕೆಲಸ ಮಾಡುತ್ತಿದ್ದನು. ಮಗನು ಯಾವ ಸಮಯದಲ್ಲಿ ನೋಡಿದರೂ ಅವರ ತಂದೆ ಅಲ್ಲಿಯೇ ಕುಳಿತಿರುವುದು ಕಾಣುತ್ತಿತ್ತು.



ಡಿ ಆರಾಧನಾ
೧೦ ಬಿ

“ಇವರೂ ಇನ್ನು ಮುಂದೆ ಯಾವುದೇ ಕೆಲಸಕ್ಕೂ ಉಪಯೋಗಕ್ಕೆ ಬರುವುದಿಲ್ಲ” ಎಂದು ಮಗನು ಭಾವಿಸಿದನು. “ಇನ್ನು ಮುಂದೆ ಇವರಿಂದ ಏನೂ ಮಾಡಲು ಸಾಧ್ಯವಿಲ್ಲ” ಎಂದು ತಿಳಿಯಿತು. ಇದರಿಂದ ಮಗನಿಗೆ ತುಂಬಾ ನಿರಾಸೆಯಾಯಿತು. ಒಂದು ದಿನ ಮಗನು ಒಂದು ದೊಡ್ಡದಾದ ಮರದ ಶವದ ಪೆಟ್ಟಿಗೆಯನ್ನು ತಯಾರು ಮಾಡಿಸಿದನು ಮತ್ತು ಅದನ್ನು ವರಾಂಡದಲ್ಲಿ ಎಳೆದು ತಂದು ತಂದೆಗೆ ಒಳಗೆ ಮಲಗಿಕೊಳ್ಳಲು ಹೇಳಿದನು. ಏನೂ ಮಾತನಾಡದೇ ಅವರ ತಂದೆ ಅದರ ಮೇಲೆ ಎರಿ ಒಳಗೆ ಮಲಗಿದರು. ನಂತರ ಮಗನು ಆ ಶವದ ಪೆಟ್ಟಿಗೆಯ ಮುಚ್ಚಳವನ್ನು ಮುಚ್ಚಿ ಅದನ್ನು ಹೊಲದ ಕೊನೆಯಲ್ಲಿ ಇರುವ ದೊಡ್ಡದಾದ ಪ್ರಪಾತಕ್ಕೆ ಎಳೆದು ತರುತ್ತಿದ್ದನು. ಪ್ರಪಾತ ಸಮೀಪಿಸುತ್ತಿದ್ದಂತೆ ಶವದ ಪೆಟ್ಟಿಗೆಯ ಒಳಗಿನಿಂದ ನಿಧಾನವಾಗಿ ಮುಚ್ಚಳ ಸರಿದಾಡಲಾರಂಭಿಸಿತು. ಮಗನು ಆ ಮುಚ್ಚಳವನ್ನು ತೆರೆದು ನೋಡಿದನು. ಅದರ ಒಳಗೆ ಅವರ ತಂದೆ ಪ್ರಶಾಂತವಾಗಿ ಮಲಗಿದ್ದರು. ಅವರ ತಂದೆ ಮಗನ ಕಡೆ ನೋಡಿ “ಮಗನೇ ನೀನು ನನ್ನನ್ನು ಪ್ರಪಾತದಿಂದ ಕೆಳಗೆ ತಳ್ಳಲು ಕರೆದೊಯ್ಯುತ್ತಿದ್ದೀಯೆ ಅಂತ ನನಗೆ ಗೊತ್ತಿದೆ ಆದರೆ ನೀನು ಹಾಗೆ ಮಾಡುವುದಕ್ಕಿಂತ ಮೊದಲು ನಾನು ಒಂದು ಸಲಹೆಯನ್ನು ನೀಡಲೇ? ಎಂದು ಕೇಳಿದನು. “ಏನಿದು?” ಎಂದು ಮಗನು ಕೇಳಿದನು. “ನೀನು ನನ್ನನ್ನು ಪ್ರಪಾತದಿಂದ ಎಸೆಯಬೇಕು ಎಂದು ಬಯಸಿದರೆ ನನ್ನನ್ನು ಎಸೆದುಬಿಡು. ಆದರೆ ಈ ಅತ್ಯುತ್ತಮವಾದ ಮರದ ಶವದ ಪೆಟ್ಟಿಗೆಯನ್ನು ಉಳಿಸಿ ಜೋಪಾನವಾಗಿ ಕಾಪಾಡು ಮುಂದೆ ನಿನ್ನ ಮಕ್ಕಳು ಇದನ್ನು ನಿನಗೆ ಬಳಸಲು ಉಪಯುಕ್ತವಾಗುತ್ತದೆ!” ಎಂದು ಹೇಳಿದನು ಆ ವೃದ್ಧ ತಂದೆ. ಆಗ ಮಗನಿಗೆ ತನ್ನ ತಪ್ಪಿನ ಅರಿವಾಯಿತು ತಂದೆಯ ಕ್ಷಮೆ ಕೇಳಿ, ಗೌರವದಿಂದ ತಂದೆಯನ್ನು ಮನೆಗೆ ವಾಪಸ್ ಕರೆದುಕೊಂಡು ಹೋದನು.

ಪುರುಷ ಪ್ರಧಾನ ಸಮಾಜದಲ್ಲಿ ಹೆಣ್ಣು ಮಕ್ಕಳ ಸ್ಥಾನಮಾನ

“ಹೆಣ್ಣಾಗಿ ಹುಟ್ಟುವುದಕ್ಕಿಂತ ಅರಣ್ಯದಲ್ಲಿ ಪ್ರಾಣಿಯಾಗಿರುವುದೇ ಲೇಸೆಂಬ” ಈ ನಾಣ್ಯಡಿ ಬಹುಶಃ ಶೋಷಿತ ಮಹಿಳೆಯರಿಂದಲೇ ಬಂದಿರಬಹುದು. ಮನುಕುಲಕ್ಕೆ ಪ್ರಾಣಧಾರೆಯೆರೆದ ಮಹಿಳೆ, ಗರ್ಭಸ್ಥ ಶಿಶುವಿದ್ದಾಗಿನಿಂದ ಅನೇಕ ಅಡ್ಡಿ ಆತಂಕ ಗಂಡಾಂತರಗಳನ್ನು ಎದುರಿಸುತ್ತಲೇ ಇರುತ್ತಾಳೆ. ವಿವಿಧ ರೀತಿಯ ತಿರಸ್ಕಾರ, ಅನಾದರಣೆ, ಹಿಂಸೆ ಅವಮಾನಕ್ಕೆ ತುತ್ತಾಗುತ್ತಲೇ ಇರುತ್ತಾಳೆ. ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿಯೂ ಸಹ ಹೆಣ್ಣು ಮಕ್ಕಳ ಮೇಲೆ ದೌರ್ಜನ್ಯವಾಗುತ್ತಲೇ ಇದೆ. ಈ ಪುರುಷ ಪ್ರಧಾನ ಸಮಾಜದಲ್ಲಿ ಹೆಣ್ಣುಮಕ್ಕಳು ತಮ್ಮನ್ನು ತಾವು ರಕ್ಷಿಸುವುದು ಬಹಳ ಕಷ್ಟವಾಗಿದೆ. ದೇಶದ ದಿಕ್ಕು ಬದಲಾಗಬೇಕೆಂದು ವಿಶ್ವಕವಿ ರವೀಂದ್ರನಾಥ ಟಾಗೋರ್ ಎಂದೋ ಹೇಳಿದ ಮಾತಿದು. ಆದರೆ ಇಂದು ಹೆಣ್ಣುಗಂಡು ಸಮಾನರು ಎಂದು ಭಾಷಣ ಮಾಡುತ್ತಾರೆ ಹೊರತು ಕಾರ್ಯಗತವಾಗುತ್ತಿಲ್ಲ.

ಮಧ್ಯರಾತ್ರಿ ಮಹಿಳೆ ಮುಕ್ತವಾಗಿ ನಡೆದಾಡುವ ವಾತಾವರಣ ಬಂದಾಗಲೇ ನಿಜವಾದ ಸ್ವಾತಂತ್ರ್ಯ ಎಂದು ಹೇಳಿದರು ಮಹಾತ್ಮ. ಆದರೆ ಇಂದು ಹೆಣ್ಣುಮಕ್ಕಳು ನಿಜವಾಗಿ ತಡರಾತ್ರಿ ಓಡಾಡಲು, ಕೆಲಸ ಮಾಡಲು, ಮನೆಗೆ ಹಿಂದಿರುಗಲು ಸಾಧ್ಯವಾಗುವುದು ಕಷ್ಟ.

ಹೆಣ್ಣು ಮನೆಯಿಂದ ಹೊರಗಡೆ ಹೋಗಲು ಹತ್ತಾರು ಪ್ರಶ್ನೆಗಳನ್ನು ಎದುರಿಸಬೇಕು. ಆದರೆ ಇದು ಗಂಡು ಮಕ್ಕಳಲ್ಲಿ ಅಸಾಧ್ಯ. ಆದರೆ ಇಂತಹ ಮಹಿಳೆಯು ಬೆಳಿಗ್ಗೆಯಿಂದ ಹಿಡಿದು ರಾತ್ರಿಯವರೆಗೂ ದುಡಿಯುವ ಆಳಾಗಿದ್ದರೂ ಕೆಲವೂವೆ ಕವಡೆ ಕಾಸಿಗೂ ಅವಳಿಗೆ ಬೆಲೆಯಿಲ್ಲ. ಇನ್ನೂ ಮನೆಯಲ್ಲಿ ದುಡಿಯುವ ಹೆಂಗಸರಿಗೆ ಸಂಬಳವೂ ಇಲ್ಲ. ಗಾಣದ ಎತ್ತು ದುಡಿದಂತೆ ದುಡಿಯುತ್ತಲೇ ಇರುತ್ತಾಳೆ.

ಸಮಾಜದಲ್ಲಿ ಒಬ್ಬ ಹೆಣ್ಣು, ತಾಯಿ, ಸಹೋದರಿ, ಹೆಂಡತಿ, ಮಗಳು, ಸೊಸೆ, ಮೊಮ್ಮಕ್ಕಳು ಹೀಗೆ ವಿಭಿನ್ನ ಪಾತ್ರವನ್ನು ವಹಿಸುತ್ತಾಳೆ.

ಸ್ನೇಹಿತರೇ, ನಿಮಗೆ ತಿಳಿದಿದೆ. ಮಾರ್ಚ್ ೮ ರಂದು ಅಂತರಾಷ್ಟ್ರೀಯ “ಮಹಿಳಾ ದಿನಾಚರಣೆ” ನಡೆಸಲಾಗುತ್ತದೆ. ಈ ದಿನವನ್ನು ಮೊಟ್ಟ ಮೊದಲಿಗೆ ೧೯೦೯ರಲ್ಲಿ ಆಚರಿಸಲಾಯಿತು. ೧೯೭೫ರಿಂದ ವಿಶ್ವಸಂಸ್ಥೆಯು ಇದನ್ನು ಆಚರಿಸಲು ಆರಂಭಿಸಿತು. ವಿಶ್ವದ ವಿಭಿನ್ನ ಕ್ಷೇತ್ರದ ಮಹಿಳೆಯರಿಗೆ ಗೌರವ ಹಾಗೂ ಪ್ರಶಂಸೆಯನ್ನು ವ್ಯಕ್ತಪಡಿಸುವ ಮೂಲಕ ಮಹಿಳೆಯರು ಆರ್ಥಿಕವಾಗಿ, ರಾಜಕೀಯವಾಗಿ ಹಾಗೂ ಸಾಮಾಜಿಕವಾಗಿ ಸಾಧನೆಗಳ ಉತ್ಸವ ಎಂದು ಈ ದಿನವನ್ನು ಆಚರಿಸಲಾಗುತ್ತದೆ. ಆದರೆ ಪುರುಷ ಪ್ರಧಾನ ಸಮಾಜದಲ್ಲಿ ಇದು ಸಂಪೂರ್ಣವಾಗಿ ಸಾಧ್ಯವಾಗುತ್ತಿಲ್ಲ. ಭಾರತ ಸಂವಿಧಾನದಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಪ್ರತಿಶತ ೩೩ ಮೀಸಲಾತಿ ಹೇಳಿದ್ದಾರೆ. ಕೆಲವೂವೆ ಇದರಲ್ಲಿ ಇಳಿಮುಖವಾಗಿದೆ. ಅದಕ್ಕಾಗಿ ಇತ್ತೀಚೆಗೆ ಮಹಿಳೆಯರು ಪ್ರತಿಶತ ಂಕ್ಕೆ ಹೋರಾಡುತ್ತಿದ್ದಾರೆ. ಈ ಇಪ್ಪತ್ತೊಂದನೆಯ ಶತಮಾನದಲ್ಲಿ ಹೆಣ್ಣು ಗಂಡುವಿನೊಡನೆ ಅಂತರ ತಾರತಮ್ಯ ನಡೆಯುತ್ತಲೇ ಇರುತ್ತದೆ. ಹೆಣ್ಣು ಮಕ್ಕಳ ಭ್ರೂಣ ಹತ್ಯೆಯೂ ನಿಂತಿಲ್ಲ. ಈಗ ಹೆಚ್ಚು ಸಂಖ್ಯೆಯಲ್ಲಿ ಮಹಿಳೆಯರು ವಿದ್ಯಾಭ್ಯಾಸ ಮಾಡಿ ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಪದವೀಧರರಾಗಿ ನೌಕರಿ

ಹಿಡಿಯುತ್ತಿದ್ದಾರೆ. ತಾವು ಮಾಡುವ ಕೆಲಸದಲ್ಲಿ ಪ್ರಾವೀಣ್ಯತೆ ಪಡೆದು ಒಳ್ಳೆಯ ಹೆಸರು ಪಡೆಯುತ್ತಿದ್ದಾರೆ. ಒಂದು ಸಮೀಕ್ಷೆಯ ಪ್ರಕಾರ ಗಂಡು ಮಕ್ಕಳಿಗಿಂತ ಹೆಣ್ಣುಮಕ್ಕಳು ಕೆಲಸದಲ್ಲಿ ಹೆಚ್ಚಿನ ಶಿಸ್ತಿನಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳುತ್ತಿರುವುದಾಗಿ ತಿಳಿದು ಬಂದಿದೆ.

ಕೆಲವು ಮಹಿಳಾಪರ ತಜ್ಞರ ಅಭಿಪ್ರಾಯದಂತೆ ಹೆಣ್ಣುಮಕ್ಕಳಿಗೆ ತಮ್ಮದೇ ಆದ ವಿಶೇಷ ಕೌಟುಂಬಿಕ ಜವಾಬ್ದಾರಿ ಇರುವುದು ನಿಜವಾದರೂ ಅವರ ದ್ವಿಪಾತ್ರದಿಂದ ಏಳುವ ಸಮಸ್ಯೆಗಳಿಗೆ ಅವರೇ ಪರಿಹಾರ ಕಂಡು ಕೊಳ್ಳಬೇಕು. ಒಂದೊಂದು ಕುಟುಂಬದಲ್ಲೂ ವಿವಿಧ ರೀತಿಯ ಸಮಸ್ಯೆಗಳಿರಬಹುದು. ಈಗಾಗಲೇ ಲಿಂಗ ಭೇದವಿಲ್ಲದೆ. ಹೆಣ್ಣುಮಕ್ಕಳು ಸಾಮಾಜಿಕ ಪ್ರತಿಸ್ಪರ್ಧೆಗಳನ್ನು ಸಮರ್ಪಕವಾಗಿ ಎದುರಿಸುತ್ತ ದೊಡ್ಡ ದೊಡ್ಡ ಹುದ್ದೆಗಳನ್ನು ಪಡೆಯುತ್ತಿದ್ದಾರೆ. ರಾಷ್ಟ್ರೀಯ-ಅಂತರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದಲ್ಲಿ



ಉನ್ನತಮಟ್ಟದ ಹುದ್ದೆಗಳಲ್ಲಿದ್ದು ಹೆಸರು ಮಾಡಿದವರ ಸಂಖ್ಯೆ ಹೆಚ್ಚಾಗುತ್ತಿರುವುದು ಗಮನಾರ್ಹ. ಗಂಡಸರೇ ಮಾಡಬೇಕಾದ ಕೆಲಸ ಎಂದುಕೊಂಡಿರುವ ಕ್ಷೇತ್ರದಲ್ಲಿ ಹೆಣ್ಣುಮಕ್ಕಳು ದುಡಿಯುತ್ತಿದ್ದಾರೆ. ಪ್ರತಿಯೊಂದು ಗಂಡಿನ ಯಶಸ್ಸಿನ ಹಿಂದೆ ಒಬ್ಬ ಮಹಿಳೆ ಇದ್ದೇ ಇರುತ್ತಾಳೆ ಎಂಬುದನ್ನು ಅವರು ಮರತೇ ಬಿಡುತ್ತಾರೆ.

ಇಷ್ಟೆಲ್ಲಾ ಇದ್ದರೂ ಗಂಡು ಹೆಣ್ಣಿಗಿಂತ ಮೇಲು, ಉತ್ತಮ ಎಂದು ಭಾವಿಸುತ್ತಾರೆ. ಈ ಆಲೋಚನೆಯನ್ನು ಬುಡ ಸಮೇತ ಕಿತ್ತಾಗಲೇ ದೇಶವು ಮತ್ತಷ್ಟು ಅಭಿವೃದ್ಧಿ ಹೊಂದುತ್ತದೆ. ಎಲ್ಲರ ಮನೆ ಹಾಗೂ ಮನಸ್ಸಿನಲ್ಲಿ ನೆಮ್ಮದಿ ಇರುತ್ತದೆ. ಪುರುಷ ಪ್ರಧಾನ ಸಮಾಜವೆಂಬುದನ್ನು ಧಿಕ್ಕರಿಸಿ, ಪುರುಷ ಮತ್ತು ಮಹಿಳೆಯರು ಸಮಾಜದಲ್ಲಿ ಸರಿಸಮಾನರು ಎಂದು ಕಾರ್ಯರೂಪಕ್ಕೆ ತರಲು, ಎಲ್ಲರೂ, ಸೇರಿ ಶ್ರಮಿಸೋಣ.

ಗಿಡವಾಗಿ ಬಗ್ಗದ್ದು ಮರವಾಗಿ ಬಗ್ಗೀತೆ?

ಸಮಾಜದ ಹಿತಕ್ಕಾಗಿ ಹಾಗೂ ಏಳಿಗೆಗಾಗಿ, ವೈಯಕ್ತಿಕ ಕುಟುಂಬದ ಶ್ರೇಯಸ್ಸಿಗಾಗಿ ನೀವು ಮಾಡಬೇಕಾದ ಕರ್ತವ್ಯವನ್ನು, ಕೆಲಸವನ್ನು ಸಮಯಕ್ಕೆ ಸರಿಯಾಗಿ ಮಾಡಿರಿ. ಅಂದರೆ ಮುಂದೆ ಯಾವ ತೊಂದರೆಯೂ ಆಗುವುದಿಲ್ಲ. ಮಾಡುವ ಕೆಲಸವನ್ನು ಸಮಯಕ್ಕೆ ಸರಿಯಾಗಿ ಮಾಡದೇ ಹೋದರೆ, ಮುಂದೆ ಆ ಕೆಲಸವನ್ನು ಮಾಡಲು ಸಾಧ್ಯವೇ ಆಗುವುದಿಲ್ಲ. ಮಕ್ಕಳಿಗೆ ಚಿಕ್ಕವಯಸ್ಸಿನಲ್ಲಿಯೇ ಉತ್ತಮ ಗುಣಗಳನ್ನು, ನೀತಿ-ನಡಾವಳಿಗಳನ್ನು ಕಲಿಸಿದರೆ ಆ ಮಕ್ಕಳು ಚೆನ್ನಾಗಿ ಕಲಿಯುತ್ತಾರೆ. ಅದೇ ಮಕ್ಕಳು ದೊಡ್ಡವರಾದ ಮೇಲೆ ಈ ತರಹದ ಬುದ್ಧಿ



ಇವಾ
೨ ಬಿ

ಮಾತುಗಳನ್ನು ಹೇಳಿದರೆ ಆ ಮಕ್ಕಳು ಕೇಳುವುದಿಲ್ಲ. ಹೀಗಾಗಿ ಆ ಮಕ್ಕಳು ಹಾಳಾಗುತ್ತಾರೆ, ಕಾರಣ ಯಾವ-ಯಾವ ಉಪದೇಶಗಳನ್ನು ಯಾವ ಯಾವ ಕೆಲಸಗಳನ್ನು ಯಾವಾಗ ಮಾಡಬೇಕೋ ಅವಾಗಲೇ ಮಾಡುವುದರಲ್ಲಿಯೇ ಹಿತವಿದೆ ಎಂಬರ್ಥವನ್ನು ಈ ಮಾತು ಹೊಂದಿದೆ. ಮಕ್ಕಳು ಚಿಕ್ಕಂದಿನಲ್ಲಿಯೇ ಉತ್ತಮ ಗುಣಗಳನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳಬೇಕು. ಗಿಡ ಅಥವಾ ಸಸ್ಯವು ಎಳೆಯಿದ್ದಾಗ ಬಗ್ಗುವಂತೆ ದೊಡ್ಡದಾದ ಮೇಲೆ ಬಗ್ಗಿಸಲು ಸಾಧ್ಯವಿಲ್ಲ.

ನನ್ನ ಬೇಸಿಗೆಯ ರಜಾದಿನಗಳು

ಬೇಸಿಗೆಯ ರಜಾದಿನಗಳು ತುಂಬಾ ಆನಂದ ಕೊಡುವ ದಿನಗಳು. ಶಾಲಾ ದಿನಗಳ ಬಿಡುವಿಲ್ಲದ ದಿನಚರಿ ಹಾಗೂ ಪರೀಕ್ಷಾ ಸಮಯದ ಒತ್ತಡಗಳಿಂದ ಮುಕ್ತಿ ಸಿಗುವ ಸಮಯವೇ ಬೇಸಿಗೆಯ ರಜಾದಿನಗಳು.



ಅನನ್ಯ ಪೈ
೨ ಬಿ

ರಜಾ ದಿನಗಳಲ್ಲಿ ನಾನು ಹಾಗೂ ನನ್ನ ಇಬ್ಬರು ಸಹೋದರರು ಒಟ್ಟಿಗೆ ವಿವಿಧ ಆಟಗಳನ್ನು ಆಡುತ್ತೇವೆ ಹಾಗೂ ಒಮ್ಮೊಮ್ಮೆ ಸಣ್ಣ ಸಣ್ಣ ಜಗಳಗಳನ್ನು ಮಾಡುತ್ತಿರುತ್ತೇವೆ. ನನ್ನ ಮೆಚ್ಚಿನ ಸ್ಥಳಗಳಾದ ಪಣಂಬೂರ್ ಬೀಚ್, ಪಿಲಿಕುಳ ನಿರ್ವಹಣಾಮಗಳನ್ನು ನೋಡಲು ಹೋಗುತ್ತೇವೆ.

ಈ ಸಲದ ರಜಾ ದಿನಗಳಲ್ಲಿ ನಾನು ನನ್ನ ತಂದೆ-ತಾಯಿಯ ಜೊತೆಗೆ ಹಾಂಕಾಂಗ್ ಮತ್ತು ಮಕಾವೊ ದ್ವೀಪ ಸಮೂಹ ನೋಡಲು ಹೋದೆವು. ಮಕಾವೊ ದ್ವೀಪ ಬಹಳ ಸುಂದರವಾದ ಪ್ರದೇಶ ಅಲ್ಲಿನ ಬಹು ದೊಡ್ಡ ಬುದ್ಧನ ಪ್ರತಿಮೆ ನೋಡಿ ನನಗೆ ಬಹಳ ಆಶ್ಚರ್ಯವಾಯಿತು. ಮನೋರಂಜನೆಗಾಗಿ ತುಂಬ ಕ್ಯಾಸಿನೊಗಳೂ ಅಲ್ಲಿ ಇವೆ.

ಹಾಂಕಾಂಗ್ ಬಹಳ ದೊಡ್ಡ ನಗರ. ಅಲ್ಲಿನ ಜನ ದಟ್ಟಣೆ ಹಾಗೂ ಆಕಾಶದೆತ್ತರದ ಕಟ್ಟಡಗಳು ನಮ್ಮನ್ನು ಮೂಕವಿಸ್ಮಿತರನ್ನಾಗಿ ಮಾಡಿದವು. ಅಲ್ಲಿನ ಒಶಿಯನ್ ಪಾರ್ಕ್ ಮರೆಯದೆ ನೋಡಬೇಕಾದ ಸ್ಥಳ. ವಿವಿಧ ಜಲಚರಗಳ ಸಂಗ್ರಹ ಹಾಗೂ ಅವುಗಳ ವಿವರ ಬಹಳ ಚೆನ್ನಾಗಿ ಮಾಡಿದ್ದಾರೆ. ಅಲ್ಲಿಂದ ನಾವು ಡಿಸ್ನಿಲ್ಯಾಂಡ್ ನೋಡಲು ಹೋದೆವು. ರಾಜಕುಮಾರಿ ಎಲ್ಸಾ ಮತ್ತು ಸೊಫಿಯಾ ಅವರ ಅರಮನೆ ನೋಡಿ ಅವರ ಜೊತೆ ಫೋಟೋ ತೆಗೆಸಿಕೊಂಡೆವು. ಡಿಸ್ನಿಲ್ಯಾಂಡ್ ಒಂದು ಅದ್ಭುತ ಮನೋರಂಜನಾ ಸ್ಥಳ.

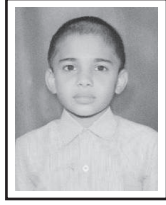
ನಮ್ಮ ಎಂಟು ದಿನಗಳ ತಿರುಗಾಟ ಮುಗಿಯುತ್ತಾ ಬಂದು ನಮಗೆ ಸ್ವಲ್ಪ ವಿಷಾದವೂ ಆಯಿತು. ಆದರೆ ನಾವು ನೋಡಿದ ಹಾಗೂ ಅನುಭವಿಸಿದ ಆನಂದ ಎಂದೂ ಮರೆಯಲಾರೆವು. ಅವಕಾಶ ಸಿಕ್ಕಿದರೆ ಮತ್ತೊಮ್ಮೆ ಹಾಂಕಾಂಗ್ಗೆ ಹೋಗೋಣ ಅನ್ನಿಸುತ್ತಿದೆ.



ಉಂಡಾಡಿ ಗುಂಡ

ಉಂಡಾಡಿ ಗುಂಡ
ಮನೆ ಮನೆಗೋದ
ಹತ್ತು ಲಡ್ಡು ತಿಂದ
ಹೊಟ್ಟೆ ನೋವು ಎಂದ
ಅಮ್ಮ ಬೆಣ್ಣೆ ಕೊಟ್ಟಳು
ಇನ್ನು ಸ್ವಲ್ಪ ಎಂದ
ಅಪ್ಪ ದೊಣ್ಣೆ ತಂದರು
ಕೈ ಕಟ್ಟಿ ಬಾಯಿ ಮುಚ್ಚು.

(ಸಂಗ್ರಹ)



ಕಿರ್ಯಾನ್ ಎಸ್ ನ್ಯಾರಿ
೨ ಬಿ

ಎದೆ ತುಂಬಿ ಹಾಡಿದೆನು

ಎದೆ ತುಂಬಿ ಹಾಡಿದೆನು ಅಂದು ನಾನು
ಮನವಿಟ್ಟು ಕೇಳಿದಿರಿ ಅಲ್ಲಿ ನೀವು
ಇಂದು ನಾ ಹಾಡಿದರು ಅಂದಿನಂತೆಯೇ
ಕುಳಿತು
ಕೇಳಿದಿರಿ ಸಾಕೆನಗೆ ಅದುವೆ ಬಹುಮಾನ
ಹಾಡು ಹಕ್ಕಿಗೆ ಬೇಕು ಬಿರುದು ಸನ್ಮಾನ?
|| ಎದೆ ತುಂಬಿ ||



ರಿಷಭ್ ಸೂರ್ಯ
೨ ಬಿ

ನಮ್ಮ ಹೂವಿನ ತೋಟ

ನಮ್ಮ ಮನೆಯ ಮುಂದೆ ಒಂದು
ಸುಂದರವಾದ ಹೂವಿನ ತೋಟವಿದೆ.
ಇದರಲ್ಲಿ ಬಗೆಬಗೆಯ ಬಣ್ಣದ ಹೂವಿನ
ಗಿಡಗಳಿವೆ. ಬಿಳಿ ಬಣ್ಣದ ಜಾಜಿ, ಮಲ್ಲಿಗೆ,
ಕೆಂಪು ಹಾಗೂ ಬಣ್ಣ ಬಣ್ಣದ ಗುಲಾಬಿ,
ಸೇವಂತಿಗೆ, ವಿಶೇಷವಾದ ಜರ್ಬೆರ,
ಗ್ಯಾಡಿಯೋಲ, ಅಂತೂರಿಯಂ ಮತ್ತು
ಅಡೀನಿಯಂ ಗಿಡಗಳಿವೆ. ಈ ಹೂಗಳ
ಸುವಾಸನೆಯಿಂದ ಅನೇಕ ಚಿಟ್ಟೆಗಳು
ಯಾವಾಗಲೂ ತೋಟದಲ್ಲಿ ಹಾರಾಡುತ್ತಿರುತ್ತಿವೆ.

ಈ ಗಿಡಗಳಿಗೆ ನಾನು ದಿನಾಲೂ ನೀರುಣಿಸುತ್ತೇನೆ, ಅವುಗಳ
ಕಳೆ ಕೀಳುತ್ತೇನೆ, ರಸಗೊಬ್ಬರ ಹಾಕುತ್ತೇನೆ ಹಾಗೂ ನನ್ನ ಅಮ್ಮ
ಕೀಟನಾಶಕ ಸಿಂಪಡಿಸುತ್ತಾರೆ.

ನಮ್ಮ ಮನೆಯಲ್ಲಿ ಹೂವಿನ ಗಿಡಗಳು ಮಾತ್ರವಲ್ಲದೆ ಅಲಂಕಾರಿಕ
ಗಿಡಗಳಾದ ಬೆಗೋನಿಯಂ, ಆರ್ಕಿಡ್, ಕ್ರೋಟನ್ ಮತ್ತು ಕ್ಯಾಕ್ಟಸ್
(ಕಳ್ಳಿ) ಗಿಡಗಳಿವೆ.

ಸುಂದರವಾಗಿ ಅರಳಿದ ಹೂಗಳನ್ನು ನೋಡಿದಾಗ ಮನಸ್ಸಿಗೆ
ಸಂತೋಷ, ನೆಮ್ಮದಿ ಸಿಗುತ್ತದೆ. ಇವುಗಳು ನಮಗೆ ಆಮ್ಲಜನಕವನ್ನು
ಕೊಡುತ್ತವೆ.



ಲಿಶ ಜನಿಕ ಡಿಸೋಜ
೩ ಸಿ

ಎಲ್ಲ ಕೇಳಲಿ ಎಂದು ನಾನು ಹಾಡುವುದಿಲ್ಲ
ಹಾಡುವುದು ಅನಿವಾರ್ಯ ಕರ್ಮ ನನಗೆ
ಕೇಳುವವರಿಂದ ನಾ ಬಲ್ಲೆ ಆದರಿಂದ
ಹಾಡುವೆನು ಮೈ ದುಂಬಿ ಎಂದಿನಂತೆ
ಯಾರು ಕಿವಿ ಮುಚ್ಚಿದರೂ ನನಗಿಲ್ಲ ಚಿಂತೆ || ಎದೆ ತುಂಬಿ ||
(ಸಂಗ್ರಹ)

ನೀತಿ ಕಥೆ

ಒಂದು ಊರಿನಲ್ಲಿ ಒಂದು ಆಲದ ಮರದ
ಕೆಳಗೆ, ಒಬ್ಬ ಸನ್ಯಾಸಿಯು ತಪಸ್ಸು ಮಾಡಲು
ಕುಳಿತಿರುವನು. ಆ ಆಲದ ಮರದಲ್ಲಿ ತುಂಬಾ
ಕೆಂಚಿರುವೆ ಗೂಡು ಕಟ್ಟಿರುವುದು. ಆ ಕೆಂಚಿರುವೆ
ಗೂಡಿನಿಂದ ಒಂದು ಇರುವೆ ಬಂದು ಸನ್ಯಾಸಿಯ
ಗಡ್ಡದ ಮೇಲೆ ಹೋಯಿತು. ಇದನ್ನು ಕಂಡ
ಸನ್ಯಾಸಿಯು, ಅದನ್ನು ಕೊಂದರೆ ಪ್ರಾಣಿ ಹಿಂಸೆ
ಮಾಡಿದ ದೋಷ ಆಗುವುದೆಂದು ಭಾವಿಸಿ,
ಅದನ್ನು ಗಡ್ಡದಲ್ಲಿಯೆ ಎತ್ತಿಕೊಂಡು ಹೋಗಿ, ನೀನು ಎಲ್ಲಿಂದ
ಬಂದಿರುವೆ ಅಲ್ಲಿಗೇ ಹೋಗು ಎಂದು. ತನ್ನ ಗಡ್ಡವನ್ನು ಇರುವೆಯ
ಗೂಡಿಗೆ ತಾಗಿಸಿದನು. ಗಡ್ಡದಲ್ಲಿರುವ ಒಂದು ಇರುವೆ ಗೂಡಿಗೆ
ಹೋಯಿತು. ನೂರಾರು ಇರುವೆಗಳು ಸನ್ಯಾಸಿಯ ಮುಖದ ಮೇಲೆ
ಬಂದು ಕಚ್ಚಲು ಸುರು ಮಾಡಿದವು. ಸನ್ಯಾಸಿಗೆ ಏನು ಮಾಡಲು
ತೋಚದೆ. ಎಲ್ಲಾ ಇರುವೆಗಳನ್ನು ಕೈಯಿಂದ ಹಿಚುಕಿ ಸಾಯಿಸಿದನು.
ಒಂದು ಇರುವೆಯ ಜೀವ ಉಳಿಸಲು ಹೋಗಿ ಸಾವಿರಾರು
ಇರುವೆಗಳನ್ನು ಕೊಂದು ಬಿಟ್ಟನು.

(ಸಂಗ್ರಹ)



ತನ್ನಿ ಆರ್ ಶೆಟ್ಟಿ
೩ ಸಿ



ತೋಟಕೆ ಹೋಗೋ ತಿಮ್ಮ

ತೋಟಕೆ ಹೋಗೋ ತಿಮ್ಮ
ತೋಳ ಬಂದಿತಮ್ಮಾ.....
ಹಸು ಮೇಯಿಸೋ ತಿಮ್ಮ
ಹಸು ಹಾದಿತಮ್ಮಾ.....

ಒಲೆ ಉರಿಸೋ ತಿಮ್ಮ
ಉರಿ ಸುಟ್ಟಿತಮ್ಮಾ.....
ಪಾಠ ಬರೆಯೋ ತಿಮ್ಮ
ಬಳಪ ಇಲ್ಲಾ ಅಮ್ಮಾ.....

ಹೂ ಬಿಡಿಸೋ ತಿಮ್ಮ
ಹಾವು ಬಂದಿತಮ್ಮಾ.....
ಊಟಕೆ ಬಾರೋ ತಿಮ್ಮ
ಓಡಿ ಬಂದೆ ಅಮ್ಮಾ.....



ಮಹಿಮಾ ಜಿಯಾ
೨ ಸಿ

(ಸಂಗ್ರಹ)

ಬುದ್ಧಿವಂತ ಆಡು

ಒಂದು ಊರಿನಲ್ಲಿ ಆಲದ ಮರ ಇತ್ತು.
ಅದರ ಕೆಳಗೆ ಒಂದು ಆಡು ಮತ್ತು
ಒಂಟೆ ಇದ್ದವು. ಒಂದು ದಿನ ಆ ಆಡಿಗೆ
ಆ ಮರದ ಎಲೆ ತಿನ್ನಲು ಆಸೆಯಾಯಿತು.
ಆದರೆ ಅದಕ್ಕೆ ಆ ಮರದ ಎಲೆಗಳು
ಎಟುಕುತ್ತಿರಲಿಲ್ಲ. ಆದ್ದರಿಂದ ಅದು ತನ್ನ
ಪಕ್ಕದಲ್ಲಿಯೇ ಮಲಗಿದ್ದ ಒಂಟಿಯ ಬಳಿ
ಸಹಾಯ ಕೇಳಿತು. ಆದರೆ ಒಂಟಿಯು
ಜಂಬದಿಂದ ನನ್ನನ್ನು ಎಬ್ಬಿಸಬೇಡ ಎಂದಿತು. ಆದರೆ ಆಂತು ಆ
ಎಲೆಯನ್ನು ತಿನ್ನಲೇಬೇಕು ಎಂದು ಹಟ ಹಿಡಿಯಿತು. ಆಗ ಆಡು
ಒಂದು ಉಪಾಯ ಮಾಡಿತು ಒಂಟೆರಾಯ ನೀನು ಎಷ್ಟು ಎತ್ತರ
ಇದ್ದಿಯಾ ಎಂದು ನೋಡೋಣ. ಆ ಮರದ ಕೊಂಬೆಯನ್ನು ಕಿತ್ತು
ಹಾಕು ಎಂದಿತು. ಜಂಬದಿಂದ ಒಂಟೆ ಕೊಂಬೆಯನ್ನು ಪಟ್ ಎಂದು
ಮುರಿಯಿತು. ನಂತರ ನೋಡು ನಾನು ಎಷ್ಟು ಎತ್ತರ ಇದ್ದೇನೆ
ಎಂದು ಜಂಬದಿಂದ ಕೂಗಿತು. ಒಂಟೆಯ ಮಾತನ್ನು ಕಿವಿಗೆ ಹಾಕದೆ
ಗಬಗಬನೆ ಎಲೆಗಳನ್ನು ತಿಂದು ಮುಗಿಸಿತು.



ಪಿ. ಐರ ಗೌರಿ ರಾವ್
೧ ಡಿ

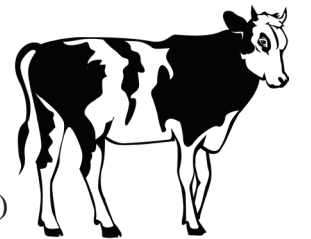
ಗೋಮಾತೆ

ಅಮ್ಮಾ...ಅಂಬಾ... ತುಂಬಾ ವ್ಯತ್ಯಾಸವೇನಿಲ್ಲ
ಅಮ್ಮನ ಎದೆಹಾಲು, ಗೋಮಾತೆಯ ಹಾಲು
ಎರಡು ಅಮೃತ, ಎರಡು ಜೀವನಾಡಿ.
ನನಗೂ ಬೇಕಿತ್ತು, ಮನೆಯಲ್ಲೊಂದು ದನ.
ಸುಖವಾಗಿರುತ್ತಿತ್ತು ನಮ್ಮ ಜೀವನ.

ಹಾಲು ಮೊಸರು ಮಜ್ಜೆಗೆ ತುಪ್ಪ ಅಮೃತ ಸಮಾನ
ಮನಸ್ಸಿಗೆ ಎಷ್ಟೊಂದು ಸಮಾಧಾನ.

ಗೋಮಾತೆ ನಿನಗಿದೋ ನನ್ನ ನಮನ
ಓ ಪುಣ್ಯಕೋಟಿ ನಿನಗಿದೋ ನನ್ನ ನಮನ
ರಾಷ್ಟ್ರಪ್ರಾಣಿ ನಿನಾಗಬೇಕೆಂದಿದೆ ನನ್ನ ಮನ
ಓ ಗೋಮಾತೆ ನೀನೇ
ರಾಷ್ಟ್ರಪ್ರಾಣಿ ಯಾಗಬೇಕೆಂದಿದೆ ನನ್ನ ಮನ.

(ಸಂಗ್ರಹ)



ಕವನ

ನಮ್ಮ ದೇಶ

ನಮ್ಮ ದೇಶ ಭಾರತ. ನಮ್ಮ ದೇಶಕ್ಕೆ
ಪುರಾತನ ಇತಿಹಾಸವಿದೆ. ಸಹಸ್ರಾರು
ಪಂಡಿತರು, ಜ್ಞಾನಿಗಳು, ಮಹಾಪುರುಷರು,
ಕವಿಗಳು, ಶಿಲ್ಪಿಗಳು. ನಮ್ಮದೇಶದಲ್ಲಿ ಜನಿಸಿ
ಇಡೀ ವಿಶ್ವಕ್ಕೆ ಕೊಡುಗೆಯನ್ನು ನೀಡಿದ್ದಾರೆ.
ನಮ್ಮ ದೇಶವು ಮೊದಲು ಸಂಪನ್ಮೂಲಗಳ
ಆಗರವಾಗಿತ್ತು. ಆದರೆ ಅನೇಕ ವಿದೇಶಿಯರ
ದಾಳಿಗೆ ತುತ್ತಾಗಿ ತನ್ನ ಶ್ರೀಮಂತಿಕೆಯನ್ನು
ಕಳೆದು ಕೊಳ್ಳಬೇಕಾಯಿತು. ೧೯೪೭ ಅಗಸ್ಟ್ ೧೫ರಂದು ನಮಗೆ
ಬ್ರಿಟೀಷರಿಂದ ಸ್ವಾತಂತ್ರ್ಯ
ದೊರಕಿತು.



ಶ್ರೀಯಸ್ ಭಟ್
೫ ಡಿ
ನಮ್ಮ ದೇಶವು ತನ್ನ
ವೈವಿಧ್ಯತೆಗೆ ಹೆಸರು
ವಾಸಿಯಾಗಿದೆ. ಇಲ್ಲಿ
ಹಲವಾರು ಭಾಷೆ,
ಮತಪಂಥ, ಧರ್ಮಗಳನ್ನು
ಅನುಸರಿಸುವ ಜನರಿದ್ದಾರೆ.
ನಮ್ಮದು ಕೃಷಿ
ಪ್ರಧಾನವಾದ ದೇಶವಾಗಿದೆ.
ಇದಕ್ಕೆ ಪೂರಕವಾಗುವಂತೆ
ಅನೇಕ ನದಿಗಳು ಇಲ್ಲಿ
ಹರಿಯುತ್ತವೆ.

ನಮ್ಮ ರಾಷ್ಟ್ರಗೀತೆ "ಜನ ಗಣ ಮನ". ಭಾರತವು ತ್ರಿವರ್ಣ
ಧ್ವಜವನ್ನು ಹೊಂದಿದೆ. ಭಾರತದ ರಾಜಧಾನಿ ನವದೆಹಲಿ. ಭಾರತದ
ಈಗಿನ ರಾಷ್ಟ್ರಪತಿ ಶ್ರೀಮಾನ್ ರಾಮನಾಥ್ ಕೋವಿಂದರವರೂ
ಈಗಿನ ಪ್ರಧಾನ ಮಂತ್ರಿ ಶ್ರೀಮಾನ್ ನರೇಂದ್ರ ಮೋದಿ.
ನಾವೆಲ್ಲರೂ ಭಾರತಮಾತೆಯ ಹೆಮ್ಮೆಯ ಪುತ್ರರು. ಭಾರತಮಾತೆಯ
ಸೇವೆಯನ್ನು ಮಾಡುವುದು ನಮ್ಮೆಲ್ಲರ ಕರ್ತವ್ಯ. ಜಾಗತಿಕ ಮಟ್ಟದಲ್ಲಿ
ಇನ್ನೂ ಹೆಚ್ಚಾಗಿಸಲು ನಮ್ಮ ಪಾತ್ರವನ್ನು ಪ್ರಾಮಾಣಿಕವಾಗಿ
ನಿರ್ವಹಿಸೋಣ.

ಜೈ ಹಿಂದ್

ನಗು - ಅಳು

ನನ್ನ ನೆಚ್ಚಿನ ರಾಷ್ಟ್ರನಾಯಕ



ಮಾನಸಿ ಮ್ಯಾಕ್ಸೀನ್
೬ ಸಿ

ಜೀವನದಲ್ಲಿ ನಗು-ಅಳು ಎಂಬುದು ಒಂದು ಪ್ರಮುಖವಾದ ಘಟ್ಟ.

ನಗು ಜೀವನದಲ್ಲಿ ಸಿಹಿಯನ್ನು ನೀಡಿದರೆ ಅಳು ನಮಗೆ ಕಹಿಯನ್ನು ಕೊಡುತ್ತವೆ. ಹಾಗೆಂದ ಮಾತ್ರಕ್ಕೆ ನಗು ಮಾತ್ರವೇ ಬೇಕು ಎನಿಸಿದರೆ ಜೀವನ ಪೂರ್ಣವಾಗುವುದಿಲ್ಲ.

ಸಿಹಿಯ ಜೊತೆಗೆ ಕಹಿಯೂ ಕೂಡ ಬೆರೆತರೆ ಮಾತ್ರವೇ ಜೀವನವೂ ಸುಖಮಯವಾಗಿರುವುದು.

“ನಗುವೇ ಜೀವನದ ಧರ್ಮ
ನಗಿಸುವುದೇ ಪರರ ಧರ್ಮ
ನಗುತ್ತಾ ಬಾಳುವುದೇ ಇಹಪರಧರ್ಮ”
ಎಂಬ ಮಾತಿನಂತೆ
ನಗು ಬೆಳ್ಳಿಯಂತೆ ಹೊಳೆಯುವುದು.

ನನ್ನ ನೆಚ್ಚಿನ ರಾಷ್ಟ್ರನಾಯಕ ಡಾ. ಎ. ಪಿ. ಜೆ. ಅಬ್ದುಲ್ ಕಲಾಮ್. ಅವರು ೧೯೩೧ರ ಅಕ್ಟೋಬರ್ ೧೫ರಂದು ಜನಿಸಿದ ಮಹಾವಿಜ್ಞಾನಿಯಾಗಿದ್ದರು. ಅವರು ನಮ್ಮ ದೇಶದ ಸಮರ್ಥ ನಾಯಕರಲ್ಲಿ ಒಬ್ಬರಾಗಿದ್ದು, ಭಾರತದ ೧೧ನೇ ರಾಷ್ಟ್ರಪತಿಯಾಗಿ ಸೇವೆ ಸಲ್ಲಿಸಿದ್ದರು. ಅವರು ನಮ್ಮ ದೇಶಕ್ಕೆ ತುಂಬ ಕೊಡುಗೆಗಳನ್ನು ನೀಡಿದ್ದಾರೆ. ಅವರು ಯಾವಾಗಲೂ ತಮ್ಮ ಜ್ಞಾನ ಭಂಡಾರವನ್ನು ಹೆಚ್ಚಿಸಲು ಪ್ರಯತ್ನಿಸುತ್ತಿದ್ದರು. ಅವರು ಯಾವಾಗಲೂ ಧರ್ಮವನ್ನು ಪಾಲಿಸುತ್ತಿದ್ದರು. ಡಾ. ಎ. ಪಿ. ಜೆ. ಅಬ್ದುಲ್ ಕಲಾಮ್‌ರು ಭಾರತದ ಬಾಹ್ಯಾಕಾಶ ಮತ್ತು ಸಂಶೋಧನಾ ಸಂಸ್ಥೆಯ ಒಂದು ಭಾಗವಾಗಿದ್ದರು. ಈ ಸಂಸ್ಥೆಯ ಅಭಿವೃದ್ಧಿಗಾಗಿ ಅನೇಕ ಯೋಜನೆಗಳನ್ನು ರೂಪಿಸಿದರು. ಅವರು ರಕ್ಷಣಾ ಸಂಶೋಧನಾ ಮತ್ತು ಅಭಿವೃದ್ಧಿ ಸಂಘಟನೆಯ ಕಾರ್ಯದರ್ಶಿಯಾಗಿದ್ದರು. ಅಟಲ್ ಬಿಹಾರಿ ವಾಜಪೇಯಿ ಅವರ ನೇತೃತ್ವದಲ್ಲಿ ಪೋಖ್ರಾನ್‌ನಲ್ಲಿ ಪರಮಾಣು ಪರೀಕ್ಷೆಯನ್ನು ನಡೆಸಲು ಅವರು ಸಹಾಯ ಮಾಡಿದರು. ಅವರು ಬರೆದಿರುವ ಅತ್ಯಂತ ಪ್ರಸಿದ್ಧ ಪುಸ್ತಕಗಳೆಂದರೆ. ಇಗ್ನಿಟೆಡ್ ಪೈಂಡ್ಸ್ ಹಾಗೂ ಮಿಷನ್ ಇಂಡಿಯಾ. ಅವರು ಎಲ್ಲರಿಗೂ ಒಂದು ಆದರ್ಶ ಮಾದರಿಯಾಗಿ ನಿಂತರು.



ಮಿಷನ್ ಇಂಡಿಯಾ. ಅವರು ಎಲ್ಲರಿಗೂ ಒಂದು ಆದರ್ಶ ಮಾದರಿಯಾಗಿ ನಿಂತರು.

ಬಿ. ವಿಜೇಶ್ ಆರ್. ಭಟ್
೧೦ ಬಿ

ನಾಡ ಹಬ್ಬ ದಸರಾ

ದಸರಾ ಅಥವಾ ವಿಜಯದಶಮಿ ಎಂದು ಪ್ರಸಿದ್ಧವಾದ ಹಬ್ಬ ನವರಾತ್ರಿಯ ಕೊನೆಯಲ್ಲಿ ಆಚರಿಸಲಾಗುವ ಪ್ರಮುಖ ಉತ್ಸವವಾಗಿದೆ. ದಸರಾ ವಿವಿಧ ಕಾರಣಗಳಿಗಾಗಿ ಆಚರಿಸಲಾಗುತ್ತದೆ. ದೇವಿ ದುರ್ಗೆಯು ಮಹಿಷಾಸುರನನ್ನು ಕೊಂದು ಧರ್ಮವನ್ನು ಸ್ಥಾಪಿಸಿದಕ್ಕಾಗಿ ಹಾಗೂ ರಾವಣನ ಮೇಲೆ ರಾಮನ ಜಯವನ್ನು ಸ್ಮರಿಸುವುದಕ್ಕಾಗಿ ಈ ಹಬ್ಬವನ್ನು ಆಚರಿಸುತ್ತಾರೆ. ರಾಮಾಯಣ ಹಾಗೂ ರಾಮಚರಿತ ಮಾನಸವನ್ನು ಆಧರಿಸಿದ ನಾಟಕ ಹಾಗೂ ನೃತ್ಯಗಳನ್ನು ನಾವು ಕಾಣಬಹುದು.



ಬಿ. ವಿಜೇಶ್ ಆರ್. ಭಟ್
೧೦ ಬಿ



ಹಲವಾರು ಸ್ಥಳಗಳಲ್ಲಿ ನಾವು ಮಣ್ಣಿನಿಂದ ಮಾಡಿದ ರಾವಣನ ಮೂರ್ತಿಯು ಸುಡುವುದು ಕಾಣಬಹುದು. ಹೀಗೆ ಹಲವಾರು ಕಾರ್ಯಕ್ರಮಗಳು ನಡೆಯುತ್ತವೆ. ಜನರು ಹೊಸ ಬಟ್ಟೆಗಳನ್ನು ಖರೀದಿಸಲು, ತೆರೆದ ಮೈದಾನಗಳಲ್ಲಿ ಆಯೋಜಿತವಾಗುವ ವಿವಿಧ ಮೇಳಗಳನ್ನು ಆನಂದಿಸಲು ಮತ್ತು ರಾಮಲೀಲೆಯನ್ನು ಆಧರಿಸಿದ ಪ್ರದರ್ಶನಗಳನ್ನು ನೋಡಲು ನಿರೀಕ್ಷಿಸುತ್ತಿರುತ್ತಾರೆ. ಹೀಗೆ ದಸರಾ ಹಬ್ಬ ಎಲ್ಲರಿಗೂ ತುಂಬ ಸಂತೋಷವನ್ನು ನೀಡುತ್ತದೆ.

ಮಾಗ್ಣೆಂ

ಮಾಗ್ಣೆಂ ಜಾವ್ನಾಸಾ ಏಕ್ ಬಳಾಧಿಕ್ ಹಾತೆರ್. ದೆವಾಚೆಂ ಉತಾರ್ ಸಾಂಗ್ತಾ "ಮಾಗಾ ಆನಿ ತುಮಿ ಘೆತೆಲ್ಯಾತ್. ಮಾಗ್ಣೆಂ ಜೆಜುನ್ ದಿಲ್ಲೆಂ ವರ್ತೆಂ ಮಿಸಾಂವ್.

ಸೊಮ್ಯಾನ್ ಆಮ್ಕಾಂ ಮಾಗುಂಕ್ ಶಿಕಯ್ಲೆಂ ಆನಿ ತೆಚ್ ಪರಿ ಆಮಿ ಆಜ್ ಸೊಮ್ಯಾ ಲಾಗಿಂ ಮಾಗ್ತಾಂವ್. ಮಾಗ್ಣೆಂ ಏಕ್ ವರ್ತೆಂ ದೆಣೆಂ. ಥೊಡೊ ಲೋಕ್ ಆಪ್ಣಾಚ್ ಖಾತಿರ್ ಮಾಗ್ತಾ. ಥೊಡೊ ಹೆರಾಂ ಖಾತಿರ್ ಮಾಗ್ತಾ ಆನಿ ಹೆರ್ ಥೊಡೆ ಲೋಕ್ ಫಕತ್ ಹೆರಾಂಚ್ಯಾ ಇರಾದ್ಯಾ ಖಾತಿರ್ ಮಾಗ್ತಾತ್. ಜರ್ ಭಾವಾರ್ಥಾನ್ ಆಮಿ ಕಿತೆಂಯ್ ಮಾಗ್ತಾಂವ್ ತೆಂ ನೀಚ್ ಜಾವ್ನ್ ಆಮ್ಕಾಂ ಮೆಳ್ತೆಲೆಂ. ಮಾಗ್ತಾನಾ ಆಮ್ಚೆಂ ಥಂಯ್ ಖಾಲ್ತೊ ಮನೋಭಾವ್ ಆಸಚೆ ತೆದ್ನಾ ಆಮ್ಚೆಂ ಮಾಗ್ಣೆಂ ಫಳಾಭಂತ್ ಜಾತಲೆಂ.

ತರ್ ಮಾಗ್ಣೆಂ ಆಮ್ಚೆಂ ಜಿವಿತ್ ಜಾಂವ್ಪಿ. ಹ್ಯಾ ಮಾಗ್ಣ್ಯಾ ಮುಖಾಂತ್ ದೆವಾಚೆಂ ಬೆಸಾಂವ್ ಆಪ್ಣ್ಯಾ ಕುಟ್ಮಾಚೆರ್, ಸಮಾಜೆಚೆರ್, ರಾಷ್ಟ್ರಾಚೆರ್ ಆನಿ ಸಗ್ಳ್ಯಾ ಸಂಸಾರಾಚೆರ್ ಪಡುಂದಿ ಮ್ಹಣ್ ಆಮ್ಚಿ ಆಶಾ.



ಐವನ್ ಮಸ್ಕರೇನಸ್ ಶಿಕ್ಷಕ್

ಪ್ರಮಿಣ್ಯೊ

೧. ಆವಯ್ನ್ ದಿಲ್ಲಿ ಮಾಂದ್ರಿ, ಕೊವ್ಪುಂಕ್ ಜಾಯ್ನಾ, ಬಾಪಾಯ್ನ್ ದಿಲ್ಲಿ ಪಯ್ ಮೆಜುಂಕ್ ಜಾಯ್ನಾ.

ಜಾಪ್ : ಮೊಳಬ್ ಆನಿ ನೆಕೆತ್ರಾಂ

೨. ದೋಗ್ ಜಣ್ ಬಾಭಾವ್ ಎಕಾಮೆಕಾ ಪಳೆಯ್ತಾತ್.

ಜಾಪ್ : ದೊಳೆ

೩. ಕಾಂಟ್ಯಾಂಚಾ ರುಾಡಾಂತ್ ಭಾಂಗಾರಾಚೆಂ ತಾಂತಿ.

ಜಾಪ್ : ಲಿಂಬೊ

೪. ಭಾಂಗಾರಾಚೆಂ ಸುಕ್ಲೆಂ ಫರ್ ರಾಕ್ಲೆಂ.

ಜಾಪ್ : ಬೀಗ್

೫. ಕಾನಾಕ್ ಧರ್ಮ್ಯಾರ್ ಶಿವ್ಪೆಂತ್ ಚಾಬ್ತಾ.

ಜಾಪ್ : ಕಾತರ್

೬. ಆಂಗ್ಲೆ ಕಾಡ್ನ್ ಬಾಂಯ್ತ್ ಉಡ್ತಾ.

ಜಾಪ್ : ಕೆಳೆಂ

೭. ಆಮ್ಗರ್ ಏಕ್ ಮ್ಹಾತಾರಿ ತೆಣೆಂ ಧಾಂವ್ತಾ ಹೆಣೆಂ ಧಾಂವ್ತಾ ಆನಿ ಮುಲ್ಯಾರ್ ವಚುನ್ ಬಸ್ತಾ.

ಜಾಪ್ : ಸಾರುಣ್



ಆಲ್ವಿಸ್ಟರ್ ನೀಲ್ ಡಿ'ಆಲ್ಟೆಡಾ 6 ಎ

ಕೇರಾಳಾಚೊ ಆವ್

ಅಗೋಸ್ತಾಚಾ 9 ತಾಂಕೆರ್ ಸುರುಜಾಲ್ಲ್ಯಾ ಕರಿಣ್ ಶಿರಾಂದಾಂಚಾ ಪಾವ್ಲಾನ್ ಆಮ್ಚ್ಯಾ ಸೆಜಾರ್ಚಾ ಕೇರಳ್ ರಾಜ್ಯಾಂತ್ ವ್ಹಡ್ ಆವ್ ಆಯ್ಲೊ. ಲಗ್ಬೆಗ್ ಶೆಂಬರ್ ವರ್ಸಾಂ ಉಪ್ರಾಂತ್ ಆಸಲೊ ಆವ್ ಆಯ್ಲೊ. ಸುಮಾರ್ 500 ಜಣ್ ಹ್ಯಾ ಆವ್ಕಾಕ್ ಬಲಿ



ಸೊನಿಯಾ ಲಸ್ತಾದೊ 6 ಬಿ

ಜಾಲ್ಲೆ. ಸರ್ಕಾರಾನ್ 54 ಉದ್ಯಕಾಟ್, 35 ಉದ್ಯಾಕಾಟಾಚಿಂ ದಾರಾಂ ಸಾಂಗಾತಾ ಉಗ್ತೆ ಕೆಲ್ಯಾನ್ ಲಾಗ್ಲೆಲೆ ಗಾಂವ್ ಉದ್ಯಾಂತ್ ಬುಡ್ಲೆ. ಫರಾಂ, ಇಸ್ರೊಲಾಂ, ಫಿರ್ಗಜೊ, ಮಂದಿರಾ ಸಗ್ಲೆ ಉದ್ಯಾಂತ್ ಬುಡ್ಲಿಂ. ಸಬಾರ್ ಮನ್ಶಾತಿಂ ಉದ್ಯಾಂತ್ ವ್ಹಾಳುನ್ ಗೆಲ್ಲೊ. ಲೊಕಾನಿಂ ಆಪ್ಣ್ಯಾ ದೊಣೆಂತ್ ವಚುನ್ ಉದ್ಯಾಂತ್ ಬುಡ್ಲೆಲ್ಯಾಂಕ್ ವಾಂಚಾಯ್ಲೆ. ಸಗ್ಳಾ ಭಾರಾತಾಚಾ ಲೊಕಾನಿಂ ಕಷ್ಟಾಂತ್ ಸಾಂಪ್ಡಾಲ್ಲ್ಯಾ ಲೊಕಾಕ್ ಪಿಯೆಂವ್ಚೆ ಉದಾಕ್, ಜೆವಾಣ್, ವಸ್ತರ್, ಖಾಣಾಂ ಆನಿ ಸದಾಂ ಗರ್ಜೆಚೊ ವಸ್ತು ದಾಡುನ್ ದಿಲ್ಲೊ. ಹ್ಯಾ ಕಷ್ಟಾಂಚಾ ವೆಳಾರ್ ಸಗ್ಳಾ ಭಾರಾತಾಚಾ ಆನಿ ಪಯ್ಲಿಲ್ಲ್ಯಾ ಪರ್ದೇಶಾಂಚಾಂ ಗಾಂವಾಂ ಥಾವ್ನ್ ಲೊಕಾನಿಂ ಕೇರಳಾಕ್ ಕುಮ್ಚೊ ಹಾತ್ ದಿಲ್ಲೊ. ಸಕ್ಡ್ ಯುವಜಣ್ ಸಾಂಗಾತಾ ಮೆಳುನ್ ಲೊಕಾಂಕ್ ಕುಮಕ್ ಕರುಂಕ್ ಮುಕಾರ್ ಸರ್ಲೆ.

ಮ್ಹಜೆ ಪಯ್ಲೆಂಚೆಂ ಇಸ್ರೊಲ್

ಮ್ಹಜೆ ಪಯ್ಲೆಂಚಾ ಇಸ್ರೊಲಾಚೆಂ ನಾಂವ್ ಅಬುದಾಬಿ ಇಂಡಿಯನ್ ಸ್ಕೂಲ್. ಹಾಂವ್ ಪಯ್ಲಾ ಕ್ಲಾಸಿ ಥಾವ್ನ್ ಪಾಂಚ್ವಾ ಕ್ಲಾಸಿ ಪರ್ಯಾಂತ್ ಹಾಂಗಾಸರ್ ಶಿಕ್ಲೊಂ. ಮ್ಹಾಕಾ ಪಯ್ಲೆಂ, ಇಸ್ರೊಲಾಂತ್ ಶಿಕ್ತಾನಾ ಇಲ್ಲಿಶಿ ಭಿರಾಂತ್ ದಿಸ್ಲಿ. ಕಿತ್ಯಾಕ್ ಮ್ಹಳ್ಯಾರ್ ಇಸ್ರೊಲ್ ಪಳೆಂವ್ಕ್ ಇಲ್ಲಿಶಿ ಭಿರಾಂತ್ ದಿಸ್ಲಿ. ಕ್ರಮೇಣ್ ಮ್ಹಾಕಾ ಇಸ್ರೊಲ್ ಪಸಂದ್ ಜಾಲೆಂ.



ಶ್ಯಾನನ್ ರಸ್ತಿನಾ 6 ಸಿ

ಇಸ್ರೊಲಾಂತ್ ಟೀಚರಾಂ ಬರೆಂ ಕರ್ನ್ ಶಿಕಯ್ಲೆಂ. ಆಮಿ ಚೂಕ್ ಕರಾನಾ ಮೊಗಾನ್ ಸಮ್ಜೊನ್, ತಿದ್ರುನ್ ಸಾಂಗ್ತಾಲಿ. ಆಮ್ಚ್ಯಾ ಇಸ್ರೊಲಾಂತ್ ಲೈಬ್ರರಿ ಆಸ್ಲಿ. ಖೆಳುಂಕ್ ವ್ಹಡ್ ಮೈದಾನ್ ಆಸ್ಲೆಂ. ತಾಂತು ಆಮಿಂ ಭುರ್ಗಿಂ ಖೆಳಾಲಿಂ. ಮ್ಹಾಕಾ ಇಸ್ರೊಲಾಂತ್ ಜಾಯ್ತೆ ಇಷ್ಟ್ ಆಸ್ಲೆ. ಮ್ಹಾಕಾ ಇಸ್ರೊಲಾಂತ್ ಚಡ್ ಸಂತೊಸ್ ಭೊಗ್ತಾಲೊ. ಮ್ಹಾಕಾ ಇಸ್ರೊಲಾಂತ್ ಜಾಯ್ತಿಂ ಇನಾಮಾಂ ಮೆಳ್ಳಿಂ. ಮ್ಹಜೆ ಪಯ್ಲೆಂಚೆ ಇಸ್ರೊಲ್ ಮಿಸ್ತುಂಕ್ ಮ್ಹಾಕಾ ಜಾಯ್ನಾ. ಹಾಂವ್ ತೆಂ ಇಸ್ರೊಲ್ ಸೊಡ್ನ್ ವೆತಾನಾ ಮ್ಹಾಕಾ ಚಡ್ ಬೆಜಾರ್ ಜಾಲೆಂ, ಕಿತ್ಯಾಕ್ ಮ್ಹಳ್ಯಾರ್, ಮ್ಹಜ್ಯಾ ಇಷ್ಟಾಕ್ ಟಿಚೆರಿಂಕ್ ಹಾಂವೆಂ ಸೊಡ್ನ್ ವೆಚೆ ಆಸ್ಲೆಂ. ದೆಕುನ್ ತೆಂ ಇಸ್ರೊಲ್ ಹಾಂವ್ ಕೆದಿಂಚ್ ವಿಸ್ರೊಂಚೊನಾ ಕಿತ್ಯಾಕ್ ಮ್ಹಳ್ಯಾರ್ ಹೆಂ ಮ್ಹಜೆ ಮೊಗಾಚೆ ಪಯ್ಲೆಂಚೆಂ ಇಸ್ರೊಲ್.

ಪ್ರಕೃತಿಚಿ ಸೊಭಾಯಾ

ಆಮಿ ಜಿಯೆತಾಂವ್ ಹ್ಯಾ ಸೊಭಾಯೆನ್ ಬರಲ್ಯಾ ಪ್ರಕೃತಿಂತ್. ಪ್ರಕೃತಿ ಜಾವ್ನ್ ಆಸಾ ಆಮ್ಚಿ ಇಶ್ಟ್, ಕಿತ್ಯಾಕ್ ಮ್ಹಳ್ಯಾರ್ ಆಮ್ಕಾಂ ಜಿಯೆಂಕ್ ಜಾಯ್ ಆಸ್ಲೆ ವಾರೆಂ, ಉದಾಕ್, ಖಾಣ್, ಜಾಗೊ, ಮನ್ಶಾತ್, ರುಾಡಾಂ ಇತ್ಯಾದಿ ಸಗ್ಲೆಂ ಆಮ್ಕಾಂ ದಿತಾ. ಪ್ರಕೃತಿಕ್ ಕಾಂಯ್ ವಾಯ್ಪ್ ಕರಿನಾಸ್ತಾನಾ ಆಮಿ ಹ್ಯಾ ಸಂಸಾರಾಂತ್ ಜಿಯೆಚೆ. ಪ್ರಕೃತಿ ಸ್ವಚ್ ದವರ್ನ್ ಆನಿ ಪ್ರಕೃತಿಕ್ ಕಾಂಯ್ ಆಭಾವ್ ಹಾಡಿನಾಸ್ತಾನಾ, ಆಮಿ ಪ್ರಕೃತಿ ಸಾಂಭಾಳಿಚೆ, ಕಿತ್ಯಾಕ್ ಹ್ಯಾ ಪ್ರಕೃತಿಕ್ ನಿರಂತರ್ ಉಲ್ಲಾಸ್ ಭೊಗುಂಕ್. ಪ್ರಕೃತಿ ಜಾವ್ನ್ ಆಸಾ ದೆವಾನ್ ಆಮ್ಕಾ ದಿಲ್ಲೆಂ ಏಕ್ ವ್ಹಡ್ ದಾಯ್ಜ್.



ರೈಜಲ್ ಡಿಸಿಲ್ವಾ - 7 ಬಿ

ಮ್ಹಜಿ ಮಾಂಯ್

ಮಾಂಯ್ ಮ್ಹಜಿ ಮಾಂಯ್
ತುಂ ಸರ್ಗಾರ್ ಆಸಾಯ್

ಮ್ಹಜಾ ಸಾಂಗಾತಾ ಬೆಳ್ತಾಲಿ
ಮ್ಹಜಾ ಸಾಂಗಾತಾ ಗಾಯ್ತಾಲಿ
ಸದಾಂಚ್ ಮಾಗ್ಗೆರಜಾರ್ ಮ್ಹಣ್ತಾಲಿ.
ಮೊರ್ನಾಚಿ ತಯಾರಾಯ್ ಕರ್ತಾಲಿ.

ಸದಾಂ ತುಕಾ ದಿತಾಲಿಂ ವಕ್ತಾಂ
ತುಂ ಮ್ಹಣ್ತಾಲಿ, ಪುರೋ ಪುತಾ ಹಾಂವ್
ಮೊರ್ತಾಂ
ವರಸ್ ಏಕ್ ಚಾಂಪ್ತಾ
ತುಜೊ ಉಡಾಸ್ ಯೆತಾನಾಂ ಮಾಂಯ್
ದೊಳ್ಕಾಂತ್ ಧಾವ್ನ್ ದುಃಖಾಂ
ದೆಂವ್ತಾತ್.

ಸರ್ಗಾರ್ ಧಾವ್ನ್ ಪಳೆ ಮಾಂಯ್
ತುಜಿ ನಾತ್ ಸಾಸ್ಣಾಚೊ ವಿಶೆವ್ ಮಾಗ್ತಾ.



ರಿವಾ ಡಿಕೊಸ್ತಾ
6 ಡಿ

ಮ್ಹಜೊ ಕಿಬೋರ್ಡ್

ಸಂಗೀತ್ ಮ್ಹಳ್ಳಾರ್ ಮ್ಹಾಕಾ ಭಾರಿಚ್
ಖುಶಿ. ಸಂಗೀತಾಂತ್ ಕಿಬೋರ್ಡ್ ವಾಜಾಂತ್
ಮ್ಹಾಕಾ ಭಾರಿ ಮೊಗಾಚೆಂ. ಹಾಂವೆಂ
ಪಯ್ಲಾಕ್ ಕ್ಲಾಸ್ ಧಾವ್ನ್ ಕಿಬೋರ್ಡ್
ಶಿಕುಂಕ್ ಸುರು ಕೆಲೆಂ. ಮ್ಹಜಿ ಟಿಚೆರ್
ಮ್ಹಾಕಾ ಬರೊ ಸಹಕಾರ್ ದಿತಾಲಿ. ಹಾಂವ್
ವೆಗ್ಗಿಂಚ್ ಶಿಕ್ಲೊಂ. ಆತಾಂ ಹಾಂವ್ ಗ್ರೇಡ್
ಳ ಪರಿಕ್ರಮ್ ತಯಾರ್ ಕರ್ನ್ ಆಸಾಂ.
ಮ್ಹಾಕಾ ಶಾಳೆಂತ್ ತಶೆಂಚ್ ಇಗರ್ಜೆಂತ್
ಸಂಗೀತ್ ಶಿಕ್ವಕ್ (ಐವನ್ ಸರ್) ಮ್ಹಜಿಂ
ತಾಳೆಂತಾ ಮುಖಾರ್ ಹಾಡುಂಕ್ ಬರೊ ಆವ್ಕಾಸ್ ದಿಂವ್ನ್ ಆಸಾ.
ತಾಕಾ ಹಾಂವ್ ಆಭಾರಿ ಜಾವ್ನಾಸಾ. ತೊ ಮ್ಹಜೊ ಮೊಗಾಚೊ
ಶಿಕ್ವಕ್. ಮ್ಹಾಕಾ ಕಿಬೋರ್ಡ್ ಶಿಕೊಂವ್ಚ್ಯಾ ರೋಶನ್ ಸರಾಕಿ
ದೇವ್ ಬರೆಂ ಕರುಂ.



ಮೈತ್ರಿಯನ್ ಜಿರಾಲ್ಡ್
ಲೋಬೊ
8 ಸಿ

ಅಮ್ಚೆ ನತಲಾಂ ಫೆಸ್ಟ

ಫೆಸ್ಟಾಂ ಆಮ್ಕಾ ನಿಜಾಯ್ಕಿ ವರತಾ
ಸಂತೊಸಾಚಿ ಆನಿ ದಾದೊಸ್ಕಾಥೆಚಿಂ । ಸರ್ವ
ಫೆಸ್ಟಾಂ ಪೈಕಿ ನತಲಾಂಚೆ ಫೆಸ್ಟ ಆಮ್ಕಾ
ಭೋವ್ ಚಡ್ ಮೊಗಾಚೆಂ ಜಾವ್ನಾಸಾ । ಜೆಜು
ಕ್ರಿಸ್ತಾಚ್ಯಾ ಜಲ್ಮಾ ದಿಸಾಸೊ ಆಚರಣಾಚೊ
ಸಂಭ್ರಮ ನತಲಾಂಚೆಂ ಫೆಸ್ಟ ಜಾವ್ನಾಸಾ ।



ವಿವಾ ಪಿಟೊ
7 ಸಿ

ಸಗ್ಳ್ಯಾ ಸಂಸಾರಾಂತ್ ಹೆಂ ಫೆಸ್ಟ ವರತಾ ಖುಶಿಯೆಂ
ಆನಿ ಸಂತೊಸಾಂ ಆಚರಣಾ ಕರ್ತಾಂತ್ । ಫೆಸ್ಟಾಕ್ ವರತೊ ತಾಯರಾ
ಕರ್ತಾಂತ್ । ಕ್ಯಾರಲಾ ಸರ್ವೆಂ ಆರಂಭ ಕರ್ನ್ ತೆಗಾಂ ರಾಜಾಂಚೊ ಫೆಸ್ಟಾಂ
ಮ್ಹಣಾಸರ್ ನತಲಾಂಚೆಂ ಫೆಸ್ಟಾಚೊ ಸಂಭ್ರಮ ಚಲತಾಂತ್ ।

ಆಮಚ್ಯಾ ನತಲಾಂಚೊ ಫೆಸ್ಟಾ ಸಂಭರ್ಬರ್ ಹರ್ಯಾಕ್ ಕ್ರಿಸ್ತಾಂವಾಂ
ಘರಾಂನಿ ನೆಕೆತ್ರಾ ತಶೆಂಚ್ ಗರದನಾಚೊ ಗೊಟೊ ಪಳವಂಕ್ ಮೆಲ್ತಾ ।
ಕುಸ್ವಾರ್ ಏಕಾಂಕಾಕ್ ವಾಂಟುನ್ ಆಮ್ಚೊ ಮೊಗ ದಾಕೊತಾಂತ್ ।
ಕುಡ್ತಾ ಸಂಗಿ ಹೆಂ ನತಲಾಂ ಫೆಸ್ಟ ಆಚರಿಸುಂಕ್ ಪರ್ಗಾಂವಾಂತ್
ಆಸಲಿಲ್ಲೆಂ ಸಂತೊಸಾಂ ತಾಂಚೊ ಘರಾ ಪಾಡಿ ಯೆತಾಂತ್ । ಫರಗಾಂವಾಂತ್
ಅಸಲಿಲ್ಲೆಂ ಕುಡ್ತಾಂವಾಂನಿ ಮ್ಹಣ್ಣಾಂ ತಾಂಚೊ ಯೆಥಾಕ್ ವಡಾ ಅಲೆಗಾಂ
ರಾಕೊನ್ ಆಸ್ತಾಂತ್ । ಅಶೆಂ ಹೆಂ ನತಲಾಂ ಫೆಸ್ಟ ವಡಾ ದಾವಜಾನ್ ಸರ್ವ
ಸಾಂಗತಾ ಮೆळೊನ್ ಆಚರಿಸತಾಂತ್ ।

ನತಲಾಂ ಫೆಸ್ಟಾಂ ಸಂಭರ್ಬರ್ ಘರಜ್ಜ್ ಸರ್ವಾಂಕ್ ನೊವೆಂ ವೊಸ್ತುರ್ ಹಾಡ್ತಾಂತ್
ಫೆಸ್ಟಾ ದಿಸಾ ಕೆಕ್ ಅನಿ ಕುಸ್ವಾರ್ ಸೆಜಾರಾಂಕ್ ವಾಂಟುನ್ ಫೆಸ್ಟಾಂ
ಸಂತೊಸ ದೊಡತೊ ಕರ್ತಾಂತ್ । ಹೆಶೆ ಮೊಗಾಂನಿ ಖುಶಿ ಏಕಾಂಕಾಕ್ ವಾಂಟುನ್
ಠೆಂವೊ ಸಂದೆಶ್ ಲೊಕಾಂಕ್ ಪ್ರಸಾರತಾಂತ್ । ಇಗರ್ಜೆಂತ್ ಸಂಭ್ರಮಿಕ್
ಮಿಸಾಚ್ಯಾ ಬಲಿದಾಂನಾಂತ್ ಪಾರ್ಥ್ ಥೆಂವಾಂತ್ । ನತಲಾ ಫೆಸ್ಟಾಂಚೆಂ ಸಂದೆಶ್
ಜಾವ್ನಾಸಾ ಮೊಗ ಆನಿಂ ತಾತ್ಪರ್ಯಾಂತ್ । ಹೊ ಅಮಚ್ಯಾ ಜಿಣಿಯೆಂತ್ ಆಮ್ಚೆಂ
ಕರನ್ ಕಾಣ್ತೆಂವ್ಯಾ ಆನಿಂ ಹೆರಾಂನಿ ತೊ ಪಾಲುಕ್ ಆಮಿಂ ಪ್ರಥಮಾ
ಕರ್ತಾಂತ್ ।

ಆಧುನಿಕ್ ಕಾಳ್

ಆತಾಂಚ್ಯಾ ಆಧುನಿಕ್ ಕಾಳಾರ್ ವ್ಹಡ್ಲೆಂ ರಾವ್ಣೆರಾ ಸಾಕೆಂ ಘರ್, ಪುಣ್ ತ್ಯಾ ಘರಾಂತ್ ರಾವುಂಕ್ ಮನ್ಶಾಂ ಉಣೆಂ.
ಆತಾಂಚೊ ಮಾರ್ಗಾಯ್ ತೆಕಿತ್ ಬಾಂದ್ಲಾಂತ್. ಆಮಿ ಸಕ್ಪಾಂನಿ ಧಾಕ್ಪಾಂತ್ ಘರಾಂತ್ ರಾವುನ್ ದೀಸ್ ಕಾಡ್ಲಾಂತ್.
ಆತಾಂ ಹರೆಕ್ಪಾಂಕ್ ಏಕೆಕ್ ಕೂಡ್ (ಬೆಡ್ ರೂಮ್), ಸಕಾಳಿ ಉಟುನ್ ಸಾಂಗಾತಾ ಮೆಳುನ್ ಮಾಗ್ಣೆ ಕರುಂಕ್ ವೇಳ್ ನಾ.

ಶಿಕ್ಪಾಂತ್ ಹುಶಾರ್ ಜಾಂವ್ಚೆ ಖಾತಿರ್ ಸ್ಟೆಷನ್ ಕ್ಲಾಸ್, ಸಾಂಗಾತಾ ಬಸುಂಕ್, ಜೇಂವ್ಚ್ಯಾ ಉಲೊಂವ್ಚ್ಯಾ ವೇಳ್ ನಾ.
ಆತಾಂ ಹಾತಾಂತ್ ಮೊಬಾಯ್ಲಾಂ ಬಸಲ್ಲ್ಯಾ ಕಡೆನ್, ಕಾಜಾರಾಕ್ ಗೆಲ್ಯಾ ಕಡೆನ್ ಇಂಟರ್ ನೆಟ್, ವೆಬ್, ವಾಟ್ಸ್ ಆಪ್ ರಾತಿಕ್
ನೀಡ್‌ಯಿ ಪಡನಾಂ. ಹ್ಯಾ ಶಿವಾಯ್ ಹೆರಾಂ ವಿಶ್ಯಾಂತ್ ಚಿಂತುನ್ ಉಲೊಂವ್ಚ್ಯಾ ಸ್ಕೈತ್ ವೇಳ್ ನಾ.

ಹ್ಯಾ ಶಿವಾಯ್ ಆವಯ್ ಬಾಪಾಯ್ಚೆ ಭುರ್ಗಾಂ ಸಾಂಗಾತಾ ರಾವುನ್ ಆನಿ ತಾಂಚೆ ಸಾಂಗಾತಾ ಇಲ್ಲೊ ವೇಳ್ ಖಿಚುಂಕ್
ವೇಳ್ ನಾ ಕಿತ್ಯಾಕ್, ತಾಂಕಾಂ ಕಾಮ್ ಆಸಾ. ತಿ ಕಾಮಾಕ್ ವೆತಾತ್. ಮೋಗ್ ಮೆಳನಾತಲ್ಲಿಂ ಭುರ್ಗಿಂ ಪಾಡ್ ಸವಾಯೆಕ್
ಬಲಿ ಜಾತಾತ್. ಘರ್ ಸೊಡ್ನ್ ವೆತಾತ್. ಉಪ್ರಾಂತ್ ಆವಯ್ ಬಾಪಾಯ್ ಖಂತಿನ್ ಬುಡ್ತಾತ್, ದೆದೆಸ್ಪರ್ ಜಾತಾತ್,
ಬೋಬ್ ಮಾರ್ತಾತ್. ಆತಾಂ ತಾಂಕಾಂ ಉಗ್ಡಾಸ್ ಯೆತಾ ದೆವಾಚೊ. ದೇವ್ ಸದಾಂಚ್ ಆಮ್ಚೆ ಸಾಂಗಾತಾ ಆಸಾ, ಆಮ್ಕಾಂ
ಮಾತ್ ದೆವಾಲಾಗಿಂ ಉಲೊಂವ್ಚ್ಯಾ ವೇಳ್ ನಾ.

ತರ್ ಸರ್ವ್ ಕಷ್ಟ್ ಹಾಳು ಕರುಂಕ್, ಸರ್ವ್ ಪಿಡಾ ಗೂಣ್ ಕರುಂಕ್, ತೊ ಏಕ್ಲೊಚ್ಚ್ ಆಮ್ಚೊ ಸೊಮಿ ಜೆಜು ಕ್ರಿಸ್ತ್ ಜಾವ್ನಾಸಾ, ತಾಚಾ ತಸಲೊ ದುಸ್ರೊ
ಕೊಣ್‌ಚ್ಚ್ ಹ್ಯಾ ಸಾಂಸಾರಾಂತ್ ನಾ. ಹೊ ಜಾವ್ನಾಸಾ ಆಧುನಿಕ್ ಕಾಳ್. ದೇವ್ ಬರೆಂ ಕರುಂ.



ವಿಂಜಲ್ ರಿಶೋನ್
ಸಿಕ್ವೇರಾ
8 ಎ

ಆಮಿ ಆನಿ ಆಮ್ಚೆಂ ಪರಿಸರ್

ಆಮ್ಚೆಂ ಬೊಂವಾರಿ ಆಸ್ಚೊ ಪ್ರಕೃತಿಚೆ ವಸ್ತು ಆಮ್ಚೆಂ ಜೀವನಾಚೆರ್ ಪ್ರಭಾವ್ ಗಾಲ್ತಾತ್ ಆನಿ ಆಮ್ಚೆಂ ಜೀವನ್ ನಂದನ್ ವಾ ದುಃಖಾ ಭರಿತ್ ಕರ್ತಾತ್. ಹೆಂ ಆಮ್ಚೆಂ ಪರಿಸರ್. ಸುರೊ, ವಾರೆಂ, ಉದಾಕ್, ರೂಕ್ ರ್ಪಾಡಾಂ, ಮನ್ಶಾತಿ, ಸುಕ್ತಿ ಆನಿ ಮನಿಸ್‌ಯಿ ಆಮ್ಚೆಂ ಹ್ಯಾ ಪರಿಸರಾಚೆರ್ ಆನಿ ಆಮ್ಚೆಂ ಜೀವನಾಚೆರ್ ಪರಿಣಾಮ್ ಗಾಲ್ತಾತ್ ಮಣ್ಣಾಂಕ್ ದುಬಾವ್ ನಾ.

ಆಮ್ಚೆಂ ಚಾಲ್ತಾಂ ಜೀವನಾಂತ್ ಆಮ್ಚೆಂ ಪರಿಸರಾಂತ್ ಆಸ್ಚೊ ಪಾಂಚ್ ವಸ್ತ್ ಭೊವ್‌ಚ್ ಗರ್ಜೆಚೊ. ತಾಂಚೆಂ ಶಿವಾಯಿ ಆಮ್ಚೆಂ ಜಿಯಂವ್ಕ್ ಆಸಾದ್ಯ್. ೧. ಅಮ್ಲಜನ್‌ಕ್, ೨. ಉದಾಕ್, ೩. ಖಾಣ್ ಪೀವನ್, ೪. ಬಿಡಾರ್, ೫. ಊಬ್ (warmth) ಹೆ ಸಗ್ಳೊ ವಸ್ತು ಆಮ್ಚೆಂ ಭುಂಯ್ ಧಾವ್ನ್ ಮೆಳ್ತಾತ್. ಪುಣ್ ಪೃಥ್ವಿ ಧಾವ್ನ್ ಆಮ್ಚೆಂ ಲಾಭ್‌ಲ್ಲಿ ಹಿ ದಿವಿಂ ಆಮಿಂ ಕಶಿಂ ವಾಪರ್ತಾಂವ್?



ಬಿನೆಲ್ ಫೆರ್ನಾಂಡಿಸ್
8 ಬಿ

ವರ್ಸಾಂ ಚಾತಾನಾ, ವಿಜ್ಞಾನ್ ಆನಿ ತಾಂಚೆಂ ಜ್ಞಾನ್ ವಾಡ್ತಾನಾ ಮನ್ಶಾಚಿಂ ಆಶಾ ವಿಪರೀತ್ ಜಾವ್ನ್ ಆಮ್ಚೆಂ ಪರಿಸರಾಚಿಂ ದೆಸ್ಪಾಟ್ ಜಾತಾ. ಆಮಿ ಕಿತೆಂ ಕರ್ನ್ ಅಸಾಂವ್ ತೆಂ ಆಮ್ಚೆಂ ಕಳಿತ್ ಆಸನಾ. ಪ್ರಕೃತಿ ಖುಬಾಳ್ತಾ ಆನಿ ಆಮ್ಚೆಂ ಪರಿಸರ್ ಭಿಗಡ್ತಾ.

ಹಾಕಾ ಲಾಗುನ್ ಆಮ್ಚೆಂ ಜಾಲ್ತೆಂ ಜೀವನ್ ದುಃಖಾಭರಿತ್ ಜಾಲಾಂ, ಪಿಡಾ ಶಿಡಾ ವಾಡ್ಲಾ ಆಮ್ಚೆಂ ಭೊವಾರಿಂಚಿಂ ಗರ್‌ಮಿ ಆಮ್ಚೆಂ ಸೊಸುಂಕ್ ತಾಂಕಾನಾ. ಪಾವ್ಸ್ ಉಣೊ ಜಾಲಾಂ. ಹಾಕಾ ಮುಖ್ಯ ಕಾರಣ್ ಮನಿಸ್ ಅಪ್ಲಾ ಪಾಯ್ಲಾ ಖಾತಿರ್ ಪರಿಸರ್ ತಾಕಾ ಜಾಯ್ ಜಾಲ್ಲ್ಯಾ ಬರಿ ವಾಪರ್ತಾ.

ಆಮಿ ಭುರ್ಗ್ಯಾಂನಿ ಪರಿಸರ್ ಸಾಂಬಾಳ್ಚೆಂ ವಿಶ್ಯಾಂತ್ ಕಿತೆಂ ಕರುಂಕ್ ಜಾಯ್?

೧. ಹರ್ಯಾಕಾ ವರ್ಸಾಂ ಆಮಿಂ ಬರೊಂ ಜಾಗೊ ಪಳೊವ್ನ್ ರ್ಪಾಡ್ ಲಾವ್ನ್ ತೆಂ ಸಾಂಬಾಳುಂಕ್ ಜಾಯ್. ಹಿಂ ರ್ಪಾಡಾಂ, ರೂಕ್ ಜಾವ್ನ್ ಘಳಾಂ ಆನಿ ಪಾಲೆ ದಿತಾತ್. ಮನ್ಶಾತಿಂಕ್ ಖಾಣ್ ತಶೆಂಚ್ ಸುಕ್ಲ್ಯಾಂಕ್ ಅಸ್ಚೊ ದಿತಾತ್.
೨. ಆಮ್ಚೆಂ ಘರಾ ಭಿತರ್ ಆನಿ ಬಾಯ್ಸ್ ಖಿಸ್ಚೊ ಉಡೊಂಚಾಂಕ್ ಎಕ್ ಶಿಸ್ಟ್ ಸಾಂಬಾಳುಂಕ್ ಜಾಯ್ ಸಗ್ಳೊ ಕರ್‌ರೊ ಒಟ್ಟು ಕರ್ನ್ ಕಸ್ಚೊ ಪರತ್ ಉಪಯೋಗ (recycle) ಕರ್ಚ್ಯಾ ಸಂಸ್ಥಾಂಕ್ ದೀಂವ್ಕ್ ಜಾಯ್.
೩. ಉದಕ್ ಆನಿ ವೀಚ್ ಸಕತ್ ಸತ್ರಯೆನ್ ಉಪಯೋಗ್ ಕರ್ನ್ ಘರಾಂತ್ ಪ್ಯಾನಾ ಆನಿ ವೀಚ್ ದಿವೆಂ ಗರ್ಜೆ ಭಾಯ್ಸಾ ಜಳ್ತಾತ್ ತರ್ ಕೂಡ್ಲೆ ಭಂದ್ ಕರಿಚೆ.
೪. ಪ್ಲಾಸ್ಟಿಕ್ ಬ್ಯಾಗಾಚೊಂ ಉಪಯೋಗ್ ಉಣೆ ಕರ್ಚೊ.

ದೆವಾನ್ ರಚ್‌ಲ್ಲಿ ಹಿ ಸೊಭಿತ್ ಪೃಥ್ವಿ ಬರ್ಯಾ ರಿತಿನ್ ವಾಪರ್ನ್ ಮುಖ್ಯ ಜನಾಗಾಂಗಳಾಂಕ್ ಹಸ್ತಾಂತಾರ್ ಕರ್ಚಿ ಆಮ್ಚೆ ಪ್ರಮುಖ್ ಜವಾಬ್ದಾರಿ ಜಾವ್ನಾಸಾ.

ಹಾಂವ್ ಆನಿ ಮ್ಹಜೊ ಗಾಂವ್



ಹಾಂವ್ ಕ್ಯಾರಲ್ ಮಿನಜಸ್, ಮ್ಹಜೊ ಗಾಂವ್ ಮಂಗ್ಳೂರ್ ಶಹರ್. ಮಂಗ್ಳೂರ್ ಮ್ಹಜೆಂ ನಾಂವ್ ಕೊಡ್ಯಾಳ್ಚ್ಯಾ ಮಂಗಳಾ ದೇವಿ ದಿವ್ಯಾ ಧಾವ್ನ್ ಆಯ್ಲಾಂ. ಹಾಕಾ ಉದೆಂತಿಚೆಂ ರೋಮ್ ಮ್ಹಣ್ ಅಪಯ್ತಾತ್. ಹ್ಯಾ ಶಹರಾಂತ್ ಏಕ್ ಸೊಬಿತ್ ನ್ಹಂಯ್ ವಾಳ್ತಾ. ತ್ಯಾ ನ್ಹಂಯ್‌ಚೆಂ ನಾಂವ್ ನೇತ್ರಾವತಿ. ಮಂಗ್ಳೂರ್ ಶಿಕ್ಷಣ್ ಕ್ಷೇತ್ರಾಂತ್ ಸಗ್ಳಾ ಕರ್ನಾಟಕಾಂತ್ ನಾಂವಾಡ್ಲಿಕ್ ಜಾವ್ನಾಸಾ. ಹ್ಯಾ ಶಹರಾಂತ್ ಸೊಭಿತ್ ಗುಡೆ, ದೊಂಗೊರ್, ಮಾಡ್ ಆನಿ ದರ್ಯೊ ಆಸಾತ್.



ಕ್ಯಾರಲ್ ಮಿನಜಸ್
8 ಎ

ಹೊ ಸೊಭಿತ್ ಗಾಂವ್ ಆಜ್ ಪಿಡ್ಲ್ಯಾರ್ ಜಾಂವ್ಕ್ ಪಾವ್ಲಾ. ಹಾಂಗಾ ಆಸ್‌ಲೊ ತೊ ಮಾಯಾಮೋಗ್ ಆನಿ ಎಕ್ವಟಾಯ್ ನಾಸ್ ಜಾಲಾ. ಆಮ್ಚೊ ಸೆಚಾರಿ ಕೊಣ್ ಮ್ಹಣ್ ಆಮ್ಚಾ ಕಳಿತ್ ನಾ. ಆಮ್ಚೆ ವ್ಹಡಿಲಾಂ ಆಮ್ಚಾಂ ತಿ ಆದ್ಲೊ ಗಜಾಲಿ ಸಾಂಗ್ತಾನಾ ಸಪ್ಲಾ ಬರಿ ದಿಸ್ತಾ. ಆಮಿ ಸಕ್ಡಾಂನಿ ಎಕ್ವಟ್ ಜಾವ್ನ್ ಗಾಂವ್ ವಿಬಾಡ್ ಜಾಯ್ನಾಶೆಂ ಚತ್ರಾಯ್ ಘೆಜಯ್. ಆಮಿ ಸಗ್ಳಿಂ, ಮಂಗ್ಳೂರ್‌ಗಾರ್ ಏಕ್ ಜಾವ್ನ್ ಏಕ್ ಸೊಭಿತ್ ಸುಂದರ್ ಮಂಗ್ಳೂರ್ ಬಾಂದುಕ್ ಪ್ರಯತ್ನ್ ಕರಿಚೆ. ಹಾಂವ್ ಮಂಗ್ಳೂರಾಂತ್ ವಸ್ತಿ ಕರ್ಚೊ ಏಕ್ ವ್ಯಕ್ತಿ ಮ್ಹಣ್ ಸಾಂಗುಂಕ್ ಮ್ಹಾಕಾ ಸಂತೊಸ್ ಭೊಗ್ತಾ. ಆಮ್ಚೆಂ ಮಂಗ್ಳೂರ್ ಅಮರ್ ಜಾಂವ್.

ಕೊಂತಾಚೆ ವರಸಾ

ಹೆಂ ವರಸಾ ಕೊಂತಾಕ್ ಸಮರ್ಪಿಲ್ಲೆ ಜಾವ್ನ್ ಆಸಾ. ಕೊಂತಾಕ್ ಸಮರ್ಪಿಲ್ಯಾ ಹ್ಯಾ ವರಾ ದೆವಾಚೊ ಲಾಗ್ಯಿಲ್ಯಾನ್ ಮೋಗ್ ಕರುಂಕ್ ಆಮ್ಕಾಂ ಆಮ್ಕಾಸ್ ಮೆಳ್ತಾ. ಕೊಂತಾ ಕ್ರಿಸ್ತಾವಾಂಕ್ ಭಕ್ತಿಪಣಾಚೊ ಗುರ್ತಾ. ಹಾಚ್ಯಾ ವರ್ವಿ ಮರಿಯೆಚೊ ಸಾಂಗಾತ್‌ಪಣ್ ಆಮ್ಕಾಂ ಜೊಡ್ಯೆತ್.



ಆನ್ಶಿತಾ ಮೆಲಿಸಾ
ಡಿಸೋಜಾ

8 ಬಿ

ಆಮಿ ಆಮ್ಚ್ಯಾ ಗಳ್ಯಾರ್ ಫಾಲ್ಡ್ ಕ್ರಿಸ್ತಾಚೊ ಸಂದೇಶ್ ಆಮಿ ಉಗ್ಡ್ಯಾನ್ ಪಾಚಾರ್ತಾವ್. ಕೊಂತಾಂತ್ ಪಾಂಚ್ ಖಣ್ ಆಸಾತ್. ಮಿಸ್ತೆರಾಂ ಮುಕಾಂತ್, ಕಾಕುಳ್ಚ್ಯಾ ತೆಸಾಂ ಮುಕಾಂತ್ ಆನಿ ಕೊಂತಾಚೆ ಮುಕಾಂತ್ ಮರ್ಯೆಕ್ ಮಾನ್ ಕರ್ತಾವ್. ಕುಮ್ಗಾರಾಚ್ಯಾ ಸಾಕ್ರಾಂವೆಂತಾಂತ್ ಆಮ್ಕಾಂ ಕೊಂತಾ ಫಾಲೆಂ ಭಾಗ್ ಫಾವೊ ಜಾತಾ.

ಹ್ಯಾ ವರಾಂ ರುಜಾಯ್, ಮಿಲಾರ್ ಕೊಂತಾಚೆಂ ಪ್ರದರ್ಶನ್ ಚಲ್ಲೆಂ. ಹಾಂತುನ್ ದುಸ್ರ್ಯಾಂ ಮಾಹಾ ರುಜಾ ವೆಳಾರ್ ಜಾಲ್ಲೆಂ ಆಜಾಪ್ ಪಿಂತುಂರಾ ಮುಕಾಂತ್ ದಾಕಯ್ಲೆಂ. ಆನಿ ಕೊಂತಾ ಧಾವ್ನ್ ಮೆಳ್ಳೆ ಜಾಯ್ತಿ ಉಪ್ಕಾರ್ ಆಮ್ಕಾಂ ಸ್ಥಿರಾಂ ಮುಕಾಂತ್ ದಾಕಯ್ಲೆಂ. ಜಾಯ್ತ್ಯಾ ನಮುನ್ಯಾಚಿ ಕೊಂತಾಂ ಥೆಂ ಸರ್ ಆಸ್‌ಲ್ಲೆಂ. ಮ್ಹಾಕಾ ಮ್ಹಜ್ಯಾ ಕುಟ್ಮಾ ಸಾಂಗಾತಾ ವಚುನ್ ಪಳೆಂವ್ಚೆಂ ಭಾಗ್ ಫಾವೊ ಜಾಲೆಂ. ತೆಂ ಪಳೆವ್ನ್ ಆಮ್ಚೆಂ ದೆವಾಸ್ಪಣ್, ಭಕ್ತಿಪಣ್ ಚಡ್ಲಾಂ.

ಪ್ರಥ್ವಿ ಆಮ್ಚೆಂ ಫರ್ ಕಿತ್ಯಾಕ್ ಜಾಲ್ಯಾ ತಿ ರಾಗಾರ್?

ಮನಿಸ್ ಅಪ್ಲಿ ದೀಷ್ಟ್ ಅಂತ್ರಳಾ ತೆವ್ಚಿ ಗುಂವ್ಡಾಯ್ತಾ ಆನಿ ಕಾಳಿ ಮೊಡಾಂ ಆಕಾಸಾರ್ ದಿಸ್ತಾಗಿ ಮ್ಹಣ್ ಸೊಧುನ್ ರಾವ್ತಾ. ಫೆಬ್ರೆರ್ ಧಾವ್ನ್ ಆರಂಬ್ ಜಾಲ್ಲೊ ಗಿವ್ಚಿಲೊ ವೇಳ್ ಕರಿಣ್ ವತ್ ಆನಿ ಧಗಿನ್ ಭರಲ್ಲೊ ಜಾವ್ನ್ ಆಸೊನ್ ಏಕಾ ಕುಶೆನ್ ಮನ್ಯಾಂಕ್ ಫಾಮ್ ವಾಳವ್ನ್ ಧಗ್ ಸೊಸುನ್ ಪುರಾಸಣ್ ಜಾವ್ನಾಗೆಲ್ಯಾ ಆಸ್ತಾಂ, ಅನ್ಯೇಕ್ ಕುಶೆನ್ ಎಪ್ಪಿಲ್-ಮೆಯಾಂತ್ ಉದ್ಯಾಚೊ ಅಭಾವ್. ಬಾಂಯ್, ತಳಿಂ ಸುಕುನ್ ವಚುನ್ ರೂಕ್ ರುಪಾಡಾಂಕ್ ಉದಾಕ್ ಉಣೆ ಪಡ್‌ಲ್ಲೆಂ ಆಮಿ ಪಳೆಯ್ಲಾಂ.



ಅನಿಶಾ ಡಿಸೋಜಾ
8 ಬಿ

ಹ್ಯಾ ವರ್ಸಾಚಾ ಪಾವ್ಲಾನ್ ಮನ್ಯಾಂಚೆಂ ಚಿಂತಾಪ್‌ಚ್ ಬದ್ಲುನ್ ಸೊಡ್ಲಾಂ. ಹ್ಯಾ ವರ್ಸಾಂ ಮನ್ಯಾಂನಿ ಚಿಂತುಂಕ್ ನಾತ್‌ಲ್ಲೊ, ಪಳೆಂವ್ಕ್ ನಾತ್‌ಲ್ಲೊ ಆನಿ ಆಯ್ಕೊಂಕ್ ನಾತ್‌ಲ್ಲೊ ಬರೊ ಪಾವ್ನ್ ಮೇ ಮಹಿನ್ಯಾ ಧಾವ್ನ್‌ಚ್ ವೊತುನ್‌ಚ್ ಆಸಾ ಪಾವ್ಲಾರಾಯಾನ್ ಉದಾರ್ ಮನಾನ್ ಜಾಯ್ ತಿತ್ಲೆಂ ಉದಾಕ್ ಧರ್ತಿಕ್ ವೊತ್ಲಾಂ. ಹ್ಯಾವರಾ ಉದ್ಯಾಕ್ ಅಭಾವ್ ಆಸ್ಚೊ ನಾ ಮ್ಹಳ್ಳೆ ಭೊಗಾಪ್ ಅಯ್ಲೆಂ. ಪಾವ್ಲಾಚೊ ಪ್ರಭಾವ್ ಕಿತ್ಲೊ ಆಸಾಗಿ ಮ್ಹಣ್ ಹ್ಯಾ ವರ್ಸಾ ದಾಕುನ್ ದಿಲಾಂ. ಪಾವ್ಲಾನ್ ಧೊಡ್ಯಾಂಕ್ ಬರೆಂ ಕೆಲೆಂ ತರ್

ದೊಡ್ಯಾಂಕ್ ಪಾವ್ನ್ ಮಾರೆಕಾರ್ ಜಾಂವ್ಕ್ ಪಾವ್ಲಾ. ಕೇರಳಾಂತ್ ಆನಿ ಕೊಡಗುಂತ್ ಜಾಲ್ಲೆಂ ಅನಾಹುತ್ ಪಳೆಯ್ತಾನಾ ಪಾವ್ಲಾಕ್ ಕಿತ್ಯಾಕ್ ಅಸೊಯ್ ರಾಗ್ ಆಯ್ಲೊ ಮ್ಹಳ್ಳೆಂ ಸವಾಲ್ ಮಂತಿಂತ್ ಯೆತಾ. 500ಚಾಕಿಂ ಚಡಿತ್ ಲೊಕಾಂಚೊ ಜೀವ್‌ಕಾಡ್ಲೊ, ಫರ್, ಜಾಗೊ ಮನ್ಜಾತ್, ರೂಕ್- ರುಪಾಡಾಂ ಸಗ್ಳಿಂ ನಾಸ್ ಜಾಲಿಂ. ಹೆಂ ಸರ್ವ್ ಘಡ್‌ಲ್ಲಾ ಉಪ್ರಾಂತ್ ಏಕಾ ಧಾರಾಚೆಂ ಭೆಂ ಉಬ್ಜಾಲಾಂ. ಹ್ಯಾ ಭಿಯಾಕ್ ಕಾರಣ್ ಕೋಣ್?

ಮನ್ಯಾನ್ ಪ್ರಕೃತಿ ವಿರೋದ್ ಕೆಲ್ಲ್ಯಾ ಕ್ರೂರ್ ಕೃತ್ಯಾಂಕ್ ಪ್ರಕೃತಿನ್ ವಿಕಾಪ್ ಜಾವ್ನ್ ಜಾಪ್ ದಿಲ್ಯಾ. ಫುಡೆ ಕಿತೆಂಗಿ ಮ್ಹಳ್ಳೆಂ ಆಮಿ ರಾಕುನ್ ರಾವುಂಕ್ ಜಾಯ್. ರೂಕ್-ರುಪಾಡಾಂ ಲಾವ್ನ್ ತಾಚೆಂ-ಪಾಲನ್ ಪೋಷಣ್ ಕರ್ನ್ ಪ್ರಕೃತಿ ನಿತಳ್ ಸಾಂಬಾಳ್, ಬರೊ ಪೋಸ್ ಕೆಲ್ಲ್ಯಾರ್ ಪ್ರಕೃತಿ ಆಮ್ಚಿ ಪೋಸ್ ಕರ್ತೆಲಿ. ನಾತ್ಲ್ಯಾರ್ ತಿ ಚಡಿತ್ ರಾಗಾರ್ ಜಾತೆಲಿ.

ಸಿಂಗಾಪುರ್

ಗಾಂವ್ ತೊ ಗಾಂವ್
ನಿತಳ್ ಸೊಭಾಯೆಚೊ
ಗಾಂವ್ ತೊ ಗಾಂವ್
ಮನಾಕ್ ಪಸಂದಾಯೆಚೊ
ಭಂವ್ತಣಿ ರೂಕ್ ರುಪಾಡಾಂ
ವಾಳ್ತಾಲೊ ಉದ್ಯಾ ರುರಿ |
ಸೊಬಾಯೆಕ್ ಥಿಕಾಂ ನಿಳಿಂ ಮೊಡಾಂ
ದೀಸ್ ಭರ್ ಬಿಜಯ್‌ಲಿಂ
ಪಾವ್ಚಿಲ್ಯಾ ದಿಸಾಪರಿಂ



ಪ್ರಿತಿಕಾ ಪಿಂಟೊ
8 ಬಿ

ವ್ಹಡ್ ವ್ಹಡ್ ಗಗನ್ ಚುಂಬನಾಚಿಂ ಬಾಂದ್ಪಾಂ
ವ್ಯಾಪಾರ್ ವಹಿವಾಟಾಚಿಂ ಬಾಟಾಂ
ಮಾರ್ಗಾರ್ ಮೆಟ್ರೊ ಸುಸಜ್ಜಿತ್ ವಾಹಾನಾಂ
ವ್ಯವಸ್ತಾ ವರ್ಣುಂಕ್ ಮ್ಹಾಕಾ ಸಮ್ಜನಾಂ
ಗಾಂವ್ ತೊ ಲ್ಹಾನ್ ತರಿ
ಉದ್ದೇಶ್ ಬರೊ ಆನಿ ವ್ಹಡ್ ಆಸಾ
ಕರ್ಚಾಕ್ ತಿಕ್ಚೆ ಮ್ಹಾರಗ್ ತರೀ
ಜಿಣಿ ಬರ್ ಜಿಯೆಂವ್ಕ್ ಆಶಾ ಮ್ಹಾಕಾ
ಆಸ್‌ಲ್ಲೆಂ ಹಾಂವ್ ಪಾಂಚ್ ದೀಸ್
ಭವ್ಲಿಂ ರಾತ್ ದೀಸ್ ಬರ್
ಮಾಸ್ಚಿ, ಮನ್ಜಾತಿಂ, ಸುಕ್ಣಿಂ, ಫರಾಂ ಭಾಗಿಂತ್
ಏಕಾ ದೀಸ್ ಯುನಿವರ್ಸಲ್ ಸ್ಪುಡಿಯೊಂತ್
ತುಕಾಚ್ ಚಿಂತ್ನಾ, ಚಿಂತ್ನಾ ಆಟಯ್ತಾ
ಪರತ್ ಯೆಂವ್ಕ್ ಆಶೆತಾ
ಆಮ್ಕಾಸ್ ಮೆಳ್ಚಾರ್ ಖಂಡಿತ್ ಯೆತಾಂ
ತವಳ್ ಪರ್ಯಾಂತ್ ಮನಾಂತ್ ಸಂತೊಸ್ತಾಂ
ಗಾಂವ್ ಸಿಂಗಾಪುರಾ

ರಜೆಚೆ ದೀಸ್

ಭುಗ್ಯಾಂಕ್ ರಜಾ ಮ್ಹೆಳ್ಕಾರ್ ಭಾರಿಚ್ ಸಂತೋಸ್, ತಶೆಂಚ್ ಹಾಂವಿಂ ರಜೆಕ್ ರಾಕುನ್ ಅಸ್ತಾಂ. ಹರೈಕ್ ಪಾವ್ಪಿ ರಜಾ ಮೆಳ್ತಾನಾ ಹಾಂವ್ ಮ್ಹಜ್ಯಾ ಅಕಯ್ಚಾ ಘರಾ ಖೆಳುಂಕ್ ವೆತಾಂ. ಥಂಯ್ ಅಕಯ್ಚಾ ಭುಗ್ಯಾಂ ಸಾಂಗಾತಾ ಹಾಂವ್ ಪುಟ್‌ಬಾಲ್ ಖೆಳ್ತಾಂ, ಮ್ಹಾಕಾ ಪುಟ್ ಬಾಲ್ ಖೆಳ್ಚೆಂ ಮ್ಹಳ್ಕಾರ್ ಚಡ್ ಖುಷಿ.



ಸುರಜ್ ಕ್ವಡ್ರಜ್
6 ಡಿ

ರಜೆಚಾ ದಿಸಾಂನಿ ಥೊಡೊ ವೇಳ್ ಹಾಂವ್ ಸೈಕ್ಲಿಂಗ್ ಕರ್ತಾಂ. ಸಾಂಜೆಚಾ ವೆಳಾರ್ ಸೆಜಾರ್ಚ್ಯಾ ಭುಗ್ಯಾಂ ಸಾಂಗಾತಾ ಖೆಳುಂಕ್ ವೆತಾಂ, ವರ್ಸಾಚಾ ಅಖೇಕ್ ಮೆಳ್ಚಾ ವಡ್ಲ್ಯಾ ರಜೆಂತ್ ಹಾಂವ್, ಮಮ್ಮಿ ಆನಿ ಭಯ್ಣಿಂ ಸಾಂಗಾತಾ ಮ್ಹಜ್ಯಾ ವಡಿಮಾಂಯ್ಚಾ ಘರಾ ವೆತಾಂವ್, ಥಂಯ್ ಸಬಾರ್ ಮನ್ಶಾತಿ ಆನಿ ರೂಕ್ ರ್ಪಾಡಾಂ ಅಸಾತ್. ಥೊಡೆ ದೀಸ್ ಹಾಂವ್ ಥಂಯ್ಸರ್ ರಾವ್ತಾಂ. ರಜೆಚಾ ದಿಸಾನಿ ಸಕಾಳಿಂಚೆಂ ಚಡಿತ್ ನಿದುಂಕ್ ಮೆಳ್ತಾ. ಟಿವಿ ಪಳೆಂವ್ಚ್ ಖೆಳುಂಕ್ ಆನಿ ಬಾಯ್ಸ್ ವಚುಂಕ್ ಮೆಳ್ತಾ. ದೆಕುನ್ ಹಾಂವ್ ಕೆದಾಳಾಯ್ ರಜೆಕ್ ರಾಕುನ್ ಅಸ್ತಾಂ.

ಮಾಂಯ್ ಗಾಂವ್

1. ನಿಲ್ಲಿಂ ಮೊಡಾಂ, ಉಬ್ಬಿಂ ಸುಕ್ಲಿಂ, ಪಾಚ್ಚಿಂ ರ್ಪಾಡಾಂ, ಜಿವಾಳ್ ಶೆತಾಂ, ಕೊಸ್ಚೆ ರೆಡೆ, ಚರೈಚ್ಯಾ ಗಾಯೊ, ಪರ್ಮಳಿತ್ ಪುಲಾಂ, ಸರ್ಗಾಕ್ ತಿಳ್ಚೊ ಮಾಡ್ ಮಾಡಿಯೊ, ಗುಡೆ, ನ್ಹಂಯ್, ವಾಳ್, ಪಂಪಾಳೆಂ ಚಿಂತ್ತಾನಾ ಗಾಂವ್ಚೊ ಉಡಾಸ್ ಯೆತಾ.
2. ಪಿಕ್ಲೆ ಆಂಬೆ, ಕೆಳಿಂ, ಆನಿ ಬೆಣ್ಣಾಂ, ಕಾಜು, ಜಾಂಬ್ಯಾ, ಅಣ್ಣಾಂ, ಪೊಣ್ಣಾಂ, ಅಪೂಲ್, ಗರಿಯೊ, ಹುನೂನಿ ಪೇಜ್, ಗಾಂಲ್ಚ್ಯಾಚಿ ಚೆಟ್ಟಿಂ, ಇಲ್ಲೆಶೆಂ ಲೊಣ್ಣೆಂ, ಆಮ್ಚಿ ತಿಕ್ಕಿ ಕಡಿ, ಚಿಂತ್ತಾನಾ ತೊಂಡಾಂತ್ ಉದಾಕ್ ಯೆತಾ.
3. ಖುಶಾಲಿ ಭಯ್ಣಿ, ಉಪ್ಕಾರಿ ಭಾವೊಜಿ, ಮಾಂಯ್ಚಿ ಮೊಗಾಳ್ ಉತ್ರಾಂ, ತಕ್ಲೆಕ್ ಪೊಡ್ಲೊ ಕುಟಿ, ಇಣ್ಣಾಂ ಸಂಗಿಂ ಕೆಲ್ಲಿಂ ಮಾಜಾ ಚಿಂತ್ತಾನಾ ದೊಳ್ಯಾನಿ ದುಖಾಂ ಯೆತಾತ್.
4. ಹಾಂವ್ ಅಸಾಂ ಹ್ಯಾ ಪರ್ಗವಾಂತ್ ಜಿಯವ್ನ್ ಎಕ್ಸರ್ವಣಾಂತ್, ಕಾಳಿಜ್ ಮ್ಹಜೆಂ ಸಾದಾಂ ಸಾಂಗ್ತಾ, ಪಾಟಿಂ ಯೆ ಮ್ಹಣ್ ಮಾಂಯ್‌ಗಾಂವಾಕ್.



ಗ್ವಾನೆಶ್ ಲಸಾ
ಡಿ ಸೋಜಾ
7 ಸಿ

ಪಾರ್ವೊ ಆನಿ ಪಿಂಜೊ

ನಿಶ್ಚಿತ್ ಮೊಳ್ಕಾರ್ ಉಬೊನ್ ಆಸ್‌ಲೊಂ ಸ್ವತಂತ್ರ, ಸ್ವಚ್ಛಂದ್ ವಾಟೆರ್ ಜೊಯ್ಸಿಂ ಸುಂದರ್ ಶಿತ್ ಎಕ್ಸರ್ವಾ ಕಾಳ್ಜಾಂತ್ ಕಿರ್ಲಾಲಿ ಭುಕ್ ಅಪುರ್ಬಾಯೆನ್ ಸೊಭ್ತಾಲೆಂ ಶೆತ್ ಪಾಸೆಕ್ ವಡ್ತಾತಿಂ ಭೊಗ್ತಾಲೆಂ ಭಾತಾ ಕಣಾಚ್ಯಾ ಆಶೆನ್ ಉಬೊನ್ ಗೆಲೊಂ ಸರ್ಶಿನ್ ಆಶೆಕ್ ಪಡ್‌ಲೊ ನೆಣಾಂ ಹಾಂವ್ ಶಿತಾ ವೊಂಟೈಂತ್ ಕಾಂಟ್ಯಾ ರ್ಪಾಡಾಂ ಪಿಂಜೊ ಪಾಕಾಟೆ-ವ್ಹಾಳೆಂ ರಗತ್ ಪುಣ್ ಘಾಸಾಂತ್ಲೊ ವಾಂಚಯ್ಲೊಯ್ ಮ್ಹಾಕಾ ಉಕ್ಲನ್ ವೆಲೊಯ್, ಪಿಂಜ್ರಾಂತ್ ದವರೊಯ್ ಪೊಟಾಕ್ ದೀವ್ನ್ ಸೆವಾ ಕೆಲಿಯ್ ಚಿಂತ್ಲೊಯ್ ಮ್ಹಾಕಾ ತುಜೊಚ್ ಮ್ಹಣುನ್ ಆಜ್ ಮ್ಹಾಕಾ ಭಾಯ್ ಸೊಡ್ಲಾಯ್ ತರೀ ಉಬೊಂಕ್ ಸಕಾನಾ ಹಾಂವ್ ಪಾಕಾಟೆ ಅಸೊನೀ..... ಸವಯ್ ಜಾಲ್ಯಾ ಮ್ಹಾಕಾ ಆತಾಂ ತುಜ್ಯಾಚ್ ಪಿಂಜ್ರಾಚಿ!



ಹ್ಯಾನ್ಸನ್ ಡಿಸೋಜಾ
6 ಬಿ

ಮ್ಹಜೊ ಹವ್ಯಾಸ್

ಸಂಸಾರಾಂತ್ ಮ್ಹನಿಸ್ ಏಕ್ ನಾ ಏಕ್ ಕಾಮ್ ಕರ್ತಾ. ಗ್ರೇಸ್ತ್ ಮ್ಹನಿಸ್ ತಾಂಚಿ ಗ್ರೇಸ್ತ್‌ಕಾಯ್ ವಾಡೊಂವ್ಚ್ಯಾ ಖಾತಿರ್ ಕಾಮ್ ಕರ್ತಾ ಜಾಲ್ಯಾರ್ ದುಬೊ ಮ್ಹನಿಸ್ ತಾಚ್ಯಾ ದಿಸ್ತೊಡ್ತಾ ಗ್ರಾಸಾ ಖಾತಿರ್ ವಾವುರ್ತಾ. ಪುಣ್ ಹವ್ಯಾಸ್ ಮ್ಹಳ್ಕಾರ್, ಏಕ್ ಕಾಮ್. ತೆಂ ಆಮ್ಚ್ಯಾ ಮತಿಚ್ಯಾ ಸಮಾಧಾನಾ ಖಾತಿರ್ ಕರ್ಚೆಂ ಜಾವ್ನಾಸಾ. ಆನಿ ಹೆಂ ಕಾಮ್ ಕೆಲ್ಲ್ಯಾನ್ ಆಮ್ಕಾಂ ಸಂತೊಸ್ ಮೆಳ್ತಾ, ಆನಿ ಮತಿಚಿ ತೃಪ್ತಿ ಲಾಭ್ತಾ. ಸಬಾರ್ ಥರಾಚೆ, ಹವ್ಯಾಸ್ ಆಸಾತ್. ಪದಾಂ ಗಾಂವ್ಚಿಂ, ನಾಚ್ಚಿಂ, ಹಾತ್ ಕಲಾ, ಲೇಖನಾಂ ಬರೊಂವ್ಚಿಂ, ರಾಂಧ್ಲೆಂ ಇತ್ಯಾದಿ ಮ್ಹಜ್ಯಾ ಮೊಗಾಚೆ ಹವ್ಯಾಸ್ ಜಾವ್ನಾಸಾತ್. ಕೀಬೋರ್ಡ್ ಖೆಳ್ಚೆಂ ಮ್ಹಾಕಾ ಚಡ್ ಖುಶಿ ದಿತಾ. ಹೊ ಹವ್ಯಾಸ್ ಮ್ಹಜ್ಯಾ ಕುಟ್ಮಾಕ್ ಸಂತೊಸ್ ದಿತಾ ಆನಿ ಸಾಂಗಾತಾ ಹಾಡ್ತಾ. ಸಾಂಗಾತಾಚ್ ಮತಿಕ್ ತೃಪ್ತಿ ದಿತಾ.



ಬ್ಹಾನ್ ರೇಗೊ
8 ಎ

ಮದ್ದು ಜಿ ಶಾಳಾ

ಮದ್ದು ಜಿ ಶಾಳೆಚೆಂ ನಾಂವ್ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್. ಹೆಂ ಸುರ್ವಾತ್ ಜಾವ್ನ್ ವೀಸ್ ವರ್ಸಾಂ ಸಂಪ್ಲಿ. ಹಾಂವ್ ಚಾರ್ ವರ್ಸಾಚಾ ಪ್ರಾಯೆರ್ ಹ್ಯಾ ಶಾಳೆಕ್ ಸರ್ವಾಲೊಂ. ಆತಾಂ ಹಾಂವ್ ಸವ್ಯಾ ಕ್ಲಾಸಿಂತ್ ಶಿಕುನ್ ಆಸಾಂ. ಆಮ್ಚಾ ಶಾಳೆಂತ್ ಕೆಜಿ ಧಾವ್ನ್ ಬಾರಾವೆ ಪರ್ಯಾಂತ್ ಭುರ್ಗ್ಯಾಂಕ್ ಬರೆಂ ಶಿಕಾಪ್ ಮೆಳ್ತಾ. ಶಿಕ್ಷಕ್-ಶಿಕ್ಷಕಿಂ ಆಮ್ಕಾಂ ಬರೆ ಶಿಕಾಪ್ ದಿತಾತ್ ಆನಿ ಆಮ್ಚ್ಯಾ ಬರ್ಯಾ ಫುಡಾರಾ ಖಾತಿರ್ ವಾವುರ್ತಾತ್. ಆಮ್ಚಿ ಮಾಂಯ್ ಭಾಸ್ ಕೊಂಕಣಿ, ತಿಸ್ತಿ ಭಾಸ್ ಜಾವ್ನ್ ಆಮ್ಚೆ ಶಾಳೆಂತ್ ಶಿಕಯ್ತಾತ್. ಶೈಕ್ಷಣಿಕಾ ಶಿಕ್ಷಾ ಸಾಂಗಾತಾ ಬೆಳಾ ಪಂದ್ಯಾಟ್ ಆನಿ ಇತರ್ ಚಟುವಟಿಕೊ ಆಮ್ಕಾಂ ಶಿಕಯ್ತಾತ್ ಆನಿ ಪ್ರೋತ್ಸಾಹಾ ದಿತಾತ್. ಭುರ್ಗ್ಯಾಂ ಆನಿ ಶಿಕ್ಷಕಾ ಮಧೆಂ ಬರೊ ಸಂಬಂಧ್ ಆಸಾ.

ಆಮಿ ಹ್ಯಾ ಶಾಳೆಂತ್ ಏಕಾ ಕುಟ್ಮಾಂ ಬರಿ ಜಿಯೆವ್ನ್ ಆಸಾಂವ್. ಮ್ಹಾಕಾ ಮದ್ದು ಜಿ ಶಾಳಾ ಮೊಗಾಚಿ ಕಿತ್ಯಾಕ್ ಮ್ಹಾಕಾ ಹಾಂಗಾಸರ್ ಬರೆಂ ಶಿಕಾಪ್ ಮೆಳ್ತಾ ಆನಿ ಹಾಂವ್ ಹ್ಯಾ ಶಾಳೆಕ್ ಅಭಾರಿ ಜಾವ್ನಾಸಾ.



ನೀಲ್ ಲೊಯ್ಡ್
ಫೆರ್ನಾಂಡಿಸ್
6 ಬಿ

ಶಿಕ್ಷಾ ಮಂದಿರ್

ಏಕ್ ಶಿಕ್ಷಾ ಸಾಲ್ ಏಕ್ ಮಂದಿರ್ ಜಾವ್ನಾಸಾ, ಆನಿ ಮುಖ್ಯಾ ಸಮಾಜೆಕ್ ಏಕ್ ತರೆತಿ ಕೇಂದ್ರ್ ಜಾವ್ನಾಸಾ.

ಲೂಡ್ಸ್ ಮಾಯೆಕ್ ಸಮರ್ಪಿಲ್ಲೆಂ ಹೆಂ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ ಮಂಗ್ಳೂರ್ ಶಹರಾಚ್ಯಾ ಮದೆಗಾತ್ ಆಸಾ. ಹೆಂ ಇಸ್ರೊಲ್ ಸೊಭಿತ್, ಸುಂದರ್ ಆನಿ ಸರ್ವ್ ಶಹರಾಚ್ಯಾ ಲೊಕಾಕ್ ಆಕರ್ಷಿತ್ ಜಾವ್ನಾಸಾ.

ಅಮ್ಚಾ ಇಸ್ರೊಲಾಂತ್ ಸರ್ವ್ ಸೌಲಾತ್ಯೊ ಆಸುನ್ ಭುರ್ಗ್ಯಾಂಚ್ಯಾ ಶಿಕ್ಷಾಕ್ ಪೂರಕ್ ಜಾವ್ನಾಸಾತ್.

ಹ್ಯಾ ಇಸ್ರೊಲಾಂತ್ ಬರಿಂ ಶಿಕ್ಷಕಾಂ ಆಸುನ್ ಮೌಲ್ಯಾಂನಿಂ ಭರಲ್ಲೆಂ ಶಿಕ್ಷಣ್ ದಿತೆತ್ ಆಸಾತ್.

ಆಮ್ಚೊ ಮೊಗಾಳ್ ಪ್ರಾಶುಂಪಾಲ್ ಬಾಪ್ ರೋಬರ್ಟ್ ಡಿಸೊಜಾ ಶಿಕ್ಷಕಾಂಕ್, ಭುರ್ಗ್ಯಾಂಕ್ ಬರೆಂ ಮಾರ್ಗದರ್ಶನ್ ದೀವ್ನ್ ಇಸ್ರೊಲಾಚ್ಯಾ ಅಭಿವೃದ್ಧಿ ಖಾತಿರ್ ವಾವುರ್ತಾ. ಭುರ್ಗ್ಯಾಂಚೆಂ ವ್ಯಕ್ತಿತ್ವ್ ವಿಕಾಸನಾಕ್ ಜಾಯ್ ಜಾಲ್ಲ್ಯೊ ಸೌಲಾತ್ಯೊ ಹ್ಯಾ ಇಸ್ರೊಲಾಂತ್ ಆಸುನ್ ಭುರ್ಗ್ಯಾಂಕ್ ಬರೆ ತರೆತಿ ದೀಂವ್ಕ್ ಆನಿ ಬರೆಂ ಶಿಕ್ಷಣ್ ದಿಂವ್ಕ್ ಪೆಚಾಡ್ತಾ ಮ್ಹಣ್ ಸಾಂಗೊಂಕ್ ಹಾಂವ್ ಖುಶಿ ವ್ಹರ್ತಾಂ.

ವರ್ಸಾನ್ ವರ್ಸಾ ಹೆಂ ಇಸ್ರೊಲ್ ಆಮ್ಚ್ಯಾ ಲೂಡ್ಸ್ ಮಾಯೆಚ್ಯಾ ಮಜತೀನ್ ಶೆಂಭರ್ ಠಕ್ಕೆ ಫಲಿತಾಂಶ್ ಆಪ್ಣಾವ್ನ್ ಹ್ಯಾ ಇಸ್ರೊಲಾಚಿ ಕೀರ್ತ್ ಸಗ್ಳ್ಯಾಂನಿ ಗಾಜ್ಲಾ.

ತ್ಯಾ ದೆಕುನ್ ಹ್ಯಾ ಇಸ್ರೊಲಾಂತ್ ಶಿಕುಂಕ್ ಮ್ಹಾಕಾ ವರ್ತೊ ಸಂತೊಸ್ ಆನಿ ಆಭಿಮಾನ್ ಭೊಗ್ತಾ.

ಹ್ಯಾ ಇಸ್ರೊಲಾಚಿ ಕೀರ್ತ್ ಚಾರಿ ದಿಶಾಂನಿಂ ಪ್ರಸಾರುಂದಿ ಮ್ಹಣ್ ಮದ್ದು ಜಿ ಆಶಾ ಆನಿ ಅಭಿಲಾಶಾ ಜಾವ್ನಾಸಾ.

!ಜೈ ಭಾರತ್ ಮಾತಾ! ಜೈ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್!



ಆಲ್ಶಿಯಾ
ಲಿಯೊನ್ ಡಿಕುನ್ಹಾ
6 ಬಿ

ಕೊಂಕಣಿ ಭಾಸ್

ಕೊಂಕಣಿ ಭಾಸ್ ಪಾಂಚ್ ಲಿಪಿನಿಂ ಬರಯ್ತಾತ್. ದೇವ್‌ನಾಗರಿ, ರೊಮಿ, ಮಲಯಾಳಂ, ಕನ್ನಡ ಆನಿ ಪರ್ಸೊ-ಆರಬಿಕ್. ವಿವಿಡ್ ರಾಜ್ಯಾಂನಿಂ ವಿವಿಡ್ ಲಿಪಿನಿಂ ಕೊಂಕಣಿ ಭಾಸ್ ಬರಯ್ತಾತ್. ತಶೆಂಚ್ ವಿವಿಡ್ ಧರ್ಮಚೆ ಲೋಕ್ ವಿವಿಡ್ ಲಿಪಿ ಬರಂವ್ಕ್ ವಾಪಾರ್ತಾತ್. ಕ್ರಿಸ್ತಾಂವ್ ಕನ್ನಡ ಆನಿ ರೊಮಿ, ಹಿಂದು ದೇವ್‌ನಾಗರಿ, ಮುಸ್ಲಿಂ, ಪರ್ಸೊ-ಆರಬಿಕ್ ಆನಿ ಮಲಯಾಳಂ ಲಿಪಿನಿಂ ಕೊಂಕಣಿ ಭಾಸ್ ಬರಯ್ತಾತ್. ಗೊಂಯ್ ರಾಜ್ಯಾಂತ್ 1987 ಇಸ್ವೆ ಧಾವ್ನ್ ಕೊಂಕಣಿ ರಾಜ್ಯಾ ಭಾಸ್ ಜಾನ್ನ್ ಅಧಿಕೃತ್ ರಿಪಿನ್ ವಾಪಾರುನ್ ಆಸಾತ್. 1992 ಇಸ್ವೆಂತ್ ಅಗೊಸ್ತ್ 20 ತಾರ್ಕೆರ್ ಕೊಂಕ್ಣಿ ಭಾಶೆಕ್ ಸಂವಿದಾನಾಚಾ ಆಟ್ವಿ ವಳೆರಿಂತ್ ಮಾನ್ ಮೆಳ್ತಾ.

ತರ್ ಕೊಂಕ್ಣಿ ಭಾಶೆಕ್ ಅಮಿ ಕೆದಿಂಚ್ ವಿಸ್ತುಂಕ್ ಜಾಯ್ನಾ ಕಿತ್ಯಾಕ್ ತಿ ಆಮ್ಚಿ ಮಾಂಯ್ ಭಾಸ್.



ಫಿಲಿಶಿಯಾ ಆಲಿನ್
ಕ್ರಿಸ್ತಾ
8 ಸಿ

ರೋಸ್

ಮಂಗಳೂರು ಕ್ರಿಸ್ತಿಯನ್ ಸಮಾಜೀಯ ಹೊಕಾಲ್ ಯಾ ನೊವ್ರಾಕ್ ಕಾಜಾರಾಚಾ ಆದ್ಲಾ ದೀಸಾ ಕಾನಿ ತೇಲ್ ಆನಿ ಮಾತ್ಯಾರ್ ರೋಸ್ (ನಾರ್ಲಾಚೊ) ಫಾಲ್ಸ್ ನಿತಳ್ ಕರ್ಚಾ ಕಾರ್ಯಾಕ್ 'ರೋಸ್' ಮ್ಹಣ್ತಾತ್.



ಆಡ್ವಿನ್ ರಿಯಾನ್
ಡಿಕ್ಲೊಸ್ಕಾ
7 ಸಿ

ಆದ್ಲ್ಯಾ ಕಾಳಾರ್ ಕುಟ್ಮಾಚೆ ದಾಯ್ಜಿ ಕಾಜಾರಾಕ್ ಸಾತ್ ದಿಸಾಂ ಪಯ್ಲೆಂಚ್ ಜಾಯ್ ಜಾಲ್ಲ್ಯೊ ವಸ್ತು ವೊಜ್ಯಾ ರುಪಾರ್ ಹಾಡ್ನ್ ಯೆತಾಲೆ. ಸೆಜಾಚೆಂ ಆನಿ ವಾಡ್ಯಾಗಾರಾಂ ಮೆಳುನ್ ಘರಾಂತ್ ಮಾಟೊವ್ ಫಾಲ್ತಾಲಿಂ ಆನಿ ರಾಂದಾಪ್ ಕರುಂಕ್ ಯೆತಾಲಿಂ. ರೋಸ್ ದಿಸಾ ಸಕಾಳಿಂ ದಾಯ್ಜಿ ಆನಿ ಕುಟ್ಮಾಚಿಂ ಕುವಾಳೊ ಕಾತರ್ನ್ ಪೊಳೊವಾಕ್ ತಯಾರಾಯಾ ಕರ್ತಾಲೆ. ನಾರ್ಲೆ ಬೆತುನ್, ಕಾಂತುನ್ ತಾಚೊ ರೋಸ್ ಕಾಡ್ತಾನಾ ವೇರ್ಸೆ ಗಾಯ್ತಾಲೆ.

ಹೊಕಾಲ್ ರೋಸಾ ದೀಸ್ ಕಿರ್ಗಿ ನೆಸುನ್ ಮಾವ್ಚ್ಯಾಂಚಾ ಬೆಸಾಂವಾಕ್ ಆಯ್ತಿ ರಾವ್ತಾಲಿ. ಬೆಸಾಂವ್ ಫೆವ್ನ್ ಜಾಲ್ಯಾ ನಂತರ್ ಹೊಕಾಲ್ ಯಾ ನೊವ್ರೊ ತಾಂಚಾ ದೆಡಿಯೊ/ದೆಡ್ಯಾ ಸಾಂಗಾತಾ ರೋಸಾಕ್ ಆಯ್ತಿಂ ಜಾತಾಲಿಂ. ತಾಂಚೊ ಬಾವ್ ಯಾ ಬಾಪ್ಪು ಹಕ್ಯಾನ್ ತಾಂಕಾಂ ರೋಸಾಕ್ ಬಾಂಕಾರ್ ಬಸಯ್ತಾಲಿಂ. ಉಪ್ರಾಂತ್ ರೋಸ್ ಪುಸ್ತೆಂ ಕಾರ್ಯೆಂ ಸುರ್ವಾತ್ ಕರ್ತಾಲಿಂ.

ಸೈರಿಂ ದೈರಿಂ ಆನಿ ವಾಡ್ಯಾಗಾರಾಂ ಮೆಳುನ್ ವೊವಿಯೊ ಗಾವ್ನ್ ರೋಸಾಚೆಂ ಕಾರ್ಯೆಂ ಚಲಯ್ತಾತ್. ಪ್ರಥಮ್ ಜಾವ್ನ್ ಕಾನಿ ತೇಲ್ 'ಫಾಲ್ಸ್' ಉಪ್ರಾಂತ್ ತೇಲ್ ಪುಸ್ತಾತ್. ನಿಮಾಣೆಂ ದೆಡಿಯಾಂ ಸಾಂಗಾತಾ ಮಾವ್ಚೊ ಹೊಕ್ಲೆಚೊ ಹಾತ್ ದರ್ನ್ ನಾಂವ್ಕ್ ಆಪವ್ನ್ ವರ್ತಾ. ನ್ಹಾಣ್ ಜಾಲ್ಯಾ ಉಪ್ರಾಂತ್ ಜೆವ್ಣಾಚೆರ್ ಆಶೀರ್ವಾದ್ ಮಾಗುನ್ ಹೊಕ್ಲೆ ಸಾಂಗಾತಾ ಸೈರಿಂ ಜೆವ್ಣಾಕ್ ಬಸ್ತಾತ್. ಆಶೆಂ ಆಮ್ಚೊ ಮಂಗಳೂರ್ ಕ್ರಿಸ್ತಿಯನ್ ರೋಸ್ ವ್ಹಡ್ ದಾಬಾಜ್ಯಾನ್ ಚಲವ್ನ್ ವರ್ತಾತ್.

ಗಲ್ಫಾಸೊ ಸ್ವರ್ಗ

ओमान, गल्फांत एक शांत देश जावन आसा । राय सुल्तान खाबूस बिन साथद था देशात राजवटकी चलोवन आसा दश देशांत एक सोभित गाव आसा । या गांवचे नाव सलाल । आनी या गावातं हावं बाराहा वर्सां वसती कर्न आसलीं ।

सलालाचा गावात मुस्त सोबित दर्यातड आनी गुडे-दोंगोर आसात । पवाशिल्ल्या दिसानी दुसर्या देशाचो लोक हथा गावाची सोभाई पळवंक थेंतात । पवाशिल्ल्या दिसानी सुखे गुडे आनी रुक-जडा पाचवे जातात आनी सगळो गाँव सोभित दिसता । हथा दिसानी अगा खारीफ फेस्त (पवशिल्लें फेस्त) म्हण आचरण करताता । हथा फेस्ता तदाळा लोक विगड-विगड वोस्तु प्रदर्शित करतात ।

पवशिल्ल्या दिसानी गुडे-दोंगोर मोडानी लिपताथ । लोक त्या गुडे-दोंगोरार ओसुन बोसुन, खेळतात, कतात आनी बौ

ಉದ್ಯಾಚೊ ಉಪಯೋಗ್

ಉದಾಕ್ ಮನ್ಯಾಕ್ ಆತಿ ಗರ್ಜೆಚೆಂ. ಉದ್ಯಾವಿಣೆಂ ಮನಿಸ್ ಜಿಯೆಂವ್ಕ್ ಸಕಾನಾ. ಪಿಯೆಂವ್ಕ್, ರಾದುಂಕ್, ನಿತಳ್ ಕರುಂಕ್ ಉದಾಕ್ ಗರ್ಜೆಚೆಂ. ಹಿ ಪ್ರಥ್ವಿ ಉದ್ಯಾವಿಣೆಂ ಜಿಯೆನಾ ಯಾ ವಾಡಾನಾ.



ರಿಯೊಲಾ ಮೆಂಡೊನ್ಯಾ
8 ಬಿ

ಪಾವ್ನ್ ಥಾವ್ನ್ ಉದಕ್ ಭುಮಿಚೆರ್ ಪಡ್ತಾ. ಥೊಡೆಂ ಉದಾಕ್ ದರ್ಣೆರ್ ಜಿರ್ತಾ, ಬಾಂಯಾಂನಿ ಬರ್ತಾ ಆನಿ ಥೊಡೆಂ ವಾಳುನ್ ವೆತಾ ಆನಿ ನ್ಹಂಯ್ ಯಾ ದರ್ಯಾಕ್ ಸರ್ವತಾ. ಜೆ ಕಿತೆಂ ಉದಾಕ್ ಬಾಂಯಾಂನಿ ಆನಿ ತಳ್ಯಾಂನಿ ಬರ್ಲೆಂ ತಾಚೊ ಉಪಯೋಗ್ ಆಮಿ ಸಾಕ್ಯಾ ರಿಶಿನ್ ಜೊಗಾಸಾಣೆನ್ ಕೆಲ್ಯಾರ್ ಆಮಾಂ ಉದ್ಯಾಚೊ ಆಬಾವ್ ಯೆನಾ. ಹ್ಯಾ ದಿಸಾನಿ ಪಾವ್ನ್ ಉಣೆಂ ಜಾವ್ನ್ ಉದ್ಯಾಚೊ ಆಬಾವ್ ಚಡ್ ಜಾಂವ್ಚೊ ಸಂಬಾವ್ ಆಸಾ. ದೆಕುನ್ ಆಮಿ ಉದಾಕ್ ವಿಭಾಡ್ ಕರ್ತಾಲೆಂ ಸಾಂಬಾಳುನ್ ವಾಪಾರಿಚೆ. ಭಾರಾತಾಂತ್ ಉದಾಕ್ ನಾಸ್ತಾನಾ ಕಶ್ಟಂಚೊ ಲೊಕ್ ಸಾಬಾರ್. ತಾಂಕಾಂ ಆಮಿ ಆದಾರ್ ಜಾವ್ಚಾಂ.

ಮಂಗಳೂರ್ ಮ್ಹಜೊ ಗಾಂವ್

ಕಿತ್ಲೊ ಸೊಭಿತ್ ಹೊ ಸಂಸಾರ್. ಹ್ಯಾ ಸೊಭಿತ್ ಸಂಸಾರಾಂತ್ ಮಂಗಳೂರ್ ಆಮ್ಚೊ ಲ್ಹಾನ್ ಗಾಂವ್. ಮಂಗಳೂರ್ ಉದೆಂತಿಚೆಂ ರೊಮ್ ಮ್ಹಣ್ ಆಪಯ್ತಾತ್. ಹ್ಯಾ ಮಂಗಳೂರ್ ಗಾಂವಾಂತ್ ಜಿಯೆಂಚೆಂ ಆಮ್ಚೆಂ ವರ್ತೆ ಭಾಗ್ ಜಾವ್ನಾಸಾ. ಮಂಗಳೂರ್ ಆಮಿ ವಿವಿಡ್ ಭಾಸೊ ಉಲಾಯ್ತಾಂವ್. ತಶೆಂಚ್ ವಿವಿಡ್ ಸಂಸ್ಕೃತಿ ಆಮಿ ವಾಪಾರ್ತಾಂವ್. ಕರಾವಳಿ ಮ್ಹಣ್ ನಾಂವಾಡ್ಲ್ಯಾ ಹ್ಯಾ ಶಹರಾಂತ್ ಮಾಡ್, ಮಾಡಿಯೊ, ನ್ಹಂಯೊ, ದರ್ಯೊ, ಅಣ್ಣಾಂ, ಬೆಣ್ಣಾಂ, ಪಣೊಸ್, ಗರೆ, ಆನಿ ಇತರ್ ಫಳ್ ವಸ್ತು ರುಕಾಂನಿ ಭರುನ್ ಆಸಾತ್. ಗಾಂವ್ಚಿ ಮಾಸ್ಕಿ ನಿಜಾಕಿ ರುಚಿಕ್. ಹಿಂದು, ಮುಸ್ಲಿಂ, ಕ್ರಿಸ್ತಿಯನ್ ಆನಿ ಇತರ್ ದರ್ಮಾಚಾ ಲೊಕಾನಿ ಬರ್ರನ್ ಮಾಯಾಮೊಗಾನ್ ಜಿಯೆಂಚೊ ಗಾಂವ್ ಆಮ್ಚೊ ಮಂಗಳೂರ್. ಸೊಭಿತ್ ತಶೆಂಚ್ ವರ್ತ್ಯಾ ದೆಣ್ಯಾಂನಿ ಆನಿ ಭೆಸಾವಾನಿಂ ಭರೊಲೊ ಆಮ್ಚೊ ಗಾಂವ್ ಮ್ಹಾಕಾ ಸದಾಂಚ್ ಮೊಗಾಚೊ.



ಒನಿಶಾ ಡಿಸೊಜಾ
8 ಸಿ

कुशाल जातात । हवो बारी तडं आस्ता। या दिसांनी सलालाच्या शेरांत मुस्त फोळ-वस्ताची आगडियो उकती जाताता। साबार ताराच्यो केळी, बोंडे, पोपयो इत्यादी मेळटाता। आंगासो लोक काजुर, उज्यार बाजले मास-मसळी आनी ऊंटाचे दूध पियेतात। भर्गीं फुटभोल केळटात। वो शेहर नितळ आसा आनी रस्ते सोभित आसत । आगाचों लोकी बोरो आसात । सलालाचो गाव एक स्वर्ग जावन आसा ।



जयनीस करामोल
डीसोजा
8 सि

NEWS IN BOX

ಶಿಕ್ಷಣ | ವಿಶೇಷ ವರ್ಗದ ಸಮಾರೋಹ ಸಂಭ್ರಮ ತಾಯಿ, ಶಿಕ್ಷಕಿ, ಪ್ರಕೃತಿ ಮಾತೆಯನ್ನು ರಕ್ಷಿಸುವುದು ಕರ್ತವ್ಯ: ಬಿಷಪ್



ಬಿಷಪ್ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್, ಮಂಗಳೂರುನಲ್ಲಿ ವಿಶೇಷ ವರ್ಗದ ಶಿಕ್ಷಣದ ಮಹತ್ವವನ್ನು ಹೈಲೈಟ್ ಮಾಡುತ್ತಾ, ತಾಯಿ, ಶಿಕ್ಷಕಿ ಮತ್ತು ಪ್ರಕೃತಿ ಮಾತೆಯನ್ನು ರಕ್ಷಿಸುವುದು ಕರ್ತವ್ಯವೆಂದು ಹೇಳಿದರು. ಶಿಕ್ಷಣದ ಮೂಲಕ ಮಕ್ಕಳನ್ನು ಸಮಸಾಮಾಜಿಕವಾಗಿ ಮಾಡುವುದು ಮತ್ತು ಅವರನ್ನು ಸಮಸಾಮಾಜಿಕವಾಗಿ ಮಾಡುವುದು ಎಂಬುದು ಶಿಕ್ಷಣದ ಮೂಲ ಉದ್ದೇಶವೆಂದು ಹೇಳಿದರು. ತಾಯಿ, ಶಿಕ್ಷಕಿ ಮತ್ತು ಪ್ರಕೃತಿ ಮಾತೆಯನ್ನು ರಕ್ಷಿಸುವುದು ಕರ್ತವ್ಯವೆಂದು ಹೇಳಿದರು.

ವಿಶೇಷ ವರ್ಗದ ಶಿಕ್ಷಣದ ಮಹತ್ವವನ್ನು ಹೈಲೈಟ್ ಮಾಡುತ್ತಾ, ತಾಯಿ, ಶಿಕ್ಷಕಿ ಮತ್ತು ಪ್ರಕೃತಿ ಮಾತೆಯನ್ನು ರಕ್ಷಿಸುವುದು ಕರ್ತವ್ಯವೆಂದು ಹೇಳಿದರು. ಶಿಕ್ಷಣದ ಮೂಲಕ ಮಕ್ಕಳನ್ನು ಸಮಸಾಮಾಜಿಕವಾಗಿ ಮಾಡುವುದು ಮತ್ತು ಅವರನ್ನು ಸಮಸಾಮಾಜಿಕವಾಗಿ ಮಾಡುವುದು ಎಂಬುದು ಶಿಕ್ಷಣದ ಮೂಲ ಉದ್ದೇಶವೆಂದು ಹೇಳಿದರು. ತಾಯಿ, ಶಿಕ್ಷಕಿ ಮತ್ತು ಪ್ರಕೃತಿ ಮಾತೆಯನ್ನು ರಕ್ಷಿಸುವುದು ಕರ್ತವ್ಯವೆಂದು ಹೇಳಿದರು.

ಆಂಗ್ಲಮಾಧ್ಯಮ ಶಾಲೆಯ ವಿದ್ಯಾರ್ಥಿಗಳ ಮನಶ್ಚಾಂತಿಗಾಗಿ ಧ್ಯಾನ ಶಿಕ್ಷಣ ಜಾರಿ

ಬಿಷಪ್ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ ಪ್ರಾಂಶುಪಾಲರ ವಿನೂತನ ಪ್ರಯೋಗ!



ಬಿಷಪ್ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ 12ನೇ ತರಗತಿಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಧ್ಯಾನ ಶಿಕ್ಷಣ ಜಾರಿ. ಪ್ರಾಂಶುಪಾಲರ ವಿನೂತನ ಪ್ರಯೋಗ. ಬಿಷಪ್ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ 12ನೇ ತರಗತಿಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಧ್ಯಾನ ಶಿಕ್ಷಣ ಜಾರಿ. ಪ್ರಾಂಶುಪಾಲರ ವಿನೂತನ ಪ್ರಯೋಗ.

ಬಿಷಪ್ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ 12ನೇ ತರಗತಿಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಧ್ಯಾನ ಶಿಕ್ಷಣ ಜಾರಿ. ಪ್ರಾಂಶುಪಾಲರ ವಿನೂತನ ಪ್ರಯೋಗ. ಬಿಷಪ್ ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ 12ನೇ ತರಗತಿಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಧ್ಯಾನ ಶಿಕ್ಷಣ ಜಾರಿ. ಪ್ರಾಂಶುಪಾಲರ ವಿನೂತನ ಪ್ರಯೋಗ.

Preetam and Prithvi win Netravati Express Quiz

SPECIAL CORRESPONDENT
MANGALURU

Preetam Upadhyaya and Prithvi Monteiro from PES University, Bengaluru, emerged the winners of Netravathi Express Quiz competition for students on tourism and enterprises during the Karavali Utsav here on Wednesday.



More than 500 students participated in the event held at Town Hall while six teams were selected for the final rounds. Prajna N. Hebbar and J. Rakshith Kumar from NITK's PU College emerged the runners-up, while Shreyas and Shardul from 'Toujours Central School, Bengal' came third in the competition.

ಬೆಂಗಳೂರಿನಲ್ಲಿ ನಡೆದ 'ಪರಿವರ ಪಿಳೆಸುವ ಪ್ರಯತ್ನ ಮಾಡೋಣ'



ಬೆಂಗಳೂರಿನಲ್ಲಿ ನಡೆದ 'ಪರಿವರ ಪಿಳೆಸುವ ಪ್ರಯತ್ನ ಮಾಡೋಣ' ಕ್ವಿಜ್ ಸ್ಪರ್ಧೆಯ ವಿಜೇತರ ಮತ್ತು ಭಾಗವಹಿಸಿದವರ ಚಿತ್ರಣ.

ಧಾರ್ಮಿಕ | ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಶಾಲೆ: ಕ್ರಿಸ್ತ ಸಂಭ್ರಮ

'ಪರಿವರ ಪಿಳೆಸುವ ಪ್ರಯತ್ನ ಮಾಡೋಣ'



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಕ್ರಿಸ್ತ ಸಂಭ್ರಮದ ಸಂದರ್ಭದಲ್ಲಿ 'ಪರಿವರ ಪಿಳೆಸುವ ಪ್ರಯತ್ನ ಮಾಡೋಣ' ಕ್ವಿಜ್ ಸ್ಪರ್ಧೆ ನಡೆಯಿತು. ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಕ್ರಿಸ್ತ ಸಂಭ್ರಮದ ಸಂದರ್ಭದಲ್ಲಿ 'ಪರಿವರ ಪಿಳೆಸುವ ಪ್ರಯತ್ನ ಮಾಡೋಣ' ಕ್ವಿಜ್ ಸ್ಪರ್ಧೆ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಕ್ರಿಸ್ತ ಸಂಭ್ರಮದ ಸಂದರ್ಭದಲ್ಲಿ 'ಪರಿವರ ಪಿಳೆಸುವ ಪ್ರಯತ್ನ ಮಾಡೋಣ' ಕ್ವಿಜ್ ಸ್ಪರ್ಧೆ ನಡೆಯಿತು. ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಕ್ರಿಸ್ತ ಸಂಭ್ರಮದ ಸಂದರ್ಭದಲ್ಲಿ 'ಪರಿವರ ಪಿಳೆಸುವ ಪ್ರಯತ್ನ ಮಾಡೋಣ' ಕ್ವಿಜ್ ಸ್ಪರ್ಧೆ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಯೋಗ



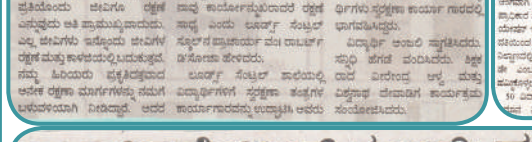
ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಯೋಗದ ಪ್ರಯೋಗ ನಡೆಯಿತು. ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಯೋಗದ ಪ್ರಯೋಗ ನಡೆಯಿತು.

ಶಿಕ್ಷಣ | ಸಮಾಜ ವಿಜ್ಞಾನ ಮತ್ತು ಪ್ರದರ್ಶನ ಕಲಿಕೆಗೆ ವಸ್ತುಪ್ರದರ್ಶನ ಸಹಕಾರಿ: ರಾಬರ್ಟ್



ಸಮಾಜ ವಿಜ್ಞಾನ ಮತ್ತು ಪ್ರದರ್ಶನ ಕಲಿಕೆಗೆ ವಸ್ತುಪ್ರದರ್ಶನ ಸಹಕಾರಿ: ರಾಬರ್ಟ್.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ಸ್ವರಕ್ಷಣಾ ತಂತ್ರಗಳ ಕಾರ್ಯಾಗಾರ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಸ್ವರಕ್ಷಣಾ ತಂತ್ರಗಳ ಕಾರ್ಯಾಗಾರ ನಡೆಯಿತು. ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಸ್ವರಕ್ಷಣಾ ತಂತ್ರಗಳ ಕಾರ್ಯಾಗಾರ ನಡೆಯಿತು.

ಗರ್ಲ್ಸ್ ಇನ್ ಎವಿಯೇಷನ್ ಡೇ ಆಚರಣೆ



ಗರ್ಲ್ಸ್ ಇನ್ ಎವಿಯೇಷನ್ ಡೇ ಆಚರಣೆ ನಡೆಯಿತು. ಗರ್ಲ್ಸ್ ಇನ್ ಎವಿಯೇಷನ್ ಡೇ ಆಚರಣೆ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ಸಸಿ ನಡುವೆ ಅಭಿಯಾನ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಸಸಿ ನಡುವೆ ಅಭಿಯಾನ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್: ಪರಿವರ ದಿನಾಚರಣೆ



ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಪರಿವರ ದಿನಾಚರಣೆ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಸಸಿ ನಡುವೆ ಅಭಿಯಾನ ನಡೆಯಿತು. ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಸಸಿ ನಡುವೆ ಅಭಿಯಾನ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಪರಿವರ ದಿನಾಚರಣೆ ನಡೆಯಿತು. ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಪರಿವರ ದಿನಾಚರಣೆ ನಡೆಯಿತು.

ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಪರಿವರ ದಿನಾಚರಣೆ ನಡೆಯಿತು. ಲೂಡ್ಸ್ ಸೆಂಟ್ರಲ್ ಸ್ಕೂಲ್ನಲ್ಲಿ ಪರಿವರ ದಿನಾಚರಣೆ ನಡೆಯಿತು.

Anamnesis

LCS - 1999
The house built on the rock



Rise up take Courage and Do it
LCS - 2019

